

The Baseball Association of Hong Kong, China

Men Squad Training Schedule
For the period of January 2025

Last updated: 27 Jan 2025

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

IASS/TS/NS/JS U18

2025 JAN

Subvention:
IASS : Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme
TS : Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports
NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)
JS (Junior Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

Date (YYYY-MM-DD)	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2025-01-01	Wed	3	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-01-02	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-01-02	Thu	4	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)+JS U18	HKSI+LCSD
2025-01-03	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2025-01-04	Sat	6	4 Jan - 28 Jan STW Baseball Field closed for maintenance						
2025-01-04	Sat	6	18:00 ~ 21:00	3:00	STW	Cage	STW/C 1800-2100	IASS+TS(NS)+TS(STS)+JS U18	HKSI+LCSD
2025-01-05	Sun	7	9:00 ~ 12:00	3:00	STW	Cage	STW/C 0900-1200	IASS+TS(NS)+TS(STS)+JS U18	HKSI+LCSD
2025-01-07	Tue	2	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS+TS(NS)+TS(STS)	HKSI
2025-01-08	Wed	3	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	Men NS	LCSD
2025-01-09	Thu	4	19:00 ~ 21:00	2:00	STW	Cage	STW/C 1900-2100	IASS+TS(NS)+TS(STS)+JS U18	HKSI+LCSD
2025-01-10	Fri	5	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS	HKSI
2025-01-11	Sat	6	18:00 ~ 21:00	3:00	STW	Cage	STW/C 1800-2100	TS(STS)+JS U18+IASS+TS(NS)	HKSI+LCSD
2025-01-12	Sun	7	9:00 ~ 12:00	3:00	STW	Cage	STW/C 0900-1200	IASS+TS(NS)+TS(STS)+JS U18	HKSI+LCSD
2025-01-14	Tue	2	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS+TS(NS)+TS(STS)	HKSI
2025-01-15	Wed	3	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	Men NS	LCSD
2025-01-16	Thu	4	19:00 ~ 21:00	2:00	STW	Cage	STW/C 1900-2100	IASS+TS(NS)+TS(STS)+JS U18	HKSI+LCSD
2025-01-17	Fri	5	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS	HKSI
2025-01-18	Sat	6	18:00 ~ 21:00	3:00	STW	Cage	STW/C 1800-2100	IASS+TS(NS)+TS(STS)+JS U18	HKSI+LCSD
2025-01-19	Sun	7	9:00 ~ 12:00	3:00	STW	Cage	STW/C 0900-1200	IASS+TS(NS)+TS(STS)+JS U18	HKSI+LCSD
2025-01-21	Tue	2	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS+TS(NS)+TS(STS)	HKSI
2025-01-22	Wed	3	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	Men NS	LCSD
2025-01-23	Thu	4	19:00 ~ 21:00	2:00	STW	Cage	STW/C 1900-2100	IASS+TS(NS)+TS(STS)+JS U18	HKSI+LCSD
2025-01-24	Fri	5	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS	HKSI
2025-01-25	Sat	6	18:00 ~ 21:00	3:00	STW	Cage	STW/C 1800-2100	IASS+TS(NS)+TS(STS)+JS U18	HKSI+LCSD
2025-01-26	Sun	7	9:00 ~ 12:00	3:00	STW	Cage	STW/C 0900-1200	IASS+TS(NS)+TS(STS)+JS U18	HKSI+LCSD

The Baseball Association of Hong Kong, China

Men Squad Training Schedule
For the period of February 2025

Last updated: 27 Jan 2025

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

IASS/TS/NS/JS U18

2025 FEB

Subvention:
IASS : Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme
TS : Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports
NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)
JS (Junior Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

Date (YYYY-MM-DD)	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2025-02-01	Sat	6	18:00 ~ 21:00	3:00	STW	Cage	STW/C 1800-2100	TS(STS)+JS U18	HKSI+LCSD
2025-02-02	Sun	7	9:00 ~ 12:00	3:00	STW	Cage	STW/C 0900-1200	JS U18	LCSD
2025-02-03	Mon	1	9:00 ~ 13:00	4:00	LR	Field	LR/F 0900-1300	IASS	HKSI
2025-02-04	Tue	2	17:00 ~ 22:00	5:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1700-1800 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-02-04	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1700-1800 STW/C 1900-2200	TS(STS)	HKSI
2025-02-05	Wed	3	17:00 ~ 22:00	5:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1700-1800 STW/C 1900-2200	Men NS	LCSD
2025-02-06	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2025-02-06	Thu	4	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2025-02-07	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1900-2030 STW/C 1900-2200	IASS	HKSI
2025-02-08	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-02-08	Sat	6	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2025-02-09	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)+TS(STS)	HKSI
2025-02-09	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18	LCSD
2025-02-11	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-02-11	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2025-02-12	Wed	3	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-02-13	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2025-02-13	Thu	4	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2025-02-14					STW	14-16 FEB "Phoenix Cup 2025" Hong Kong International Women's Baseball Tournament			
2025-02-16	Sun	7	13:00 ~ 17:00	4:00	TKO	Field	TKO/F 1300-1700	IASS+TS(NS)+TS(STS)	HKSI
2025-02-18	Tue	2	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS	HKSI
2025-02-19	Wed	3	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-02-20	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2025-02-20	Thu	4	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2025-02-21	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1900-2030 STW/C 1900-2200	IASS	HKSI
2025-02-22	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-02-22	Sat	6	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2025-02-23	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)+TS(STS)	HKSI
2025-02-23	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18	LCSD
2025-02-25	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-02-25	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2025-02-26	Wed	3	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-02-27	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2025-02-27	Thu	4	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2025-02-28	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1900-2030 STW/C 1900-2200	IASS	HKSI

The Baseball Association of Hong Kong, China

Men Squad Training Schedule
For the period of March 2025

Last updated: 27 Jan 2025

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

IASS/TS/NS/JS U18

2025 MAR

Subvention:
IASS : Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme
TS : Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports
NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)
JS (Junior Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

Date (YYYY-MM-DD)	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2025-03-01	Sat	6	18:00 ~ 21:00	3:00	STW	Field	STW/F 1800-2100	TS(STS)+JS U18	HKSI+LCSD
2025-03-02	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)+TS(STS)	HKSI
2025-03-02	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18	LCSD
2025-03-04	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-03-04	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2025-03-05	Wed	3	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-03-06	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2025-03-06	Thu	4	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2025-03-07	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1900-2030 STW/C 1900-2200	IASS	HKSI
2025-03-08	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-03-08	Sat	6	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2025-03-09	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)+TS(STS)	HKSI
2025-03-09	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18	LCSD
2025-03-11	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-03-11	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2025-03-12	Wed	3	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-03-13	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2025-03-13	Thu	4	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2025-03-14					STW	14-16 Mar 1st Hong Kong International Youth Baseball Classic			
2025-03-14	Fri	5	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS	HKSI
2025-03-18	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-1900 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-03-18	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-1900 STW/C 1900-2200	TS(STS)	HKSI
2025-03-19	Wed	3	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-1900 STW/C 1900-2200	Men NS	LCSD
2025-03-20	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2025-03-20	Thu	4	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2025-03-21	Fri	5	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS	HKSI
2025-03-22	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-03-22	Sat	6	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2025-03-23	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)+TS(STS)	HKSI
2025-03-23	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18	LCSD
2025-03-25	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-1900 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-03-25	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-1900 STW/C 1900-2200	TS(STS)	HKSI
2025-03-26	Wed	3	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-1900 STW/C 1900-2200	Men NS	LCSD
2025-03-27	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2025-03-27	Thu	4	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2025-03-28	Fri	5	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS	HKSI
2025-03-29	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-03-29	Sat	6	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2025-03-30	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)+TS(STS)	HKSI
2025-03-30	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18	LCSD

The Baseball Association of Hong Kong, China

Men Squad Training Schedule
For the period of April 2025

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

Subvention:
IASS : Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme
TS : Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports
NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)
JS (Junior Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

Last updated: 01 Apr 2025

IASS/TS/NS

2025 APR

Date (YYYY-MM-DD)	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2025-04-01	Tue	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-04-01	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-04-02	Wed	3	13:00 ~ 16:00	3:00	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-04-02	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-04-02	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-04-03	Thu	4	9:30 ~ 12:30	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-04-03	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-04-04	Fri	5	10:00 ~ 13:00	3:00	STW	Field	STW/F 1000-1300	IASS+TS(NS)	HKSI
2025-04-05	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100 STW/C 1800-2100	備戰15th全運會	ASDF
2025-04-05	Sat	6	18:00 ~ 21:00	3:00	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	HKSI
2025-04-06	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-04-08	Tue	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-04-08	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-04-09	Wed	3	9:30 ~ 11:00	1:30	STW	Field	STW/F 0930-1100	備戰15th全運會	ASDF
2025-04-09	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-04-09	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-04-10	Thu	4	10:00 ~ 12:00	2:00	STW	Cage	STW/C 1000-1200	備戰15th全運會	ASDF
2025-04-10	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-04-11	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-04-11	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-04-12	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100 STW/C 1800-2100	備戰15th全運會	ASDF
2025-04-12	Sat	6	18:00 ~ 21:00	3:00	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	HKSI
2025-04-13	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-04-15	Tue	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-04-15	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-04-16	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-04-16	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-04-17	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-04-18	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-04-18	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-04-19	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100 STW/C 1800-2100	備戰15th全運會	ASDF
2025-04-19	Sat	6	18:00 ~ 21:00	3:00	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	HKSI
2025-04-20	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-04-22	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-04-23	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-04-23	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-04-24	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-04-25	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-04-25	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-04-26	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100 STW/C 1800-2100	備戰15th全運會	ASDF
2025-04-26	Sat	6	18:00 ~ 21:00	3:00	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	HKSI
2025-04-27	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-04-29	Tue	2	18:00 ~ 19:00	1:00	STW	Cage	STW/C 1800-1900	備戰15th全運會	ASDF
2025-04-29	Tue	2	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-04-30	Wed	3	18:00 ~ 19:00	1:00	STW	Cage	STW/C 1800-1900	備戰15th全運會	ASDF
2025-04-30	Wed	3	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	Men NS	LCSD

The Baseball Association of Hong Kong, China

Men Squad Training Schedule

For the period of May 2025

Last updated: 01 Apr 2025

Organizer:

The Baseball Association of Hong Kong, China (BAHKC)

IASS/TS/NS

Subvention:

IASS: Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme

TS: Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports

NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

IS (Junior Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

2025 MAY

Date (YYYY-MM-DD)	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2025-05-01	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-05-02	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-05-02	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-05-03	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100 STW/C 1800-2100	備戰15th全運會	ASDF
2025-05-03	Sat	6	18:00 ~ 21:00	3:00	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	HKSI
2025-05-04	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-05-06	Tue	2	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-05-07	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-05-07	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-05-08	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-05-09	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-05-09	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-05-10	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100 STW/C 1800-2100	備戰15th全運會	ASDF
2025-05-10	Sat	6	18:00 ~ 21:00	3:00	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	HKSI
2025-05-11	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-05-13	Tue	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-05-13	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-05-14	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-05-14	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-05-15	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-05-16	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-05-16	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-05-17	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100 STW/C 1800-2100	備戰15th全運會	ASDF
2025-05-17	Sat	6	18:00 ~ 21:00	3:00	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	HKSI
2025-05-18	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-05-20	Tue	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-05-20	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-05-21	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-05-21	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-05-22	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-05-23	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-05-23	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-05-24	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100 STW/C 1800-2100	備戰15th全運會	ASDF
2025-05-24	Sat	6	18:00 ~ 21:00	3:00	STW	Field / Cage	STW/F 1630-2100 STW/C 1800-2100	IASS+TS(NS)	HKSI
2025-05-25	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-05-27	Tue	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-05-27	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-05-28	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-05-28	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-05-29	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-05-30	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-05-30	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-05-31	Sat	6	Dragon Boat Festival						

The Baseball Association of Hong Kong, China

Men Squad Training Schedule
For the period of June 2025

Last updated: 01 Apr 2025

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

IASS/TS/NS

2025 JUN

Subvention:
IASS : Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme
TS : Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports
NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)
JS (Junior Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

Date (YYYY-MM-DD)	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2025-06-01	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-06-03	Tue	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-06-03	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-06-04	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-06-04	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-06-05	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-06-06	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-06-06	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-06-07	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100	備戰15th全運會	ASDF
2025-06-07	Sat	6	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-06-08	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-06-10	Tue	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-06-10	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-06-11	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-06-11	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-06-12	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-06-13	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-06-13	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-06-14	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100	備戰15th全運會	ASDF
2025-06-14	Sat	6	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-06-15	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-06-17	Tue	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-06-17	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-06-18	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-06-18	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-06-19	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-06-20	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-06-20	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-06-21	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100	備戰15th全運會	ASDF
2025-06-21	Sat	6	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-06-22	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-06-24	Tue	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-06-24	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-06-25	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-06-25	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-06-26	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-06-27	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-06-27	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-06-28	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100	備戰15th全運會	ASDF
2025-06-28	Sat	6	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-06-29	Sun	7	13:00 ~ 16:00	3:00	STW	Field	STW/F 1330-1630 STW/C 1300-1600	IASS+TS(NS)	HKSI

The Baseball Association of Hong Kong, China

Men Squad Training Schedule
For the period of July 2025

Last updated: 11 Jun 2025

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

IASS/TS/NS

2025 JUL

Subvention:
IASS : Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme
TS : Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports
NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)
JS (Junior Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

Date (YYYY-MM-DD)	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2025-07-01	Tue	2	1/7 - 2/7 Oversea Training (Development Programme for Team Sports 2024-2027) (Zhongshan, China)						
2025-07-01	Tue	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030	備戰15th全運會	ASDF
2025-07-01	Tue	2	19:00 ~ 20:30	1:30	STW	Field	STW/F 1730-2030	IASS+TS(NS)	HKSI
2025-07-02	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-07-02	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-07-03	Thu	4	9:00 ~ 13:00	4:00	STW	Field	STW/F 0930-1100	備戰15th全運會	ASDF
2025-07-03	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-07-04	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-07-04	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-07-05	Sat	6	5/7 - 6/7 Oversea Training (Zhongshan, China)						
2025-07-05	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100	備戰15th全運會	ASDF
2025-07-05	Sat	6	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-07-06	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-07-06	Sun	7	13:30 ~ 16:30	3:00	STW	Field	STW/F 1330-1630 STW/C 1300-1600	備戰15th全運會	ASDF
2025-07-08	Tue	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-07-08	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-07-09	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-07-09	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-07-10	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-07-11	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-07-11	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-07-12	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100	備戰15th全運會	ASDF
2025-07-12	Sat	6	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-07-13	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-07-15	Tue	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-07-15	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-07-16	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-07-16	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-07-17	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-07-18	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-07-18	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-07-19	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100	備戰15th全運會	ASDF
2025-07-19	Sat	6	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-07-20	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-07-22	Tue	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-07-22	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-07-23	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF

2025-07-23	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-07-24	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-07-25	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-07-25	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-07-26	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100	備戰15th全運會	ASDF
2025-07-26	Sat	6	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-07-27	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-07-29	Tue	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-07-29	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-07-30	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-07-30	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-07-31	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF

The Baseball Association of Hong Kong, China

Men Squad Training Schedule
For the period of August 2025

Last updated: 24 Jun 2025

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

IASS/TS/NS

2025 Aug

Subvention:
IASS : Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme
TS : Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports
NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)
JS (Junior Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

Date (YYYY-MM-DD)	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2025-08-01	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-08-01	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-08-02	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100	備戰15th全運會	ASDF
2025-08-02	Sat	6	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-08-03	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-08-05	Tue	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-08-05	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-08-06	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-08-06	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-08-07	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-08-08	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-08-08	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-08-09	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100	備戰15th全運會	ASDF
2025-08-09	Sat	6	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-08-10	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-08-12	Tue	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-08-12	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-08-13	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-08-13	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-08-14	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-08-15	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-08-15	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-08-16	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100	備戰15th全運會	ASDF
2025-08-16	Sat	6	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-08-17	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-08-19	Tue	2	19 Aug - 26 Aug 2025雲林縣麥寮鄉拱範宮媽祖盃全國青棒錦標賽 (Kaohsiung, Taiwan)						
2025-08-19	Tue	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-08-19	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-08-20	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-08-20	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-08-21	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-08-22	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-08-22	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-08-23	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100	備戰15th全運會	ASDF
2025-08-23	Sat	6	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-08-24	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-08-26	Tue	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF

2025-08-26	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-08-27	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-08-27	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-08-28	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-08-29	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-08-29	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-08-30	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100	備戰15th全運會	ASDF
2025-08-30	Sat	6	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-08-31	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI

The Baseball Association of Hong Kong, China

Men Squad Training Schedule
For the period of September 2025

Last updated: 24 Jun 2025

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

IASS/TS/NS

2025 SEP

Subvention:
IASS : Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme
TS : Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports
NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)
JS (Junior Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

Date (YYYY-MM-DD)	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2025-09-02	Tue	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-09-02	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2025-09-03	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-09-03	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	Men NS	LCSD
2025-09-04	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-09-04	Thu	5	5 Sep - 7 Sep Oversea Training: Warm-up Match in Pingtan (Pingtan, Fujian, China)						
2025-09-05	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-09-05	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2025-09-06	Sat	6	6 Sep - 20 Oct STW Baseball Field closed for maintenance						
2025-09-06	Sat	6	18:00 ~ 21:00	3:00	STW	Cage	STW/C 1800-2100	IASS+TS(NS)	HKSI
2025-09-07	Sun	7	9:00 ~ 10:30	1:30	LR	Cage	LR/F 0900-1330	備戰15th全運會	ASDF
2025-09-07	Sun	7	10:30 ~ 13:30	3:00	LR	Cage	LR/F 0900-1330	IASS+TS(NS)	HKSI
2025-09-09	Tue	2	18:00 ~ 19:00	1:00	STW	Cage	STW/C 1800-2200	備戰15th全運會	ASDF
2025-09-09	Tue	2	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1800-2200	IASS+TS(NS)	HKSI
2025-09-10	Wed	3	18:00 ~ 19:00	1:00	STW	Cage	STW/C 1800-2200	備戰15th全運會	ASDF
2025-09-10	Wed	3	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1800-2200	Men NS	LCSD
2025-09-11	Thu	4	11 Sep - 14 Sep Oversea Training: Practicing game with Team Chinese Taipei (Kaohsiung, Taiwan)						
2025-09-11	Thu	4	18:00 ~ 19:00	1:00	STW	Cage	STW/C 1800-2200	備戰15th全運會	ASDF
2025-09-11	Thu	4	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1800-2200	IASS+TS(NS)	HKSI
2025-09-12	Fri	5	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-09-13	Sat	6	18:00 ~ 21:00	3:00	STW	Cage	STW/C 1800-2100	IASS+TS(NS)	HKSI
2025-09-14	Sun	7	9:00 ~ 10:30	1:30	LR	Cage	LR/F 0900-1330	備戰15th全運會	ASDF
2025-09-14	Sun	7	10:30 ~ 13:30	3:00	LR	Cage	LR/F 0900-1330	IASS+TS(NS)	HKSI
2025-09-16	Tue	2	18:00 ~ 19:00	1:00	STW	Cage	STW/C 1800-2200	備戰15th全運會	ASDF
2025-09-16	Tue	2	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1800-2200	IASS+TS(NS)	HKSI
2025-09-17	Wed	3	18:00 ~ 19:00	1:00	STW	Cage	STW/C 1800-2200	備戰15th全運會	ASDF
2025-09-17	Wed	3	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1800-2200	Men NS	LCSD
2025-09-18	Thu	4	18:00 ~ 19:00	1:00	STW	Cage	STW/C 1800-2200	備戰15th全運會	ASDF
2025-09-18	Thu	4	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1800-2200	IASS+TS(NS)	HKSI
2025-09-19	Fri	5	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-09-20	Sat	6	18:00 ~ 21:00	3:00	STW	Cage	STW/C 1800-2100	IASS+TS(NS)	HKSI
2025-09-21	Sun	7	9:00 ~ 10:30	1:30	LR	Cage	LR/F 0900-1330	備戰15th全運會	ASDF
2025-09-21	Sun	7	10:30 ~ 13:30	3:00	LR	Cage	LR/F 0900-1330	IASS+TS(NS)	HKSI
2025-09-22	Mon	1	22 Sep - 28 Sep 2025 BFA XXXI (31st) Asian Baseball Championship Preparation (Pingtan, Fujian, China)						
2025-09-23	Tue	2	18:00 ~ 19:00	1:00	STW	Cage	STW/C 1800-2200	備戰15th全運會	ASDF
2025-09-23	Tue	2	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1800-2200	IASS+TS(NS)	HKSI
2025-09-24	Wed	3	18:00 ~ 19:00	1:00	STW	Cage	STW/C 1800-2200	備戰15th全運會	ASDF

2025-09-24	Wed	3	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1800-2200	Men NS	LCSD
2025-09-25	Thu	4	18:00 ~ 19:00	1:00	STW	Cage	STW/C 1800-2200	備戰15th全運會	ASDF
2025-09-25	Thu	4	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1800-2200	IASS+TS(NS)	HKSI
2025-09-26	Fri	5	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-09-27	Sat	6	18:00 ~ 21:00	3:00	STW	Cage	STW/C 1800-2100	IASS+TS(NS)	HKSI
2025-09-28	Sun	7	9:00 ~ 10:30	1:30	LR	Cage	LR/F 0900-1330	備戰15th全運會	ASDF
2025-09-28	Sun	7	10:30 ~ 13:30	3:00	LR	Cage	LR/F 0900-1330	IASS+TS(NS)	HKSI
2025-09-30	Tue	7	18:00 ~ 19:00	1:00	STW	Cage	STW/C 1800-2200	備戰15th全運會	ASDF
2025-09-30	Tue	7	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1800-2200	IASS+TS(NS)	HKSI

The Baseball Association of Hong Kong, China

Men Squad Training Schedule
For the period of October 2025

Last updated: 30 Jul 2025

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

IASS/TS/NS

2025 OCT

Subvention:
IASS : Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme
TS : Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports
NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)
JS (Junior Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

Date (YYYY-MM-DD)	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2025-10-02	Thu	4	17:00 ~ 19:00	2:00	STW	Cage	STW/C 1700-2200	備戰15th全運會	ASDF
2025-10-02	Thu	4	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1700-2200	IASS+TS(NS)	HKSI
2025-10-03	Fri	5	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-10-04	Sat	6	18:00 ~ 21:00	3:00	STW	Cage	STW/C 1800-2100	IASS+TS(NS)	HKSI
2025-10-05	Sun	7	9:00 ~ 12:00	3:00	STW	Cage	STW/C 0900-1200	備戰15th全運會	ASDF
2025-10-07	Tue	2	17:00 ~ 19:00	2:00	STW	Cage	STW/C 1700-2200	備戰15th全運會	ASDF
2025-10-07	Tue	2	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1700-2200	IASS+TS(NS)	HKSI
2025-10-08	Wed	3	17:00 ~ 19:00	2:00	STW	Cage	STW/C 1700-2200	備戰15th全運會	ASDF
2025-10-08	Wed	3	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1700-2200	Men NS	LCSD
2025-10-09	Thu	4	17:00 ~ 19:00	2:00	STW	Cage	STW/C 1700-2200	備戰15th全運會	ASDF
2025-10-09	Thu	4	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1700-2200	IASS+TS(NS)	HKSI
2025-10-10	Fri	5	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-10-11	Sat	6	17:00 ~ 21:00	4:00	STW	Cage	STW/C 1700-2100	IASS+TS(NS)	HKSI
2025-10-12	Sun	7	9:00 ~ 12:00	3:00	STW	Cage	STW/C 0900-1200	備戰15th全運會	ASDF
2025-10-14	Tue	2	17:00 ~ 19:00	2:00	STW	Cage	STW/C 1700-2200	備戰15th全運會	ASDF
2025-10-14	Tue	2	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1700-2200	IASS+TS(NS)	HKSI
2025-10-15	Wed	3	17:00 ~ 19:00	2:00	STW	Cage	STW/C 1700-2200	備戰15th全運會	ASDF
2025-10-15	Wed	3	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1700-2200	Men NS	LCSD
2025-10-16	Thu	4	17:00 ~ 19:00	2:00	STW	Cage	STW/C 1700-2200	備戰15th全運會	ASDF
2025-10-16	Thu	4	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1700-2200	IASS+TS(NS)	HKSI
2025-10-17	Fri	5	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-10-18	Sat	6	17:00 ~ 21:00	4:00	STW	Cage	STW/C 1700-2100	IASS+TS(NS)	HKSI
2025-10-19	Sun	7	9:00 ~ 12:00	3:00	STW	Cage	STW/C 0900-1200	備戰15th全運會	ASDF
2025-10-21	Tue	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-10-21	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2025-10-22	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-10-22	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	Men NS	LCSD
2025-10-23	Thu	4	17:30 ~ 22:00	4:30	STW	Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-10-24	Fri	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-10-24	Fri	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2025-10-25	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100	備戰15th全運會	ASDF
2025-10-25	Sat	6	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-10-26	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-10-28	Tue	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-10-28	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2025-10-29	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-10-29	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	Men NS	LCSD

2025-10-30	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-10-31	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-10-31	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI

The Baseball Association of Hong Kong, China

Men Squad Training Schedule
For the period of November 2025

Last updated: 30 Jul 2025

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

IASS/TS/NS
2025 Nov

Subvention:
IASS : Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme
TS : Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports
NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)
JS (Junior Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

Date (YYYY-MM-DD)	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2025-11-01	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100	備戰15th全運會	ASDF
2025-11-01	Sat	6	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-11-02	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-11-04	Tue	2	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-11-04	Tue	2	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-11-05	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-11-05	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-11-06	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	備戰15th全運會	ASDF
2025-11-07	Fri	5	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	備戰15th全運會	ASDF
2025-11-07	Fri	5	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-11-08	Sat	6	16:30 ~ 18:00	1:30	STW	Field	STW/F 1630-2100	備戰15th全運會	ASDF
2025-11-08	Sat	6	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-11-09	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-11-10	Mon	1	10 Nov - 21 Nov 15th National Games (第十五屆全國運動會)						
2025-11-11	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-11-12	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-11-12	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-11-13	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2025-11-14	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-11-15	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-11-16	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-11-18	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-11-19	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-11-19	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-11-20	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2025-11-21	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-11-22	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-11-23	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-11-25	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-11-26	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-11-26	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-11-27	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2025-11-28	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-11-29	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-11-30	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI

The Baseball Association of Hong Kong, China

Men Squad Training Schedule
#REF!

Last updated: 30 Jul 2025

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

IASS/TS/NS

Subvention:
IASS : Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme
TS : Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports
NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)
JS (Junior Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

#REF!

Date (YYYY-MM-DD)	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2025-12-02	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-12-03	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-12-03	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-12-04	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2025-12-05	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-12-06	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-12-07	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-12-09	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-12-10	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-12-10	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-12-11	Thu	4	11 Dec - 14 Dec Hong Kong International Baseball Open 2025 (HKIBO)						
2025-12-16	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-12-17	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-12-17	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2025-12-18	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2025-12-19	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-12-20	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-12-21	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-12-23	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-12-27	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2025-12-28	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2025-12-30	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-12-31	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2025-12-31	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD

The Baseball Association of Hong Kong, China

Men Squad Training Schedule
For the period of January 2026

Last updated: 30 Jul 2025

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

IASS/TS/NS

2026 JAN

Subvention:
IASS : Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme
TS : Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports
NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)
JS (Junior Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

Date (YYYY-MM-DD)	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2026-01-02	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-01-03	Sat	6	3 Jan - 1 Feb STW Baseball Field closed for maintenance						
2026-01-03	Sat	6	18:00 ~ 21:00	3:00	STW	Cage	STW/C 1800-2100	IASS+TS(NS)	HKSI
2026-01-04	Sun	7	9:00 ~ 12:00	3:00	STW	Cage	STW/C 0900-1200	IASS+TS(NS)	HKSI
2026-01-06	Tue	2	18:00 ~ 22:00	4:00	STW	Cage	STW/C 1800-2200	IASS+TS(NS)	HKSI
2026-01-07	Wed	3	18:00 ~ 19:00	1:00	STW	Cage	STW/C 1800-2200	IASS+TS(NS)	HKSI
2026-01-07	Wed	3	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1800-2200	Men NS	LCSD
2026-01-08	Thu	4	18:00 ~ 22:00	4:00	STW	Cage	STW/C 1800-2200	IASS+TS(NS)	HKSI
2026-01-09	Fri	5	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-01-10	Sat	6	18:00 ~ 21:00	3:00	STW	Cage	STW/C 1800-2100	IASS+TS(NS)	HKSI
2026-01-11	Sun	7	9:00 ~ 12:00	3:00	STW	Cage	STW/C 0900-1200	IASS+TS(NS)	HKSI
2026-01-13	Tue	2	18:00 ~ 22:00	4:00	STW	Cage	STW/C 1800-2200	IASS+TS(NS)	HKSI
2026-01-14	Wed	3	18:00 ~ 19:00	1:00	STW	Cage	STW/C 1800-2200	IASS+TS(NS)	HKSI
2026-01-14	Wed	3	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1800-2200	Men NS	LCSD
2026-01-15	Thu	4	18:00 ~ 22:00	4:00	STW	Cage	STW/C 1800-2200	IASS+TS(NS)	HKSI
2026-01-16	Fri	5	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-01-17	Sat	6	18:00 ~ 21:00	3:00	STW	Cage	STW/C 1800-2100	IASS+TS(NS)	HKSI
2026-01-18	Sun	7	9:00 ~ 12:00	3:00	STW	Cage	STW/C 0900-1200	IASS+TS(NS)	HKSI
2026-01-20	Tue	2	18:00 ~ 22:00	4:00	STW	Cage	STW/C 1800-2200	IASS+TS(NS)	HKSI
2026-01-21	Wed	3	18:00 ~ 19:00	1:00	STW	Cage	STW/C 1800-2200	IASS+TS(NS)	HKSI
2026-01-21	Wed	3	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1800-2200	Men NS	LCSD
2026-01-22	Thu	4	18:00 ~ 22:00	4:00	STW	Cage	STW/C 1800-2200	IASS+TS(NS)	HKSI
2026-01-23	Fri	5	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-01-24	Sat	6	18:00 ~ 21:00	3:00	STW	Cage	STW/C 1800-2100	IASS+TS(NS)	HKSI
2026-01-25	Sun	7	9:00 ~ 12:00	3:00	STW	Cage	STW/C 0900-1200	IASS+TS(NS)	HKSI
2026-01-27	Tue	2	18:00 ~ 22:00	4:00	STW	Cage	STW/C 1800-2200	IASS+TS(NS)	HKSI
2026-01-28	Wed	3	18:00 ~ 19:00	1:00	STW	Cage	STW/C 1800-2200	IASS+TS(NS)	HKSI
2026-01-28	Wed	3	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1800-2200	Men NS	LCSD
2026-01-29	Thu	4	18:00 ~ 22:00	4:00	STW	Cage	STW/C 1800-2200	IASS+TS(NS)	HKSI
2026-01-30	Fri	5	19:00 ~ 22:00	3:00	STW	Cage	STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-01-31	Sat	6	18:00 ~ 21:00	3:00	STW	Cage	STW/C 1800-2100	IASS+TS(NS)	HKSI

The Baseball Association of Hong Kong, China

Men Squad Training Schedule
For the period of February 2026

Last updated: 30 Jul 2025

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

IASS/TS/NS

2026 FEB

Subvention:
IASS : Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme
TS : Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports
NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)
JS (Junior Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

Date (YYYY-MM-DD)	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2026-02-01	Sun	7	9:00 ~ 12:00	3:00	STW	Cage	STW/C 0900-1200	IASS+TS(NS)	HKSI
2026-02-03	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-02-04	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-02-04	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-02-05	Thu	4	5 Feb - 8 Feb "Phoenix Cup 2026" Hong Kong International Woman's Baseball Tournament						
2026-02-10	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-02-11	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-02-11	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-02-12	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2026-02-13	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-02-14	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2026-02-15	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-02-17	Tue	4	17 Feb - 19 Feb Lunar New Year						
2026-02-20	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-02-21	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2026-02-22	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-02-24	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-02-25	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-02-25	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-02-26	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2026-02-27	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-02-28	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI

The Baseball Association of Hong Kong, China

Men Squad Training Schedule
For the period of March 2026

Last updated: 30 Jul 2025

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

IASS/TS/NS

2026 MAR

Subvention:
IASS : Subvented by the Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme
TS : Subvented by the Hong Kong Sports Institute (HKSI) under Development Programme for Team Sports
NS (National Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)
JS (Junior Squad Regular Training) : Block grant subvention by the Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

Date (YYYY-MM-DD)	Day	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2026-03-01	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-03-03	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-03-04	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-03-04	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-03-05	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2026-03-06	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-03-07	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2026-03-08	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-03-10	Tue	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-03-11	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-03-11	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-03-12	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2026-03-13	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-03-14	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2026-03-15	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-03-17	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-03-18	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-03-18	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-03-19	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2026-03-20	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-03-21	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2026-03-22	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-03-24	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-03-25	Wed	3	17:30 ~ 19:00	1:30	STW	Field	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-03-25	Wed	3	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2026-03-26	Thu	4	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2026-03-27	Fri	5	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2026-03-28	Sat	6	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2026-03-29	Sun	7	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+TS(NS)	HKSI
2026-03-31	Tue	2	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI