

## 香港棒球總會 主辦 Organized By: Hong Kong Baseball Association



康樂及文化事務署 資助
Subvented By:
Leisure and Cultural Services Department

# 2021 - 2022 年度棒球推廣計劃

#### 2021 - 2022 District Promotion Baseball Training Scheme

# 章 程 Leaflet

宗旨: 推廣本地棒球運動,培養具潛質運動員,提高香港棒球水準,並提倡德、智、體、群、美

Aims: 五育。

To promote baseball in local, cultivate potential athletes, improve the standard of baseball in

Hong Kong, and promote the moral, intellectual, physical, social and aesthetic.

內容: 棒球推廣計劃全年分三期舉辦。

Content: District Promotion Baseball Training Scheme distributed in three phases in the year.

親子兒童組軟式棒球訓練班:全期十二課,每課兩小時。

Indoor Tee-Ball Training Scheme for Parent-child: Total 12 classes, each class 2 hours.

少年組、青成組及女子組棒球訓練班:全期十二課,每課三小時。

Baseball Training Course for Children, Youth & Adult and Women: Total 12 classes, each class 3 hours.

由本會資深教練教授棒球基本技術及理論。

Teach by the experienced coach for the basic skill and theories of baseball.

#### 參加資格: Eligibility:

組別 <b>Group</b>	班別 Class	年龄* Age*		
親子兒童組# Parent-child#	室內軟式中級棒球訓練班(親子班) Indoor Tee-Ball Training Course for Parent-child (Intermediate)	兒童: 5-8 歲 Child: 5-8 years old 親屬: 18-64 歲 Parent: 18-64 years old		
少年組 Children		7 – 14 歲 7 – 14 years old		
青年及成人組	中級棒球訓練班 Baseball Training Course (Intermediate)	13 – 64 歲 13 – 64 years old		
女子組 Women		13 – 64 歲 13 – 64 years old		

#基於安全理由,參加親子班的兒童上課時必須有18歲或以上的成人在場陪同。

# For safety concern, children attending Tee-ball classes must be accompanied by an adult aged 18 or above.

報名費: Enrollment Fee:

親子兒童組 港幣 278 元 Parent-child HKD \$ 278 少年組 港幣 309 元 Children HKD \$ 309 青年及成人組 港幣 350 元 Youth & Adult HKD \$ 350 女子組 港幣 350 元 Women HKD \$ 350

(參考備註 4-5 See Remark 4-5)

<sup>\*</sup>参加者於上課當日起計,必須年屆所選組別之所列年齡,年齡不足或超齡者,恕不接納。

<sup>\*</sup>Participant should meet the age requirement, under-aged or over-aged would not be accepted.

報名辦法: 網上報名 Online Registration

Enrollment:

登入本會網頁<a href="https://www.hkbaseball.org/product\_cat\_course.php?lang\_id=2">https://www.hkbaseball.org/product\_cat\_course.php?lang\_id=2</a>
完成用戶登記後,登入網頁報名課程,並以「傳款易」網上付款系統繳交費用。

- 1. 以「PPS 繳費靈」付款,需事先開啟「PPS 繳費靈」戶口。
- 2. 以「支付寶 HK AlipayHK」或「銀聯 UnionPay」付款,需事先開通付款戶口。
- 3. 以信用咭(Visa and MasterCard) 付款

Click the link provided <a href="https://www.hkbaseball.org/product\_cat\_course.php?lang\_id=1">https://www.hkbaseball.org/product\_cat\_course.php?lang\_id=1</a> to login to the HKBA Online Registration system and select the course, then complete the payment online via "Pay Dollar".

- 1. Pay by 「PPS」, please sign up a PPS account in advance.
- 2. Pay by 「HK AlipayHK」 or 「UnionPay」, please sign up an account in advance.
- 3. Pay by Visa and Master Card

報名日期: Enrollment Date:

	., .	生 ticipants	舊生 <mark>^</mark> Existing participants		
初級班一期 Elementary (Phase 1)	兒童及少年組 Parent-Child & Children	2021 年 4 月 12 日 12 April 2021	不適用		
	青成及女子組 Youth & Adult, Women	2021年4月12日 12 April 2021	Not applicable		
初級班二期 Elementary (Phase 2)	兒童及少年組 Parent-Child & Children	2021年6月23日	兒童及少年組 Parent-Child & Children	2021年6月21日 21 June 2021	
	青成及女子組 Youth & Adult, Women	23 June 2021	/ • // • •// · · · · · · · · · · · · · ·	2021年6月22日 22 June 2021	
中級班 Intermediate	兒童及少年組 Parent-Child & Children	2021年10月6日	兒童及少年組 Parent-Child & Children	2021年10月4日 4 October 2021	
	青成及女子組 Youth & Adult, Women	6 October 2021	/ • // • •// · · · · · · · · · · · · · ·	2021年10月5日 5 October 2021	
新秀賽 Novice competition	ovice The participants of 2021-2022 District Promotion Baseball Training Scheme				

^已参加上一期的學員可於舊生優先報名期2日內優先選報(不適用於第一期)

先報先收,額滿即止。接納報名與否,本會有最後決定權。

Start to enroll until the quota full. HKBA reserves the final discretion in accepting the application. 如參加者出席率不足三成,下一期報名之優次將排至最後。

Participants whose attendance less than 30%, will have the lowest priority to enroll the next phase.

實際報名日期及時間可登入本會網頁 https://www.hkbaseball.org/查閱或來電本會查詢。 Please check the exact enrollment date and time on https://www.hkbaseball.org/ or contact us.

<sup>^</sup>Who participated in the last phase available to enroll within 2 days in the prior period (not apply for Phase 1)

備註: Remarks: 1. 為貫徹棒球精神,請參加者自備棒球手套及穿著棒球制服上課(包括:棒球衫、棒球 褲、帽、皮帶)。

Participants should wear sneakers, athletic clothing (baseball uniform preferable), cap and bring a glove to attend training.

- 2. 報名資料不全,恕不受理。報名的資料,只作香港棒球總會的活動報名事宜、統計、日後聯絡及活動意見調查之用,亦只限於本會授權人員方可查閱有關資料作前述目的之用。遞交申請表後,如欲更正或查詢個人資料,請與本會職員聯絡。
  All of the information is used for applying course, statistical analysis, contact and
  - survey only. Only authorized person of the Association allows to access the relevant information for the above purposes.
- 3. 参加者如需於課程完結後領取『参加證書』,請於申請課程時剔選,申領『參加證書』 費用港幣 30 元正;以郵寄領取者,費用港幣 40 元正。 Participant can apply for a Participation Certificate optionally, it will be issued after completion of the course. It will charge HKD40 for mailing or HKD30 for collecting in person.
- 4. 本會已為參加者投保團體意外保險,費用 30 元已包括在報名費內(保障內容詳見本會網頁 http://www.hkbaseball.org/)。參加者可按自己需要,自行安排額外投保。
  All participant are covered by Group Personal Accident Insurance, a premium of HKD30 included in the enrollment fee, please refer to the website <a href="https://www.hkbaseball.org/">https://www.hkbaseball.org/</a> for the coverage. Participant can arrange an extra insurance for themselves if needed.
- 5. 由網上付款系統公司所收取之手續費亦已包括在報名費內。
  Handling charge for online payment is included in enrollment fee.
- 6. 無論任何情況,本課程不設補課,包括因天氣問題取消的課堂,所繳費用,概不發還。 Makeup classes, refund of application fee will not be arranged in this program (Includes bad weather).
- 7. 如天氣欠佳,上課與否,視乎場地是否關閉,如有疑問,請於出發前致電主教練查詢。 如遇以下情況,場地政策均會封場:
  - -天然草場及人造草場: 當上課時間內黑兩警告或8號熱帶氣旋警告信號生效。
  - -體育館:當上課時間內8號熱帶氣旋警告信號正在生效。

In case the course is not closed despite a bad weather, the participants or his/her parent should decide whether to attend the class or not. Please contact the coach before go to the venue in case there is any concern. The venue will be closed in below situation: Natural Turf Surfaces/ Artificial Turf Surfaces: Typhoon Signal No. 8 or above or Black Rainstorm Warning is in force during the course. Sports Centres: Typhoon Signal No. 8 is in force during the course

8. 主教練如因判斷天氣或場地不適宜進行訓練,將於上課前致電通知學員。
The coach will inform the participants in advance if the venue or weather is not suitable to continue the course.

擬開課 資料: Tentative Course Schedule: 1. 棒球推廣計劃訓練班初級班一期及二期 (2021 年 4 - 7 月 & 2021 年 7 - 11 月) Elementary Baseball Training Course (Phase 1 & 2) [2021 Apr – Jul & 2021 Jul - Nov]

親子組上課地點: 荔景體育館、上環體育館、順利邨體育館、櫻桃街公園足球場 Location of Tee Ball Training Course: Lai King Sports Centre, Sheung Wan Sports Centre, Shun Lee Tsuen Sports Centre, Cherry Street Park Artificial Turf Soccer Pitch:

少年組上課地點: 鰂魚涌公園、青衣東北公園人造草場;

Location of Baseball Training Course for children: Quarry Bay Park . Tsing Yi Northeast Park Artificial Turf Pitch;

青年及成人組上課地點:摩士公園、中山紀念公園、鰂魚涌公園、樂富遊樂場、廣福球場、寶翌公園:

Location of Baseball Training Course for youth & adult: Morse Park, Sun Yat Sen Memorial Park, Quarry Bay Park, Lok Fu Recreation Ground, Kwong Fuk Football Ground, Po Tsui Park;

女子組上課地點: 摩十公園

Location of Baseball Training Course for women: Morse Park.

2. 棒球推廣計劃訓練班中級班 (2021年11-2022年3月) Intermediate Baseball Training Course [2021 Oct - 2022 Mar]

親子組上課地點: 荔景體育館、順利邨體育館

Location of Tee Ball Training Course: Lai King Sports Centre, Shun Lee Tsuen Sports Centre;

少年組上課地點: 鰂魚涌公園、大坑東遊樂場;

Location of Baseball Training Course for children: Quarry Bay Park . Tai Hang Tung Recreation Ground:

青年及成人組上課地點:摩士公園、中山紀念公園、鰂魚涌公園、樂富遊樂場、廣福球場、寶翠公園、界限街遊樂場;

Location of Baseball Training Course for youth & adult: Morse Park, Sun Yat Sen Memorial Park, Quarry Bay Park, Lok Fu Recreation Ground, Kwong Fuk Football Ground, Po Tsui Park, Boundary Street Recreation Ground;

女子組上課地點:摩士公園、界限街遊樂場

Location of Baseball Training Course for women: Morse Park & Boundary Street Recreation Ground

3. 2021-2022 年度棒球新秀賽 (2022 年 1 - 3 月) 暫定 2021-2022 Baseball Novice Competition (2022 Jan – Mar) Tentative

其參加者需曾參加該年度棒球推廣及發展計劃

The participants who had participated in Development Programmes in the same year

上課地點及時間最終按康文署所批出場地為準。

The booking of venues, date and time will be finalized upon receiving the approval of LCSD.

詳情可登入本會網頁https://www.hkbaseball.org/查閱或來電本會查詢。

Please check the details in HKBA Website <a href="https://www.hkbaseball.org/">https://www.hkbaseball.org/</a> or contact us.

查詢: 香港棒球總會

Enquries: Hong Kong Baseball Association

香港銅鑼灣球場徑一號奧運大樓一樓 1003 室

Rm1003, 1/F, Olympic House, 1 Stadium Path, Causeway Bay

電話 Tel: 2504 8330 傅真 Fax: 2504 4663 電郵 Email: hkbsa@hkolympic.org

網址 Website: www.hkbaseball.org



## 香港棒球總會 主辦 Organized By: Hong Kong Baseball Association



康樂及文化事務署 資助 Subvented By: Leisure and Cultural Services Department

# 2021-2022 年度棒球推廣計劃 (第三期)

2021 - 2022 District Promotion Baseball Training Scheme (Phase 3)

親子軟式中級棒球訓練班 Tee-Ball Training Course for Children (Intermediate)								
組別 Group	班別/2122 Class/2122	地點 Venue	開班人數/ 名額 Quota / Participants per class	上課日期 Date	星期 Week	時間 Time	截止報名日期 Deadline	
親子兒童組	IT3SL	順利邨體育館 Shun Lee Tsuen Sports Centre 九龍觀塘順利邨道 33, Shun Lee Tsuen Road, Kwun Tong	15/30	Nov 27 Dec 4,11 Jan 8,22,29 Feb 12,19,26 Mar 5,12,19	六 Sat	12:00nn -2:00pm	29 Nov 2021	
Parent-child	IT3LK	荔景體育館 Lai King Sports Centre 新界葵涌麗祖路 60 Lai Cho Road, Kwai Chung, New Territories	15/30	Nov 13,20,27 Dec 4,11,18 Jan 8,15,22,29 Feb 5,12	六 Sat	3:00pm -5:00pm	1 Nov 2021	
中級棒球訓練班 Baseball Training Course (Intermediate)								
		·			)			
組別 Group	班別/2122 Class/2122	·		rse (Intermediate) 上課日期	星期 Week	時間 Time	截止報名日期 Deadline	
Group	Class/2122	Baseball Trair 地點	開班人數/ 名額 Quota / Participants per class	上課日期 Date Nov 7,14,21 Dec 5,12,19,26	星期 Week	Time 9:30am	Deadline  1 Nov	
	Class/2122	地點 Venue 鰂魚涌公園 第 2 期人造草場(二號場) Quarry Bay Park Phase 2	開班人數/ 名額 Quota / Participants per class	上課日期 Date	星期 Week	Time	Deadline	
Group	Class/2122	地點 Venue  鰂魚涌公園 第 2 期人造草場(二號場) Quarry Bay Park Phase 2 Soccer Pitch No.2 香港鰂魚涌海澤街	ming Coull 開班人數/ 名額 Quota / Participants per class	上課日期 Date Nov 7,14,21 Dec 5,12,19,26	星期 Week	Time 9:30am	Deadline  1 Nov	

中級棒球訓練班 Baseball Training Course (Intermediate)								
組別 Group	班別/2122 Class/2122	地點 Venue	開班人數/ 名額 Quota / Participants per class	上課日期 Date	星期 Week	時間 Time	截止報名日期 Deadline	
女子組	IW3BS	界限街遊樂場 Boundary Street Recreation Ground 旺角洗衣街 200 號 200 Sai Yee Street, Mong Kok, Kowloon	20/40	Dec 6,13,20 Jan 3,10,17,24 Feb 7,14,21,28 Mar 7	_ Mon	8:00pm -11:00pm	29 Nov 2021	
女子組 Women	IW3MP	摩士公園三號公園 人造草三號場 Morse Park (Park No.3) Soccer Pitch No.3 黃大仙鳳舞街 40 Fung Mo Street, Wong Tai Sin, Kowloon	20/40	Nov 8,15,22,29 Dec 6,13,20 Jan 3,10,17 Feb 7,14	 Mon	8:00pm -11:00pm	1 Nov 2021	
青成組 Youth & Adult	IY3QBP	鰂魚涌公園 第 2 期人造草場(二號場) Quarry Bay Park Phase 2 Soccer Pitch No.2 香港鰂魚涌海澤街 Hoi Chak Street, Quarry Bay	20/40	Nov 8,15,22,29 Dec 6,13,20 Jan 3,10,17,24 Feb 7	— Mon	8:00pm -11:00pm	1 Nov 2021	
	IY3BS	界限街遊樂場 Boundary Street Recreation Ground 旺角洗衣街 200 號 200 Sai Yee Street, Mong Kok, Kowloon	20/40	Dec 7,14,28 Jan 4,11,18,25 Feb 8,22 Mar 1,8,15	二 Tue	8:00pm -11:00pm	29 Nov 2021	
	IY3KF	大埔廣福球場 Kwong Fuk Park Football Ground 大埔廣福道 Kwong Chun Street, Tai Po, N.T.	20/40	Nov 10,17,24 Dec 1,8,15,22,29 Jan 5,12,19,26	三 WED	8:00pm -11:00pm	1 Nov 2021	
	IY3LF	樂富遊樂場 Lok Fu Recreation Ground 九龍樂富杏林街 1 號 1 Heng Lam Street, Lok Fu, Kowloon	20/40	Tue: Nov 23  Wed: Dec 1,8,15,22 Jan 5,12,19 Feb 9,16 Mar 2  Thu: Feb 24	二 Tue & 三 WED & 四 THU	8:00pm -11:00pm	15 Nov 2021	

中級棒球訓練班 Baseball Training Course (Intermediate)								
組別 Group	班別/2122 Class/2122	地點 Venue	開班人數/ 名額 Quota / Participants per class	上課日期 Date	星期 Week	時間 Time	截止報名日期 Deadline	
青成組 Youth & Adult	IY3SYS	中山紀念公園 Sun Yat Sen Memorial Park 西營盤東邊街北 Eastern Street North, Sai Ying Pun	20/40	Nov 12,19,26 Dec 3,10,17 Jan 7,14,21,28 Feb 4,11	五 FRI	8:00pm -11:00pm	1 Nov 2021	
	IY3MP	摩士公園三號公園 人造草三號場 Morse Park (Park No.3) Soccer Pitch No.3 黃大仙鳳舞街 40 Fung Mo Street, Wong Tai Sin, Kowloon	20/40	Nov 12,19,26 Dec 3,10,17 Jan 7,14,21 Feb 4,18,25	五 FRI	8:00pm -11:00pm	1 Nov 2021	
	IY3PTP	將軍澳寶翠公園 人造草場 Po Tsui Park 西貢將軍澳寶康路毓雅里 Yuk Nga Lane, Tseung Kwan O, N.T.	20/40	Nov 12,19,26 Dec 3,10,17 Jan 7,14,21,28 Feb 4,11	五 FRI	8:00pm -11:00pm	1 Nov 2021	
	IY3QBPs	鰂魚涌公園 第 2 期人造草場(二號場) Quarry Bay Park Phase 2 Soccer Pitch No.2 香港鰂魚涌海澤街 Hoi Chak Street, Quarry Bay	20/40	Jan 9,16,23,30 Feb 6,13,20,27 Mar 6,13,20,27	⊟ SUN	8:00pm -11:00pm	3 JAN 2021	