

2024-25 Hong Kong Women Baseball Elite Training Programme Women Squad Players Recruitment

1) Goals	<ul style="list-style-type: none"> ❖ PONY Women's Baseball World Championship ❖ 全國女子棒球俱樂部錦標賽 ❖ Hong Kong International Women's Baseball Tournament - Phoenix Cup <p>Remarks: Event host will usually request the whole squad to arrive 2 days before the event start and leave the day after the end of event. Events arrangement varies, details will be notified.</p>
2) Coaching Team	The Baseball Association of Hong Kong, China (BAHKC) senior coaching team
3) Training	<ol style="list-style-type: none"> 1. Initial from April 2024 to March 2025 2. Elite training programmes includes baseball-specific training, strength and conditioning training and cross-functional training and talks organized or co-organized by BAHKC. 3. Please visit BAHKC Elite Training website for related training schedule. Schedule will be adjusted according to actual circumstance, please refer to the details announced. https://www.hkbaseball.org/html/en/training-course/elite-training.html?lang_id=1 4. Players will be assigned to following squad based on their technical assessment: Women National Squad (WNS) and Women Regional Squad (WRS).
4) Eligibility	<ol style="list-style-type: none"> 1. Must be 2024-2025 BAHKC member (The valid period from 1 April 2023 to 31 March 2024) Please refer to 2024/2025 Elite Athlete Registration leaflet for more details. https://www.hkbaseball.org/userfiles/file/02_2024-25_Elite_Athlete_Registration_Eng.pdf 2. Female, 13-year-old or above (born in or before 2011); 3. Must hold Hong Kong Identity Card (Squad member who hold HKSAR Passport would equivalent in representing Hong Kong, China to participate in international competition) 4. Register and pass the tryout (Not applicable to 2023-2024 BAHKC registered elite athletes) https://www.hkbaseball.org/product_cat_elite.php?lang_id=1
5) Registration Procedure	<ol style="list-style-type: none"> 1. Log in to the BAHKC "Online Registration System" (ORS), register as valid 2024-2025 BAHKC member and register the tryout (Not applicable to 2023-2024 BAHKC registered elite athletes) 2. Passed the tryout and register as Elite Athlete according to the age range. The year-round valid membership period is from 1 April to 31 March of next year. The end of registration date is one month before the year end (which is 28 February). 3. Athletes are required to register as elite athlete according to the age range. Athlete aged 13 - 18 (born between 2006 and 2011), please register as Women Youth Elite Athlete (Registration fee HKD\$1,800). https://www.hkbaseball.org/product_details.php?id=590461 Athlete aged 19 or above (born in 2005 or before), please register as Women Senior Elite Athlete (Registration fee HKD\$1,800). https://www.hkbaseball.org/product_details.php?id=590460
6) Training Fee	<ol style="list-style-type: none"> 1. <u>Training fee will be exempted</u> for the BAHKC registered elite athletes; Participation fee will be charged if there are overseas training or competition. 2. Elite athletes, who attend in BAHKC elite trainings or activities, must wear assigned uniform (jersey and cap). New joiner or athletes who need a new one can purchase through BAHKC ORS.
7) Remarks	<ol style="list-style-type: none"> 1. Applicant who did not receive notification for tryout within 5 working days or result within 10 working days, please contact us. 2. <u>Athlete under the elite training programme who has 80% or above attendance will receive participation certificate. The Association serve the right to dismiss athlete who attendance or training standard are unsatisfaction. Any paid fee will not be refunded. Athletes can only apply same programme once in the registered year. (For any special circumstance, including exam or outing, athletes should submit a written application for leave to related programme coach, permission of leave is depended on coach decision.)</u> 3. Training schedule depends on Leisure and Cultural Services Department approval on venue. The Association will adjust the schedule from time to time accordingly. 4. The BAHKC reserves the right to approve the application. 5. Players have to abide by training rules and regulations, coach reserves the right to dismiss critical offender. 6. Athlete eligibility of participation in competition depends on event host. 7. The Association will adjust the training and amend the regulations according to actual circumstance. 8. The elite training programme are partially subvented by the Leisure and Cultural Services Development, and the remaining source is from BAHKC elite athlete registration fund.
8) Enquires	The Baseball Association of Hong Kong, China Tel: 2504 8330 Email: hkbsa@hkolympic.org Website: www.hkbaseball.org

