

Men Squad Training Schedule For the period of 2024 Apr

Updated on: 2024-04-08

Organizer:

The Baseball Association of Hong Kong, China (BAHKC)

NS/TS/JS

2024 APR

Subvention:

IASS : Subvented by Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme (IASS)

TS : Subvented by Five-year Development Programme for Team Sports under Culture, Sports and Tourism Bureau

NS (National Squad Regular Training) : Block grant subvention by Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

JS (Junior Squad Regular Training) : Block grant subvention by Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

Date (YYYY-MM-DD)	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2024-04-02	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-04-02	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-04-03	Wed	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2024-04-04	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-04-04	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-04-05	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-04-05	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-04-06	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-04-06	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	JS U18	LCSD
2024-04-07	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-04-09	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-04-09	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-04-10	Wed	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2024-04-11	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-04-11	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-04-12	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-04-12	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-04-13	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-04-13	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	JS U18	LCSD
2024-04-14	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-04-16	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2024-04-16	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)	HKSI
2024-04-17	Wed	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	Men NS	LCSD
2024-04-18	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2024-04-18	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)	HKSI
2024-04-19	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-04-19	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-04-20	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-04-20	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	JS U18	LCSD
2024-04-21	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-04-23	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-04-23	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-04-24	Wed	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2024-04-25	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-04-25	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-04-26	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-04-26	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-04-27	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-04-27	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	JS U18	LCSD
2024-04-28	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-04-30	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-04-30	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI

Men Squad Training Schedule For the period of 2024 May

Updated on: 2024-04-08

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

NS/TS/JS

Subvention:
 IASS : Subvented by Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme (IASS)
 TS : Subvented by Five-year Development Programme for Team Sports under Culture, Sports and Tourism Bureau
 NS (National Squad Regular Training) : Block grant subvention by Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)
 JS (Junior Squad Regular Training) : Block grant subvention by Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

2024 MAY

Date (YYYY-MM-DD)	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2024-05-01	Wed	17:30 ~ 22:00	4:30	STW	Cage	STW/C 1900-2200	Men NS	LCSD
2024-05-02	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2024-05-02	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2024-05-03	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-05-03	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-05-04	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-05-04	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2024-05-05	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-05-05	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18	LCSD
2024-05-05	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U15	LCSD
2024-05-07	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-05-07	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-05-08	Wed	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2024-05-09	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2024-05-09	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2024-05-10	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-05-10	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-05-11	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-05-11	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2024-05-12	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-05-12	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18	LCSD
2024-05-12	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U15	LCSD
2024-05-14	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-05-14	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-05-15	Wed	17:30 ~ 22:00	4:30	STW	Cage	STW/C 1900-2200	Men NS	LCSD
2024-05-16	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2024-05-16	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2024-05-17	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-05-17	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-05-18	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-05-18	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2024-05-19	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-05-19	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18	LCSD
2024-05-19	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U15	LCSD
2024-05-21	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-05-21	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-05-22	Wed	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2024-05-23	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2024-05-23	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2024-05-24	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-05-24	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-05-25	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-05-25	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2024-05-26	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-05-26	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18	LCSD
2024-05-26	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U15	LCSD
2024-05-28	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-05-28	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-05-29	Wed	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2024-05-30	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2024-05-30	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2024-05-31	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-05-31	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD

Men Squad Training Schedule For the period of 2024 Jun

Updated on: 2024-04-08

Organizer:
The Baseball Association of Hong Kong, China (BAHKC)

NS/TS/JS

Subvention:

IASS : Subvented by Hong Kong Sports Institute (HKSI) under Individual Athletes Support Scheme (IASS)
 TS : Subvented by Five-year Development Programme for Team Sports under Culture, Sports and Tourism Bureau
 NS (National Squad Regular Training) : Block grant subvention by Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)
 JS (Junior Squad Regular Training) : Block grant subvention by Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

2024 JUN

Date (YYYY-MM-DD)	Day	Time	hours	Venue		Venue Available Time	Remarks	Subvention Source
2024-06-01	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-06-01	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2024-06-02	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-06-02	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18	LCSD
2024-06-02	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U15	LCSD
2024-06-04	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-06-04	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-06-05	Wed	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2024-06-06	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2024-06-06	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2024-06-07	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-06-07	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-06-08	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-06-08	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2024-06-09	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-06-09	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18	LCSD
2024-06-09	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U15	LCSD
2024-06-11	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-06-11	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-06-12	Wed	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2024-06-13	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2024-06-13	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2024-06-14	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-06-14	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-06-15	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-06-15	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2024-06-16	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-06-16	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18	LCSD
2024-06-16	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U15	LCSD
2024-06-18	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-06-18	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-06-19	Wed	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2024-06-20	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2024-06-20	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2024-06-21	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-06-21	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-06-22	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-06-22	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2024-06-23	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-06-23	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18	LCSD
2024-06-23	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U15	LCSD
2024-06-25	Tue	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS+TS(NS)	HKSI
2024-06-25	Tue	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	TS(STS)	HKSI
2024-06-26	Wed	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	Men NS	LCSD
2024-06-27	Thu	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	IASS+TS(NS)	HKSI
2024-06-27	Thu	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 2000-2200	TS(STS)+JS U18	HKSI+LCSD
2024-06-28	Fri	17:30 ~ 22:00	4:30	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	IASS	HKSI
2024-06-28	Fri	19:00 ~ 22:00	3:00	STW	Field / Cage	STW/F 1730-2030 STW/C 1900-2200	JS U15	LCSD
2024-06-29	Sat	16:30 ~ 21:00	4:30	STW	Field	STW/F 1630-2100	IASS+TS(NS)	HKSI
2024-06-29	Sat	18:00 ~ 21:00	3:00	STW	Field	STW/F 1630-2100	TS(STS)+JS U18	HKSI+LCSD
2024-06-30	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	IASS+ TS(NS)+TS(STS)	HKSI
2024-06-30	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U18	LCSD
2024-06-30	Sun	9:30 ~ 12:30	3:00	STW	Field	STW/F 0930-1230	JS U15	LCSD