

資助單位
Subvented by:



主辦機構
Organized by:



2025-26 青年軍(青苗)五人制棒球比賽 2025-26 Young Athletes Baseball5 Competition

章程 Leaflet

目標 Objectives

本賽事由中國香港棒球總會(棒總)主辦,康樂及文化事務署(康文署)資助。專為已完成 2025-26 年度五人制棒球青年軍(青苗)培訓計劃第一階段學員而設。透過五人制棒球的簡易比賽模式,推動本港五人制棒球發展,提高本地五人制棒球水平,並進一步擴大本港參與棒球運動的人口,發揚體育精神、促進友誼。

表現優異者將獲選拔進入香港五人制棒球地區代表隊,並有機會參與亞洲盃、世界盃等國際賽事備戰訓練。本賽事不僅提供實戰平台,更是青年運動員邁向國際舞台的重要階梯,優秀球員可獲得專業評估報告及精英訓練計劃推薦。

註:球員參賽資格得按賽事主辦單位公布而定。

The competition is organized by The Baseball Association of Hong Kong, China (BAHKC) and subvented by the Leisure and Cultural Services Department (LCSD). It is designed for participants who have completed Phase 1 of the Baseball5 Young Athletes Training Scheme in 2025-26. To extend the baseball population by using simplified game format. The competition aims to improve the standard of the local Baseball5 sport, promote sportsmanship and enhance friendship.

Top performers may be selected for Hong Kong Baseball5 Regional Team and international tournaments preparation including Asia Cup and World Cup. More than just a competition, it provides crucial development pathway, with professional evaluations and elite training recommendations for outstanding athletes.

Note: Players' eligibility is determined by the event organizer's announcement.

日期及時間 Date & Time

2026 年 3 月 22 日 (星期日)
22 March 2026 (Sunday)

上午 9 時至下午 6 時
09:00 a.m. – 06:00 p.m.

地點 Place

九龍荔枝角荔灣道 荔枝角公園(第三期) 七人硬地足球場
Hard-surfaced 7-a-side Soccer Pitch, Lai Chi Kok Park Stage III, Lai Wan Road, Lai Chi Kok, Kowloon.

資格、組別及年齡 Eligibility, Division & Age

組別 Division	年齡 Age	性別 Sex
預備組 Children	7-12	男女均可 Boys or Girls or Mixed
青年組 Youth	13-18	男女均可 Boys or Girls or Mixed
公開組 Open	18-35	男女均可 Boys or Girls or Mixed

只有曾參加 2025-26 年度 Baseball5 青苗計劃的學員才可以報名參加此比賽
Only participants of the 2025-26 Baseball5 Young Athletes Training Scheme are eligible to register for this competition.

<p>球隊人數 Number of players</p>	<p>每隊最少 8 人 (隊伍可男女混合組隊) Min. 8 players for each team (Teams can be mixed-gender)</p>
	<p>*每名運動員只可代表一支球隊出賽； *Each player can only register for one team;</p>
<p>名額 Quota</p>	<ul style="list-style-type: none"> • 按同一年度內開辦訓練班數目，每班最少可以報一隊； According to the number of training classes held within the same year, each class can register at least one team; • 如同一訓練班超過一隊報名，則按最終球隊報名隊數決定；原則上，所有組別比賽加總不能超過康文署資助比賽場數 53 場； if more than one team registers for the same training class, the final number of registered teams will be determined. In principle, the total number of matches in all categories cannot exceed the 53 matches funded by the Leisure and Cultural Services Department ; • 如有需要，同一組別同一訓練班第二隊或以後的隊伍將於截止後以抽籤方式分配； If necessary, the second and after teams from the same training class in the same division will be allocated by drawing ; • 每組別最少 3 隊報名參加方會舉辦； A minimum of 3 teams must register for each division for it to be held ; • 棒總有權決定參賽隊數。 BAHKC reserves the right to decide the number of participating teams.
<p>賽制 Game Format</p>	<p>各組別按報名隊數而定賽制：分組單循環加名次賽 或 淘汰賽 The game format for each division is determined by the number of registered teams: round-robin with ranking matches or knockout matches.</p> <ul style="list-style-type: none"> ◇ 本會將按實際報名隊數對賽制作出調整，中國香港棒球總會保留最終決定權。 The Baseball Association of Hong Kong, China (BAHKC) reserves the right to determine the game format. ◇ 詳細賽例將於隊教練會議公布。 Further rules and regulations will be announced in the Team Manager's Meeting. ◇ 同一天會安排多於一場比賽。 More than one game will be arranged on the same day.
<p>比賽用球 Official Game Ball</p>	<p>世界棒壘球協會五人棒球賽事指定用球 Game balls designated by the World Baseball Softball Confederation (WBSC)</p>
<p>教練 Coach</p>	<p>各參賽球隊必須由中國香港棒球總會註冊五人制棒球教練登記、指導比賽及管理球隊。如非中國香港棒球總會註冊五人制棒球教練，必須提供相關教練資歷並以書面向中國香港棒球總會教練管理及遴選委員會申請審核。 A team should be registered, coached and managed by the BAHKC registered Baseball5 Coach. If not registered as a BAHKC registered Baseball5 Coach, one must write and attach relevant coaching qualification and seek approval from the BAHKC Coach Management & Selection Committee.</p>
<p>報名費用 Application Fee</p>	<p>每隊港幣 300 元，當中包括以下費用： HK\$300 per team, which included:</p> <ul style="list-style-type: none"> # 報名費含個人團體意外保險費港幣 20 元 (只限球隊註冊名單上已登記的球員、領隊/聯絡人及教練方獲保障) # Application Fee included HK\$20 for the Group Personal Accident Insurance premium (only the registered Players, Team Manager/Contact person and Coach on the team roster will be covered)

球隊註冊
Team Registration
&
球員註冊
Player Registration

球隊註冊 Team Registration: 25-02-2026 to 8-03-2026

預備組 Children's Division: https://www.hkbaseball.org/product_details.php?id=595760

青年組 Youth's Division: https://www.hkbaseball.org/product_details.php?id=595762

公開組 Open Division: https://www.hkbaseball.org/product_details.php?id=595761

球員註冊 Player Registration: 9-03-2026 to 16-03-2026

預備組 Children's Division: https://www.hkbaseball.org/product_details.php?id=595767

青年組 Youth's Division: https://www.hkbaseball.org/product_details.php?id=595769

公開組 Open Division: https://www.hkbaseball.org/product_details.php?id=595768

隊經理會議
Team Manager's
Meeting

2026年3月17日(星期二) 18:00 線上 (Zoom) 舉行

17-03-2026 (Tuesday) 18:00 via Zoom

報名手續
Procedure

✧ 請參閱網上球員註冊及球隊註冊程序及須知。
Please refer to the BAHKC Online Player Registration & Team Registration Procedure & Guideline.

https://www.hkbaseball.org/load.php?link_id=201880

**請用 Google Chrome 或 Mozilla Firefox 瀏覽器，Internet Explorer 瀏覽器無法有效瀏覽所有頁面。*

**Please use Google Chrome or Mozilla Firefox browser, Internet Explorer browser cannot effectively read all the page.*

✧ 本會保留決定最終參賽隊伍的權利。

BAHKC reserves the ultimate right to decide on whether to accept an application.

✧ 如球員註冊及球隊註冊程序或資料不全之報名申請，恕不受理。

Failing to complete Online Player Registration & Team Registration Procedure may cause the application to be disqualified and excluded from consideration.

✧ 球隊註冊名單連同登記職球員的姓名及職位，球員的年齡將於本會網上公佈。

Team roster with registered members' name and position, players' age will be published on the BAHKC's website.

查詢
Enquiry

中國香港棒球總會 The Baseball Association of Hong Kong, China

☎ 2504 8330

✉ office@hkbaseball.org

單循環得分記錄方法（按序）

Round Robin Marking Method Procedures (in order) :

- (1) 勝一場得三分，負一場得零分，和一場得一分，積分多者名次列前。
The winning team will get 3 points; in the tie game, each team will get 1 point, and the losing team will earn no points. The team with the highest points ranks first.
- (2) 兩隊或以上積分相同時，曾缺席該回合比賽隊伍列後。
Two teams have the same points; a team with an absence record in that round falls behind.
- (3) 積分相同球隊該回合相互比賽中，勝隊列前。
Teams with the same points, the team that won head-to-head in that round, shall be given a higher position.
- (4) 該回合所有比賽中，得失分差較高者列前。^{註一}
Team has a higher Run Difference in that round rank higher.
- (5) 抽籤定名次。
To determine the ranking by drawing

註一* 得失分差: 得分 - 失分

Run Difference: Runs scored–Runs allowed

淘汰賽或獎牌賽得分記錄方法（按序）

Knockout Stage or Medal Round Marking Method Procedures (in order) :

- (1) 比賽結束雙方未能分出勝負，即進入突破僵局制延長局(三局為限)。
If the game remains tied after the completion of 5 innings or the last inning completed has reached 20 minutes, the following procedures will be implemented during tiebreaking extra inning(s) (3 innings at maximum)
- (2) 第一局延長局放跑者在一壘;
The first extra innings will start with a runner on 1st base.
- (3) 第二局延長局放跑者在一、二壘;
The second extra inning will begin with runners on 1st and 2nd base.
- (4) 第三局延長局放跑者在一、二、三壘，
The third extra inning will begin with runners on 1st, 2nd, 3rd base.
- (5) 如三局結束後仍未能分出勝負，則即場以抽籤定勝。
If the game still remains tied after the completion of 3 extra innings, the winner shall be immediately determined by drawing.

備注 / Remarks :

- (1) 各組設冠、亞、季、殿軍；可獲頒獎盃一座及註冊球員人數之獎牌 (最多 12 枚)；
A trophy and a medal will be awarded to the Champion, 1st runner-up , 2nd runner-up and 3rd Runner up for each registered player (up to 12 pcs);
- (2) 中國香港棒球總會有權要求參賽人士出示身份證明文件以核實參賽人士的身份；
BAHKC has the authority to check the identity of players;
- (3) 比賽中各球隊均需自備個人護具及比賽制服；
The team should arrange individual protection gears and game uniform,
- (4) 參賽隊伍之隊教練或領隊必須出席隊教練會議，並遵守會議中訂定之各項協議；
The Team Manager or team coach should attend the Team Manager's Meeting and comply with all agreed rules;
- (5) 賽事工作人員費已包括在報名費內；
Game official fee is included in the Application Fee;
- (6) 場內不准吸煙；
Smoking in venue is prohibited.
- (7) 參賽隊伍各球員出賽時，必須穿著整齊制服，且背後附有不少於 6 英寸高之同一顏色背號；否則裁判有權即時取消其出賽資格；
All players on a team SHALL wear uniforms identical in color, trim and style and all players' uniforms shall include minimal six-inch numbers with the same colour on their backs. Umpire has authority to disqualify any player whose uniform does not conform to that of his/her teammates shall be permitted to participate in a game;
- (8) 在球場上必須服從主裁判之指示及決定，各球員應保持運動員良好的紀律與體育精神；避免發生任何衝突；違規 的球員或球隊，有可能受到扣除積分或停賽處分；
No player, manager, coach or substitute shall object to any umpire's judgment decisions, please maintain good discipline and true sportsmanship. No conflict is allowed. The respective teams will be stripped off all their points or suspended from the game. The offending player, coach and manager will receive a warning letter;
- (9) 參賽隊伍，如有上訴局面，必須於賽後由隊教練立即向主裁判正式提出及於四十八小時內以書面向中國香港棒球總會提出並繳付上訴費用伍百元；未有如期繳付者，所有上訴，均不作處理；倘上訴得直，則可獲如數發還，否則全數充公，不得異議；
Appeal or protest arising shall be made by the team coach to the umpire-in-chief right in the game and give written notice and pay handling fee of HK\$500 to BAHKC office within 48 hours after the game. No appeal or protest shall be permitted if fail to follow the procedure. Handling fee will be refunded in full if the appeal or protest is accepted;
- (10) 各項已繳費用，除中國香港棒球總會特別註明外，一律概不發還；
No application fee or payment will be refunded except those remarked;
- (11) 參賽隊伍及所有註冊球員必須遵守「中國香港棒球總會」訂定之各項比賽規則與安排；
Participating teams shall comply with rules, regulations and arrangement made by BAHKC;
- (12) 如編訂之賽事未能如期進行，補賽日期及地點，均視乎康樂及文化事務署安排而定，參賽隊伍不得異議；
Any re-scheduled games are subject to the available venue provided by the Leisure and Cultural Services Department, no objection is allowed;

- (13) 若於截止日期後如需新增球員或任何更改，需於兩個工作天前於網上註冊系統進行球員註冊及更新球隊註冊名單，球員註冊請參看「網上球員註冊及球隊註冊程序及須知」；

Any change of team roster shall make through the Online Registration System at least two working days before the effective date; please refer to the “Online Player Registration & Team Registration Procedure & Guideline” for details;

https://www.hkbaseball.org/load.php?link_id=201880

注意事項 Notes :

上述各項，中國香港棒球總會有權按實際情況而作出修改。

The Baseball Association of Hong Kong, China reserves the rights to amend any clauses and make any re-arrangement subject to actual happening from time to time.