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The Hong Kong Jockey Club Charities Trust

## Jockey Club Community Sustainability Fund - Baseball5™ Train the Trainer

### About Baseball5

Baseball5™ is a new five-on-five, five-inning street version of the game of Baseball/Softball that can be played anywhere. This faster urban discipline will help drive baseball and softball to new places not possible before.” Riccardo Fraccari, WBSC President <<https://baseball5.wbsc.org/>>

- “No construction or dedicated venue needed”  
Baseball5™ can be played on any surface, indoors or outdoors.
- “Adapts to any environment”  
It’s a true street discipline: the game can be self-regulated by teams who can agree on the basics upfront, based on the surroundings, as in any pickup game.
- “All you need is a ball”  
A rubber ball is the only equipment needed to play the game.
- “Skills transfer to traditional baseball/softball”  
Baseball5™ is a fast-paced team sport where individual skills and hand-eye coordination are highlighted.
- “A game for all demographics”  
Baseball5™ promotes inclusion: men, women and youth can play, benefit and enjoy it at any level.
- “Social contribution”  
Baseball5™ will help boost overall sports participation and physical activity among young people. It’s accessibility makes it invaluable particularly to the most underserved communities.

### Programme Content

Instructors:	Mr. AU Wing Leung <i>Jose</i> , Director of Coach Development, Level 2 coach of HKBA, Coach of Hong Kong Baseball5 Team (Open Mixed) Ms. FUNG Kit Yi <i>Bonnie</i> , Level 2 coach of HKBA, Candidate of Hong Kong Baseball5 Team Ms. YEUNG Kit Ling, Level 2 coach of HKBA, Candidate of Hong Kong Baseball5 Team
Medium:	Cantonese
Target Group:	Open to Public (Age 18 or above)
Quota:	60 individuals
Course Fees:	Free of charge
Recognition:	Full attendance participants will be awarded a Certificate of Participation from HKBA <i>* This certificate does not equivalent to the qualification of HKBA Baseball Coach or Instructor</i>
Date & Time:	27 <sup>th</sup> February 2021 (Sat) 10:00-12:00
Place :	Assembly Hall of HKTA Shun Yeung Primary School No. 30, On Chun Street, Ma On Shan, Shatin, Hong Kong
Enrollment :	Apply through HKBA Online Registration System. For new user, please sign up a user account. Choose Application > Courses > Baseball5™ Train the Trainer < <a href="https://www.hkbaseball.org/login.php">https://www.hkbaseball.org/login.php</a> >
Enrollment Period:	5 <sup>th</sup> February 2021 (Fri) - 24 <sup>th</sup> February 2021 (Wed)
Enquiry:	Hong Kong Baseball Association Rm1003, 1/F, Olympic House, 1 Stadium Path, Causeway Bay Tel : 2504 8330 Fax : 2504 4663 Email: <a href="mailto:hkbsa@hkolympic.org">hkbsa@hkolympic.org</a>