

## 2021 - 22 年度五人制棒球青年軍(青苗)培訓計劃 – 章程 2021 - 22 Baseball5 Young Athletes Training Scheme - Leaflet

### 宗旨 Objectives

香港棒球總會(棒總)積極配合國際棒壘球總會(WBSC)推行新興運動項目「五人制棒球」。「五人制棒球青年軍(青苗)培訓計劃」(五人制棒球青苗計劃)旨在推廣五人棒球普及化,致力培育年青球員成為未來香港五人棒球代表隊,代表香港出外參加國際賽事,為港爭光。青苗培訓計劃分少年組(7-12 歲)、青年組(12-18 歲)及公開組(14-29 歲)。計劃分兩階段包括潛質評估及技術課和比賽,從中獲得實戰經驗令球員迅速成長。

在培訓計劃中表現優異的運動員有機會獲推薦參加五人制棒球區隊訓練或國際賽事備戰訓練。賽事須按照參賽資格而定,當中包括 WBSC 五人棒球亞洲盃(世界盃資格賽); WBSC 五人棒球世界盃(青年奧林匹克運動會資格賽);以及青年奧林匹克運動會 – 五人棒球。

*註: 賽事須按照參賽資格而定*

Hong Kong Baseball Association (HKBA) makes its great effort to promote new trend discipline “Baseball5” that promote by the World Baseball Softball Confederation (WBSC). “Baseball5 Young Athletes Training Scheme” (Baseball5 YATS) aim to promote Baseball5 to the community; cultivate young athletes to become potential Hong Kong Baseball5 National Team player. There are three divisions in the Baseball5 YATS, Children (age 7-12), Youth (age 12-18) and Open (age 14-29); the training scheme will provide talent assessment & training and competition to gain sound experience.

Outstanding athletes in the Baseball5 YATS will be recommended to join HKBA Baseball5 Regional Squad Training; top tier athletes will be selected to represent Hong Kong to participate in the international events such as WBSC Baseball5 Asia Cup (Qualifier of Baseball5 World Cup), WBSC Baseball5 World Cup (Qualifier of Youth Olympic Games – Baseball5), Youth Olympic Games – Baseball5.

*Remarks: The competitions must be determined according to eligibility*

### 內容 Content

第一階段: 潛質評估及技術課  
Stage 1: Talent Assessment and Training Course

全期十二課, 每課兩小時  
12 classes, each class 2 hours

第二階段: 比賽 - 香港青苗五人棒球賽  
Stage 2: Competition – Hong Kong Young Athletes Baseball5 Competition

➢ 由棒總指派合資格 Baseball5 教練教授五人制棒球青苗計劃  
HKBA shall appoint qualified Baseball5 coaches for the Baseball5 YATS

➢ 每位參加者免費獲贈五人制棒球青苗計劃訓練服乙件  
Each participant is given a Baseball5 YATS training shirt

➢ 參加者出席率達 70%可獲發五人制棒球青苗計劃修業證書乙張  
To get a Certificate of Completion, participants must achieve at least 70% of attendance

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參加資格  
Eligibility

組別 Division	年齡 Age	性別 Sex
少年組 Children Division	7-12	男女均可 Boys or Girls or Mixed
青年組 Youth Division	12-18	男女均可 Boys or Girls or Mixed
公開組 Open Division	14-29	男女均可 Boys or Girls or Mixed

報名費  
Enrollment  
Fee

第一階段: 潛質評估及技術課, 每位港幣 100 元正  
Stage 1: Talent Assessment and Training Course HKD\$100 per head

第二階段: 香港青苗五人棒球賽, 每隊港幣 300 元正  
Stage 2: Hong Kong Young Athletes Baseball5 Competition HKD\$300 per team

報名辦法  
Application  
Procedure

1. 透過香港棒球總會「網上登記系統」報名; 或

登入本會網頁 [https://www.hkbaseball.org/login.php?lang\\_id=2](https://www.hkbaseball.org/login.php?lang_id=2)

完成用戶登記後, 登入用戶專頁於報名課程>項目名稱中選取相關課程, 並以「傳款易」網上付款系統繳交費用。

- 以「PPS 繳費靈」付款, 需事先開啟「PPS 繳費靈」戶口。
- 以「支付寶 HK AlipayHK」或「銀聯 UnionPay」付款, 需事先開通付款戶口。
- 以信用咭( Visa and MasterCard) 付款

Enroll on HKBA Online Registration System; or  
Link: [https://www.hkbaseball.org/login.php?lang\\_id=1](https://www.hkbaseball.org/login.php?lang_id=1)

Sign up/sign in on HKBA Online Registration system and select the course, then complete the payment online via “Pay Dollar”.

- Pay by 「PPS」, please sign up a PPS account in advance.
- Pay by 「HK AlipayHK」 or 「UnionPay」, please sign up an account in advance.
- Pay by Visa and Master Card

2. 經由棒總認可協辦單位報名  
Submit application through HKBA recognized co-organizers

- 下載團體報名表格 [Download Group Registration Form](#)
- 查閱棒總認可協辦單位名單 [Enquiry the list of HKBA recognized co-organizers](#)

查詢  
Enquiry

香港棒球總會  
Hong Kong Baseball Association  
電話 Tel : 2504 8330 傳真 Fax : 2504 4663 電郵 Email : [hkbsa@hkolympic.org](mailto:hkbsa@hkolympic.org)  
網址 Website : [www.hkbaseball.org](http://www.hkbaseball.org)

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備註  
Remarks

1. 參加者需穿著運動服上課。  
Participants should wear sneakers, athletic wear
  2. 報名資料不全，恕不受理。報名的資料，只作香港棒球總會的活動報名事宜、統計、日後聯絡及活動意見調查之用，亦只限於本會授權人員方可查閱有關資料作前述目的之用。遞交申請表後，如欲更正或查詢個人資料，請與本會職員聯絡。  
All of the information is used for applying course, statistical analysis, contact and survey only. Only authorized person of the Association allows to access the relevant information for the above purposes.
  3. 本會已為參加者投保團體意外保險，保障內容詳見本會網頁。參加者可按自己需要，自行安排額外投保。  
All participants are covered by Group Personal Accident Insurance, please refer to our website for the coverage. Participants may arrange an extra insurance for themselves if needed.
  4. 由網上付款系統公司所收取之手續費亦已包括在報名費內。  
Handling charge for online payment is included in enrollment fee.
  5. 無論任何情況，本課程不設補課，包括因天氣問題取消的課堂，所繳費用，概不發還。  
Makeup classes, refund of application fee will not be arranged in this program (Includes bad weather).
  6. 如天氣欠佳，上課與否，視乎場地是否關閉，如有疑問，請於出發前致電主教練查詢。如遇以下情況，場地政策均會封場：  
-天然草場及人造草場：當上課時間內黑雨警告或 8 號熱帶氣旋警告信號生效。  
-體育館：當上課時間內 8 號熱帶氣旋警告信號正在生效。  
In case the course is not closed despite a bad weather, the participants or his/her parent should decide whether to attend the class or not. Please contact the coach before go to the venue in case there is any concern. The venue will be closed in below situation:  
Natural Turf Surfaces/ Artificial Turf Surfaces : Typhoon Signal No. 8 or above or Black Rainstorm Warning is in force during the course. Sports Centres : Typhoon Signal No. 8 is in force during the course
  7. 主教練如因判斷天氣或場地不適宜進行訓練，將於上課前致電通知學員。  
The coach will inform the participants in advance if the venue or weather is not suitable to continue the course.
  8. 上課地點及時間最終按場地供應者所批出場地為準。  
The venues, date and time will be finalized upon receiving the approval of LCSD.
- 詳情可登入本會網頁 [www.hkbaseball.org/](http://www.hkbaseball.org/) 查閱或來電本會查詢。  
Please check the details in HKBA website [www.hkbaseball.org/](http://www.hkbaseball.org/) or contact us.

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課程時間表 Training Schedule

組別 Division	日期及時間 Date & Time	地點及課程編號 Venue & Course code
少年組 Children Division Age 7-12	2022. 02.13, 20, 27; 2022. 03. 06, 13, 20, 27; 2022. 04. 03, 10, 17, 24; 2022. 05. 01  週日 Sunday 10am to 12pm	BB5YA-Ind_Child  地點：香港道教聯合會純陽小學  地址：馬鞍山鞍駿街 30 號
	2022. 02. 12, 19, 26; 2022. 03. 05, 12, 19, 26; 2022. 04. 02, 09, 16, 23, 30  週六 Saturday 4pm to 6pm	BB5YA-Co-ABC_Child  地點：獅子山公園棒球場  地址：九龍黃大仙竹園道
	2022. 01. 23, 30; 2022. 02. 6, 13, 20, 27; 2022. 03. 6, 13, 20, 27; 2022. 04. 3, 10  週日 Sunday 4pm to 6pm	BB5YA-Co-CBC_Child  地點：中山紀念公園足球場  地址：西營盤東邊街北
	2022. 01. 22; (1pm to 4pm) 2022. 02. 05, 12, 19, (3pm to 6pm) 26; (1:30pm to 4:30pm) 2022. 03. 05, 12, 19 (3pm to 6pm)  週六 Saturday 3pm to 6pm *01.22; 02.26 除外 *Except 22 <sup>th</sup> Jan & 26 <sup>th</sup> Feb	BB5YA-Co-KT_Child  地點：觀塘遊樂場人造草場  地址：觀塘翠屏道 6 號
	2022. 03. 05, 12, 19, 26; (1:30pm to 5:30pm) 2022. 04. 05, 15 (12:00pm to 4:00 pm)  週六 Saturday 1:30pm to 5:30pm *04.05, 15 除外 *Except 05 <sup>th</sup> & 15 <sup>th</sup> Apr	BB5YA-Co-SSP01_Child BB5YA-Co-SSP02_Child  地點：石硤尾配水庫遊樂場  地址：大窩坪龍翔道

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組別 Division	日期及時間 Date & Time	地點及課程編號 Venue & Course code
青年組 Youth Division Age 12-18	2022. 02. 13, 20, 27; 2022. 03. 06, 13, 20, 27; 2022. 04. 03, 10, 17, 24; 2022. 05. 01  週日 Sunday 10am to 12pm	BB5YA-Ind_Youth  地點：香港中文大學校友會聯會張煊昌學校  地址：新界沙田顯徑村嘉田苑
	2022. 02. 12, 19, 26; 2022. 03. 05, 12, 19, 26; 2022. 04. 02, 09, 16, 23, 30  週六 Saturday 4pm to 6pm	BB5YA-Co-ABC_Youth  地點：獅子山公園棒球場  地址：九龍黃大仙竹園道
公開組 Open Division Age 14-29	2022. 02.13, 20, 27; 2022. 03. 06, 13, 20, 27; 2022. 04. 03, 10, 17, 24; 2022. 05. 01  週日 Sunday 10am to 12pm	BB5YA-Ind_Open  地點：香港中文大學校友會聯會張煊昌學校  地址：新界沙田顯徑村嘉田苑
	2022. 02. 13, 20; 2022. 03. 06, 13, 20, 27; 2022. 04. 03, 10  週日 Sunday 3pm to 6pm	BB5YA-Co-LCK_Open  地點：石硤尾配水庫遊樂場  地址：大窩坪龍翔道