



### 2025-26 Baseball5 Regional Squad Training Scheme

### Players Recruitment

### Leaflet

|                           |   |
|---------------------------|---|
| 1) Goals                  | <p>Select potential players to feed to national squad to prepare for major competitions as follows: -</p> <ul style="list-style-type: none"> <li>♦ Hong Kong High Five Baseball5 Championship</li> <li>♦ Baseball5 Invitational Tournament in China</li> </ul>  |
| 2) Coaching Team          | The Baseball Association of Hong Kong, China (BAHKC) Baseball5 coaching team  |
| 3) Training               | <ol style="list-style-type: none"> <li>1. From April 2025 to March 2026</li> <li>2. Training programme includes Baseball5-specific training, strength and conditioning training and cross-functional training or talks organized or co-organized by BAHKC.</li> <li>3. The training schedule will be adjusted according to actual circumstance, e.g. venue availability, competition date. Please refer to email for the details announced.</li> </ol>  |
| 4) Eligibility            | <ol style="list-style-type: none"> <li>1. Must be 2025-2026 BAHKC member (The valid period from 1 April 2025 to 31 March 2026)</li> <li>2. Must register as a Baseball5 Elite Athlete, please refer to the Baseball5 Elite Athlete Registration (2025-2026) for the details<br/><a href="https://www.hkbaseball.org/userfiles/file/EliteReg/06_2025-2026_B5_Elite_Athlete_Registration_Eng.pdf">https://www.hkbaseball.org/userfiles/file/EliteReg/06_2025-2026_B5_Elite_Athlete_Registration_Eng.pdf</a></li> <li>3. Male or Female, aged 12 or above (born 2013 or before);</li> <li>4. Must hold Hong Kong Identity Card (Squad member who hold HKSAR Passport would equivalent in representing Hong Kong, China to participate in international competition)</li> <li>5. Register and pass the tryout / skill review</li> </ol>   |
| 5) Registration Procedure | <ul style="list-style-type: none"> <li>♦ Log in to the BAHKC "Online Registration System", register the tryout.<br/><a href="https://www.hkbaseball.org/product_details.php?id=593252">https://www.hkbaseball.org/product_details.php?id=593252</a><br/>(Athletes in the 2024-2025 Baseball5 Regional Squad can register directly by logging into the following link; if the skill review does not pass, the Association will refund the registration fee that has been paid;)</li> <li>♦ Passed the tryout and register as Baseball5 Elite Athlete according to the age range. The year-round valid membership period is from 1 April to 31 March of next year. The end of registration date is one month before the year end (which is 28 February).</li> <li>♦ Athletes are required to register as elite athlete according to the age range:<br/>Youth Mixed: aged 12 - 18 (born between 2007 and 2013)<br/><a href="https://www.hkbaseball.org/product_details.php?id=593250">https://www.hkbaseball.org/product_details.php?id=593250</a><br/>Open Mixed: aged 19 or above (born 2006 or before)<br/><a href="https://www.hkbaseball.org/product_details.php?id=593251">https://www.hkbaseball.org/product_details.php?id=593251</a></li> </ul> |
| 6) Training fee           | <ul style="list-style-type: none"> <li>♦ Training fee will be exempted for the BAHKC registered Baseball5 Elite Athletes; Participation fee will be charged if there are oversea training or competition.</li> <li>♦ Baseball5 Elite athletes, who attend in BAHKC elite trainings or activities, must wear assigned training shirt. New joiner or athletes who need a new one can purchase through BAHKC ORS.</li> </ul>   |
| 7) Application deadline   | Open all year round. Approval is necessary to join after the specified period   |

8) Remarks

1. Applicant who did not receive any email after the application deadline, please contact us.
2. The Association reserves the right to dismiss athlete who attendance or training standard are unsatisfaction. Athletes can only apply same programme once in the registered year. (For any special circumstance, including exam or outing, athletes should submit a written application for leave to related programme coach, permission of leave is depended on coach decision.)
3. Training schedule depends on approval on venue. The Association will adjust the schedule from time to time accordingly.
4. The BAHKC reserves the right to approve the application.
5. Players have to abide by training rules and regulations, coach reserves the right to dismiss critical offender.
6. Athlete eligibility of participation in competition depends on event host.
7. The Association will adjust the training and amend the regulations according to actual circumstance.
8. The training programme are partially subvented by the Leisure and Cultural Services Development, and the remaining source is from BAHKC Baseball5 Elite Athlete registration fund.
9. For selection and appeal mechanism, please refer to the Association website or links:  
**Hong Kong Team Player Selection:**  
[https://www.hkbaseball.org/userfiles/file/HKTeam\\_Player\\_Selection\\_2023-0916.pdf](https://www.hkbaseball.org/userfiles/file/HKTeam_Player_Selection_2023-0916.pdf)  
  
**Appeal Proceedings on Selection Decision/ Disciplinary Decision:**  
[https://www.hkbaseball.org/userfiles/file/Appeal\\_Proceedings\\_2023-0317.pdf](https://www.hkbaseball.org/userfiles/file/Appeal_Proceedings_2023-0317.pdf)

9) Enquires

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