



2021 - 22 年度五人制棒球青年軍(青苗)培訓計劃
2021 - 22 Baseball5 Young Athletes Training Scheme
章程
Leaflet

宗旨:
Aims: 香港棒球總會於本年度推行「五人制棒球青年軍(青苗)培訓計劃」，目的把這項新興運動推廣到全香港。除了推廣五人棒球普及化外，還致力培育年青球員成為未來香港五人棒球代表隊，代表香港出外參加國際賽事，為港爭光。青苗培訓計劃分成預備組及青年組，計劃分兩階段包括技術課以及比賽，從中獲得實戰經驗令球員迅速成長。

在培訓計劃中表現優異的球員有機會獲邀參加五人棒球國際賽事備戰訓練。賽事須按照參賽資格而定，當中包括 WBSC 五人棒球亞洲盃(世界盃資格賽); WBSC 五人棒球世界盃(青年奧林匹克運動會資格賽); 以及青年奧林匹克運動會 2026 - 五人棒球。

The aim for Hong Kong Baseball Association implement “Baseball5 Young Athletes Training Scheme” on this coming year is to promote Baseball5 towards variety communities all over Hong Kong. Besides, cultivate young athletes to become potential Baseball5 Hong Kong National Team is another goal for this programme. The “Baseball5 Young Athletes Training Scheme” will be divided into two categories including Elementary and Intermediate, both training course and competition will be included in each category, players may gain much experience through competitions.

For players with outstanding performance in the programme might have a chance to join local training for Baseball5 international competitions. Including: WBSC Baseball5 Asia Cup (Qualifier of Baseball5 World Cup), WBSC Baseball5 World Cup (Qualifier of IV Summer Youth Olympic Games – Baseball5), IV Summer Youth Olympic Games – Baseball5.

**The competitions must be determined according to eligibility

內容:
Content: 青苗培訓計劃分兩階段舉辦。
Young Athletes Training Scheme distributed in two stages.

1. 第一階段 (技術課)
1st Stage (Training Course)
 - 預備組(12-14 歲)：全期十二課，每課兩小時。
 - Elementary: Total 12 classes, each class 2 hours.
 - 青年組(15-18 歲)：全期十二課，每課兩小時。
 - Intermediate: Total 12 classes, each class 2 hours.
2. 第二階段 (比賽 - 香港青苗五人棒球賽)
2nd Stage (Competition – Hong Kong Young Athletes Baseball5 Competition)
 - 每班 1 隊，每隊港幣 300 元正
 - One team per course, HKD\$300 per team.
 - 由本會資深教練教授棒球基本技術及理論。
Coaching by experienced coaches for basic skill and theories of baseball5.
 - 每位參加者免費獲贈青苗計劃訓練服乙件
One training shirt will giveaway to every participants.
 - 參加者出席率達 60%可獲青苗計劃證書乙張
A certificate will issue to participants who can reach 60% attendance of this programme.



香港棒球總會 主辦
Organized By:
Hong Kong Baseball Association



康樂及文化事務署 資助
Subvented By:
Leisure and Cultural Services Department

參加資格:
Eligibility:

組別 Group	年齡 Age
預備組 Elementary	12 – 14 歲 12 – 14 years old
青年組 Intermediate	15 – 18 歲 15 – 18 years old
第一階段 (技術課) 1 st Stage (Training Course)	每位港幣 140 元正 HKD\$140 per individual
第二階段 (比賽) 2 nd Stage (Competition)	每隊港幣 300 元正 HKD\$300 per team

報名費:
Enrollment Fee:

報名:
Enrollment:

階段 Stage	組別 Category	報名期 Enrollment Period
第一階段 (技術課) 1 st Stage (Training Course)	預備組 Elementary	30-09-2021 to 26-11-2021 30 th September – 26 th November 2021
	青年組 Intermediate	
第二階段 (比賽) 2 nd Stage (Competition)	預備組 Elementary	03-01-2022 to 14-01-2022 (暫定) 3 rd – 14 th January 2022 (Tentative)
	青年組 Intermediate	

報名辦法: 網上報名 Online Registration

Enrollment:

登入本會網頁<https://www.hkbaseball.org/login.php?referral=%2Fmyaccount.php>

完成用戶登記後，登入網頁報名課程，並以「傳款易」網上付款系統繳交費用。

1. 以「PPS 繳費靈」付款，需事先開啟「PPS 繳費靈」戶口。
2. 以「支付寶 HK AlipayHK」或「銀聯 UnionPay」付款，需事先開通付款戶口。
3. 以信用咭(Visa and MasterCard) 付款

Click the link provided <https://www.hkbaseball.org/login.php?referral=%2Fmyaccount.php> to login to the HKBA Online Registration system and select the course, then complete the payment online via “Pay Dollar”.

1. Pay by 「PPS」, please sign up a PPS account in advance.
2. Pay by 「HK AlipayHK」 or 「UnionPay」, please sign up an account in advance.
3. Pay by Visa and Master Card



香港棒球總會 主辦
Organized By:
Hong Kong Baseball Association



康樂及文化事務署 資助
Subvented By:
Leisure and Cultural Services Department

備註:
Remarks:

1. 請參加者穿著運動制服上課。
Participants should wear sneakers, athletic clothing to attend training.
2. 報名資料不全，恕不受理。報名的資料，只作香港棒球總會的活動報名事宜、統計、日後聯絡及活動意見調查之用，亦只限於本會授權人員方可查閱有關資料作前述目的之用。遞交申請表後，如欲更正或查詢個人資料，請與本會職員聯絡。
All of the information is used for applying course, statistical analysis, contact and survey only. Only authorized person of the Association allows to access the relevant information for the above purposes.
3. 本會已為參加者投保團體意外保險，費用 30 元已包括在報名費內（保障內容詳見本會網頁 <http://www.hkbaseball.org/>）。參加者可按自己需要，自行安排額外投保。
All participant are covered by Group Personal Accident Insurance, a premium of HKD30 included in the enrollment fee, please refer to the website <https://www.hkbaseball.org/> for the coverage. Participant can arrange an extra insurance for themselves if needed.
4. 由網上付款系統公司所收取之手續費亦已包括在報名費內。
Handling charge for online payment is included in enrollment fee.
5. 無論任何情況，本課程不設補課，包括因天氣問題取消的課堂，所繳費用，概不發還。
Makeup classes, refund of application fee will not be arranged in this program (Includes bad weather).
6. 如天氣欠佳，上課與否，視乎場地是否關閉，如有疑問，請於出發前致電主教練查詢。如遇以下情況，場地政策均會封場：
-天然草場及人造草場：當上課時間內黑雨警告或 8 號熱帶氣旋警告信號生效。
-體育館：當上課時間內 8 號熱帶氣旋警告信號正在生效。
In case the course is not closed despite a bad weather, the participants or his/her parent should decide whether to attend the class or not. Please contact the coach before go to the venue in case there is any concern. The venue will be closed in below situation: Natural Turf Surfaces/ Artificial Turf Surfaces : Typhoon Signal No. 8 or above or Black Rainstorm Warning is in force during the course. Sports Centres : Typhoon Signal No. 8 is in force during the course
7. 主教練如因判斷天氣或場地不適宜進行訓練，將於上課前致電通知學員。
The coach will inform the participants in advance if the venue or weather is not suitable to continue the course.
8. 上課地點及時間最終按康文署所批出場地為準。
The booking of venues, date and time will be finalized upon receiving the approval of LCSD.詳情可登入本會網頁<https://www.hkbaseball.org/>查閱或來電本會查詢。
Please check the details in HKBA Website <https://www.hkbaseball.org/> or contact us.

查詢: 香港棒球總會
Enquiries: Hong Kong Baseball Association

香港銅鑼灣球場徑一號奧運大樓一樓 1003 室
Rm1003, 1/F, Olympic House, 1 Stadium Path, Causeway Bay

電話 Tel : 2504 8330 傳真 Fax : 2504 4663 電郵 Email : hkbsa@hkolympic.org

網址 Website : www.hkbaseball.org



2021 - 22 年度五人制棒球青年軍(青苗)培訓計劃

2021 - 22 Baseball5 Young Athletes Training Scheme

第一階段 (技術課)

1st Stage (Training Course)

組別 Group	班別/2122 Class/2122	地點 Venue	開班人數/ 名額 Quota / Participants per class	上課日期 Date	星期 Week	時間 Time	截止報名日期 Deadline
預備組 Elementary	ES1MTT	摩頓臺臨時遊樂場七人足球場 Moreton Terrace Temporary Playground 7-a-side Soccer Pitch 銅鑼灣摩頓臺 Moreton Terrace, Causeway Bay	15/30	Dec-21: 3,10,17,24,31 Jan-22: 7,14,21,28 Feb-22: 11,18,25 Mar-22: 4,11,18,25 Apr-22: 1	五 Fri	4:00pm -6:00pm	26 Nov 2021
	ES1WCP	灣仔公園七人足球場 Wan Chai Park 7-a-side Soccer Pitch 香港灣仔普樂里 Bullock Lane, Wan Chai, Hong Kong	15/30	Dec-21: 4,11,18 Jan-22: 8,15,22,29 Feb-22: 12,19,26 Mar-22: 5,12	六 Sat	2:00pm -4:00pm	26 Nov 2021
	ES1PTV	排頭村遊樂場七人足球場 Pei Tau Village Playground 7-a-side Soccer Pitches 沙田排頭街 Pai Tau Street, Sha Tin	15/30	Dec-21: 4,11,18 Jan-22: 8,15,22,29 Feb-22: 5, 12,19,26 Mar-22: 5	六 Sat	2:00pm -4:00pm	26 Nov 2021
	ES1OHP	安興遊樂場七人足球場 On Hing Playground 7-a-side Soccer Pitches 元朗安興街 On Hing Street, Yuen Long	15/30	Dec-21: 5,12,19 Jan-22: 2,9,16,23,30 Feb-22: 6,13,20,27	日 Sun	2:00pm -4:00pm	26 Nov 2021
	ES1LCK	荔枝角公園(第三期)七人足球場 Lai Chi Kok Park Stage III 7-a-side Soccer Pitches 九龍荔枝角荔灣道 Lai Wan Road, Lai Chi Kok, Kowloon	15/30	Dec-21: 5,12,19,26 Jan-22: 2,9,16,23,30 Feb-22: 6,13,20	日 Sun	10:00am -12:00pm	26 Nov 2021

第一階段 (技術課)
1st Stage (Training Course)

組別 Group	班別/2122 Class/2122	地點 Venue	開班人數/ 名額 Quota / Participants per class	上課日期 Date	星期 Week	時間 Time	截止報名日期 Deadline
青年組 Intermediate	IS1MTT	摩頓臺臨時遊樂場七人足球場 Moreton Terrace Temporary Playground 7-a-side Soccer Pitch 銅鑼灣摩頓臺 Moreton Terrace, Causeway Bay	15/30	Dec-21: 3,10,17,24,31 Jan-22: 7,14,21,28 Feb-22: 11,18,25 Mar-22: 4,11,18,25 Apr-22: 1	五 Fri	4:00pm -6:00pm	26 Nov 2021
	IS1WCP	灣仔公園七人足球場 Wan Chai Park 7-a-side Soccer Pitch 香港灣仔普樂里 Bullock Lane, Wan Chai, Hong Kong	15/30	Dec-21: 4,11,18 Jan-22: 8,15,22,29 Feb-22: 12,19,26 Mar-22: 5,12	六 Sat	2:00pm -4:00pm	26 Nov 2021
	IS1PTV	排頭村遊樂場七人足球場 Pei Tau Village Playground 7-a-side Soccer Pitches 沙田排頭街 Pai Tau Street, Sha Tin	15/30	Dec-21: 4,11,18 Jan-22: 8,15,22,29 Feb-22: 5, 12,19,26 Mar-22: 5	六 Sat	2:00pm -4:00pm	26 Nov 2021
	IS1OHP	安興遊樂場七人足球場 On Hing Playground 7-a-side Soccer Pitches 元朗安興街 On Hing Street, Yuen Long	15/30	Dec-21: 5,12,19 Jan-22: 2,9,16,23,30 Feb-22: 6,13,20,27	日 Sun	2:00pm -4:00pm	26 Nov 2021
	IS1LCK	荔枝角公園(第三期)七人足球場 Lai Chi Kok Park Stage III 7-a-side Soccer Pitches 九龍荔枝角荔灣道 Lai Wan Road, Lai Chi Kok, Kowloon	15/30	Dec-21: 5,12,19,26 Jan-22: 2,9,16,23,30 Feb-22: 6,13,20	日 Sun	10:00am -12:00pm	26 Nov 2021