

「Baseball Throwing Workshop」

目標 Goal	<ul style="list-style-type: none">◇ 鞏固及強化年青球員的傳接球技術，令球員的技術水平更進一步。透過系統性訓練今年青球員的傳接球技術有所提升，令球員在練習或比賽場上能有更傑出而穩定的表現。◇ To enhance and consolidate the throwing skills of young players through systematic training, so that players would have more stable and outstanding performance in practice and competition.
教練 Coach	葉明煌教練 Mr. Cola Yeh -第 14 屆全國運動會 香港男子棒球代表隊客席教練(投手教練) -Visiting coach for The 14th National Games, Hong Kong Baseball National Team (Pitching) -台灣職棒 中信兄弟 投手教練 -Pitching Coach for CTBC Brothers CPBL 2017-2020 -澳洲職棒 奧克蘭巨蜥隊 投手教練 -Pitching Coach for Team Auckland Tuatara ABL 2018-2021 香港棒球總會精英教練團 Elite Coaching Team from the Hong Kong Baseball Association
集訓期 Training Period	由 2021 年 7 月 12 至 29 日，詳情請參看集訓時間表。 The training period is from 17 th – 29 th July, 2021 For more details, please refer to the training schedule.
場地 Venue	獅子山公園棒球場 Lion Rock Baseball Field
報名費 Enrolment fee	HKD\$500
報名資格 Qualification	1. 必須同時成為本會有效會員； 全日制學生，入會費用 100 元。(會籍有效期為 2021 年 4 月 1 日至 2022 年 3 月 31 日) The participants must be a member of the Hong Kong Baseball Association(HKBA); The membership fee for a full-time student is HK\$100 (membership validity from 1 st April 2021 to 31 st March 2022.)
組別 Division	U12 9 歲至 12 歲(2009 年 1 月 1 日至 2012 年 12 月 31 日年出生)之男性或女性； Age 9-12, Boys or girls born between 1 January 2009 and 31 December 2012 U16 13 歲至 16 歲(2005 年 1 月 1 日至 2008 年 12 月 31 日年出生)之男性或女性； Age 13-16, Boys or girls born between 1 January 2005 and 31 December 2008
截止報名日期 Application deadline	2021 年 7 月 26 日 (一) 26 th July, 2021 (Monday) *逾期報名者，恕未能接受。 *Late application will not be considered.

報名程序
Registration
Procedure

1. 登入本會「網上登記系統」，註冊成為本會會員及報名參加。
Visit our “Online Registration System” , register as an HKBA member and apply online:
<http://www.hkbaseball.org/login.php?referral=%2Fmyaccount.php>
2. 完成會員申請後，於「網上登記系統」>申請>課程的菜單中選取「Baseball Throwing Workshop」。
After applying as an HKBA member, please go to the menu of “Courses” under “Application” on the Online Registration System, select the programme of “Baseball Throwing Workshop” .

備註
Remarks

1. 已繳費用，概不發還。
Fees are non-refundable.
2. 集訓時間表須待場地確實後方能作實，本會得按情況隨時調整。
The training schedule is subject to change according to the availability of the venue.
3. 獲接納參加培訓的球員須遵守相關訓練規定，如違反情節重大者，教練有權將其除名。
Players have to abide by training rules and regulations, coach reserves the right to dismiss critical offender.
4. 本會得按實際情況作出訓練調整或規條修訂。
The Association has to modify the training and/or revise the regulations in all respects according to the practical situation.
5. 服飾及個人裝備自理。
Personal gears should be prepared by the players themselves.

查詢
Inquiry

香港棒球總會 梁先生
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見附件

「Baseball Throwing Workshop」 Training Schedule

Sess	Date	Day	Time	Category	Place
1	12/7/2021	Mon	09:30-11:00	U12	Lion Rock Baseball Field
			11:00-12:30	U16	
2	15/7/2021	Thu	09:30-11:00	U12	
			11:00-12:30	U16	
3	19/7/2021	Mon	09:30-11:00	U12	
			11:00-12:30	U16	
4	22/7/2021	Thu	09:30-11:00	U12	
			11:00-12:30	U16	
5	26/7/2021	Mon	09:30-11:00	U12	
			11:00-12:30	U16	
6	29/7/2021	Thu	09:30-11:00	U12	
			11:00-12:30	U16	

*The schedule is subject to change due to the availability of venue or other situations.