

## Men Squad Training Schedule

### For the month of October-December 2023

Last updated: 26 Oct 2023

**Organizer:**

The Baseball Association of Hong Kong, China (BAHKC)

**TS+NS+AG+AC**

**Subvention:**

TS : Subvented by Development Programme for Team Sports under Culture, Sports and Tourism Bureau

Men NS (NS): 2023-2024 Men National Squad (NS) subvented by Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

備戰亞運 19thAG (AG) : Subvented by the Arts and Sport Development Fund (ASDF) under Culture, Sports and Tourism Bureau

備戰亞錦 30thAC (AC) : Subvented by the Arts and Sport Development Fund (ASDF) under Culture, Sports and Tourism Bureau

| Date<br>(YYYY-MM-DD)                                             |   | Day | Time          | Hours | Venue            | Remarks          | Subvention<br>Source |
|------------------------------------------------------------------|---|-----|---------------|-------|------------------|------------------|----------------------|
| 9 Sep 2023 - 24 Oct 2023 STW Field closed for Summer Maintenance |   |     |               |       |                  |                  |                      |
| <b>2023 October</b>                                              |   |     |               |       |                  |                  |                      |
| 2023-10-01                                                       | 7 | Sun |               |       | Hangzhou , China | 19th Asian Games |                      |
| 2023-10-02                                                       | 1 | Mon |               |       | Hangzhou , China | 19th Asian Games |                      |
| 2023-10-03                                                       | 2 | Tue |               |       | Hangzhou , China | 19th Asian Games |                      |
| 2023-10-04                                                       | 3 | Wed |               |       | Hangzhou , China | 19th Asian Games |                      |
| 2023-10-05                                                       | 4 | Thu |               |       | Hangzhou , China | 19th Asian Games |                      |
| 2023-10-06                                                       | 5 | Fri |               |       | Hangzhou , China | 19th Asian Games |                      |
| 2023-10-07                                                       | 6 | Sat |               |       | Hangzhou , China | 19th Asian Games |                      |
| 2023-10-08                                                       | 7 | Sun |               |       | Hangzhou , China | Return to HK     |                      |
| 2023-10-10                                                       | 2 | Tue | 19:00 ~ 22:00 | 3:00  | STW Cage         | TS               | HKSI                 |
| 2023-10-10                                                       | 2 | Tue | 20:30 ~ 22:00 | 1:30  | STW              | TS - S&C         | HKSI                 |
| 2023-10-11                                                       | 3 | Wed | 19:00 ~ 22:00 | 3:00  | STW Cage         | 備戰亞錦 30thAC      | ASDF                 |
| 2023-10-12                                                       | 4 | Thu | 19:00 ~ 22:00 | 3:00  | STW Cage 2 (A)   | 備戰亞錦 30thAC      | ASDF                 |
| 2023-10-13                                                       | 5 | Fri | 19:00 ~ 22:00 | 3:00  | STW Cage         | Men NS           | LCSD                 |
| 2023-10-14                                                       | 6 | Sat | 18:00 ~ 21:00 | 3:00  | STW Cage         | 備戰亞錦 30thAC      | ASDF                 |
| 2023-10-15                                                       | 7 | Sun | 13:00 ~ 16:00 | 3:00  | STW Cage         | 備戰亞錦 30thAC      | ASDF                 |
| 2023-10-17                                                       | 2 | Tue | 19:00 ~ 22:00 | 3:00  | STW Cage         | TS               | HKSI                 |
| 2023-10-17                                                       | 2 | Tue | 20:30 ~ 22:00 | 1:30  | STW              | TS - S&C         | HKSI                 |
| 2023-10-18                                                       | 3 | Wed | 19:00 ~ 22:00 | 3:00  | STW Cage         | 備戰亞錦 30thAC      | ASDF                 |
| 2023-10-18                                                       | 3 | Wed | 19:00 ~ 22:00 | 3:00  | STW Cage         | TS               | HKSI                 |
| 2023-10-19                                                       | 4 | Thu | 19:00 ~ 22:00 | 3:00  | STW Cage 2 (A)   | 備戰亞錦 30thAC      | ASDF                 |
| 2023-10-20                                                       | 5 | Fri | 19:00 ~ 22:00 | 3:00  | STW Cage         | Men NS           | LCSD                 |
| 2023-10-21                                                       | 6 | Sat | 18:00 ~ 21:00 | 3:00  | STW Cage         | TS               | HKSI                 |
| 2023-10-21                                                       | 6 | Sat | 18:00 ~ 21:00 | 3:00  | STW Cage         | 備戰亞錦 30thAC      | ASDF                 |
| 2023-10-22                                                       | 7 | Sun | 13:00 ~ 16:00 | 3:00  | STW Cage         | 備戰亞錦 30thAC      | ASDF                 |
| 2023-10-24                                                       | 2 | Tue | 19:00 ~ 22:00 | 3:00  | STW Cage         | TS               | HKSI                 |
| 2023-10-24                                                       | 2 | Tue | 20:30 ~ 22:00 | 1:30  | STW              | TS - S&C         | HKSI                 |
| 2023-10-25                                                       | 3 | Wed | 19:00 ~ 22:00 | 3:00  | STW Field & Cage | 備戰亞錦 30thAC      | ASDF                 |
| 2023-10-25                                                       | 3 | Wed | 19:00 ~ 22:00 | 3:00  | STW Field & Cage | TS               | HKSI                 |
| 2023-10-27                                                       | 5 | Fri | 19:00 ~ 22:00 | 3:00  | STW Cage         | Men NS           | LCSD                 |
| 2023-10-28                                                       | 6 | Sat | 18:00 ~ 21:00 | 3:00  | STW Field        | TS               | HKSI                 |
| 2023-10-28                                                       | 6 | Sat | 18:00 ~ 21:00 | 3:00  | STW Field        | 備戰亞錦 30thAC      | ASDF                 |
| 2023-10-29                                                       | 7 | Sun | 13:30 ~ 18:00 | 4:30  | STW Field        | 備戰亞錦 30thAC      | ASDF                 |
| 2023-10-31                                                       | 2 | Tue | 19:00 ~ 22:00 | 3:00  | STW Field & Cage | TS               | HKSI                 |
| 2023-10-31                                                       | 2 | Tue | 20:30 ~ 22:00 | 1:30  | STW              | TS - S&C         | HKSI                 |
|                                                                  |   |     |               |       |                  |                  |                      |

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**Organizer:**

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**Subvention:**

TS : Subvented by Development Programme for Team Sports under Culture, Sports and Tourism Bureau

Men NS (NS): 2023-2024 Men National Squad (NS) subvented by Leisure and Cultural Services Department (LCSD) under Sports Subvention Scheme (Cat. B1)

備戰亞運 19thAG (AG) : Subvented by the Arts and Sport Development Fund (ASDF) under Culture, Sports and Tourism Bureau

備戰亞錦 30thAC (AC) : Subvented by the Arts and Sport Development Fund (ASDF) under Culture, Sports and Tourism Bureau

| Date<br>(YYYY-MM-DD) |   | Day | Time          | Hours | Venue              | Remarks     | Subvention<br>Source |
|----------------------|---|-----|---------------|-------|--------------------|-------------|----------------------|
| <b>2023 November</b> |   |     |               |       |                    |             |                      |
| 2023-11-01           | 3 | Wed | 19:00 ~ 22:00 | 3:00  | STW Field & [cage] | 備戰亞錦 30thAC | ASDF                 |
| 2023-11-01           | 3 | Wed | 19:00 ~ 22:00 | 3:00  | STW Field & [cage] | TS          | HKSI                 |
| 2023-11-02           | 4 | Thu | 19:00 ~ 22:00 | 3:00  | STW Field & [cage] | 備戰亞錦 30thAC | ASDF                 |
| 2023-11-03           | 5 | Fri | 19:00 ~ 22:00 | 3:00  | STW Field & [cage] | Men NS      | LCSD                 |
| 2023-11-04           | 6 | Sat | 18:00 ~ 21:00 | 3:00  | STW Field          | TS          | HKSI                 |
| 2023-11-04           | 6 | Sat | 18:00 ~ 21:00 | 3:00  | STW Field          | 備戰亞錦 30thAC | ASDF                 |
| 2023-11-05           | 7 | Sun | 13:30 ~ 18:00 | 4:30  | STW Field          | 備戰亞錦 30thAC | ASDF                 |
| 2023-11-07           | 2 | Tue | 19:00 ~ 22:00 | 3:00  | STW Field & [cage] | TS          | HKSI                 |
| 2023-11-07           | 2 | Tue | 20:30 ~ 22:00 | 1:30  | STW                | TS - S&C    | HKSI                 |
| 2023-11-08           | 3 | Wed | 19:00 ~ 22:00 | 3:00  | STW Field & [cage] | 備戰亞錦 30thAC | ASDF                 |
| 2023-11-08           | 3 | Wed | 19:00 ~ 22:00 | 3:00  | STW Field & [cage] | TS          | HKSI                 |
| 2023-11-09           | 4 | Thu | 19:00 ~ 22:00 | 3:00  | STW Field & [cage] | 備戰亞錦 30thAC | ASDF                 |
| 2023-11-10           | 5 | Fri | 19:00 ~ 22:00 | 3:00  | STW Field & [cage] | Men NS      | LCSD                 |
| 2023-11-11           | 6 | Sat | 18:00 ~ 21:00 | 3:00  | STW Field          | TS          | HKSI                 |
| 2023-11-11           | 6 | Sat | 18:00 ~ 21:00 | 3:00  | STW Field          | 備戰亞錦 30thAC | ASDF                 |
| 2023-11-12           | 7 | Sun | 13:30 ~ 18:00 | 4:30  | STW Field          | 備戰亞錦 30thAC | ASDF                 |
| 2023-11-14           | 2 | Tue | 19:00 ~ 22:00 | 3:00  | STW Field & [cage] | TS          | HKSI                 |
| 2023-11-14           | 2 | Tue | 20:30 ~ 22:00 | 1:30  | STW                | TS - S&C    | HKSI                 |
| 2023-11-15           | 3 | Wed | 19:00 ~ 22:00 | 3:00  | STW Field & [cage] | 備戰亞錦 30thAC | ASDF                 |
| 2023-11-15           | 3 | Wed | 19:00 ~ 22:00 | 3:00  | STW Field & [cage] | TS          | HKSI                 |
| 2023-11-16           | 4 | Thu | 19:00 ~ 22:00 | 3:00  | STW Field & [cage] | 備戰亞錦 30thAC | ASDF                 |
| 2023-11-17           | 5 | Fri | 19:00 ~ 22:00 | 3:00  | STW Field & [cage] | Men NS      | LCSD                 |
| 2023-11-18           | 6 | Sat | 18:00 ~ 21:00 | 3:00  | STW Field          | TS          | HKSI                 |
| 2023-11-18           | 6 | Sat | 18:00 ~ 21:00 | 3:00  | STW Field          | 備戰亞錦 30thAC | ASDF                 |
| 2023-11-19           | 7 | Sun | 13:30 ~ 18:00 | 4:30  | STW Field          | 備戰亞錦 30thAC | ASDF                 |
| 2023-11-21           | 2 | Tue | 19:00 ~ 22:00 | 3:00  | STW Field & [cage] | TS          | HKSI                 |
| 2023-11-21           | 2 | Tue | 20:30 ~ 22:00 | 1:30  | STW                | TS - S&C    | HKSI                 |
| 2023-11-22           | 3 | Wed | 19:00 ~ 22:00 | 3:00  | STW Field & [cage] | 備戰亞錦 30thAC | ASDF                 |
| 2023-11-22           | 3 | Wed | 19:00 ~ 22:00 | 3:00  | STW Field & [cage] | TS          | HKSI                 |
| 2023-11-23           | 4 | Thu | 19:00 ~ 22:00 | 3:00  | STW Field & [cage] | 備戰亞錦 30thAC | ASDF                 |
| 2023-11-24           | 5 | Fri | 19:00 ~ 22:00 | 3:00  | STW Field & [cage] | Men NS      | LCSD                 |
| 2023-11-25           | 6 | Sat | 18:00 ~ 21:00 | 3:00  | STW Field          | TS          | HKSI                 |
| 2023-11-25           | 6 | Sat | 18:00 ~ 21:00 | 3:00  | STW Field          | 備戰亞錦 30thAC | ASDF                 |
| 2023-11-26           | 7 | Sun | 13:30 ~ 18:00 | 4:30  | STW Field          | 備戰亞錦 30thAC | ASDF                 |
| 2023-11-28           | 2 | Tue | 19:00 ~ 22:00 | 3:00  | STW Field & [cage] | TS          | HKSI                 |
| 2023-11-28           | 2 | Tue | 20:30 ~ 22:00 | 1:30  | STW                | TS - S&C    | HKSI                 |
| 2023-11-29           | 3 | Wed | 19:00 ~ 22:00 | 3:00  | STW Field & [cage] | 備戰亞錦 30thAC | ASDF                 |
| 2023-11-29           | 3 | Wed | 19:00 ~ 22:00 | 3:00  | STW Field & [cage] | TS          | HKSI                 |
|                      |   |     |               |       |                    |             |                      |

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備戰亞錦 30thAC (AC) : Subvented by the Arts and Sport Development Fund (ASDF) under Culture, Sports and Tourism Bureau

| Date<br>(YYYY-MM-DD)                                       |   | Day | Time          | Hours | Venue            | Remarks          | Subvention<br>Source |
|------------------------------------------------------------|---|-----|---------------|-------|------------------|------------------|----------------------|
| 2023 December                                              |   |     |               |       |                  |                  |                      |
| 2023-12-01                                                 | 5 | Fri | 19:00 ~ 22:00 | 3:00  | STW Cage         | Men NS           | LCSD                 |
| 2023-12-03                                                 | 7 | Sun |               |       | 香港 國際機場          | 亞錦代表隊 出發         |                      |
| 2023-12-04                                                 | 1 | Mon |               |       | 台中 & 台北          | 亞錦賽 4-10/12/2023 | LCSD                 |
| 2023-12-08                                                 | 5 | Fri | 19:00 ~ 22:00 | 3:00  | STW Cage         | Men NS           | LCSD                 |
| 2023-12-11                                                 | 1 | Mon |               |       |                  | 亞錦代表隊 返港         |                      |
| 2023-12-12                                                 | 2 | Tue | 19:00 ~ 22:00 | 3:00  | STW Field & Cage | TS               | HKSI                 |
| 2023-12-12                                                 | 2 | Tue | 20:30 ~ 22:00 | 1:30  | STW              | TS - S&C         | HKSI                 |
| 2023-12-13                                                 | 3 | Wed | 19:00 ~ 22:00 | 3:00  | STW Field & Cage | TS               | HKSI                 |
| 2023-12-15                                                 | 5 | Fri | 19:00 ~ 22:00 | 3:00  | STW Cage         | Men NS           | LCSD                 |
| 2023-12-15                                                 | 5 | Fri |               |       | 香港               | 暫定大灣區邀請賽         |                      |
| 2023-12-16                                                 | 6 | Sat |               |       | 香港               | 暫定大灣區邀請賽         |                      |
| 2023-12-17                                                 | 7 | Sun |               |       | 香港               | 暫定大灣區邀請賽         |                      |
| 2023-12-18                                                 | 1 | Mon |               |       | 香港               | 暫定大灣區邀請賽         |                      |
| 2023-12-19                                                 | 2 | Tue | 19:00 ~ 22:00 | 3:00  | STW Cage         | TS               | HKSI                 |
| 2023-12-19                                                 | 2 | Tue | 20:30 ~ 22:00 | 1:30  | STW              | TS - S&C         | HKSI                 |
| 2023-12-20                                                 | 3 | Wed | 19:00 ~ 22:00 | 3:00  | STW Field & Cage | TS               | HKSI                 |
| 2023-12-22                                                 | 5 | Fri | 19:00 ~ 22:00 | 3:00  | STW Cage         | Men NS           | LCSD                 |
| 2023-12-23                                                 | 6 | Sat | 17:00 ~ 22:00 | 5:00  | STW Field        | TS               | HKSI                 |
| 2023-12-24                                                 | 7 | Sun | 13:30 ~ 18:00 | 4:30  | STW Field        |                  |                      |
| 2023-12-26                                                 | 2 | Tue | 19:00 ~ 22:00 | 3:00  | STW Field & Cage | TS               | HKSI                 |
| 2023-12-26                                                 | 2 | Tue | 20:30 ~ 22:00 | 1:30  | STW              | TS - S&C         | HKSI                 |
| 2023-12-27                                                 | 3 | Wed | 19:00 ~ 22:00 | 3:00  | STW Field & Cage | TS               | HKSI                 |
| 2023-12-29                                                 | 5 | Fri | 19:00 ~ 22:00 | 3:00  | STW Cage         | Men NS           | LCSD                 |
| 2023-12-30                                                 | 6 | Sat | 18:00 ~ 21:00 | 3:00  | STW Field        | TS               | HKSI                 |
| 2023-12-31                                                 | 7 | Sun | 13:30 ~ 18:00 | 4:30  | STW Field        | TS               | HKSI                 |
|                                                            |   |     |               |       |                  |                  |                      |
| 6 Jan - 8 Feb 2024 STW Field closed for Winter Maintenance |   |     |               |       |                  |                  |                      |