

Hong Kong Elite Training Programme for Women Regional Squad
For the period of Apr 2021 to Mar 2022

Updated on: 2021-09-21

WRS

	Date		Day	Time	Venue		Remark
1	2021-04-04	7	Sun	1330-1630	STW	Cage/ Field	WRS
2	2021-04-11	7	Sun	0930-1230	STW	Field	WRS
3	2021-04-18	7	Sun	1330-1630	STW	Cage/ Field	WRS
4	2021-04-25	7	Sun	1330-1630	STW	Cage/ Field	WRS
5	2021-05-02	7	Sun	1330-1630	STW	Cage/ Field	WRS
6	2021-05-09	7	Sun	1330-1630	STW	Cage/ Field	WRS
7	2021-05-16	7	Sun	1330-1630	STW	Cage/ Field	WRS
8	2021-05-23	7	Sun	1330-1630	STW	Cage/ Field	WRS
9	2021-05-30	7	Sun	1330-1630	STW	Cage/ Field	WRS
10	2021-06-06	7	Sun	1330-1630	STW	Cage/ Field	WRS
11	2021-06-13	7	Sun	1330-1630	STW	Cage/ Field	WRS
12	2021-06-20	7	Sun	1330-1630	STW	Cage/ Field	WRS
13	2021-06-27	7	Sun	1330-1630	STW	Cage/ Field	WRS
14	2021-07-04	7	Sun	1330-1630	STW	Cage/ Field	WRS
15	2021-07-11	7	Sun	1330-1630	STW	Cage/ Field	WRS
16	2021-07-18	7	Sun	1330-1630	STW	Cage/ Field	WRS
17	2021-07-25	7	Sun	1330-1630	STW	Cage/ Field	WRS
18	2021-08-01	7	Sun	1330-1630	STW	Field	WRS
19	2021-08-08	7	Sun	0930-1230	STW	Field	WRS
20	2021-08-15	7	Sun	1330-1630	STW	Cage/ Field	WRS
21	2021-08-22	7	Sun	1330-1630	STW	Cage/ Field	WRS
22	2021-09-05	7	Sun	1045-1315	Kwai Chung	Multi Purpose Room	WRS
23	2021-09-12	7	Sun	1300-1600	Tsing Yi	Squash Court	WRS
24	2021-09-19	7	Sun	1600-1800	STW	Cage	WRS
25	2021-09-26	7	Sun	1600-1800	STW	Cage	WRS
26	2021-10-03	7	Sun	1300-1600	STW	Cage	WRS
27	2021-10-10	7	Sun	1300-1630	STW	Cage / Field	WRS
28	2021-10-17	7	Sun	1300-1630	STW	Cage / Field	WRS
29	2021-10-24	7	Sun	1300-1630	STW	Cage / Field	WRS
30	2021-10-31	7	Sun	1300-1600	STW	Cage/ Field	WRS
31	2021-11-07	7	Sun	1330-1630	STW	Cage / Field	WRS
32	2021-11-14	7	Sun	1330-1630	STW	Cage / Field	WRS
33	2021-11-21	7	Sun	1330-1630	STW	Cage / Field	WRS
34	2021-11-28	7	Sun	1330-1630	STW	Cage / Field	WRS

The schedule is subject to change due to the availability of venue or other situations.