



#KBA→ 香港棒球總會半年刊 HONG KONG BASEBALL ASSOCIATION BIANNUAL PUBLICATION

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香港棒球總會



2020-2022年度董事會

轉眼兩年又過去了,新一屆董事會正式成立! 2020-2022年度董事會董事選舉及全體會員大會已 於10月23日舉行,由范駿華太平紳士及何廸夫先 生分別當選為新一屆的會長及主席,期望香港棒 球總會在兩位的領導下獲得更超卓的成績。





李永權永遠名譽會長、范駿華會長。









• 溫文灝義務醫事顧問接受委任狀

香港棒球如今的發展成就,有賴於各名譽會長的贊 助、以及歷屆董事會成員的支持和各方面的配合, 當中十分感謝李錦泉先生及李永權先生為香港棒球所 付出的熱誠及努力,特邀兩位擔任本會的永遠名譽會 長,以此肯定他們的付出及貢獻,希望他們繼續支持 本會往後的活動。



香港棒球總會半年刊

關於我們

香港棒球總會由一批熱愛棒球運動的人士創立,於1992年10月依據香港公司法計冊為非牟利的有 限公司:於1993年3月26日舉行成立典禮。香港棒球總會發展迅速,先後成為中國香港體育協會 暨奥林匹克委員會(Sports Federation and Olympic Committee of Hong Kong, China)、世界棒 壘球總會(World Baseball Softball Confederation,簡稱WBSC;前稱國際棒球協會International Baseball Federation, 簡稱IBAF)、亞洲棒球總會(Baseball Federation of Asia, 簡稱BFA)和 世界小馬聯盟(PONY)的正式會員(Ordinary Member)。香港棒球總會得到香港特區政府的資 助和監察,力求達到最佳公司管治。

棒球總會除了舉辦各級的公開組聯賽、大專及中、小學聯賽,每年也會舉辦國際及區域男、女子 棒球比賽,例如:男子亞洲盃、女子亞洲盃、鳳凰盃及國際棒球錦標賽。

自從棒球總會成立後,香港棒球水平大幅提升。香港棒球代表隊得以參加多個大型國際比賽,例 如:亞洲運動會、亞洲錦標賽、亞洲盃、女子世界盃、青少年級別世界盃。同時,棒球總會的職 員、董事、球證和記分員亦獲WBSC和BFA的邀請擔任一些國際賽事之相應職位。而為了更有效 提升本港棒球在國際上的水平,棒球總會與WBSC也在本港舉辦棒球國際訓練班。

香港棒球總會是香港人的棒球組織,不論男女老少,歡迎對棒球有興趣的各階層人士,到來參加 棒球運動和觀賞比賽。

我們的宗旨

推動講求健康、智慧、紀律、力和美的棒球運動:培養具有優秀技術、良好品格的運動員、教練 員和裁判員;促進與各地的棒球活動交流;衛出香港,走向世界。

會徵的元素與意念

香港棒球總會會徽使用指引顯示,青春的棒球員在幸福的環境中,敏鋭地揮棒擊球。寓意香港棒 球運動隨著香港棒球總會(HKBA)的發展方向,衝出香港,飛向世界。紅、白、藍三色代表幸

我們的會歌

《棒球之歌》

曲 譚展輝

詞 Sandy

Con Spirit (] = 126)

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顧問團

名譽會長: 林孝賢先生 李一強博十

李政權先生

黄英豪博士, BBS, DCL, JP

名譽副會長: 陳煒文博士, JP 成龍先生, SBS

: 李錦泉先生

李永權先生

陳智文先生 **邱何恩德博士**

許宗盛先生, MH, JP 傅浩堅教授, JP

石鏡泉先牛 義務法律顧問:李詠賢律師

梁鴻谷大律師

杜軒榮律師 許享明律師

國衛會計師事務所有限公司(HLB)

義務醫事顧問: 符少娥博十 溫文灏脊醫

董事局

會長: 范駿華先生, JP 主席: 何廸夫先生 莊岐鳴先生 祕書長: 副主席: 區學良先生

吳光遠先生 梁得光先生

林顥伊博士, JF 財務監督 呂振邦先生

區穎良先生 黃期先生

文展榮先生 葉振都先生, BBS, MH, JP

梁家豪先生 陳子揚先生 趙嗣淦先生 劉芷芊小姐 梁偉鴻先生

執行委員會

1 精英培訓—區學良先生

1.1 男子精英組總監-陳子揚先生

1.2 女子精英組總監—劉芷芊小姐

1.3 青少年精英組總監—趙嗣淦先生

2 推廣及項目—梁得光先生

2.1 區域推廣--謝兆佳先生

2.2 學校推廣組總監--梁家豪先生

2.3 社區體育會組一葉振都先生, BBS, MH, JP

3賽事-吳光遠先生

3.1 公開組賽事總監—梁偉鴻先生

3.2 Youth League & PONY League—區穎良先生

3.3 Coach Pitch League—區類良先生

4 教練培訓總監—區穎良先生

5 裁判學院召集人—梁偉鴻先生

5.1 裁判長—黃期先生

5.2 副裁判長—郭伯瑋先生、張瑞民先生

5.3 記錄長兼裁判學院祕書-陳蒨誼小姐

6 場地設施總監--文展榮先生

膏長棒球運動教育基金 Growing Together Baseball Sport Education **Fund Management Committee**

香港棒球總會永遠名譽會長 李錦泉先生 主席

Mr. Laurence Lee, Honorary Life President of HKBA Chairman

成員 香港棒球總會會長 范駿華先生, JP Mr. Andrew Fan, JP, President of HKBA Members 香港棒球總會主席 何廸夫先生 Mr. Dave Ho, Chairman of HKBA 香港棒球總會祕書長 莊岐鳴先生

Mr. Stanley Chong, Secretary General of HKBA

香港棒球總會名譽會長 李一強博士

External Member Dr. Adam Lee, Honorary President of HKBA

財務委員會 **Finance Committee**

召集人 香港棒球總會司庫 林顥伊博士 Convenor Dr. Lam Ho Yi, Treasurer of HKBA 成員 香港棒球總會財務監督 呂振邦先生

Members Mr. Lui Chun Pong, Financial Controller of HKBA

香港棒球總會祕書長 莊岐鳴先生

Mr. Stanley Chong, Secretary General of HKBA 香港棒球總會副主席 吳光遠先生

Mr. Patrick Ng, Vice-chairman of HKBA

外界成員 執業會計師 周尚冰先生

External Member Mr. S. B. Chow, Certified Public Accountant

香港代表隊/精英培訓教練遴選委員會 Hong Kong Team/Squad Training Coach Selection Panel

香港棒球總會教練培訓總監 區穎良先生

Ex Officio members Mr. Au Wing Leung, Director of Coach Development 香港棒球總會副主席(精英培訓) 區學良先生

Mr. Au Hok Leung, Vice-chairman of HKBA (Elite Training) 香港棒球總會祕書長 莊岐鳴先生

Mr. Stanley Chong, Secretary General of HKBA

輪換董事兩名

Members Two Directors of HKBA, on rotation basis

香港代表隊球員遴選委員會 **Hong Kong Team Players Selection Panel**

香港棒球總會副主席(精英培訓) 區學良先生

Ex Officio members Mr. Au Hok Leung, Vice-chairman of HKBA (Elite Training)

香港棒球總會副主席(賽事) 吳光遠先生

Mr. Patrick Ng, Vice-chairman of HKBA (Games)

香港棒球總會祕書長 莊岐鳴先生 Mr. Stanley Chong, Secretary General of HKBA

成員 輪換董事兩名

Two Directors of HKBA, on rotation basis Members

香港代表隊球員遴選上訴委員會 **Hong Kong Team Players Selection Appeal Panel**

香港棒球總會主席 何廸夫先生 Ex Officio members Mr. Dave Ho, Chairman of HKBA

香港棒球總會副主席(推廣及項目) 梁得光先生

Mr. Joseph Leung, Vice-chairman of HKBA (Promotion & Project) 香港棒球總會祕書長 莊岐鳴先生

Mr. Stanley Chong, Secretary General of HKBA 輪換董事兩名

成員

Members Two Directors of HKBA, on rotation basis

香港代表隊紀律審裁委員會 Hong Kong Team Disciplinary Committee

香港棒球總會主席 何廸夫先生 Ex Officio members Mr. Dave Ho, Chairman of HKBA

香港棒球總會副主席(精英培訓) 區學良先生

Mr. Au Hok Leung, Vice-chairman of HKBA (Elite Training) 香港棒球總會副主席(賽事) 吳光遠先生

Mr. Patrick Ng. Vice-chairman of HKBA (Games) 香港棒球總會祕書長 莊岐鳴先生

Mr. Stanley Chong, Secretary General of HKBA

成員 輪換蓄事-名 One Director of HKBA, on rotation basis Members

教練紀律委員會 **Coach Disciplinary Committee**

香港棒球總會教練培訓總監 區穎良先生

Ex Officio members Mr. Au Wing Leung, Director of Coach Development 香港棒球總會副主席(推廣及項目) 梁得光先生

Mr. Joseph Leung, Vice-chairman of HKBA (Promotion & Project)

香港棒球總會祕書長 莊岐鳴先生

Mr. Stanley Chong, Secretary General of HKBA

輪換蓄事兩名

成員

成員

Two Directors of HKBA, on rotation basis Members

紀律委員會 (教練以外的技術人員) Disciplinary Committee (Technical Officials other than coaches)

當然委員 香港棒球總會副主席(賽事) 吳光遠先生 Members

Mr. Patrick Ng, Vice-chairman of HKBA (Games) 香港棒球總會裁判學院主任董事 黃期先生

Mr. Jonathan Wong, Director of Umpire Academy of HKBA

香港棒球總會祕書長 莊岐鳴先生

Mr. Stanley Chong, Secretary General of HKBA 輪換董事兩名

Members Two Directors of HKBA, on rotation basis

WBSC Baseball5 Hong Kong Steering Committee

香港棒球總會主席 何廸夫先生 Mr. Dave Ho, Chairman of HKBA 香港壘球總會會長 伍家謙先生 Mr. Patrick Ng, President of HKSA 香港棒球總會祕書長 莊岐鳴先生 Mr. Stanley Chong, Secretary General of HKBA

香港棒球總會董事 區穎良先生 Mr. Jose Au, Director of HKBA 香港壘球總會執委 黃偉倫先生

Mr. William Wong, Council Member of HKSA

註:如上列成員與相關選拔或事件有利益衝突·棒總將另委成員。 Remarks: HKBA will assign other member to replace the lister Remarks: HKBA will assign other member to replace the listed member if he/she involves in the selection to be determined or incident to be discussed.

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Annual

General Meeting 2020

CHAIRMAN'S REPORT

a testing time for the sport 7th in the final. sector. We have witnessed the impact of social events

and the worldwide COVID-19 pandemic. In the fourth quarter, most of the training programmes and competitions were cancelled due to the group gathering restrictions. Our elite coaching team delivered training from home programme to keep our elite athletes physically fit. The Board of Directors joined the monthly meeting on the electronic platform to stay close communication and ensure smooth operation.

Here are some of the highlights from the past year.

I. Performance of Hong Kong Teams

As of 18 March 2020, the World Baseball Softbal Confederation (WBSC) announced the baseball world rankings; Hong Kong Men's Team ranked 6th in Asia, 30th in the World. As of 31 December 2019, Hong Kong Women's Team ranked 4th in Asia, 10th in the World.

Sources: https://rankings.wbsc.org/

Hong Kong Men's Team ranked 6th out of 8 teams in the final result of the 29th Asian Baseball Championship, Leuna Ho Nam was awarded as All-Star Team Catcher.

Hong Kong Women's Team finished at 6th place in the II BFA Women's Baseball Asian Cup, did not qualify for the upcoming WBSC Women's Baseball World Cup. The team also participated in the LG Cup which was held at Korea in August 2019.

Team U12 and Team U18 participated in the 2019 "Panda Cup" Greater Bay Baseball Championship. Team U12 finished at 4th place. Wong Kwong Po, a player of Team U18, was awarded the Leading Batter. The top team in U12, U14, U16 of Hong Kong Youth League were qualified to participate in the PONY Baseball Asia-Pacific Zone Tournament (Bronco, Pony, and Colt division). Participating in international experience in games and strengthen their skills.

Hong Kong was first-ever invited to participate in the 2nd National Youth Games, our U15 Girls and U15

The year 2019-2020 was Boys team got 4th place while U19 Men's Team ranked

II. Local International Events

Local International Events

In the reporting year, we are incredibly grateful that we received the donation from our Honorary Presidents namely, Mr. Lester Lam, Dr. Kennedy Wong and Mr. Thomas Lee to support the Association to host local international events including Hong Kong International Baseball Open, "Phoenix Cup" Hong Kong International Women's Baseball Tournament and Hong Kong International U12 Baseball Championship.

Due to the impact of the coronavirus pandemic, the Association could only host one local international event out of three planned events. Thank you for the continuous funding support from the Home Affairs Bureau, the Leisure and Cultural Services Department, and title sponsor Lai Sun Group, Lick Sang and Zun1 Interactive Technology.

Lick Sang Presents 8th WBSC Hong Kong International Baseball Open was held in December 2019, titlesponsored by Lick Sang and sanctioned by the World Baseball Softball Confederation (WBSC). The tournament mixed with the national team from Hong Kong and Russia and club team from Hong Kong, Singapore, and Taiwan. Team Hong Kong won over Da-Ho Baseball, Taiwan, and Singapore Meerkats, Singapore.

III. Local Leagues

Venue supply which could not meet the demand of organizing nearly 300 games in a year. The Hong Kong Open League was forced to suspend in the reporting year. The Association decided to reform the Hong Kong Open League in the next season. The number of teams in one division will be limited to 10, meanwhile, players are not allowed to register more than one division in the same season. We expected the number of teams will be trimmed down to 50-60 teams instead of 90.Men Grade events would benefit the players and coaches to gain A was moved out from the Hong Kong Open League to release the booking of the Sai Tso Wan baseball field (our designated National Squad Training Centre) to support the elite training programme for youth.

To promote the game guality of Men Grade A that most Hong Kong team would receive a monthly allowance of our national team players play in, the Association moved a big step to co-organize with Hong Kong Apex Baseball League Limited to run the first premier baseball league in Shenzhen where an international standard 28 selected male players train intensively under the TS baseball field is available during the weekend and allow Programme to prepare for the major events. the teams to play an official game without setting the game duration.

To strengthen the sport development, the Association kept organizing baseball league for youth under selfsustain programmes.

- Hong Kong Youth League (HKYL)
- Coach Pitch League (CPL)

LEAGUE	DIVISION	TEAMS	GAMES
HKYL	U11	6	31
HKYL	U12	7	43
HKYL	U14	3	3
HKYL	U16	7	43
CPL	U10	4	13
TOTAL		25	130

With support from the Leisure and Cultural Services Department (LCSD), we organized an easy sport game, a one-day event, Baseball SIX Competition in the summer. LCSD also supported us to organize Baseball5[™] Competition, a modified game introduced by the World Baseball Softball Confederation (WBSC), a five-on-five, five-inning street version that can be played anywhere.

IV.Squad Training Programmes

Sauad Trainina

To improve the physical fitness and skill level, whole year training programs were organized for men, youth, women, youth, and feeder system.

Five-Year Development Programme for Team Sports

The Home Affairs Bureau rolled out the "Five-year Development Programme for Team Sports" (the TS Programme) in January 2018 which covers 8 team sports with a team size of 5 or more featuring in the Asian Games or Asian Winter Games, namely baseball (men's team), basketball, handball, hockey, ice hockey, softball (women's team), volleyball and water polo. Apart from the training grant support, members of the

of HK\$4,000 if their attendance in the scheduled training is more than 80% of the training hours, but not less than 10 hours, in a week. Currently, there are

V. Development Programmes

District Promotion Programmes

The development Programme was structured in three stages with elementary level and intermediate level. In the reporting year, we organized 49 training courses with nearly 1,600 participants enrolled in promotional training.

DIVISION	COURSES	PARTICIPANTS
KIDS AGED 5-8 &	7	154
PARENTS		
CHILDREN AGED 7-14	12	313
YOUTH & ADULT AGED	30	1120
13-64		
TOTAL	49	1587

School Sports Programmes

Through the School Sports Programmewhich was subvented by LCSD, there were 83 training programmes and one competition with 10 games conducted during the year, over 2,500 students enjoyed the training. HKBA was successfully raising the popularity of baseball to the local primary, secondary schools, and special schools. However, affected by COVID-19 in the year 2019-2020 some of the training programmes were suspended or cancelled. The Easy Sport Competition was cancelled after two times of suspension.

PROGRAMME	COURSES	PARTICIPANTS
SPORT DEMONSTRATION	29	1035
EASY SPORT PROGRAMME - BASEBALL SIX	20	518
OUTREACH COACHING PROGRAMME (NON- SCHOOL TEAM)	13	365
OUTREACH COACHING PROGRAMME (SCHOOL TEAM)	21	538
TOTAL	83	2456



Community Sports Club Programmes

As at end of the reported period, there were 20 HKBA affiliated clubs registered under LCSD Community Sports Club Projects. The clubs organized 57 activities in total with the subvention from LCSD. To enhance the standard of baseball at the community level, we will continue promoting and strengthening the development of the sport for young players and encourage lifelong participation in sports.

VI. Official Training Programmes

For the reporting period, there were 122 coaches actively to conduct training classes with players in local baseball activities and school teams at different levels. 45 umpires and 35 scorers provided their professional services in local competitions.

The Association organized an elementary training course for umpire and scorer to expand the official pool; and also continuous professional training to enhance their skills.

The following officials were appointed in the international events organized by the Baseball Federation of Asia (BFA) and PONY Baseball and Softball.

- Cheung Sui Man, 29th Asian Championship
- Miyoshi Masanori, BFA U15 Baseball Championship
- Moo Yee Wah Eva, II BFA Women's Baseball Asian Cup
- Yip Ka Leung, II BFA Women's Baseball Asian Cup
- Cheung Wing Yan, PONY Baseball Asia-Pacific Zone Bronco Tournament
- Sun Lun Yum, PONY Baseball Asia-Pacific Zone Pony Tournament

VII. Membership and Affiliated Clubs

As of 31 August 2020, there are 526 Full Members, 48 Associate Members, 123 Student Members, and 31 Affiliated Club Members.

VIII. Administration and Publication

The Association holds monthly executive directors' meetings, quarterly directors' meetings and monthly staff meetings to ensure the smooth progress of activities and monitoring of the administrative system. Respective executive committee meetings have also been held on a need basis, to attend the meeting physically or using a conference call or video call. To promote the best practice in corporate governance and response to the advice by LCSD to

all National Sports Associations, our directors and senior management staff attended the Symposium on Corporate Governance in National Sports Associations - Governance, Leadership and the Future Development of Sports that organized by the Leisure & Cultural Services Department. To deal with the business and activities in an open, fair and impartial manner, we have set out the basic standards and Codes of Conduct of National Sports Associations for our Officials and Staff as work principles and guidelines

To support environmental protection and saving the expenditure of the Association, with effect from January 2018, our publication quarterly "RUN" changed to biannual publication, a digital copy is available on our website. HKBA updated its website and posted the news on its Facebook pages. Members' pro-active suggestions and comments demonstrated their enthusiasm for promoting baseball together with the Association.

IX. Exploring Potential Lands for Constructing a Baseball Field

We have been communicating closely with the relevant departments to express our demand of venues to support baseball activities, no matter increases the number of sessions, opening up other facilities, or apply to use of vacant land.

In July, we submitted our application to the Lands Department to use a water service reservoir rooftop to develop as a baseball training ground and competition venue for young; looking forward to receiving the approval.

X. Introducing the post of Honorary Life President

To recognize the contributions of the former Presidents and Chairmen, I proposed to introduce the post of the Honorary Life President and officially laid down in the Articles of Association. The Board may invite any former President and Chairman of the Association who has served such role for at least six years in the Association to be the Honorary Life Presidents of the Association. The Honorary Life Presidents shall have the duty to oversee proper fund allocation of the Growing Together Baseball Sport Education Fund (the "Fund") and endorse the appointment of President and Chairman of the Association.

XI. Growing Together Baseball Sport Education Fund

The Association was appointed by the Growing Together Baseball Sport Education Fund (the Fund) to keep and handle the Fund application. Dr. Adam Lee, one of our Honorary Presidents, contributed additional money to boost the pool. The Fund aims to provide financial assistance for technical officials training, administrative staff further education, and women's baseball development. The Fund Committee comprises of the Association's Honorary Life Presidents, Counselor, President, Chairman, and Secretary General.

XII.Appreciations

On behalf of the Board of Directors, I would like to thank all Honorary Presidents for their financial support and the guidance from the advisory members over the years; also grateful to the Home Affairs Bureau, Leisure and Cultural Services Department for their subvention and continuous support; and thankful to Environmental Protection Department, Sports Federation & Olympic Committee of Hong Kong, China, Hong Kong Sports Institute and the relevant District Councils for their advice and support too.

Last but not the least, I wish to thank all directors, committee members, and volunteers for their continuous support, as well as office staff of the Association for their dedication and commitment to work.

Andrew Fan Chairman

The Hong Kong Baseball Association Limited 24 September 2020





THE HONG KONG BASEBALL ASSOCIATION LIMITED

REPORT OF THE DIRECTORS

The directors of The Hong Kong Baseball Association Limited (hereinafter referred to as "the Association") present their report together with the audited financial statements of the Association for the year ended 31 March 2020.

Principal activities

The Association is a company limited by guarantee. The principal activities of the Association are to promote and develop baseball sports in Hong Kong. There was no significant change in these activities during the year.

Results

The results of the Association for the year ended 31 March 2020 are set out in the statement of profit or loss and other comprehensive income on page 8.

The state of affairs of the Association as at 31 March 2020 is set out in the statement of financial position on page 9.

The Cash flows of the Association for the year ended 31 March 2020 are set out in the statement of cash flows on page 11.

Business review

The Association has satisfied the exemption criteria set out in Section 388(3)(a) of the Hong Kong Companies Ordinance. Therefore, the directors of the Association are not required to prepare the report for the business review in accordance with the Hong Kong Companies Ordinance (Cap. 622).

General fund

Details of the movements in general fund of the Association during the year ended 31 March 2020 are set out in the statement of changes in funds on page 10.

Equipment and right-of-use assets

Details of the movements in equipment and right-of-use assets of the Association during the year are set out in Notes 11 and 12 to the financial statements.

REPORT OF THE DIRECTORS

THE HONG KONG BASEBALL ASSOCIATION LIMITED

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REPORT OF DIRECTORS (CONTINUED)

Directors

The directors of the Association during the year and up to the date of this report were:

Au Hok Leung
Au Wing Leung
Chan Sze Leung
Chan Tsz Yeung
Cheung On Kiu
Dave Ho
Fan Chun Wah, Andrew
Lam Ho Yi
Leung Ka Ho, Sam
Leung Tak Kwong
Li Wing Kuen, Philip
Lui Chun Pong
Ng Kwong Yuen
Pun Wo Sau
Wong Ki, Jonathan

In accordance with Article 30 of the Articles of Association, the directors shall resign and are eligible for reappointment at the annual general meeting upon expiry of two consecutive terms.

Directors' material interests in transactions, arrangements and contracts that are significant in relation to the Association's business

No transactions, arrangements and contracts of significance business to which the Association, was a party and in which the directors of the Association had a material interest, whether directly or indirectly, subsisted at the end of the year or at any time during the year.

Directors' interests, underlying shares and debentures of the Association or any specified undertaking of the Association

At no time during the year was the Association a party to any arrangement to enable the directors of the Association to hold any interests in the shares or debentures of, the Association or its specified undertakings.



THE HONG KONG BASEBALL ASSOCIATION LIMITED

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REPORT OF DIRECTORS (CONTINUED)

Management contracts

No contracts concerning the management and administration of the whole or any substantial part of the business of the Association were entered into or existed during the year.

Auditor

The financial statements of the Association for the year ended 31 March 2020 have been audited by HLB who shall retire and, being eligible, offer themselves for re-appointment as the auditors of the Association at the forthcoming annual general meeting.

On behalf of the board of directors

Fan Chun Wah, Andrew

Chairman

Hong Kong, 17 September 2020

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AUDITORS' REPORT





INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF

THE HONG KONG BASEBALL ASSOCIATION LIMITED (Incorporated in Hong Kong with limited liability by guarantee)

Opinion

We have audited the financial statements of The Hong Kong Baseball Association Limited ("the Association") set out on pages 8 to 43, which comprise the statement of financial position as at 31 March 2020, and the statement of profit or loss and other comprehensive income, the statement of changes in funds and the statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the financial statements give a true and fair view of the financial position of the Association as at 31 March 2020, and of its financial performance and its cash flows for the year then ended in accordance with Hong Kong Financial Reporting Standards ("HKFRSs") issued by the Hong Kong Institute of Certified Public Accountants ("HKICPA") and have been properly prepared in compliance with the Hong Kong Companies Ordinance.

Basis for Opinion

We conducted our audit in accordance with Hong Kong Standards on Auditing ("HKSAs") issued by the HKICPA. Our responsibilities under those standards are further described in the Auditors' Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Association in accordance with the HKICPA's Code of Ethics for Professional Accountants ("the Code"), and we have fulfilled our other ethical responsibilities in accordance with the Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Other Information

The directors are responsible for the other information. The other information comprises the information included in the report of directors, but does not include the financial statements and our auditors' report thereon (the "Other Information").

Our opinion on the financial statements does not cover the Other Information and we do not express any form of assurance conclusion thereon.







INDEPENDENT AUDITORS' REPORT
TO THE MEMBERS OF
THE HONG KONG BASEBALL ASSOCIATION LIMITED (CONTINUED)
(Incorporated in Hong Kong with limited liability by guarantee)

Other Information (continued)

In connection with our audit of the financial statements, our responsibility is to read the Other Information and, in doing so, consider whether the Other Information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Responsibilities of Directors and Those Charged with Governance for the Financial Statements

The directors are responsible for the preparation of the financial statements that give a true and fair view in accordance with HKFRSs issued by the HKICPA and the Hong Kong Companies Ordinance, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the Association's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the Association or to cease operations, or have no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Association's financial reporting process.

Auditors' Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditors' report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with HKSAs will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

AUDITORS' REPORT





INDEPENDENT AUDITORS' REPORT
TO THE MEMBERS OF
THE HONG KONG BASEBALL ASSOCIATION LIMITED (CONTINUED)______
(Incorporated in Hong Kong with limited liability by guarantee)

Auditors' Responsibilities for the Audit of the Financial Statements (continued)

As part of an audit in accordance with HKSAs, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due
 to fraud or error, design and perform audit procedures responsive to those risks, and obtain
 audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of
 not detecting a material misstatement resulting from fraud is higher than for one resulting from
 error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or
 the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit
 procedures that are appropriate in the circumstances, but not for the purpose of expressing an
 opinion on the effectiveness of the Association's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Association's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditors' report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditors' report. However, future events or conditions may cause the Association to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including
 the disclosures, and whether the financial statements represent the underlying transactions and
 events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

ISB Hodgen Tapey Che without

Certified Public Accountants

Shek Lui

Practicing Certificate Number: P05895

Hong Kong, 17 September 2020



THE HONG KONG BASEBALL ASSOCIATION LIMITED

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STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME

For the year ended 31 March 2020 (in HK Dollars)	Notes	2020	2019
Revenue	6	12,738,693	16,088,500
Other revenue	7	508,015	322,585
Training, championship and tournaments expenses		(9,915,621)	(13,437,472)
General expenses		(2,967,799)	(2,550,636)
Finance costs	8	(2,308)	
Surplus before taxation	9	360,980	422,977
Taxation	10		
Surplus for the year and total comprehensive income for the year		360,980	422,977

The accompanying notes form an integral part of these financial statements.

FINANCIAL REPORT

	THE HONG KONG BASEBALL ASSOCIATION LIMITED					
			STATEMENT OF FINANCIAL POSITION			
2019	2020	Notes	As at 31 March 2020 (in HK Dollars)			
			Non-current asset			
	181,368	12	Right-of-use assets			
			Current assets			
954,755	2,071,208	13	Account receivables			
162,768	605,313	14	Deposits and prepayments			
1,340,189	1,354,670 4,874,152	15 15	Fixed deposits Bank balances and cash			
4,919,099	4,8/4,152	15 _	Bank balances and cash			
7,376,811	8,905,343					
		_	Current liabilities			
6,020,015	6,629,024		Account payables			
77,080	270,179		Deposits received and accruals			
590,522	954,930	12	Receipts in advance Lease liabilities			
	114,274	12 _	Lease habilities			
6,687,617	7,968,407					
689,194	936,936	_	Net current assets			
689,194	1,118,304	_	Total assets less current liabilities			
1111		_	Non-current liability			
	68,130	12	ease liabilities			
689,194	1,050,174	KKY.	Net assets			
689,194	1,050,174		General fund			

The financial statements were approved and authorised for issue by the board of directors on 17 September 2020:

Fan Chun Wah, Andrew

Chairman

Dave Ho Secretary General



FINANCIAL REPORT

THE HONG KONG BASEBALL ASSOCIATION LIMITED

DETAILED STATEMENT OF PROFIT OR LOSS

(For management use only)

For the year ended 31 March 2020 (in HK Dollars)	2020	2019
Revenue		
Membership fees	336,150	499,250
Training and events fees	989,548	1,565,884
Subsidies and donations received for the year	11,412,995	14,023,366
	12,738,693	16,088,500
Other revenue		
Management services fees	39,854	104,581
Sale of baseball related products and sundry income	79,964	144,342
Income from activities	369,347	61,361
Interest income on rental deposit	847	-
Bank interest	18,850	12,301
	508,862	322,585
Training, championship and tournaments expenses	(9,915,621)	(13,437,472)
General expenses		
Auditors' remuneration	(49,500)	(49,500)
Business registration fee	(250)	(2,250)
Depreciation of right-of-use assets	(47,728)	-
Directors' remuneration		_
Insurance	(159,392)	(89,037)
Legal and professional fee	-	(105)
Membership subscription	(6,346)	(100)
Mandatory provident fund contributions	(91,338)	(91,564)
Office and storage rental	(114,931)	(143,924)
Office furniture and equipment	(27,927)	(11,400)
Printing, stationery and postage	(179,579)	(84,955)
Public relation	(18,340)	(8,000)
Repairs and maintenances	(21,526)	(24,668)
Salaries and other allowances	(2,132,189)	(1,919,378)
Staff welfare	(11,081)	(31,128)
Sundry expenses	(64,396)	(36,230)
Telephone and fax	(39,968)	(56,128)
Transportation and travelling	(3,308)	(2,269)
	(2,967,799)	(2,550,636)
Finance costs Interest on lease liabilities	(2,308)	
Surplus before taxation	360,980	422,977
Taxation		
Surplus for the year	360,980	422,977

THE HONG KONG BASEBALL ASSOCIATION LIMITED

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

For the year ended 31 March 2020 (in HK Dollars)

17. MATERIAL RELATED PARTY TRANSACTIONS

The Association had no compensation for key management personnel comprising the directors of the Association during the year (2019: Nil).

Save as disclosed elsewhere in the financial statements, the Association entered into the following transactions with related parties during the year:

Name of related parties	Nature of the related parties	Nature of transactions	2020	2019
Au Hok Leung	Director	Coach allowance	266,158	367,496
Au Wing Leung	Director	Coach allowance	243,530	128,933
Chan Tsz Yeung	Director	Coach allowance	-	49,710
Chan Sze Leung	Director	Official allowance	1,125	-
Cheung On Kiu	Director	Coach allowance	216,544	321,736
Leung Ka Ho, Sam	Director	Athletes allowance Coach allowance	32,000 10,518	44,000
Leung Tak Kwong	Director	Coach allowance Official allowance	25,776 370	24,722
Ng Kwong Yuen	Director	Officials allowance	7,225	5,200
Pun Wo Sau	Director	Athletes allowance	28,000	32,000
Wong Ki, Jonathan	Director	Officials allowance	18,227	20,559



Introduction of 2020-2022





Mr. FAN Chun Wah Andrew, JP President 范駿華先生, JP

- Joined the Association as the Treasurer since October 2017
- Mr. Fan has been playing baseball since childhood
- Deputy Head of Delegationn of Hong Kong National Women's Baseball Team to the Women's Baseball World Cup in 2006
- Chairperson of the Organizing Committee of XII BFA East Asia Baseball Cup 2018 that was hosted by Hong Kong



Mr. CHONG Ki Ming Secretary-General 莊岐鳴先生 妼書長



Mr. NG Kwong Yuen **Patrick**

Vice-chairman (Games)

吳光遠先生

副主席(賽事)

- Mr. Ng joined the Association as a director since 2016
- Vice-chairman of Aberdeen Baseball Club
- Registered HKBA Level 3 Baseball Umpire WBSC Certified International Baseball Umpire (U-18 Category)
- Dr. LAM Ho Yi, JP reasurer

林顥伊博士,JP

- Dr. Lam was appointed as one of the Organizing Committee members in the XII BFA East Asia Baseball Cup 2018 that was hosted by Hong Kong
 Chairperson of Hong Kong Special Olympics
 Founder of Lai Sun Baseball Team



Mr. Dave HO Chairman 何廸夫先生 主席

- Mr. Ho was appointed as one of the Organizing Committee members in the XII BFA East Asia Baseball Cup 2018 that was hosted by Hong
- Founder of Yiu Wing Baseball Team
- Honorary Secretary of Special Olympics Hong Kong
- Vice chairman of Kowloon City District Sports Association
- Vice Chairman of Chido (Taekwondo) Association



Mr. AU Hok Leung Sean Vice-chairman (Elite Training) 區學良先生

- Sean joined the Association as a director since 2006 He has been coaching Hong Kong National Men's Baseball Team

副主席(精英培訓)



Mr. LEUNG Tak Kwong

Vice-chairman (Promotion & Project)

梁得光先生

副主席(推廣及項目)

- Mr. Leung joined the Association as a director since 2014
- Chairman of Lai Chi Kok Baseball Club
- Registered HKBA Level 1 Baseball Coach
- Qualified WBSC Technical Commissioner for Baseball



Mr. LUI Chun Pong Financial Controller 呂振邦先生

- Mr. Lui was appointed as one of the team officials in Hong Kong National Women's Baseball Team to the Women's Baseball World Cup in 2006 and 2014 respectively



Mr. AU Wing Leung Jose **Director of Coach Development** 區穎良先生 董事/教練培訓總監

- Jose was one of our Hong Kong Team players
- He joined the Association as a director since 2006
- He has been appointed as the Head Coach of Hong Kong National Women's Baseball Team since 2004
- Coach of Sham Shui Po Baseball Club
- Registered HKBA Level 1 Baseball Coach



Mr. WONG Ki Jonathan

Director of Umpire Academy and Umpire-in-Chief

黃期先生

董事/裁判學院總監兼任裁判長

- Jonathan was elected as one of the directors in the years of 2004-2006 and 2010-2018
- Registered HKBA Level 2 Umpire
- WBSC Certified International Baseball Umpire (U-18 Category)



Mr. MAN Chin Wing Director of Facilities 文展榮先生 董事/場地設施總監

Mr. LEUNG Ka Ho Sam

董事/學校推廣組總監

· He was nominated as one of 28 players to receive Athlete Grant

under the scheme of "Five-Year Development Programme for Team

· Sam is one of our Hong Kong National Men's Team players

· Coach of Yan Chai Hospital Wong Wha San Secondary School

Director of Schools Sport Promotion



Mr. YIP Chun To Adrian, BBS, MH, JP

Director of Community

葉振都先生, BBS, MH, JP

- Executive Chairman of Hong Kong Volunteers Association
 Mr. Yip was appointed as Volunteer Coordinator in the XII BFA East Asia Baseball Cup 2018 that was hosted by Hong Kong



Mr. CHAN Tsz Yeung Raymond Director of Men's Development

陳子揚先生

董事/男子發展總監

- Raymond was one of our Hong Kong Team players
- He was elected as one of the directors in the term of 2006-2008 and 2008-2010
- One of the coaching staff in HKBA Elite Coaching Team
- Coach of Sham Shui Po Baseball Club
- Registered HKBA Level 1 Baseball Coach



Mr. CHIU Chi Kam Kenneth

Director of Youth Development

趙嗣淦先生 董事 / 青少年發展總監

- Kenneth is one of our Hong Kong National Men's Team players He was nominated as one of 28 players to receive Athlete Grant under the scheme of "Five-Year Development Programme for Team

Coach of Sham Shui Po Baseball Club

Registered HKBA Level 1 Baseball Coach



Ms. LAU Tsz Chin Director of Women's Development 劉芷芊小姐 董事/女子發展總監

- Ms. Lau is one of our Hong Kong National Women's Team players
 Coach of Sham Shui Po Baseball Club



Mr. LEUNG Wai Hung Director of Open League 梁偉鴻先生 董事 / 公開組賽事總監

Chairman of Sham Shui Po Baseball Club





資助機構 Subvented by



主辦機構 Organized by





2020-2021 年度

西港八人博斯臺

對比傳統棒球玩法更簡易安全,又佔地面積較少的六人棒球,一直深受香港不同年齡層參加 者的喜愛,緊湊的比賽過程,令他們更加享受到棒球比賽的樂趣。

然而今年疫情亦無減參加者的興致,他們積極報名由香港棒球總會主辦,康樂及文化事務署 資助的「2020-2021 年度 香港六人棒球賽」, 比賽於 11 月 1 日假荔枝角公園第三期足球場 舉行,當中包括公開混合組及少年混合組,兩個組別合共十一支隊伍參賽。

比賽當日陽光明媚,球員們熱情四射,由早上開始激戰連場至傍晚,節奏輕快的賽事更令球 員在球場上不斷揮灑汗水,讓觀眾看到他們充滿活力的身影,為他們加油打氣!

各球隊經歷數場小組賽的龍爭虎鬥後,公開混合組的 NINEWEST 及純陽校友 B 隊,以及少 年混合組的 HOMANTIN 及 DODGERS, 四支隊伍脱穎而出, 成功躋身決賽, 分別爭 奪兩組的冠軍殊榮。

在兩組冠軍戰中, NINEWEST 與純陽校友 B 隊實力相若,雙方攻守互有來往,最 終 NINEWEST 於延長局以再見全壘打結束比賽,以 14:13 奪得公開混合組冠軍, 而實力雄厚的 HOMANTIN 則以 10:2 大勝 DODGERS,以全勝的姿態完成整個賽 事,並成功登上少年混合冠軍寶座。







• 公開混合組季軍



少年混合組亞軍



少年混合組季軍





公開混合組

冠軍: NINEWEST 亞軍: 純陽校友 B 隊 季軍: OCEANUS'



· 少年組冠軍戰



冠軍: HOMANTIN 亞軍: DODGERS 季軍: 純陽小學







資助機構 Subvented by



主辦機構 Organized by





Manufactural Manuf

2020-2021年度 雪港远人樓球賽

Baseball5™ 是節奏快速的團隊運動,提倡不需要很大的場地,只需要一顆球,加上十個人就可以開始比賽。近年Baseball5™ 於世界各地發展迅速,除了被正式列入為青年奧林匹克運動會的競賽項目外,世界棒壘球聯盟 (WBSC) 更是舉辦首屆亞洲盃盛事,希望吸引更多人參與這個新興運動。

香港棒球總會為了讓更多市民了解 Baseball5™ 運動,除了 與康樂及文化事務署定期舉辦推廣班指導參加者外,今年 11 月 8 日在荔枝角公園第三期足球場也舉辦了「香港五人棒球 賽」,並分為公開混合組及青少年混合組兩大組別。本會希 望透過是次比賽讓更多人關注這項新興運動,也提供機會予 各隊伍互相切磋及進行技術交流,並同時為五人棒球亞洲盃 挑選更多合適的香港備選球員。

這次比賽一共有九支隊伍參與兩組賽事。當中包括由五人棒球亞洲盃備選球員所組成的兩支隊伍 OPEN MIXED 及 YOUTH MIXED,雙雙以小組首名出線打進公開混合組決賽,雙方在冠軍戰中攻守互不相讓,最終 OPEN MIXED 以一分微小的優勢 9:8 擊敗 YOUTH MIXED,以全勝的姿態完成整個賽事,並奪得公開混合組的冠軍殊榮。

而在青少年混合組比賽中,DODGERS與純陽A隊實力相若,雙方在整個比賽過程中展示了出色的表現,精彩的守備與進攻畫面連番上映,最終 DODGERS 略勝一籌以 11:9 力壓純陽 A 隊,成為青少年混合組的優勝隊伍。

青少年混合組

公開混合組

冠軍:OPEN MIXED冠軍:DODGERS亞軍:YOUTH MIXED亞軍:純陽 A 隊季軍:BALLPARK季軍:純陽 B 隊

Baseball5™ 也將會是香港棒球總會來年重點推廣及發展的項目,請繼續關注我們往後的活動喔!

Hong Kong Baseballs Competition

The Competition of the Competition o















Qualifier to the 1st WBSC Baseball5 World Cup

As requested by the WBSC-Asia Bseball5 Commission, the national federation of baseball and softball in each country/region should work together to form only one team in each category for the tournament.

There will be two categories of the Baseball5 tournament, Open Mixed Team and Youth Mixed Team. The team roster should be composed of a maximum ten persons, eight athletes (four male and four female) plus two delegate-officials (coach and team manager).

This is the first time for the Hong Kong Baseball Association (HKBA) and the Hong Kong Softball Association (HKSA) jointly organized an event. A Baseball5 Steering Committee is made up of representatives from HKBA and HKSA. To give strategic direction and support the preparation and participation.

Hong Kong Baseball5 Steering Committee Members:

Mr. Dave Ho, Chairman of HKBA

Mr. Patrick Ng, President of HKSA

Mr. Stanley Chong, Secretary General of HKBA

Mr. Jose Au, Director of HKBA

Mr. William Wong, Council Member of HKSA

Coaching Team:

OPEN: Jose Au (HKBA), Ng Wing Kei (HKSA) YOUTH: Cheung On Kiu (HKBA), Tso Kg Wai (HKSA)

The tournament was planned to organize on 9-12 April 2020 in Kuala Lumpur, Malaysia, due to the spreading of COVID-19, it has been further postponed to January to February 2020. Top three teams will be qualified to the WBSC Baseball5 World Cup that to be held on 30 November-6 December 2020 in Mexico.



AMERICAS 3 TEAMS **AMERICAS** 2 TEAMS **ASIA** 3 TEAMS **ASIA** 1 TEAM **EUROPE EUROPE** 2 TEAMS 1 TEAM **OCEANIA** 1 TEAM **OCEANIA** 1 TEAM **WORLD CHAMPION OF THE** 1 TEAM WBSC YOUTH BASEBALL5 **WORLD CUP 2020**

TOTAL 12 TEAMS

TOTAL 8 TEAMS



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10 | OFFICIAL WBSC BASEBALL5 RULEBOOK 2021

HITTING/BATTING

Up to the U-15 category, the hit/ slapped ball shall have enough momentum to reach the outfield (passing the line that connects 1st-2nd-3rd base). The act of hitting/batting must take place while the batter is completely within the batter's box. The batter shall remain within these lines until the ball is hit away from the batter's hand.

The offensive player shall enter the batter's box and raise the hand they intend to use to hit the ball. The ball must be hit/slapped either with a palm or a fist.

The hit/slapped ball shall have enough momentum to reach the outfield fence.

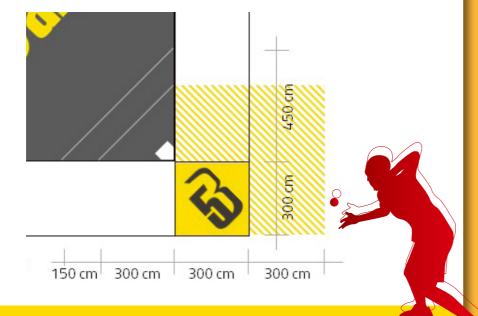
Should a defender touch a legally hit ball before it reaches the outfield fence, the ball is automatically considered valid.

ILLEGAL HITTING

Picture 5

The first bounce must to be after the no-hit zone line marked diagonally at $4.5\,\mathrm{m}$ from home plate. For the U-15 category the no-hit zone is marked at $3\,\mathrm{m}$ (Picture 5).

 In the U-15 category and other age-group categories below, players will have a second chance in the case of an illegal hit or foul-ball.





OFFICIAL WBSC BASEBALL5 RULEBOOK 2021 | 11

POINTS/RUNS

A point (run) is scored when a player reaches home plate, having passed all the bases in turn, during an offensive session of their team. The bases must be touched in the follow order: 1st base, 2nd base, 3rd base and home plate.

OUTS

*In Baseball5, unlike in baseball and softball, it is the first bounce of the ball that determines whether the hit ball is fair or not:

- First bounce in foul territory = batter is OUT
- First bounce in fair territory = the ball is live

**If a player erroneously hits out of turn, the action will result in an out for the offensive team. The legitimate batter shall be ruled out and the batting order should resume with the following player. The defensive team is responsible for notify any of the Game Officials before the next hatter

*** Sliding is forbidden in Baseball5. The defensive team needs to eliminate three opponents in an inning in order to switch sides and become the offensive team.

How the defence makes "outs":

- By touching the base (while in possession of the ball) in which a runner is "forced" to run to;
- By catching a hit ball before it touches the ground;
- By tagging a runner when he/she is not on a base;
 Tagging = touching the runner with the ball in hand;
- If a batter reaches 1st base safely but fails to remain in the safe area and is tagged by a defender while outside the safe area.

How the offensive players eliminate themselves due to an illegal behaviour/action:

- By touching (stepping) on one of the batter's box lines while hitting the ball:
- By hitting the ball in foul territory*;
- By being hit by a legally hit ball;
- By completely missing the ball in the attempt of hitting;
- By intentionally faking to hit the ball;
- By not making a hit ball touch the fairground at least once before touching the fences or going above the fences;
- By not making the hit ball reach the outfield fence (in case of no touch by any defensive player);
- By not respecting the batting order and hitting in place of a teammate**;
- By a runner leaving the base before the batter hits the ball;
- By passing a teammate while in the action of running the bases;
- By being tagged while two or more runners are on the same base by (the player listed later in the batting order shall be called "out");
- The one behind in the batting order shall be called "out";
- By sliding in the attempt to safely reach a base or in the attempt to avoid a tag***.

NOTE: Runners must do everything possible to avoid a collision with the defenders. Should an umpire decide that a runner could have avoided a collision, the runner shall be ruled "out".

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12 | OFFICIAL WBSC BASEBALL5 RULEBOOK 2021

DEAD BALL

If, after a valid hit, the ball leaves the field of play and is no longer playable by the defence, the game stops. In such cases, one of the following will be applied:

- If no defender touches the ball, each runner advances to the next base (no extra base is awarded);
- If the hit ball touches a defender (no error) and leaves the field of play, each runner advances to the next base (no extra base is awarded);
- If the ball leaves the court due to a defensive error (missed throw
 or missed catch), each runner is awarded an extra base (batter goes
 to 2nd base, runner on 1st base goes to 3rd base and so on...). It is
 at the discretion of the Game Official as to whether to call the error
 and award the extra base to the offence.
- The ball is also dead if the Game Official calls an obstruction (each runner advances one base).

BASES LOADED, TWO OUTS – SPECIAL CASE

1st innina:

In a situation with bases loaded and two outs where the runner at 3rd base is up (according to the batting order) each runner advances one base with the runner on 3rd base going to hit and a pinch runner placed on 1st base. In teams with only five players, the first player called out in that inning becomes a pinch runner on 1st base. The batting order shall always be respected.

Example:

LINE UP 1 Paul 2 Jane 3 Mike 4 Steve

5 Kim

 Paul, base hit. Paul is on 1st base, no outs, Jane goes into the batter's box.

2. Jane, base hit. Paul is on 2nd base, Jane is on 1st base, no outs, Mike goes into the batter's box.

- 3. Mike, base hit. Paul is on 3rd base, Jane is on 2nd base, Mike is on 1st base, no outs, Steve goes into the batter's box.
- 4. Steve, fly out. Paul is on 3rd base, Jane is on 2nd base, Mike is on 1st base, one out, Kim goes in the batter's box.
- 5. Kim, fly out. Paul is on 3rd base, Jane is on 2nd base, Mike is on 1st base, two outs, Paul should be the next batter, but he is on 3rd base.

Therefore:

Paul goes into the batter's box, Jane advances to 3rd base, Mike to 2nd base and Steve (first out of the inning) goes to 1st base as a pinch runner.



隊際球類運動一直是最多學生和青少年參與的運動項目,有助青少年建立團隊精神、溝通互信和健康生活模式。然而,由於隊際運動的運動員人數較多,需要更多資源組織訓練,以推動隊際運動發展。

有見及此,行政長官在 2017 年 10 月宣布開展「隊際運動五年發展計劃」(計劃)。民政事務局自 2018 年 1 月推出計劃,涵蓋亞洲運動會(亞運會)或亞洲冬季運動會(亞冬運)的 8 項 5 人或以上隊際 運動項目,即棒球、籃球、手球、曲棍球、冰球、壘球、排球和水球,向 8 個相關體育總會提供額外資助, 為香港參戰亞運會或亞冬運制訂和推行培訓計劃,亦為超過 200 名港隊成員提供財政資助。此計劃的目標 是協助隊際運動項目循序漸進地提升成績,以及增加日後晉身精英體育項目的機會。

計劃內容

計劃下的相關體育總會須提交年度訓練計劃書,安排每週有系統訓練時數平均不少於 10 小時,每隊會按成年代表隊人數(以亞運會或亞冬運接受最高報名人數為上限)獲得每年 35 或 50 萬元的基本資助額,以用於聘請教練、購置體育或訓練用品和培訓青少年梯隊等。除各階段指定目標外,體育總會亦可自訂目標,如達到這些目標或獲得商業贊助,資助額可獲增加 10-20% 以作獎勵。此外,由體育總會推薦的香港代表隊隊員如出席訓練時數超過 80%,可獲每月獲津貼 4,000 元。

受資助球員名單(更新於 2020 年 4 月 1 日)

- 1 Chan Cheuk Kiu 陳卓喬
- 2 Cheung Chun Yiu Ryan 張竣堯
- 3 Cheng Hoi Ting 鄭鎧霆
- 4 Chiu Chi Kam Kenneth 趙嗣淦
- 5 Chong Wai Kit 莊偉杰
- 6 Holliday Matthew Andrew
- 7 Kwok Ching Connor 郭靖
- 8 Lam Lai Him 林澧謙
- 9 Lam Wing Hei 林穎晞
- 10 Leung Chung Hei 梁仲熙
- 11 Leung Ho Nam 梁皓男
- 12 Leung Ka Ho Sam 梁家豪
- 13 Li Wing Sing 李永陞
- 14 Liu Ho Yin 廖浩延

- 15 Lo Ho Lam Andy 盧灝霖
- 16 Ma Hon Man Ashley 馬翰文
- 17 Ng Yau Pang 吳有朋
- 18 Pun Wo Sau 潘禾脩
- 19 Tam Ho Ki 譚浩其
- 20 Tam Ho Yin Benny 譚浩賢
- 21 Tsui Chak Pui 徐澤培
- 22 Yee Ho Tsung 余浩驄
- 23 Yeung Kun Hin 楊貫軒
- 24 Yung Tsun Wai 翁浚暐
- 25 Mok Chun Pui 莫竣棓
- 26 Wong Sze Chun 黃思進
- 27 Wong Wai Chun 黃偉晉
- 28 Yiu Yik Shun 姚亦信

其他相關資料請瀏覽本會網頁: https://www.hkbaseball.org//load.php?link_id=329674





何文田棒球會



致力培育

何文田棒球會自成立以來致力舉辦及組織棒球活動及比賽,以助青少年成長,平衡發展。

本會就球員的年齡及球技水平組織了多支球隊參加公開棒球比賽,包括有初學組 Blue Jays $(5-8 \, \mbox{\,\^{g}})$,中級組 Cardinals $(9-12 \, \mbox{\,\^{g}})$ 及少年組 Orioles $(12-16 \, \mbox{\,\^{g}})$ 。







本會在 2019-2020 年度全港青少年棒球聯賽中,分別在 U16 及 U11 組別取得冠軍及亞軍的亮麗成績,而本會亦有隊員在 U16 組別中獲得最有價值球員的殊榮。



為增加隊員對棒球運動的投入感,本會組織經常性棒球訓練給球員以提昇球技。訓練通常逢星期六下午舉行。本會有多位資深和經驗豐富的教練,對球員悉心指導。無論在訓練時,或在比賽中,都能對各球員瞭如指掌,運籌帷幄。把每一球員的潛能發揮得淋漓盡致。本會在任何時間都歡迎有興趣挑戰自己的青少年加入。





致電:9340 2607 (與 Heidi Pang 聯絡)

Facebook: https://www.facebook.com/homantinbaseballclub/網頁:https://www.hmtbc.hk









Central Baseball Club

▶▶ 希望提供少少不同的棒球體驗

Central Baseball Club 是一個年青、有魄力及充滿創意的棒球總會屬會和地區體育會。我們秉承傳統,並加入創新意念,全心全意為學員開拓適合成長的環境,讓學員更容易吸收及了解練習內容。

我們在乎學員的感受,透過與家長通力合作,了解學員的想法和喜好,設計出適合他們的練習和發展方向。同時,希望以新的概念來介紹棒球體育運動,希望大家可以從另一角度來了解棒球運動及享受棒球樂趣。因此,我們發展出極具有特色的遊戲學習班、過渡班、興趣健康班和競賽隊伍。未來會繼續按不同學員的需要,發展出更多貼身的課程、練習和隊伍。

我們積極參與傳統及創新的棒球比賽,例如五人棒球、六人棒球、軟式和硬式。現時我們優先集中照顧 5-14 歲的學員。



歡迎了解我們更多

致電:5110 7594(與張小姐聯絡)

Facebook: https://www.facebook.com/CB.BearBear 網頁: https://sites.google.com/view/centralbaseballclub/









Sports Development Chart

HKRA Training

3 E/X			Compe	titions		HKBA I	raining
National Squad (Excellence)	Train to Win		ulti-games National Gam SU Summer Universiade			HKSI Team-only S National Team Prepa U18, U1	ration (Men, Women,
Regional/Junior Squad (Performance)	Train to Compete	WBSC World Cups	BFA Tournaments	FISU University WBC	PONY World Series	Preparation Programmes	Squad Training Programmes
Feeder System (Talent Identification)	Train to Train	Invitational T (Men, Women, I		LIEs (HKIBO, Phoenix Cup,U12)	PONY Asia-Pacific Zone Tournament	Exchange Programmes	Feeder System
Intermediate Programme (Participation)	Learn to Train	Hong Kong Open League (age 13 & above, Men, Women, Mixed)	Inter-schools League (Primary, High School, University)		PONY League (Bronco, Pony)	Community Sports	Club Programmes
Development Programme (Foundation)	FUNdamentals	Teeball League (age 5-8)	Coach Pitch League (age 6-11)			District Promotion Programmes	NOC Festival of Sports
First Contact (Awareness)	Active Start	Dall	BASEBALL			Schools Sports Programmes	Co-organized Programmes

Remarks:

BFA = Baseball Federation of Asia HKSI = Hong Kong Sports Institute LIE = Local International Event

NOC = National Olympic Committee WBSC = World Baseball Softball Confederation







	正式棒球比賽 Official Game (男子 Men)	正式棒球比賽 Official Game (女子 Women)	正式棒球 Official (少棒 U1: 棒 U1	Game 2、青少	WBSC Baseball5™	Local (U11, U	球比賽 Game 12, U14, 16)	Teeball	Coach Pitch League	六人棒球賽 Baseball Six
簡介 Introduction	職業/國家代表隊棒球比賽如美 國職棒大聯盟、世界盃、亞洲盃、 世界大學生比賽、全國運動會等 國際比賽 Game between professional/ national teams, such as Major LeagueBaseball (MLB), World Cup, Asian Cup, Summer Universiade, All China National Games, etc	職業/國家代表隊棒球比 賽如日本女子棒球聯賽、 世界盃、亞洲盃、等國際 比賽 Game between professional/ national teams, Japan Women's Baseball League,World Cup, Asian Cup	軟式 Rubber Ball 主辦單位按賽 賽事為軟式 The organize decide the tou use rubber bu ball accordin compet	式或硬式 ver should urnament to pall or hard ing to the tition	棒球 5 是一項全新的五人制、 五局,可以隨處進行的街頭 版本棒球 / 壘球運動,並由世 界棒壘球總會積極推行。 Baseball5 is a new five-on- five, five-inning street version of the game of Baseball/ Softball that can be played anywhere, WBSC promote Baseball5 actively.	為軟式 The organizer the tournamer ball or hardba	硬式 Hard Ball 事性質決定賽事 式或硬式 r should decide nt to use rubber all according to etition level.	香港棒球總會自 2003 年推行室內 Teeball·以固定的 T 座在較小的場地、 用安全的器材,讓兒童初學者可以輕鬆 地嘗試棒球比賽的樂趣。 Hong Kong Baseball Association (HKBA) introduced indoor Teeball since 2003, allow children to taste baseball with safety equipment in a smaller area, tee-ball players swing easily at a ball resting on the tee.	為有 T-ball 經驗的兒棒球員, 提供過渡至正式棒球比賽之 平台,進一步推廣本地 棒球運動。 The objective for the Coach Pitch League is to allow continual facilitation and promote baseball for kids who have T-ball experience.	以較少人數(六人)取代正式比賽的九人,在簡化的 三角形比賽場上,以安全的軟式棒球、配合輔助器材 (Rolling Tee) 或以攻方投球形式 (Coach Pitch)、簡易 的玩法,加快活動節奏,提昇比賽刺激性,讓不同年 齡層可以一同享受比賽的樂趣。 Instead of nine players, to form a team with six players and play on a modified competition venue in triangle shape, using safety baseball and auxiliary tool (Rolling Tee) or apply Coach Pitch, hit a ball without worry about no skillful pitcher on the team. To move the game at a faster pace, get it excited, allow different age group to enjoy baseball game together.
壘間距离 barrier dista		90'	U12 : U15 :		13 米 13 meters	U12 U14	1: 60' ? : 70' ! : 80' 5 : 90'	60'	60'	60'
本壘板至热 板距離 場地 Home plate 大小 pitcher dista	60' 6"	60' 6"	U12 : U15 : 6		不適用	U12 U14	1: 46' 2 : 50' 1 : 54' · 60' 6''''	43'	30 ' (上手投球 overarm) or 15' (下手投球 underarm)	35'
Site size 本壘至左右的 Home to I and right fi	eft not less than 320'	275-290'	U12 : 2 U15 : 不少於 1 320	not less than	13-18 米 13-18 meters	- , - ,	, U14 : 220' not less than 320'	200' (視場地而定 depending on the venue)	150'	120'
本壘至中夕 Home to midfield	インが	340-360'	U12 : 2 U15 : 不少b than 4	於 not less	18.4-25.5 米 18.4-25.5 meters	, ,	?, U14 : 270' not less than 400'	220' (視場地而定 depending on the venue)	150'	104'
用場 site	戶外 Outdoor	戶外 Outdoor	戶外 Ou	ıtdoor	戶外,室內均可 Indoor / Outdoor	戶外 C	Outdoor	戶外,室內均可 Indoor / Outdoor	戶外,室內均可 Indoor / Outdoor	戶外,室內均可 Indoor / Outdoor
基本比賽人數 Basic The number matches	of 9	9	9		5		9	9	9	6
用球 Ball	硬式棒球 Hard ball	硬式棒球 Hard ball	軟式或硬. Rubber ball Bal	ll or Hard	Baseball 5		硬式棒球 I or Hard Ball	圓周長 9" 海綿球 (Naigai) Circum 9" safety teeball (Naigai)"	9" T-Ball (Rawlings)	圓周長 9™ 韓式海綿球 (nsi) Circum 9™ Korean safety teeball (nsi)
棒球手套 Baseball glove	需要 Required	需要 Required	需要 Red	quired	不需要 Not Required	需要 R	Pequired	需要 Required	需要 Required	選擇性 Optional
球棒 Bat	木棒,硬式金屬棒 wooden bat, aluminium bat forhard ball	硬式金屬棒 aluminium bat for hard ball	金屬(aluminiu		不需要 Not Required		屬棒 nium bat	Teeball 棒 Teeball bat	T-ball 金屬棒 Aluminium bat for T-ball	Teeball 棒 Teeball bat
護具 Protector	需要 Required	需要 Required	需要 Red	quired	不需要 Not Required	需要 R	Required	需要 Required	需要 Required	選擇性 Optional
打擊形式 Hitting fo	投打 Pitch by pitcher	投打 Pitch by pitcher	投打 Pitch by p		用手掌或拳頭 Hit by a palm or a fist		計 y pitcher	運用 Tee 座 Use of Tee stand	每隊應指派自隊一位成人 或教練作為攻方投手 Each team shall furnish its own Adult Pitcher	運用 Rolling Tee 或以攻方投球形式 Use of Rolling Tee or Coach Pitch
打擊賽例 Batting re	ules 三出局 Made 3 outs	三出局 Made 3 outs	三出局 Mac	de 3 outs	三出局 Made 3 outs	三出局 M	lade 3 outs	九名打擊者賽例 Ninth batter rule	每局三出局或取得 5 分轉換攻守 linning change when 3 outs made or 5 runs scored	六名打擊者 Sixth batter rule
比賽時間 Game duration	九局約3小時(和局進入延長局) 9 innings around 3 hours (Enter extra innings to break a tie)	七局約 2.5 小時 (和局進入延長局) 7 innings around 2.5 hours (Enter extra innings to break a tie)	七局約 2 (和局進入) 7 innings arou (Enter extra i break a	延長局) und 2 hours innings to	<i>不適用</i> <i>N/A</i>	(和局進 7 innings arour	的2小時 入延長局) nd2hours(Enter a to break a tie)	限時 70 分鐘 最多打五局 Limited to 70 minutes, max. 5 innings	比賽以 6 局為上限。比賽時間 超過 75 分鐘將不開新局。比 賽完成 1 局即為有效比賽 A regulation game shall be a maximum of 6 innings and no new inning shall start after 75 mins. One inning shall constitute an official game	限時 30 分鐘 最多打五局 Limited to 30 minutes,max. 5 innings





我們的屬會 Our Affiliated Club Member

/ As at 31 May 2020



香港仔棒球會 Aberdeen Baseball Club www.facebook.com/Abaerdeen-Baseball-Club-554522631569834/ E-mail: aberdeen baseball@yahoo.com.hk

American Baseball Training E-mail: PatrickcalkinsL01@yahoo.com



Astro Baseball Club http://astroshongkong.wixsite.com/home E-mail: astroshongkong@gmail.com



中上環棒球隊 Central Baseball Club www.facebook.com/CB.BearBear/ E-mail: centralbaseballclub@gmail.com



長沙灣棒球會 Cheung Sha Wan Baseball Club E-mail: info@sspbaseballclub.org



鑽石山棒球會 Diamond Hill Baseball Club www.sites.google.com/site/dhbclub E-mail:dhbc.info@gmail.com



東九龍棒球會 East Kowloon Baseball Club www.ninewesthk.com E-mail:info@ninewesthk.com



菁英女子棒球會 Elite Women's Baseball Club E-mail: elite_wbc@yahoo.com.hk



野兔棒球會 Hare Baseball Club E-mail: teamhare@gmail.com



英雄棒球會 Heroes Baseball Club E-mail: admin@heroesbc.com



何文田棒球會 Ho Man Tin Baseball Club www.hmtbc.hk E-mail: hmtbaseball_club@hotmail.com



Hong Kong Apex Baseball League Company Limited https://www.hkapexleague.com



香港島棒球會 Hong Kong Island Baseball Club E-mail: billy@epe.com.hk

Hongkies Baseball Club Company Limited E-mail: info.hongkies@gmail.com



京士柏常樂體育會 King's Park Sheung Lok Sports Association E-mail: sheunglok2012@amail.com



觀塘 (青少年)棒球會 Kwun Tong (Youth League) Baseball Club E-mail: tsedavis@netvigator.com



荔枝角棒球會 Lai Chi Kok Baseball Club E-mail: lckbaseballclub@gmail.com



無限棒球會 Mugen Baseball Club E-mail: mugenbaseball@gmail.com



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沙角體育會 Sha Kok Athletic Association www.stsa.org.hk E-mail: fortiusbaseball@gmail.com



深水埗棒球會 Sham Shui Po Baseball Club www.sspbaseballclub.org E-mail: info@sspbaseballclub.org



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Tai Tam Baseball Club www.ttbchk.com E-mail: hello@ttbchk.com





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西九龍棒球會 West Kowloon Baseball Club www.ninewesthk.com

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2020-2021 年度香港棒球總會活動概覽

日期 Date	活動 Activities	地點 Place	主辦/資助/贊助單位 Organizer/Subvented by Sponsor
2020. 05 ~ 2021. 03	社區體育會計劃 (Community Sports Club Programmes)	按個別申請而定	HKBA 轄下各屬會/LCSD
2020. 05 ~ 2021. 03	學校推廣計劃 (School Sports Programme)	按個別申請而定	全港中、小學/LCSD
2020. 05 ~ 2021. 03	2020-20香港女子棒球精英持續培訓計劃 (NS/RS)	晒草灣	HKBA/LCSD
2020. 05. 31	2019-20年度體育資助第四季活動報告截止日		
2020. 06 ~ 2021. 03	2020-20年度培育系統計劃-男子棒球精英培訓計劃	晒草灣	HKBA/LCSD
2020. 06 ~ 2021. 03	2020-20年度培育系統計劃-女子棒球精英培訓計劃	晒草灣	HKBA/LCSD
2020. 06 ~ 2021. 03	2020-20香港男子棒球精英持續培訓計劃 (NS/JS/RS)	晒草灣	HKBA/LCSD
2020. 06 ~ 2021. 03	2020-21年度U12發展隊訓練計劃	晒草灣	HKBA
2020. 07 ~ 2020. 09	2020-21年度C級(初級)棒球裁判訓練班	康文署轄下場地/ 奥運大樓	HKBA/LCSD
2020. 08. 31	2020-21年度體育資助第一季活動報告截止日		
2020. 09. 06 ~ 2021. 04	BFA U18 Baseball Championship	Taichung, Taiwan	BFA
2020. 09. 30	2019-20年度體育資助周年報告截止日		
2020. 09. 30	2021-22年度體育資助周年計劃書截止日		
2021. 10	Level 1 (Elementary) Baseball Coach Certification Program 2020	康文署轄下場地/ 奥運大樓	HKBA/ HKCC
2020. 10 ~ 2021. 01	2020-21年度棒球推廣計劃(第二期) - 中級棒球訓練班	康文署轄下場地	HKBA/LCSD
2020. 10. 23	2020年度香港棒球總會周年會員大會 暨 2020-2022年度 董事局選舉	奧運大樓	HKBA/LCSD
2020. 11 ~ 2021. 01	2020-21年度五/六人棒球推廣計劃 (初級班)	康文署轄下場地	HKBA/LCSD
2020. 11 ~ 2021. 03	2020-21年度全港棒球公開賽(男子乙組)	康文署轄下場地	HKBA/LCSD
2020. 11 ~ 2021. 03	2020-21年度全港棒球公開賽(男子丙組)	康文署轄下場地	HKBA/LCSD
2020. 11 ~ 2021. 03	2020-21年度全港棒球公開賽(女子組)	康文署轄下場地	HKBA/LCSD
2020. 11 ~ 2021. 03	2020-21年度全港棒球公開賽(混合組)	康文署轄下場地	HKBA/LCSD
2020. 11 ~ 2021. 04	Hong Kong Youth Baseball League 2020-2021 (U11, U12, U14, U16)	LCSD/HKTA純 陽小學	НКВА
2020. 11. 01	2020-21年度 香港六人棒球賽	康文署轄下場地	HKBA/LCSD
2020. 11. 08	2020-21年度 香港五人棒球賽	康文署轄下場地	HKBA/LCSD
2020. 11. 30	2020-21年度體育資助第二季活動報告截止日		
2020. 12 ~ 2021. 03	2020-21年度教練延續培訓	康文署轄下場地/ 奥運大樓	HKBA/ HKCC
2021 (To Be Confirmed待定)	2020 I BFA University Baseball Championship	西安	BFA
2021 (To Be Confirmed待定)	WBSC Baseball5 World Cup (Open Mixed and Youth Mixed)	Mexico	WBSC
2021 (To Be Confirmed待定)	亞洲裁判訓練營	Sai Tso Wan/ Lion Rock	HKBA/LCSD
2021 (To Be Confirmed待定)	2020-21年度C級(初級)棒球記錄員訓練班	康文署轄下場地/ 奥運大樓	HKBA/LCSD
2021. 01	2021 PONY Asia-Pacific Zone Board of Directors Meeting	New Zealand	PONY
2021. 01 ~ 2021. 02	1st WBSC Baseball5 Asia Cup (Open Mixed and Youth Mixed)	Kuala Lumpur, Malaysia	SA

2020/2021 Hong Kong Baseball Association Yearly Activites

	日期 Date	活動 Activities	地點 Place	主辦/資助/贊助單位 Organizer/Subvented by/ Sponsor
	2021. 01 ~ 2021. 03	2020-21年度全港棒球公開賽 (新秀組)	康文署轄下場地	HKBA/LCSD
6	2021. 02. 12 ~ 02. 15	Chinese New Year holidays		
ď	2021. 02. 28	2020-21年度體育資助第三季活動報告截止日		
ı	2021. 02. 28	2021年隊際運動五年發展計劃周年報告截止日		
-	2021. 03	香港棒球總會教練周年大會	奧運大樓/ 康文署轄下場地	
9	2021. 03	2020-21年度香港棒球教練獎勵計劃頒獎禮 (Thanks Coach Scheme)	奧運大樓	HKBA/HKCC
	2021. 03	BFA U12 Baseball Championship	Tainan, Taiwan	BFA
	2021. 03 ~ 2021. 05	HKBA 3rd Coach Pitch League for Baseball	康文署轄下場地	HKBA
	2021. 03 ~ 2021. 05	2020-21年度全港小學棒球錦標賽	HKTA純陽小學	HKBA/LCSD
d	2021. 03 ~ 2021. 05	2020-21年度全港中學棒球錦標賽 (男子組)	康文署轄下場地	HKBA/LCSD
	2021. 03 ~ 2021. 05	2020-21年度全港中學六人棒球賽 (女子初級組)	康文署轄下場地	HKBA/LCSD
	2021. 03 ~ 2021. 05	2020-21年度全港中學棒球錦標賽 (女子高級組)	康文署轄下場地	HKBA/LCSD
	2021. 03 ~ 2021. 05	2020-21年度全港大學生棒球聯賽	康文署轄下場地	HKBA/LCSD
	2021. 03. 26 ~ 03. 29	Hong Kong International Baseball Open 2020 ("HKIBO")	Sai Tso Wan/ Lion Rock	HKBA/LCSD/ASDF
	2021. 03. 26 ~ 03. 29	Phoenix Cup 2021 Hong Kong International Women's Baseball Tournament	Sai Tso Wan/ Lion Rock	
Ŋ	2021. 05. 31	2020-21年度體育資助第四季活動報告截止日		
N	2022. 02 / 2022. 03	WBSC Technical Officials Seminar for Baseball/Softball 2021 - Technical Commissioner	Hong Kong	WBSC/HKBA/LCSD
ij	2022. 02 / 2022. 03	WBSC Technical Officials Seminar for Baseball/Softball 2021 - Umpire Seminar	Hong Kong	WBSC/HKBA/LCSD
١	2022. 02 / 2022. 03	WBSC Technical Officials Seminar for Baseball/Softball 2021 - Scoring Seminar	Hong Kong	WBSC/HKBA/LCSD
	每月一次	香港棒球總會執行委員會會議 (HKBA Executive Committee Meeting)	奥運大樓	НКВА
	每季一次	香港棒球總會董事會 (HKBA Board Meeting)	奧運大樓	HKBA
	每年兩次	香港棒球總會與轄下屬會會	奧運大樓	HKBA
	每年一次	香港棒球總會與康樂及文化事務署周年會議	待定	LCSD
	每年一次	香港棒球總會與康樂及文化事務署周年會議	待定	LCSD

BFA: Baseball Federation of Asia	SF&OC: Sports Federation & Olympic Committee of Hong Kong,
BFJ: Baseball Federation of Japan	China
HKABL: Hong Kong Apex Baseball League Co	npany Limited TPE: Taipei Baseball Committee
HKBA: Hong Kong Baseball Association	USFHK: The University Sports Federation of Hong Kong, China
JPB: Japan PONY Baseball	WBAK: Women's Baseball Association Korea
LCSD: Leisure and Cultural Services Departm	ent WBSC: World Baseball Softball Confederation
MLIE: Major Local International Event	WCBF: World Children's Baseball Foundation
PONY: PONY Baseball	YDC: Youth Development Commission
SA: Softball Asia	

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疫情下的香港棒班

一場突如其來的新冠肺炎疫情令全球體壇陷入癱瘓,香港 棒球界也受到重大的衝擊,幾乎所有賽事都被迫延期或取 消,然而疫情未有減退香港棒球代表隊球員對棒球的熱忱。

球員平日除了在家中進行自主練習及體能訓練外,也會拍 攝訓練影片給予教練作出建議,以及反思自己過往的不足 期望通過相應的調整,在往後發揮得更加出色。另外,教 練也會定時囑咐球員需要調節自己的心理質素,不要過於 憂慮眼前自身不可控制的因素,影響平時訓練的心情。同 時,希望大家在這段艱難時間仍然不要停下腳步,秉持球 員該有的運動員精神,追求更好的表現。





