

The Baseball Association of Hong Kong, China

Men Squad Training Schedule For the period of April 2026

Last updated: 29 Mar 2026

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

IASS/TS/NS

Subvention:
IASS : Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme
TS : Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports
NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

2026 APR

Date 2026	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2026-04-01	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-04-01	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-04-02	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-04-03	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-04-04	Sat	6	16:30 ~ 21:00	4:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	ASDF
2026-04-05	Sun	7	9:30 ~ 12:30	3:00	STW	Field / Cage	STW/F 0930-1230	IASS+TS(NS)	ASDF
2026-04-07	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-04-08	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-04-08	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-04-09	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-04-10	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-04-11	Sat	6	16:30 ~ 21:00	4:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	ASDF
2026-04-12	Sun	7	9:30 ~ 12:30	3:00	STW	Field / Cage	STW/F 0930-1230	IASS+TS(NS)	ASDF
2026-04-14	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-04-15	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-04-15	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-04-16	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-04-17	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-04-18	Sat	6	16:30 ~ 21:00	4:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	ASDF
2026-04-19	Sun	7	9:30 ~ 12:30	3:00	STW	Field / Cage	STW/F 0930-1230	IASS+TS(NS)	ASDF
2026-04-21	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-04-22	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-04-22	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-04-23	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-04-24	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-04-25	Sat	6	16:30 ~ 21:00	4:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	ASDF
2026-04-26	Sun	7	9:30 ~ 12:30	3:00	STW	Field / Cage	STW/F 0930-1230	IASS+TS(NS)	ASDF
2026-04-28	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-04-29	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-04-29	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-04-30	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF

The Baseball Association of Hong Kong, China

Men Squad Training Schedule For the period of May 2026

Last updated: 29 Mar 2026

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

IASS/TS/NS

Subvention:
IASS : Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme
TS : Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports
NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

2026 MAY

Date 2026	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2026-05-01	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-05-02	Sat	6	16:30 ~ 21:00	4:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	ASDF
2026-05-03	Sun	7	9:30 ~ 12:30	3:00	STW	Field / Cage	STW/F 0930-1230	IASS+TS(NS)	ASDF
2026-05-05	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-05-06	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-05-06	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-05-07	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-05-08	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-05-09	Sat	6	16:30 ~ 21:00	4:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	ASDF
2026-05-10	Sun	7	9:30 ~ 12:30	3:00	STW	Field / Cage	STW/F 0930-1230	IASS+TS(NS)	ASDF
2026-05-12	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-05-13	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-05-13	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-05-14	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-05-15	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-05-16	Sat	6	16:30 ~ 21:00	4:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	ASDF
2026-05-17	Sun	7	9:30 ~ 12:30	3:00	STW	Field / Cage	STW/F 0930-1230	IASS+TS(NS)	ASDF
2026-05-19	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-05-20	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-05-20	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-05-21	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-05-22	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-05-23	Sat	6	16:30 ~ 21:00	4:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	ASDF
2026-05-24	Sun	7	9:30 ~ 12:30	3:00	STW	Field / Cage	STW/F 0930-1230	IASS+TS(NS)	ASDF
2026-05-26	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-05-27	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-05-27	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-05-28	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-05-29	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	ASDF
2026-05-30	Sat	6	16:30 ~ 21:00	4:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	ASDF
2026-05-31	Sun	7	9:30 ~ 12:30	3:00	STW	Field / Cage	STW/F 0930-1230	IASS+TS(NS)	ASDF

The Baseball Association of Hong Kong, China

Men Squad Training Schedule
For the period of June 2026

Last updated: 08 Jun 2026

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

IASS/TS/NS

2026 JUN

Subvention:

IASS : Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme
TS : Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports
NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

Date 2026	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2026-06-02	Tue	2	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-06-02	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-06-03	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-06-03	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-06-04	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-06-05	Fri	5	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-06-05	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-06-06	Sat	6	16:30 ~ 18:00	1:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	備戰第二十屆亞洲運動會	ASDF
2026-06-06	Sat	6	18:00 ~ 21:00	3:00	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	HKSI
2026-06-07	Sun	7	9:30 ~ 12:30	3:00	STW	Field / Cage	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-06-09	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-06-09	Tue	2	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-06-10	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-06-10	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-06-11	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-06-12	Fri	5	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-06-12	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-06-13	Sat	6	16:30 ~ 18:00	1:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	備戰第二十屆亞洲運動會	ASDF
2026-06-13	Sat	6	18:00 ~ 21:00	3:00	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	HKSI
2026-06-14	Sun	7	9:30 ~ 12:30	3:00	STW	Field / Cage	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-06-16	Tue	2	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-06-16	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-06-17	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-06-17	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-06-18	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-06-19	Fri	5	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-06-19	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-06-19	中山集訓 (19-21/6)								
2026-06-20	Sat	6	16:30 ~ 18:00	1:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	備戰第二十屆亞洲運動會	ASDF
2026-06-20	Sat	6	18:00 ~ 21:00	3:00	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	HKSI
2026-06-21	Sun	7	9:30 ~ 12:30	3:00	STW	Field / Cage	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-06-23	Tue	2	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-06-23	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-06-24	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-06-24	福州海俠棒球隊赴港交流賽								
2026-06-24	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-06-25	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-06-25	追夢體育推廣協會赴港交流比賽								
2026-06-26	Fri	5	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-06-26	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-06-27	Sat	6	16:30 ~ 18:00	1:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	備戰第二十屆亞洲運動會	ASDF
2026-06-27	Sat	6	18:00 ~ 21:00	3:00	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	HKSI
2026-06-27	追夢體育推廣協會赴港交流比賽								
2026-06-28	Sun	7	9:30 ~ 12:30	3:00	STW	Field / Cage	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-06-30	Tue	2	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-06-30	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI

The Baseball Association of Hong Kong, China

Men Squad Training Schedule For the period of July 2026

Last updated: 08 Jun 2026

Organizer:

The Baseball Association of Hong Kong, China (BAHKC)

IASS/TS/NS

2026 JUL

Subvention:

IASS : Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme

TS : Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports

NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

Date 2026	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2026-07-01	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-07-01	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-07-02	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-07-03	Fri	5	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-07-03	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-07-04	Sat	6	16:30 ~ 18:00	1:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	備戰第二十屆亞洲運動會	ASDF
2026-07-04	Sat	6	18:00 ~ 21:00	3:00	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	HKSI
2026-07-05	Sun	7	9:30 ~ 12:30	3:00	STW	Field / Cage	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-07-07	Tue	2	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-07-07	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-07-08	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-07-08	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-07-09	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-07-10	Fri	5	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-07-10	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-07-11	Sat	6	16:30 ~ 18:00	1:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	備戰第二十屆亞洲運動會	ASDF
2026-07-11	Sat	6	18:00 ~ 21:00	3:00	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	HKSI
2026-07-12	Sun	7	9:30 ~ 12:30	3:00	STW	Field / Cage	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-07-14	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-07-14	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-07-15	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-07-15	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-07-16	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-07-17	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-07-17	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-07-18	Sat	6	16:30 ~ 21:00	4:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	備戰第二十屆亞洲運動會	ASDF
2026-07-18	Sat	6	16:30 ~ 21:00	4:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	HKSI
2026-07-19	Sun	7	9:30 ~ 12:30	3:00	STW	Field / Cage	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-07-21	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-07-21	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-07-22	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-07-22	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-07-23	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-07-24	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-07-24	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-07-25	Sat	6	16:30 ~ 21:00	4:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	備戰第二十屆亞洲運動會	ASDF
2026-07-25	Sat	6	16:30 ~ 21:00	4:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	HKSI
2026-07-26	Sun	7	9:30 ~ 12:30	3:00	STW	Field / Cage	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-07-28	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-07-28	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-07-29	Wed	2	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-07-29	Wed	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-07-30	Thu	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-07-31	Fri	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-07-31	Fri	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI

The Baseball Association of Hong Kong, China

Men Squad Training Schedule
For the period of August 2026

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

Last updated: 08 Jun 2026
IASS/TS/NS
2026 AUG

Subvention:
IASS : Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme
TS : Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports
NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

Date 2026	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2026-08-01	Sat	6	16:30 ~ 18:00	1:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	備戰第二十屆亞洲運動會	ASDF
2026-08-01	Sat	6	18:00 ~ 21:00	3:00	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	HKSI
2026-08-02	Sun	7	9:30 ~ 12:30	3:00	STW	Field / Cage	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-08-04	Tue	2	17:30 ~ 19:30	2:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-08-04	Tue	2	19:30 ~ 22:00	2:30	ATARI		N/A	IASS+TS(NS)	HKSI
2026-08-05	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-08-05	Wed	3	19:00 ~ 20:30	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-08-05	Wed	3	20:30 ~ 22:00	1:30	ATARI		N/A	Men NS	LCSD
2026-08-06	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-08-07	Fri	5	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-08-07	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-08-08	Sat	6	16:30 ~ 18:00	1:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	備戰第二十屆亞洲運動會	ASDF
2026-08-08	Sat	6	18:00 ~ 21:00	3:00	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	HKSI
2026-08-09	Sun	7	9:30 ~ 12:30	3:00	STW	Field / Cage	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-08-11	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-08-11	Tue	2	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-08-11	Tue	3	19:00 ~ 22:00	3:00	ATARI		N/A	Men NS	LCSD
2026-08-12	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-08-12	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-08-13	Thu	4	17:30 ~ 20:30	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-08-13	Thu	3	20:30 ~ 22:00	1:30	ATARI		N/A	Men NS	LCSD
2026-08-14	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-08-14	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-08-15	Sat	3	13:30 ~ 16:30	3:00	ATARI		N/A	Men NS	LCSD
2026-08-15	Sat	6	16:30 ~ 21:00	4:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	備戰第二十屆亞洲運動會	ASDF
2026-08-15	Sat	6	16:30 ~ 21:00	4:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	HKSI
2026-08-16	Sun	7	9:30 ~ 12:30	3:00	ATARI		N/A	IASS+TS(NS)	HKSI
2026-08-18	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-08-18	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-08-19	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-08-19	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-08-20	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-08-21	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-08-21	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-08-25	Tue	7	14:00 ~ 17:00	3:00	ATARI		N/A	IASS+TS(NS)	HKSI
2026-08-25	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-08-25	Tue	2	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-08-25	Tue	7	19:00 ~ 22:00	3:00	ATARI		N/A	IASS+TS(NS)	HKSI
2026-08-26	Wed	2	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-08-26	Wed	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-08-27	Thu	2	17:30 ~ 20:30	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-08-27	Thu	7	20:30 ~ 22:30	2:00	ATARI		N/A	IASS+TS(NS)	HKSI
2026-08-28	Zhongshan Overseas Training (28/8 - 30/8)								
2026-08-28	Fri	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-08-28	Fri	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-08-29	Sat	6	16:30 ~ 18:00	1:30	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	備戰第二十屆亞洲運動會	ASDF
2026-08-29	Sat	6	18:00 ~ 21:00	3:00	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	HKSI
2026-08-30	Sun	7	9:30 ~ 12:30	3:00	STW	Field / Cage	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-08-30	「穗港澳台棒球聯誼賽」(30/8)								

STW - Sai Tso Wan Recreation Ground (90 Sin Fat Road, Lam Tin, Kowloon)
ATARI: Atari Sport Science Performance Academy (ASSPA) Limited (Room 02, 1/F, Hang Seng Industrial Building, 185-187 Wai Yip Street, Kwun Tong, Kowloon)

The Baseball Association of Hong Kong, China

Men Squad Training Schedule For the period of September 2026

Last updated: 08 Jun 2026

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

IASS/TS/NS

Subvention:
IASS : Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme
TS : Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports
NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

2026 SEP

Date 2026	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2026-09-01	Tue	2	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-09-01	Tue	2	19:00 ~ 22:00	3:00	ATARI		N/A	IASS+TS(NS)	HKSI
2026-09-02	Wed	3	14:00 ~ 17:00	3:00	ATARI		N/A	備戰第二十屆亞洲運動會	ASDF
2026-09-02	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-09-02	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-09-03	Thu	3	14:00 ~ 17:00	3:00	ATARI		N/A	備戰第二十屆亞洲運動會	ASDF
2026-09-03	Thu	4	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-09-03	Thu	4	19:00 ~ 22:00	3:00	ATARI		N/A	備戰第二十屆亞洲運動會	ASDF
2026-09-04	Fri	5	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-09-04	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-09-04	Japan Overseas Training (4/9 - 7/9)								
5 Sep - 19 Oct STW Baseball Field closed for maintenance									
2026-09-08	Tue	2	18:00 ~ 19:30	1:30	ATARI		N/A	備戰第二十屆亞洲運動會	ASDF
2026-09-08	Tue	2	19:30 ~ 22:30	3:00	ATARI		N/A	IASS+TS(NS)	HKSI
2026-09-09	Wed	3	18:00 ~ 19:30	1:30	ATARI		N/A	備戰第二十屆亞洲運動會	ASDF
2026-09-09	Wed	3	19:30 ~ 22:30	3:00	ATARI		N/A	Men NS	LCSD
2026-09-10	Thu	4	19:00 ~ 20:00	1:00	STW	Cage	STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-09-10	Thu	4	20:00 ~ 22:00	2:00	ATARI		N/A	備戰第二十屆亞洲運動會	ASDF
2026-09-11	Fri	5	14:00 ~ 17:00	3:00	ATARI		N/A	IASS+TS(NS)	HKSI
2026-09-11	Xiamen Overseas Training (11/9 - 13/9)								
2026-09-12	Sat	6	16:30 ~ 21:00	4:30	STW	Cage	STW/C 1800-2100	備戰第二十屆亞洲運動會	ASDF
2026-09-12	Sat	6	16:30 ~ 21:00	4:30	STW	Cage	STW/C 1800-2100	IASS+TS(NS)	HKSI
2026-09-15	Tue	2	17:30 ~ 22:00	4:30	STW	Cage	STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-09-15	Tue	2	17:30 ~ 22:00	4:30	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-09-16	Wed	3	17:30 ~ 19:00	1:30	STW	Cage	STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-09-16	Wed	3	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	Men NS	LCSD
2026-09-17	Thu	4	17:30 ~ 22:00	4:30	STW	Cage	STW/C 1900-2200	備戰第二十屆亞洲運動會	ASDF
2026-09-18	Fri	5	17:30 ~ 22:00	4:30	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-09-19	19 Sep - 28 Sep 2026 Aichi-Nagoya 2026 Asian Games								
2026-09-19	Sat	6	16:30 ~ 21:00	4:30	STW	Cage	STW/C 1800-2100	IASS+TS(NS)	HKSI
2026-09-22	Tue	2	17:30 ~ 22:00	4:30	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-09-23	Wed	2	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	Men NS	LCSD
2026-09-24	Thu	2	17:30 ~ 22:00	4:30	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-09-25	Fri	2	17:30 ~ 22:00	4:30	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-09-26	Sat	6	18:00 ~ 21:00	3:00	STW	Cage	STW/C 1800-2100	IASS+TS(NS)	HKSI
2026-09-29	Tue	2	17:30 ~ 22:00	4:30	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-09-30	Wed	2	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	Men NS	LCSD

STW - Sai Tso Wan Recreation Ground (90 Sin Fat Road, Lam Tin, Kowloon)
ATARI: Atari Sport Science Performance Academy (ASSPA) Limited (Room 02, 1/F, Hang Seng Industrial Building, 185-187 Wai Yip Street, Kwun Tong, Kowloon)

The Baseball Association of Hong Kong, China

Men Squad Training Schedule
For the period of October 2026

Last updated: 30 Sep 2026

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

IASS/TS/NS

2026 OCT

Subvention:
IASS : Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme
TS : Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports
NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

Date 2026	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
5 Sep - 19 Oct STW Baseball Field closed for maintenance									
2026-10-02	Fri	5	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-10-03	Sat	6	18:00 ~ 21:00	3:00	STW	Cage	STW/C 1800-2100	IASS+TS(NS)	HKSI
2026-10-04	Sun	7	9:00 ~ 12:00	3:00	STW	Cage	STW/C 0900-1200	IASS+TS(NS)	HKSI
2026-10-06	Tue	2	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-10-07	Wed	3	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	Men NS	LCSD
2026-10-08	Thu	4	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-10-09	Fri	5	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-10-10	Sat	6	18:00 ~ 21:00	3:00	STW	Cage	STW/C 1800-2100	IASS+TS(NS)	HKSI
2026-10-11	Sun	7	9:00 ~ 12:00	3:00	STW	Cage	STW/C 0900-1200	IASS+TS(NS)	HKSI
2026-10-13	Tue	2	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-10-14	Wed	3	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	Men NS	LCSD
2026-10-15	Thu	4	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-10-16	Fri	5	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-10-17	Sat	6	18:00 ~ 21:00	3:00	STW	Cage	STW/C 1800-2100	IASS+TS(NS)	HKSI
2026-10-18	Sun	7	9:00 ~ 12:00	3:00	STW	Cage	STW/C 0900-1200	IASS+TS(NS)	HKSI
2026-10-20	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-10-21	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-10-21	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-10-22	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-10-23	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-10-24	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2026-10-25	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-10-27	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-10-28	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-10-28	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-10-29	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-10-30	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-10-31	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI

STW - Sai Tso Wan Recreation Ground (90 Sin Fat Road, Lam Tin, Kowloon)
ATARI: Atari Sport Science Performance Academy (ASSPA) Limited (Room 02, 1/F, Hang Seng Industrial Building, 185-187 Wai Yip Street, Kwun Tong, Kowloon)

The Baseball Association of Hong Kong, China

Men Squad Training Schedule For the period of November 2026

Last updated: 30 Sep 2026

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

IASS/TS/NS

2026 Nov

Subvention:
IASS : Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme
TS : Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports
NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

Date 2026	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2026-11-01	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-11-03	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-11-04	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-11-04	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-11-05	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-11-06	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-11-07	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2026-11-08	Sun	6	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-11-10	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-11-11	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-11-11	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-11-12	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-11-13	Fri	5	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-11-14	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2026-11-15	Sun	6	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-11-17	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-11-18	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-11-18	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-11-19	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-11-20	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-11-21	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2026-11-22	Sun	6	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-11-24	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-11-25	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-11-25	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-11-26	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-11-29	29 Nov - 5 Dec 2026 - 2026 XV BFA East Asia Cup Championship								

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ATARI: Atari Sport Science Performance Academy (ASSPA) Limited (Room 02, 1/F, Hang Seng Industrial Building, 185-187 Wai Yip Street, Kwun Tong, Kowloon)

The Baseball Association of Hong Kong, China

Men Squad Training Schedule
For the period of December 2026

Last updated: 30 Sep 2026

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

IASS/TS/NS

2026 DEC

Subvention:
IASS : Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme
TS : Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports
NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

Date 2026	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
29 Nov - 5 Dec 2026 - 2026 XV BFA East Asia Cup Championship									
2026-12-08	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-12-09	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-12-09	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-12-10	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2026-12-11	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-12-12	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2026-12-13	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-12-15	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-12-16	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-12-16	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
17 Dec - 20 Dec 2026 - Hong Kong International Baseball Open 2026									
2026-12-22	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-1900 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-12-23	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-1900 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-12-23	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-1900 STW/C 1900-2200	Men NS	LCSD
2026-12-24	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2026-12-25	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-12-26	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-1800 STW/C 1800-2100	IASS+TS(NS)	HKSI
2026-12-29	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-1900 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-12-30	Wed	3	17:30 ~ 19:00	1:30	STW	Field / Cage	STW/F 1730-1900 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-12-30	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-1900 STW/C 1900-2200	Men NS	HKSI
2026-12-31	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	LCSD

STW - Sai Tso Wan Recreation Ground (90 Sin Fat Road, Lam Tin, Kowloon)
ATARI: Atari Sport Science Performance Academy (ASSPA) Limited (Room 02, 1/F, Hang Seng Industrial Building, 185-187 Wai Yip Street, Kwun Tong, Kowloon)