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## 2022-2023 Hong Kong Men Baseball Elite Training Programme Men Squad Players Recruitment

1) Goals

19th Asian Games Preparation

\* BFA University Baseball Championship

Asian Baseball Championship

❖ Hong Kong International Baseball Open (HKIBO)

❖ BFA East Asia Cup

Remarks: Event host will usually request the whole squad to arrive 2 days before the event start and leave the day after the end of event. Events arrangement varies, details will be notified.

- 2) Coaching Team
- Hong Kong Baseball Association (HKBA) senior coaching team
- 3) Training 1. Initial from April 2022 to March 2023
  - 2. Elite training programmes includes baseball-specific training, strength and conditioning training and cross-functional training and talks organized or co-organized by HKBA.
  - Please visit HKBA Elite Training website for related training schedule. Schedule will be adjusted according to actual circumstance, please refer to the details announced.
     https://www.hkbaseball.org/html/en/training-course/elite-training.html?lang\_id=1
  - 4. Players will be assigned to following squad based on their technical assessment: National Squad (NS), Junior Squad (JS) and Regional Squad (RS).
  - 5. The Five-year Development Programme for Team Sports (TS) is a 28-player training squad who recommended by coaches as outstanding athletes. Athletes are required to train for at least 10 hours per week, who with 80% attendance rate will receive HKD\$4000 subsidies per month. For more details, please visit <a href="https://www.hkbaseball.org/load.php?link\_id=329674&lang\_id=1">https://www.hkbaseball.org/load.php?link\_id=329674&lang\_id=1</a>
- 4) Eligibility
- 1. Must be 2022-2023 HKBA member (The valid period from 1 April 2022 to 31 March 2023)
  Please refer to 2022/23 Elite Athlete Registration leaflet for more details.

  https://www.hkbaseball.org/userfiles/file/02 2022-23 Elite Athlete Registration English.pdf
- 2. Male, 13-year-old or above (born in or before 2009);
- Must hold Hong Kong Identity Card (Squad member who hold HKSAR Passport would equivalent in representing Hong Kong to participate in international competition)
- Register and pass the tryout (Not applicable to 2021-2022 HKBA registered elite athletes) https://www.hkbaseball.org/product\_cat\_elite.php?lang\_id=1
- 5) Registration Procedure
- 1. Log in to the HKBA "Online Registration System", register as valid 2022-2023 HKBA member and register the tryout (Not applicable to 2021-2022 HKBA registered elite athletes)
- Passed the tryout and register as Elite Athlete according to the age range. The year-round valid membership period is from 1 April to 31 March of next year. The end of registration date is one month before the year end (which is 28 February).
- 3. Athletes are required to register as elite athlete according to the age range. Athlete aged 13 - 23 (born between 1999 and 2009), please register as Men Youth Elite Athlete (Registration fee HKD\$1,200). <a href="https://www.hkbaseball.org/product\_details.php?id=545259&lang\_id=1">https://www.hkbaseball.org/product\_details.php?id=545259&lang\_id=1</a>
  Athlete aged 24 or above (born in 1998 or before), please register as Men Senior Elite Athlete (Registration fee HKD\$1,800). <a href="https://www.hkbaseball.org/product\_details.php?id=545258&lang\_id=1">https://www.hkbaseball.org/product\_details.php?id=545258&lang\_id=1</a>
- 6) Training Fee
- 1. <u>Training fee will be exempted</u> for the HKBA registered elite athletes; Participation fee will be charged if there are oversea training or competition.
- Elite athletes, who attend in HKBA elite trainings or activities, must wear assigned uniform (jersey and cap). New joiner or athletes who need a new one can purchase through HKBA online eShop.
- 7) Remarks
- 1. Applicant who did not receive notification for tryout within 5 days or result within 10 days, please contact us.
- 2. Athlete under the elite training programme who has 80% or above attendance will receive participation certificate. The Association serve the right to dismiss athlete who attendance or training standard are unsatisfaction. Any paid fee will not be refunded. Athletes can only apply same programme once in the registered year. (For any special circumstance, including exam or outing, athletes should submit a written application for leave to related programme coach, permission of leave is depended on coach decision.)
- Training schedule depends on Leisure and Cultural Services Department approval on venue. The Association will adjust the schedule from time to time accordingly.
- 4. The HKBA reserves the right to approve the application.
- 5. Players have to abide by training rules and regulations, coach reserves the right to dismiss critical offender.
- 6. Athlete eligibility of participation in competition depends on event host.
- 7 The Association will adjust the training and amend the regulations according to actual circumstance.
- 8. The elite training programme are partially subvented by the Leisure and Cultural Services Development, and the remaining source is from HKBA elite athlete registration fund.
- 8) Enquires

Hong Kong Baseball Association

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