

2024-25 Baseball5 Regional Squad Training Scheme - Youth & Open 2024-25年度五人制棒球區隊培訓計劃 - 青年組及公開組 Preparation for 2nd Youth Baseball5 Asia Cup 2025 備戰2025年第二屆五人制棒球青年亞洲盃							
	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Jan-2025			1-Jan	2-Jan Youth Asia Cup Preparaton 1800-2100 CUHK FAA	3-Jan 1900-2200@CUHK FAA	4-Jan Youth Asia Cup Preparaton 1400-1700 CUHK FAA	5-Jan Youth Asia Cup Preparaton 0900-1200 CUHK FAA
	6-Jan	7-Jan	8-Jan	9-Jan Youth Asia Cup Preparaton 1800-2100 CUHK FAA	10-Jan 1900-2200@CUHK FAA Youth Baseball5 Asia Cup Tryout	11-Jan Youth Asia Cup Preparaton 1400-1700 CUHK FAA	12-Jan Youth Asia Cup Preparaton 0900-1200 CUHK FAA
	13-Jan	14-Jan	15-Jan	16-Jan Youth Asia Cup Preparaton 1800-2100 CUHK FAA	17-Jan 1900-2200@CUHK FAA	18-Jan Youth Asia Cup Preparaton 1400-1700 CUHK FAA	19-Jan Youth Asia Cup Preparaton 0900-1200 CUHK FAA
	20-Jan	21-Jan	22-Jan	23-Jan Youth Asia Cup Preparaton 1800-2100 CUHK FAA	24-Jan 1900-2200@CUHK FAA	25-Jan Youth Asia Cup Preparaton Friendly game with Zhongshan	26-Jan Youth Asia Cup Preparaton 0900-1200 CUHK FAA
	27-Jan	28-Jan	29-Jan	30-Jan	31-Jan	Chinese New Year	
Feb-2025						1-Feb Youth Asia Cup Preparaton 1400-1700 CUHK FAA	2-Feb Youth Asia Cup Preparaton 0900-1200 CUHK FAA
	3-Feb	4-Feb	5-Feb	6-Feb Youth Asia Cup Preparaton 1800-2100 CUHK FAA	7-Feb 1900-2200@CUHK FAA	8-Feb Youth Asia Cup Preparaton Friendly game with Zhongshan	9-Feb Youth Asia Cup Preparaton 0900-1200 CUHK FAA
	10-Feb	11-Feb	12-Feb	13-Feb Youth Asia Cup Preparaton 1800-2100 CUHK FAA	14-Feb 1900-2200@CUHK FAA	15-Feb Youth Asia Cup Preparaton 1400-1700 CUHK FAA	16-Feb Youth Asia Cup Preparaton 0900-1200 CUHK FAA
	17-Feb	18-Feb	19-Feb	20-Feb Youth Asia Cup Preparaton 1800-2100 CUHK FAA	21-Feb 1900-2200@CUHK FAA	22-Feb Youth Asia Cup Preparaton Friendly game with Zhongshan	23-Feb Youth Asia Cup Preparaton 0900-1200 CUHK FAA
	24-Feb	25-Feb	26-Feb	27-Feb Youth Asia Cup Preparaton 1800-2100 CUHK FAA	28-Feb 1900-2200@CUHK FAA		
Mar-2025						1-Mar Youth Asia Cup Preparaton 1400-1700 CUHK FAA	2-Mar Youth Asia Cup Preparaton 0900-1200 CUHK FAA
	3-Mar	4-Mar	5-Mar	6-Mar Youth Asia Cup Preparaton 1800-2100 CUHK FAA	7-Mar 1900-2200@CUHK FAA	8-Mar Youth Asia Cup Preparaton Friendly game with Zhongshan	9-Mar 9/3 Travel to TPE
	10-Mar 10/3 Pre-Tournament Meeting	11-Mar	12-Mar	11-15/3/2025, 2nd Youth Baseball5 Asia Cup, Chinese Taipei			16-Mar 16/3 Back to HK
					1900-2200@CUHK FAA		
	17-Mar	18-Mar	19-Mar	20-Mar	21-Mar 1900-2200@CUHK FAA	22-Mar	23-Mar
	24-Mar	25-Mar	26-Mar	27-Mar	28-Mar 1900-2200@CUHK FAA	29-Mar	30-Mar
31-Mar							

Regular Training for Open & Youth

CUHK FAA: CUHK FAA Thomas Cheung School (Address: Ka Tin Court, Hin Keng Estate, Shatin, N.T.)
 香港中文大學校友會聯會張煊昌學校 (地址: 新界沙田顯徑邨嘉田苑)

[2nd Youth Baseball5 Asia Cup 2025 Preparation - Local Training](#)

[2nd Youth Baseball5 Asia Cup 2025 Preparation - Overseas Training \(Zhongshan, China\)](#)

*Training details may subject to change

*Please contact 2504 8330 for any questions.