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香港棒球總會半年刊 HONG KONG BASEBALL ASSOCIATION BIENNIAL PUBLICATION

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WBSC 香港國際棒球公開賽 2018 WBSC Hong Kong International Baseball Open 2018



14-17.12.2018 晒草灣遊樂場 獅子山公園棒球場
Sai Tso Wan Recreation Ground Lion Rock Park Baseball Field



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WBSC 鳳凰盃香港國際女子棒球錦標賽 2019
PHOENIX CUP 2019 WBSC HONG KONG INTERNATIONAL
WOMEN'S BASEBALL TOURNAMENT

22-25/2/2019

晒草灣遊樂場 獅子山公園棒球場
Sai Tso Wan Recreation Ground Lion Rock Park Baseball Field

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BFA CONGRESS



OUR REPRESENTATIVES: (FROM LEFT) MR. ANDREW FAN, CHAIRMAN; MR. DAVE HO, SECRETARY GENERAL, MR. PHILIP LI, PRESIDENT

THE CONGRESS HELD THE ELECTION TO FILL VACANCIES OF THE BOARD MEMBERS

- VICE PRESIDENT: MASATAKE YAMANAKA (JPN)
- MEMBER-AT-LARGE: SYED FAKHAR ALI SHAH (PAK) AND ANDIKA M.Y. MONOARFA (INA)
- NOMINATION OF FAZIL MOHAMED HUSSAIN (SRI) AS WEST ASIA DEVELOPMENT EXECUTIVE DIRECTOR WAS APPROVED.



(FROM LEFT: ALFONSO MARTIN EIZMENDI (PHI), SYED FAKHAR ALI SHAH (PAK), CHEN XU (CHN), YANG HAE YOUNG (KOR), MICHAEL SCHMIDT (WBSC), TOM PENG (BFA), MASATKE YAMANAKA (JPN), ANDIKA M.Y. MONOARFA (INA), FAZIL MOHAMED HUSSAIN (SRI), AND KAZUHIRO TAWA (JPN)



香港棒球總會半年刊

HONG KONG BASEBALL ASSOCIATION BIENNIAL PUBLICATION

關於我們

香港棒球總會由一批熱愛棒球運動的人士創立，於1992年10月依據香港公司法註冊為一非牟利的有限公司；於1993年3月26日舉行成立典禮。香港棒球總會發展快速，先後成為中國香港體育協會暨奧林匹克委員會(Sports Federation and Olympic Committee of Hong Kong, China)、世界棒球總會 (World Baseball Softball Confederation, 簡稱WBSC；前稱國際棒球協會International Baseball Federation, 簡稱IBAF)、亞洲棒球總會 (Baseball Federation of Asia, 簡稱BFA) 和世界小馬聯盟 (PONY) 的正式會員 (Ordinary Member)。香港棒球總會得到香港特區政府的資助和監察，力求達到最佳公司管治。

棒球總會舉辦各級的公開組聯賽、大專及中、小學聯賽隊伍超過100隊。也每年舉辦國際及區域男、女子棒球比賽，例如：男子亞洲盃、女子亞洲盃、鳳凰盃及國際棒球錦標賽。

自從棒球總會成立後，香港棒球水平大幅提升。香港棒球代表隊得以參加大型國際比賽，例如：亞洲運動會、亞洲錦標賽、亞洲盃、女子世界盃、青少年級別世界盃。棒球總會的職員、董事、球證和記分員獲WBSC和BFA邀請擔任一些國際賽事之相應職位。此外，棒球總會與WBSC在本港舉辦棒球國際訓練班。

香港棒球總會是香港人的棒球組織，歡迎對棒球有興趣的各階層人士，不論男、女、老、少，到來參加棒球運動和觀賞比賽。

我們的宗旨

推動講求健康、智慧、紀律、力和美的棒球運動；培養具有優秀技術、良好品格的運動員、教練員和裁判員；促進與各地的棒球活動交流；衝出香港，走向世界。

會徽的元素與意念

香港棒球總會會徽使用指引顯示，青春的棒球員在幸福的環境中，敏銳地揮棒擊球。寓意香港棒球運動隨著香港棒球總會 (HKBA) 的發展方向，衝出香港，飛向世界。紅、白、藍三色代表幸福、青春、敏銳。

我們的會歌

《棒球之歌》

曲 譚展輝
詞 Sandy

B^b
Con Spirit (♩ = 126)

||: 3.4 5.6 5.4 | 5-3- | 6-4 6 | 5-3- |

望向遠方一串希望 將世間照亮
在競賽中灑我的汗 衝勁加盼望

4.5 6. 1. 7- | 3.4 5.7 6- | 2.3 4. 1. 6 4 | 3-2- :||

鬥志可衝天 自信更高張 無懼對手爭勝力強
為博你欣賞 為博你鼓掌

2. 3 4. 6 1. 6 | 2-5- || : 3- 1 3 | 2-5- |

全壘打發射光芒 比遠方驕陽
爭勝心激昂

1-6 1 | 7-5- | 6.7 1. 6 2- 5. 6 7. 5 1- |

更熱更自強 憑合作共聞 憑潛力同往
信念永未忘 求沒愧於心

2/4

3. 2 1 3 | 2- - - :|| 5. 6 7. 2 1- | 4. 5 6. 1

爭取每分光 成敗亦開朗 前行是每

4/4

3. 3 2 2 | 1- - - | 1- 0 0 ||

顆心比火燙

3- 3- 2 | 2- 2- | 1- - - | 1- - - ||

顆心都比火燙

顧問團

- 名譽會長：** 林孝賢先生
李一強博士
李政權先生
黃英豪博士, BBS, DCL, JP
- 名譽副會長：** 陳煒文博士, JP
成龍先生, SBS
- 議事顧問：** 李錦泉先生
- 名譽顧問：** 陳智文先生
邱何恩德博士
許宗盛先生, MH, JP
傅浩堅教授, JP
石鏡泉先生
- 義務法律顧問：** 李詠賢律師
梁鴻谷大律師
許亨明律師
- 核數師：** 國衛會計師事務所有限公司(HLB)
- 義務醫事顧問：** 符少娥博士

董事局

- 會長：** 李永權先生
- 主席：** 范駿華先生, JP
- 副主席：** 區學良先生
梁得光先生
吳光遠先生
- 秘書長：** 何迪夫先生
- 司庫：** 林穎伊博士
- 財務監督：** 呂振邦先生
- 董事：** 區穎良先生
陳仕良先生
陳子揚先生
張安橋先生
梁家豪先生
潘丕脩先生
黃期先生

執行委員會

- 精英培訓—區學良先生**
 - 1.1 男子精英組總監—陳子揚先生
 - 1.2 女子精英組總監—區學良先生
 - 1.3 青少年精英組總監—潘丕脩先生
- 推廣及項目—梁得光先生**
 - 2.1 區域推廣—謝兆佳先生
 - 2.2 學校推廣組總監—梁家豪先生
 - 2.3 社區體育會組—范駿華先生, JP
- 賽事—吳光遠先生**
 - 3.1 公開組賽事總監—張安橋先生
 - 3.1.1 男子組—吳光遠先生
 - 3.1.2 女子組—張慧怡小姐
 - 3.1.3 軟式—梁永康先生
 - 3.2 學校聯賽—梁家豪先生
- 教練培訓總監—區穎良先生**
- 裁判學院召集人—梁鴻鴻先生**
 - 5.1 裁判長—黃期先生
 - 5.2 副裁判長—郭伯璋先生、張瑞民
 - 5.3 記錄長兼裁判學院秘書—陳蒨誼小姐
- 場地設施總監—陳仕良先生**
- 《上壘》編輯委員會**

召集人—李永權先生

成員—陳仕良先生 杜佩綺小姐

耆長棒球運動教育基金 Growing Together Baseball Sport Education Fund Management Committee

主席 Chairman	香港棒球總會理事顧問李錦泉先生 Mr. Laurence Lee, Counselor of HKBA
成員 Members	香港棒球總會會長李永權先生 Mr. Philip Li, President of HKBA 香港棒球總會主席范駿華先生, JP Mr. Andrew Fan, JP Chairman of HKBA 香港棒球總會秘書長何迪夫先生 Mr. Dave Ho, Secretary General of HKBA
外界成員 External Member	李一強博士, 香港棒球總會名譽會長 Dr. Adam Lee, Honorary President of HKBA

財務委員會 Finance Committee

召集人 Convenor	香港棒球總會司庫林頌伊博士 Dr. Lam Ho Yi, Treasurer of HKBA
成員 Members	香港棒球總會財務監督呂振邦先生 Mr. Lui Chun Pong, Financial Controller of HKBA 香港棒球總會秘書長何迪夫先生 Mr. Dave Ho, Secretary General of HKBA 香港棒球總會副主席吳光遠先生 Mr. Patrick Ng, Vice-chairman of HKBA
外界成員 External Member	執業會計師 周尚冰先生 Mr. S. B. Chow, Certified Public Accountant

香港代表隊/ 精英培訓教練遴選委員會 Hong Kong Team/Squad Training Coach Selection Panel

當然委員 Ex Officio members	香港棒球總會教練培訓總監區頌良先生 Mr. Au Wing Leung, Director of Coach Development 香港棒球總會副主席(精英培訓)區學良先生 Mr. Au Hok Leung, Vice-chairman of HKBA (Elite Training) 香港棒球總會秘書長何迪夫先生 Mr. Dave Ho, Secretary General of HKBA
成員 Members	輪換董事兩名 Two Directors of HKBA, on rotation basis

香港代表隊球員遴選委員會 Hong Kong Team Players Selection Panel

當然委員 Ex Officio members	香港棒球總會副主席(精英培訓) 區學良先生 Mr. Au Hok Leung, Vice-chairman of HKBA (Elite Training) 香港棒球總會副主席(賽事) 吳光遠先生 Mr. Patrick Ng, Vice-chairman of HKBA (Games) 香港棒球總會秘書長何迪夫先生 Mr. Dave Ho, Secretary General of HKBA
成員 Members	輪換董事兩名 Two Directors of HKBA, on rotation basis

香港代表隊球員遴選上訴委員會 Hong Kong Team Players Selection Appeal Panel

當然委員 Ex Officio members	香港棒球總會主席范駿華先生, JP Mr. Andrew Fan, JP Chairman of HKBA 香港棒球總會副主席(推廣及項目)梁得光先生 Mr. Joseph Leung, Vice-chairman of HKBA (Promotion & Project) 香港棒球總會秘書長何迪夫先生 Mr. Dave Ho, Secretary General of HKBA
成員 Members	輪換董事兩名 Two Directors of HKBA, on rotation basis

香港代表隊紀律審裁委員會 Hong Kong Team Disciplinary Committee

當然委員 Ex Officio members	香港棒球總會主席范駿華先生, JP Mr. Andrew Fan, JP Chairman of HKBA 香港棒球總會副主席(精英培訓) 區學良先生 Mr. Au Hok Leung, Vice-chairman of HKBA (Elite Training) 香港棒球總會副主席(賽事) 吳光遠先生 Mr. Patrick Ng, Vice-chairman of HKBA (Games) 香港棒球總會秘書長何迪夫先生 Mr. Dave Ho, Secretary General of HKBA
成員 Members	輪換董事一名 One Director of HKBA, on rotation basis

教練紀律委員會 Coach Disciplinary Committee

當然委員 Ex Officio members	香港棒球總會教練培訓總監區頌良先生 Mr. Au Wing Leung, Director of Coach Development 香港棒球總會副主席(推廣及項目) 梁得光先生 Mr. Joseph Leung, Vice-chairman of HKBA (Promotion & Project) 香港棒球總會副主席(賽事) 吳光遠先生 Mr. Dave Ho, Secretary General of HKBA
成員 Members	輪換董事兩名 Two Directors of HKBA, on rotation basis

紀律委員會 (教練以外的技術人員) Disciplinary Committee (Technical Officials other than coaches)

當然委員 Members	香港棒球總會副主席(賽事) 吳光遠先生 Mr. Patrick Ng, Vice-chairman of HKBA (Games) 香港棒球總會裁判學院主任董事黃期先生 Mr. Jonathan Wong, Director of Umpire Academy of HKBA 香港棒球總會秘書長何迪夫先生 Mr. Dave Ho, Secretary General of HKBA
成員 Members	輪換董事兩名 Two Directors of HKBA, on rotation basis

註: 如上列成員與相關選拔或事件有利益衝突, 棒總將另委成員。
Remarks: HKBA will assign other member to replace the listed member if he/she involves in the selection to be determined or incident to be discussed.

我們的聯繫

香港棒球總會有限公司
THE HONG KONG BASEBALL ASSOCIATION LIMITED
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秘書處 Secretariat

截至As at: 30. 04. 2019

高級體育事務經理 Senior Sports Manager	杜佩綺 Nicky To (2000年8月16日至今)
體育幹事 Sports Executive	黃蔚心 Rosanne Wong (2018年5月21日至今)
技術幹事 Technical Executive (RATP)	蒲彥藥 Bronya Po (2018年4月16日至今)
體育事務副經理 Assistant Sports Manager	黎志豪 Lai Chi Ho (2013年7月8日至2019年5月3日)

行政助理 Administrative Assistant	黃嘉麗 Kary Wong (2014年6月30日至今) 盧灝霖 Andy Lo (2018年11月1日至今)
出納/簿記 Cashier/Book-keeping	梁慧英 Winnie Leung (2016年6月28日至今)

RUN 89 04. 2019

CONTENTS

會長的話	4
主席報告	5

活動報告

2018 Annual General Meeting	6
Report of the Directors for the year ended 31 March 2018	10
2017-18 Financial Report	13
Introduction of 2018-20 Board of Directors 2018-20 年度董事會簡介	20
"Phoenix Cup 2019" WBSC Hong Kong International Women's Baseball Tournament	22
LAI SUN GROUP Presents WBSC Hong Kong International Baseball Open 2018	26
Hong Kong Team in the 18th Asian Games	30
【亞運會2018】亞運奇蹟給香港棒球的啟示「至少讓我們練習」	31
Hong Kong Women's Team in the WBSC Women's Baseball World Cup 2018	32
2018 臺北城市盃青少年棒球錦標賽	34
Hong Kong-Guam U15 Baseball Exchange Programme	36
Hong Kong-Mexico U12 Baseball Exchange Programme	38
棒球嘉年華@中環夏誌 Baseball Carnival@SummerFest"	42
Baseball@62nd Festival of Sport	44
Coach Level 1 Certification Programme 2018	46
2018-2019中港青少年棒球交流計劃	48
隊際運動五年發展計劃	49

其他消息

港男棒主場出擊亞洲盃東區賽 挑戰東京奧運資格	50
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屬會活動

觀塘(青少年)棒球會 將軍澳棒球場啟用禮花絮	52
深水埗棒球會 告別19 th 迎接20 th	54

其他

HKBA Sports Development Chart	58
正規棒球與簡易版棒球	60
本地聯賽球隊名單	62
我們的屬會	64
2019-2020年度香港棒球總會活動概覽	66

顧問編輯

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編輯

李永權

翻譯

三好正記

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會長的話

李永權先生

香港棒球總會會長

香港棒球總會在 1993 年成立，經過歷屆董事和員工的努力，政府以及名譽會長和名譽顧問的支持，香港棒球運動從少棒發展到成棒；從男子棒球擴展到女子棒球；從舉辦本地聯賽到進軍大型國際比賽。在此，謹代表香港棒球總會感謝歷屆名譽會長：蘇耀祖先生，CEB, JP (1993-1995)；周德熙先生，GBS, JP (1995-1998)；藍鴻震先生，GBS, JP (1998-2000)；林煥光先生，GBS, JP (2000-2005)；陳智思先生，GBS, JP (2005-2014)；姚祖輝先生，BBS, JP (2014-2019)；以及熱愛香港棒球運動的各界人士給予香港棒球運動的支持和貢獻，必記錄於香港棒球運動史冊內。

經過 26 年的發展，香港棒球運動已進入階段性飽和期，需要有新元素和新活力突破框框進入新階段，帶動和增強組織管治和提升球員技術水平。

長江後浪推前浪，一代新人換舊人。新的一屆董事會於 2018 年 10 月 26 日舉行的周年大會按會章透過選舉產生。除了本人從創會至今仍留在董事會內之外，其餘老一輩的董事都已先後功成身退。

這一屆董事會成員年輕有為，以專業人士居多，大部分有豐富的行政經驗，廣闊的人脈，高遠的理想。我相信香港棒球總會在他的帶領下，能做到團結一切可團結的人，爭取到一切可爭取到的資源。

香港棒球運動正邁進新紀元。



主席報告

范駿華先生, JP
主席兼任社區關係總監

2018-20 年度董事會於 2018 年 10 月 26 日舉行的周年大會中選舉產生了。本人被推選為主席，上任後與一眾董事對香港棒球總會（棒總）的會務進行全面檢視，作了一些前瞻性的探討。

香港棒球總會主要接受香港特區政府透過康樂及文化事務署資助的周年撥款舉辦各級別的訓練，由基層推廣、社體體育會的中層發展、至精英級代表隊備戰參加國際大型賽事。棒總更舉辦本地大型賽事邀請海外球隊來港與香港球員切磋球技，如賽事獲國際棒壘球總會 (World Baseball Softball Confederation, “WBSC”) 認可的賽事，代表隊組別的比賽成績更可產生世界排名積分。棒總由志在參與 (Participation) 演進至追求卓越表現 (Excellence Performance)。

民政事務局於 2018 年 1 月推出「隊際運動五年發展計劃」（計劃），涵蓋亞洲運動會（亞運會）或亞洲冬季運動會（亞冬運）的 8 項 5 人或以上隊際運動項目，棒球乃受惠的隊際項目之一。計劃除了提供基本訓練資助外，本會更可推薦最多 28 位男子運動員接受運動員資助。球隊需接受每星期不少於 10 小時的代表隊集訓，如出席訓練時數超過 80%，每月可獲津貼 4,000 元。計劃的成效，在去年第十八屆亞洲運動會中體現出來了，香港取得歷來最好成績，擊敗多年來的宿敵。

女子代表隊今年底將會參加第二屆亞洲盃女子棒球錦標賽，爭取前四入世界盃的頭四名。而青少棒代表隊適逢今年舉辦四年一屆的全國青年運動會，本會派隊參加男子 U15 隊、女子 U15 組及男子 U19 組的賽事，預賽於 4 月至 5 月期間進行，7 月在山西舉行決賽爭取全國排名。

棒總雖然得到政府資助，但好些活動的資助額只有 70%-90%，參加者費用不足之數還得自行籌措。為確保棒總有充裕的資金補貼活動不足之數，上任後六個月內，已成功商得社會賢達包括林孝賢先生、李一強博士、李政權先生及黃英豪博士 BBS, DCL, JP 加盟棒總擔任名譽會長。我在此衷心感謝各位名譽會長在財政和專業上的大力支持。

棒球場地不足的問題已困擾多年，嚴重影響棒球運動在香港的發展，下一項任務正是尋求可行的方案。

2019 年 4 月



2018 Annual General REPORT OF THE CHAIRMAN

I am pleased to advise that it was another busy and rewarding year of 2017-2018 for Hong Kong Baseball Association.

I. Baseball Games

International Tournaments and Exposure

It was a record year for the Association to send teams in participating different levels of international and regional tournaments. Our Men Team participated in the 28th Asian Championship in New Taipei City (ended in the 5th position of the tournament) in October 2017. This year, Men Team achieved a remarkable performance, 3rd place in the XII BFA East Asia Baseball Cup 2018 that was hosted by Hong Kong in June and finished 6th place in the 18th Asian Games in August. The Association made its first ever participation by selecting student-athletes to participate in the 2018 FISU World University Baseball Championship in Chiayi City of Chinese Taipei in July 2018.

Our Women Team was ranked 4th in the inaugural 1st BFA Women's Baseball Asia Cup in Hong Kong in September 2017 and met the required qualification to WBSC Women's Baseball World Cup that was held in August 2018 in Viera, Florida and ended in 10th position of the tournament. Hong Kong Bravo Women Team participated in the 7th LG Cup International Women's Baseball Tournament 2017 in Seoul, Korea in August 2017 with a final rank of 7th position of the tournament.

To enhance the competition experience for youth athletes, the Association has sent them to international tournaments. Our U18 Team participated in the XII BFA U18 Baseball Championship in Miyazaki, Japan in September 2018 with the overall 6th position of the tournament. Our U15 Team participated in the 9th BFA U15 Baseball in Izu-city, Japan in November 2017 and ended in the 6th position of the tournament, while our U12 Team completed the X BFA U12 Baseball Championship with 5th position in the entire tournament in Chinese Taipei in September 2018.

The Association also recommended our affiliated clubs

or club teams to participate in international invitational events for the players and coaches to gain experience in games and encourage them to further strengthen their skills.

The Education University of Hong Kong Baseball Team won the University League in Hong Kong and represented Hong Kong to the Chinese National Universities League in Shenzhen in July 2017 and was awarded the Sportsmanship Award. Kwun Tong Pony Youth League participated in the PONY BASEBALL Asia-Pacific Zone BRONCO Tournament in Fukuoka, Japan in July 2017.

Local International Events and Local Leagues

• Major Local International Event

To support women in sports development and empower them, the Association proposed and bided to host the first ever Women's Baseball Asian Cup in Hong Kong. This major international event served as a qualifier in Asia for the WBSC Women's Baseball World Cup. Six women's national teams including Chinese Taipei, Hong Kong, India, Japan, Korea and Pakistan played in the tournament. 10 games out of 15 were broadcasted online and recorded a live stream of over 400,000 views one week after the event. Team Japan finished the first and Chinese Taipei, Korea and Hong Kong secured the remaining places in the top four.

Hong Kong also hosted XII BFA East Asia Baseball Cup 2018 in June 2018, in addition to Hong Kong, other four national teams included Indonesia, Philippines, Singapore and Thailand.

• Local International Events

With the continuous funding support from Home Affairs Bureau and Leisure and Cultural Services Department of Hong Kong SAR and sanctioned by the World Baseball Softball Confederation (WBSC), the Association organised two annually local international events. Hong Kong International Baseball Open (HKIBO) was held in December 2017. This year we introduced national team pool and club team pool. The result in the national team pool could generate Baseball World

Meeting 26 October 2018

Ranking point. 3 national teams included teams from Hong Kong, Russia and Singapore, and Hong Kong secured the champion title. For the club team category, 4 club teams from Australia, China, Hong Kong and Philippines participated.

The 10th edition of Phoenix Cup Hong Kong International Women's Baseball Tournament was successfully held with the participation of 12 Teams from China, Guam, Japan, Singapore, Taiwan and Hong Kong in February 2018 and Hong Kong Allies was ranked 3rd in the tournament.

• Local Leagues

The Association organised local leagues at different levels. For the reporting period of 2017/2018, a total of 105 teams participated in the Hong Kong Baseball Open League, of which 6 teams in Men A Grade, 11 teams in Men B Grade, 32 teams in Men C Grade, 5 teams in Women Grade A, 10 teams in Women Grade B, 6 teams in Kenko Grade A, 15 teams in Kenko Grade B, Kenko League is the league with men and women players mixed together. 20 teams in the novice competition, with participants from children to adults. 25 teams from local universities, secondary schools and primary schools played the Samsung 61st Festival of Sport that was held in April to May 2018.

With the special grant from the HKSAR government, the Association organised Celebration of the 20th Anniversary of the Establishment of the HKSAR - Baseball Six Competition in the year of 2017, 30 games were scheduled.

II. International Meetings and Conferences

- (i) Mr. Philip Li, President of the Association, and I represented the Association to attend the Baseball Federation of Asia (BFA) Congress in Yilan, Taiwan in July 2017. To vote in the election of BFA Executive Board, the Association nominated Mr. Mak Nin Fung, our Secretary General, to run for the election for the position of Executive Member. Mr. Mak was successfully re-elected.

- (ii) On behalf of the Association, I attended the 2nd WBSC Congress on 12-15 October 2017 in Gaborone, Botswana, South Africa in October 2017. In the Congress, WBSC reported the performance of world cups and the development of Mini Baseball and Baseball^{5th}. Hong Kong Baseball Association was awarded "Baseball Federation of the Year" in 2015.

I also attended the annual PONY Asia-Pacific Zone Board of Directors Meeting in January 2018 in Miyazaki, Japan, to discuss the youth baseball development in the region in Miyazaki, Japan in January 2018 with nearly 30 representatives from 11 countries/regions attended.

- (iii) Mr. Allan Mak, Secretary General of the Association, also Member-at-Large of the Baseball Federation of Asia (BFA) attended the BFA Executive Committee meetings in January and September in 2018. He represented the Association to report the post-event report of hosting the first Women's Baseball Asian Cup in Hong Kong and XII BFA East Asia Baseball Cup 2018.

III. Training

(i) Squad Training

To improve the physical fitness and skill level, whole year training programmes were organised for men, youth, women, youth and feeder system.

Starting from January 2018, Home Affairs Bureau launched the Five-Year Development Programme for Team Sports (the Programme), provides an additional funding support from the Arts and Sports Development Fund (ASDF) for eligible National Sports Association (NSAs) to assist them in achieving better results in regional and international tournaments, with a view to improving performance in the Asian Games. Baseball is one of the Team Sports. With the funding support, we could have

recruited a full-time professional coach to assist or lead the Hong Kong Team to prepare for and participate in the major events.

(ii) Pilot Funding Scheme for Youth Sports Exchange

Through the subvention from LCSD to organise international sports exchange programmes for the youth, its aims are to raise the sports skill level of the youth, broaden their horizons; and establish their network with counterpart country/city. The Association organised Youth Women’s Baseball Japan Exchange Programme in Japan and Exchange Programme between Hong Kong and Australia with mixed boys and girls.

(iii) Funding Scheme for Youth Exchange in the Mainland

With the sponsoring from Commission on Youth, the Association organised exchange programme with Shanghai in December 2017 under Funding Scheme for Youth Exchange in the Mainland.

(iv) District Promotion

The development Programme was structured in three stages with elementary level and intermediate level. We also organised baseball for all age groups for those who were new to baseball and nearly 1,800 enrollment applications in 51 classes were recorded.

(v) School Promotion

Through the introduction of Joint Schools Sports Training Programme in the School Sports Programme with 63 LCSD subvented training programmes conducted, over 2,100 students enjoyed the training. HKBA was successfully raising the popularity of baseball to the local primary, secondary schools and special schools.

IV.Coach, Umpire and Scorer Training

To meet the standard in organising international events in Hong Kong, we established plans to train up our technical officials. With the continuous support from World Baseball Softball Confederation (WBSC) and subvented by Leisure and Cultural Services Department, the Association organised WBSC Baseball Technical Officials Seminars, including Umpire Seminar, Technical Commissioner Seminar and Scoring Seminar, in March 2018. WBSC assigned international instructors, including Mr. Gustavo Rodriguez, Chair

of Umpiring Commission, Mr. Takeshi Hirabayashi, a professional umpire in Nippon Professional Baseball, Mr. Jim Baba, Chair of Tournament Commission, Ms. Anna Maria Paini, Chair of Scoring Commission to Hong Kong for the related training programmes. Nearly 100 officials from China, Chinese Taipei, Hong Kong, India, Indonesia, Iraq, Japan, Korea, Malaysia, Pakistan and Sri Lanka attended the seminars.

The officials of the Association was appointed in a number of international events that organised by International Federation or Asian Federation.

PERIOD	EVENT	NAME OF OFFICIAL	POST
May 2017	13th National Games	WONG Ki Jonathan	Umpire
July 2017	WBSC U-12 Baseball World Cup	WONG Pak Wah	Scorer
July 2017	PONY Baseball Asia Pacific Zone Bronco Tournament	WONG Wai Hung Aaron	Umpire
July 2017	PONY Baseball Asia Pacific Zone Pony Tournament	CHEUNG Yi Yan John	Umpire
Aug 2017	29th Summer Universiade 2017	MOO Yee Wah Eva	Umpire
Aug 2017	29th Summer Universiade 2017	CHAN Sin Yee Cindy	Scorer
Nov 2017	Asian U15 Baseball Championship	HUEN Kun Chi Leonard	Umpire
OCT 2017	28TH ASIAN CHAMPIONSHIP	CHEUNG SUI MAN	Umpire

To train up more local officials, the Association organised Level 3 (Elementary) Umpire Training Course and Level 3 (Elementary) Scorer Training Course in the year.

For the reporting period, there were 123 coaches actively to give training classes for players of local leagues and school teams at different levels; more than 35 umpires and 25 scorers provided their professional services in local competitions.

V. Membership and Affiliated Clubs

To support environmental protection and saving expenditure of the Association, with effect from January 2018, our publication quarterly "RUN" changed to biannual publication, to issue in May, the month to submit whole year programme report to the Leisure and Cultural Services Department and November after finishing Annual General Meeting. HKBA updated its website and posted news in its Facebook pages. Members' pro-active suggestions and comments demonstrated their enthusiasm in promoting baseball together with the Association.

As at end of the reported period, there were 20 clubs out of 35 registered affiliated clubs registered under LCSD Community Sports Club Projects. The clubs organised 51 activities in total with the subvention

from LCSD. To enhance the standard of baseball at the community level, we will continue promoting and strengthening the sports development for young players and encourage lifelong participation in sports.

VI. Administration and Publication

The Association holds monthly executive directors' meeting, quarterly directors' meeting and monthly staff meeting to ensure the smooth progress of activities and monitoring of the administrative system. Respective executive committee meetings have also been held on a need basis.

To promote the best practice in corporate governance and in response to the advice by LCSD to all National Sports Associations, our directors and senior management staff attended the Symposium on Corporate Governance in National Sports Associations - Governance, Leadership and the Future Development of Sports that organised by the Leisure & Cultural Services Department. To deal with the business and activities in an open, fair and impartial manner, we have set out the basic standards and Codes of Conduct of National Sports Associations for our Officials and Staff as work principles and guidelines.

VII. Recognition

President Philip Li was awarded Chief Executive's Commendation for Community Service in October 2018 to recognise his significant contributions to Hong Kong.

I was then awarded in the Secretary for Home Affairs' Commendation Scheme 2017 to recognise my outstanding contributions to the development of sports and recreation activities

VIII. Growing Together Baseball Sport Education Fund

The Association was appointed by the Growing Together Baseball Sport Education Fund (the Fund) to keep and handle the Fund application. The Fund was set up to provide financial assistance for technical officials training, administrative staff further education and women's baseball development. Committee members comprise the Association's Counselor, President, Chairman and Secretary General.

IX. Appreciations

On behalf of the Board of Directors, I would like to thank our Hon. President Mr. Andrew Yao, Hon. Vice President Dr. Raymond Chan and Mr. Jackie Chan and all Hon. Advisers for their financial support and guidance over the years; also grateful to Home Affairs Bureau, Leisure and Cultural Services Department for their subvention and continuous support; and thankful to Environmental Protection Department, Sports Federation & Olympic Committee of Hong Kong, China, Hong Kong Sports Institute and the relevant District Councils for their advice and support too. Last but not the least, I wish to thank all Directors, committee members and volunteers for their continuous support, as well as Office staff of the Association for their dedication and commitment to work.

Dr. Felix Yip

Chairman (Retired on 26 October 2018)

THE HONG KONG BASEBALL ASSOCIATION LIMITED _____ 1

REPORT OF THE DIRECTORS

The directors of The Hong Kong Baseball Association Limited (hereinafter referred to as “the Association”) present their report together with the audited financial statements of the Association for the year ended 31 March 2018.

Principal activities

The Association is a company limited by guarantee. The principal activities of the Association are to promote and develop baseball sports in Hong Kong. There was no significant change in these activities during the year.

Results

The results of the Association for the year ended 31 March 2018 are set out in the statement of profit or loss and other comprehensive income on page 7.

The state of affairs of the Association as at 31 March 2018 and 2017 is set out in the statement of financial position on page 8.

Business review

The Association has satisfied the exemption criteria set out in Section 388(3)(a) of the Hong Kong Companies Ordinance. Therefore, the directors of the Association are not required to prepare the report for the business review in accordance with the Hong Kong Companies Ordinance (Cap. 622).

Donations

No charitable and other donations made by the Association during the year (2017: HK\$500).

General fund

Details of the movements in general fund of the Association during the year are set out in the statement of changes in funds on page 9.

Equipment

Details of the movements in equipment of the Association during the year are set out in Note 11 to the financial statements.

THE HONG KONG BASEBALL ASSOCIATION LIMITED _____ 2

REPORT OF DIRECTORS (CONTINUED)**Directors**

The directors of the Association during the year and up to the date of this report were:

Au Hok Leung
Au Kit Yi, Kitty
Au Wing Leung
Fan Chun Wah, Andrew (appointed on 31 October 2017)
Fang Ka Wor
Lai Wai Tat, Pazu
Leung Tak Kwong
Li Wing Kuen, Philip
Mak Nin Fung
Miyoshi Masanori
Ng Kwong Yuen
Tse Kam Man, Edward
Wong Ki, Jonathan
Wu Suet Kong
Yip Wai Kwong, Felix
Cheuk Woon Yee, Sinney (resigned on 21 October 2017)

In accordance with Article 30 of the Articles of Association, the directors shall resign and are eligible for reappointment at the annual general meeting upon expiry of two consecutive terms.

Directors' material interests in transactions, arrangements and contracts that are significant in relation to the Association's business

No transactions, arrangements and contracts of significance business to which the Association, was a party and in which the directors of the Association had a material interest, whether directly or indirectly, subsisted at the end of the year or at any time during the year.

Directors' interests, underlying shares and debentures of the Association or any specified undertaking of the Association

At no time during the year was the Association a party to any arrangement to enable the directors of the Association to hold any interests in the shares or debentures of, the Association or its specified undertakings.

Management contracts

No contracts concerning the management and administration of the whole or any substantial part of the business of the Association were entered into or existed during the year.

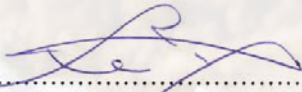
THE HONG KONG BASEBALL ASSOCIATION LIMITED _____ 3

REPORT OF DIRECTORS (CONTINUED)

Auditor

The financial statements of the Association for the year ended 31 March 2017 have been audited by Messrs. Y. H. Cheung & Company, Certified Public Accountants, who retired as auditors of the Association on 28 June 2018. HLB Hodgson Impey Cheng Limited (“HLB”) was appointed as the auditors of the Association to fill the casual vacancy. The financial statements of the Association for the year ended 31 March 2018 have been audited by HLB who shall retire and, being eligible, offer themselves for re-appointment as the auditors of the Association at the forthcoming annual general meeting.

On behalf of the board of directors



.....
Yip Wai Kwong, Felix
Chairman

Hong Kong, 21 September 2018
.....



國衛會計師事務所有限公司
Hodgson Impey Cheng Limited



**INDEPENDENT AUDITORS' REPORT
TO THE MEMBERS OF
THE HONG KONG BASEBALL ASSOCIATION LIMITED** _____ 4
(Incorporated in Hong Kong with limited liability by guarantee)

Opinion

We have audited the financial statements of The Hong Kong Baseball Association Limited ("the Association") set out on pages 7 to 29, which comprise the statement of financial position as at 31 March 2018, and the statement of profit or loss and other comprehensive income, the statement of changes in funds and the statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the financial statements give a true and fair view of the financial position of the Association as at 31 March 2018, and of its financial performance and its cash flows for the year then ended in accordance with Hong Kong Financial Reporting Standards ("HKFRSs") issued by the Hong Kong Institute of Certified Public Accountants ("HKICPA") and have been properly prepared in compliance with the Hong Kong Companies Ordinance.

Other Matter

The financial statements of the Association for the year ended 31 March 2017 prepared under Small and Medium-sized Entity Financial Reporting Standard ("SME-FRS") were audited by another auditor who expressed an unmodified opinion on those financial statements on 17 September 2017.

Basis for Opinion

We conducted our audit in accordance with Hong Kong Standards on Auditing ("HKSA") issued by the HKICPA. Our responsibilities under those standards are further described in the *Auditors' Responsibilities for the Audit of the Financial Statements* section of our report. We are independent of the Association in accordance with the HKICPA's *Code of Ethics for Professional Accountants* ("the Code"), and we have fulfilled our other ethical responsibilities in accordance with the Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Other Information

The directors are responsible for the other information. The other information comprises the information included in the report of directors, but does not include the financial statements and our auditors' report thereon (the "Other Information").

Our opinion on the financial statements does not cover the Other Information and we do not express any form of assurance conclusion thereon.



**INDEPENDENT AUDITORS' REPORT
TO THE MEMBERS OF
THE HONG KONG BASEBALL ASSOCIATION LIMITED (CONTINUED) _____ 5**
(Incorporated in Hong Kong with limited liability by guarantee)

Other Information (continued)

In connection with our audit of the financial statements, our responsibility is to read the Other Information and, in doing so, consider whether the Other Information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Responsibilities of Directors and Those Charged with Governance for the Financial Statements

The directors are responsible for the preparation of the financial statements that give a true and fair view in accordance with HKFRSs issued by the HKICPA and the Hong Kong Companies Ordinance, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the Association's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the Association or to cease operations, or have no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Association's financial reporting process.

Auditors' Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditors' report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with HKSAs will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with HKSAs, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.



國衛會計師事務所有限公司
Hodgson Impey Cheng Limited



**INDEPENDENT AUDITORS' REPORT
TO THE MEMBERS OF
THE HONG KONG BASEBALL ASSOCIATION LIMITED (CONTINUED)** _____ 6
(Incorporated in Hong Kong with limited liability by guarantee)

Auditors' Responsibilities for the Audit of the Financial Statements (continued)

- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Association's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Association's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditors' report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditors' report. However, future events or conditions may cause the Association to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Certified Public Accountants

Shek Lui

Practicing Certificate Number: P05895

Hong Kong, 21 September 2018

THE HONG KONG BASEBALL ASSOCIATION LIMITED _____ 7

STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME

For the year ended 31 March 2018 (in HK Dollars)	Notes	2018	2017
Revenue	7	12,483,290	8,694,151
Other revenue	8	535,539	267,832
Training, championship and tournaments expenses		(11,163,814)	(7,459,732)
General expenses		(2,179,673)	(1,776,534)
Deficit before taxation	9	(324,658)	(274,283)
Taxation	10	-	-
Deficit for the year and total comprehensive loss for the year		(324,658)	(274,283)


The accompanying notes form an integral part of these financial statements.

THE HONG KONG BASEBALL ASSOCIATION LIMITED _____ 8


STATEMENT OF FINANCIAL POSITION

As at 31 March 2018 (in HK Dollars)	Notes	2018	2017
Current assets			
Account receivables	12	708,387	122,722
Deposits and prepayments	13	298,245	145,029
Fixed deposits	14	1,331,928	1,331,792
Bank balances and cash	14	5,710,873	4,021,128
		8,049,433	5,620,671
Current liabilities			
Account payables		7,232,259	4,416,038
Deposits received and accruals		67,440	-
Receipts in advance		483,517	613,758
		7,783,216	5,029,796
Net current assets		266,217	590,875
Total assets less current liabilities		266,217	590,875
Net assets		266,217	590,875
General fund		266,217	590,875

The financial statements were approved and authorised for issue by the board of directors on 21 September 2018:



Yip Wai Kwong, Felix
Chairman



Mak Nin Fung
Secretary General

THE HONG KONG BASEBALL ASSOCIATION LIMITED _____ 9

STATEMENT OF CHANGES IN FUNDS

For the year ended 31 March 2018 (in HK Dollars)

	General fund
As at 1 April 2016	865,158
Deficit for the year	<u>(274,283)</u>
As at 31 March 2017 and 1 April 2017	590,875
Deficit for the year	<u>(324,658)</u>
As at 31 March 2018	<u>266,217</u>

THE HONG KONG BASEBALL ASSOCIATION LIMITED _____ 10

STATEMENT OF CASH FLOWS

For the year ended 31 March 2018 (in HK Dollars)	2018	2017
Cash flows from operating activities		
Deficit before taxation	(324,658)	(274,283)
Adjustment for:		
Bank interest income	(905)	(705)
Operating deficit before changes in working capital	(325,563)	(274,988)
Increase in account receivables	(585,665)	(3,624)
(Increase)/decrease in deposits and prepayments	(153,216)	123,541
Decrease in receipts in advance	(130,241)	(12,959)
Increase in account payables	2,816,221	577,337
Increase in deposits received and accruals	67,440	-
Net cash generated from operating activities	1,688,976	409,307
Cash flows from investing activity		
Bank interest received	905	705
Net cash generated from investing activity	905	705
Net increase in cash and cash equivalents	1,689,881	410,012
Cash and cash equivalents at the beginning of the year	5,352,920	4,942,908
Cash and cash equivalents at the end of the year	7,042,801	5,352,920
Analysis of cash and cash equivalents		
Bank balances and cash	5,710,873	4,021,128
Fixed deposits	1,331,928	1,331,792
	7,042,801	5,352,920

Introduction of 2018-2020



Mr. Philip LI
President
李永權先生
會長

- Mr. Li was awarded Secretary for Home Affairs' Commendation and Chief Executive's Commendation for Community Service
- Mr. Li is current member of Venues and Facilities Development Advisory Panel of Sports Federation & Olympic Committee of Hong Kong, China
- Mr. Li is a founding member of Hong Kong Baseball Association
- Mr. Li was member of: Community Sports Committee, School Sports Promotion Working Group, Festival of Sport



Mr. FAN Chun Wah Andrew, JP
Chairman and Director of
Community Relations
范駿華先生, JP
主席兼任社區關係總監

- Joined the Association as the Treasurer since October 2017
- Mr. Fan has been playing baseball since childhood
- Deputy Head of Delegation of Hong Kong National Women's Baseball Team to the Women's Baseball World Cup in 2006
- Chairperson of the Organizing Committee of XII BFA East Asia Baseball Cup 2018 that was hosted by Hong Kong



Mr. AU Hok Leung Sean
Vice-chairman (Elite Training) and
Director of Women's Elite Training
區學良先生
副主席 (精英培訓) 兼任女子精英組總監

- Sean joined the Association as a director since 2006
- He has been coaching Hong Kong National Men's Baseball Team since 1997
- Registered HKBA Level 2 Baseball Coach



Mr. LEUNG Tak Kwong Joseph
Vic-chairman (Promotion & Project)
梁得光先生
副主席 (推廣及項目)

- Mr. Leung joined the Association as a director since 2014
- Chairman of Lai Chi Kok Baseball Club
- Registered HKBA Level 1 Baseball Coach
- Qualified WBSC Technical Commissioner for Baseball



Mr. NG Kwong Yuen Patrick
Vic-chairman (Games)
吳光遠先生
副主席 (賽事)

- Mr. Ng joined the Association as a director since 2016
- Vice-chairman of Aberdeen Baseball Club
- Registered HKBA Level 3 Baseball Umpire
- WBSC Certified International Baseball Umpire (U-18 Category)



Mr. Dave HO
Secretary General
何迪夫先生
秘書長

- Mr. Ho was appointed as one of the Organizing Committee members in the XII BFA East Asia Baseball Cup 2018 that was hosted by Hong Kong



Dr. LAM Ho Yi
Treasurer
林顯伊博士
司庫

- Dr. Lam was appointed as one of the Organizing Committee members in the XII BFA East Asia Baseball Cup 2018 that was hosted by Hong Kong



Mr. LUI Chun Pong
Financial Controller
呂振邦先生
財務監督

- Mr. Lui was appointed as one of the team officials in Hong Kong National Women's Baseball Team to the Women's Baseball World Cup in 2006 and 2014 respectively
- Registered HKBA Level 1 Baseball Coach between 1998 and 2005

Board of Directors



Mr. AU Wing Leung Jose
Director of Coach Development
區穎良先生
董事，教練培訓總監

- Jose was one of our Hong Kong Team players
- He joined the Association as a director since 2006
- He has been appointed as the Head Coach of Hong Kong National Women's Baseball Team since 2004
- Coach of Sham Shui Po Baseball Club
- Registered HKBA Level 1 Baseball Coach



Mr. CHAN Sze Leung
Director of Venue & Facility
陳仕良先生
董事，場地設施總監

- Sze joined the Association as the convenor of Coach Pitch League in 2018
- Registered HKBA Level 1 Baseball Coach
- Registered HKBA Level 3 Umpire
- Volunteer in Astros Baseball Club



Mr. CHAN Tsz Yeung Raymond
Director of Men's Elite Training
董事，男子精英組總監

- Raymond was one of our Hong Kong Team players
- He was elected as one of the directors in the term of 2006-2008 and 2008-2010
- One of the coaching staff in HKBA Elite Coaching Team
- Coach of Sham Shui Po Baseball Club
- Registered HKBA Level 1 Baseball Coach



Mr. CHEUNG On Kiu
Director of Open League
董事
公開組賽事總監

- Mr. Cheung was one of our Hong Kong team players
- He was elected as one of the directors in the term of 2014-2016
- He is one of the coaching staff in HKBA Elite Coaching Team
- Coach of West Kowloon Baseball Club
- Registered HKBA Level 1 Baseball Coach



Mr. LEUNG Ka Ho Sam
Director of Schools Sport Promotion
梁家豪先生
董事
學校推廣組總監

- Sam is one of our Hong Kong National Men's Team players
- He was nominated as one of 28 players to receive Athlete Grant under the scheme of "Five-Year Development Programme for Team Sports"
- Coach of Sham Shui Po Baseball Club
- Coach of Yan Chai Hospital Wong Wha San Secondary School
- Registered HKBA Level 1 Baseball Coach



Mr. PUN Wo Sau Baron
Director of Youth's Elite Training
董事
青少年精英組總監

- Baron is one of our Hong Kong National Men's Team players
- He was nominated as one of 28 players to receive Athlete Grant under the scheme of "Five-Year Development Programme for Team Sports"



Mr. WONG Ki Jonathan
Director of Umpire Academy and Umpire-in-Chief
黃期先生
董事
裁判學院總監兼任裁判長

- Jonathan was elected as one of the directors in the years of 2004-2006 and 2010-2018
- Registered HKBA Level 2 Umpire
- WBCS Certified International Baseball Umpire (U-18 Category)



"Phoenix Cup 2019"

WBSC Hong Kong International Women's Baseball Tournament

"Phoenix Cup 2019" WBSC Hong Kong International Women's Baseball Tournament (Phoenix Cup 2019) was held on 22-25 February 2019.

The Phoenix Cup 2019, organised by the Hong Kong Baseball Association, subvented by the Home Affairs Bureau (Arts & Sport Development Fund) and the Leisure and Cultural Services Department, sanctioned by World Baseball Softball Confederation (WBSC). This is the 11th edition of the event, there will be a total of 9 teams to compete for the championship this year, including teams from China (3 teams), Guam (2 teams), Japan (2 teams), Singapore and Hong Kong national team.

Amoy Nanguang Girl Baseball Team, China, Bottomed Out, Guam, Far East Bloomers, Japan, Lady Regals, Guam, Shanghai Ossen Dumbo Baseball Club, China, Shenzhen RG Baseball Team, China, Singapore Panthers, Singapore, Venus Youth, Japan and Hong Kong Allies.



Final Rankings & Awards

Team Awards

Champion	Venus Youth, Japan
1st Runner-up	Far East Bloomers, Japan
2nd Runner-up	Lady Regals, Guam
3rd Runner-up	Shanghai Ossen Dumbo Baseball Club, China
Merit Award (5th)	Hong Kong Allies
Sportsmanship Award (6th)	Bottomed Out, Guam
Best Team Spirit Award (7th)	Shenzhen RG Baseball Team, China
Passionate Team Award (8th)	Singapore Panthers
Energetic Team Award (9th)	Amoy Nanguang Girl Baseball Team, China



Individual Awards

Best Coach	Iwami Masaki, Venus Youth, Japan
Best Pitcher	Yamazaki Urara, Venus Youth, Japan
Most Home Runs	Lau Tsz Chin, Hong Kong Allies
Most Hits	Rokkaku Ayako, Far East Bloomers, Japan
Most Stolen Base	Lau Tsz Chin, Hong Kong Allies
	Mui Wing Ki, Hong Kong Allies
	Yang Ching Fei, Singapore O

Most Valuable Player (in alphabetical order of country/region's and team's name)

Amoy Nanguang Girl Baseball Team, China	Ye Cia Qing
Shanghai Ossen Dumbo Baseball Club, China	Zheng Yi Qi
Shenzhen RG Baseball Team	Zhang Xinlan
Bottomed Out, Guam	Paulina Quintanilla
Lady Regals, Guam	Sherika Cabrera
Hong Kong Allies	Cheuk Woon Yee Sinney
Far East Bloomers, Japan	Kametani Narumi
Venus Youth, Japan	Urara Yamazaki
Singapore Panthers	Eileen Goh

Acknowledgements

FANCL (Silver Sponsor)
Fulum Group
Energy Watt
Malee
Home Affairs Bureau (Arts & Sport Development Fund)
Leisure and Cultural Services Department
World Baseball Softball Confederation





Photos: Takumi Photography

LAI SUN GROUP Presents

WBSC Hong Kong International Baseball Open 2018



The LAI SUN GROUP Presents WBSC Hong Kong International Baseball Open 2018 ("HKIBO 2018", in Chinese "麗新集團冠名贊助 WBSC 香港國際棒球公開賽 2018"), organised by the Hong Kong Baseball Association, title-sponsored by LAI SUN GROUP, subvented by the Home Affairs Bureau (Arts & Sport Development Fund) and the Leisure and Cultural Services Department, sanctioned by the World Baseball Softball Confederation ("WBSC").

This is its seventh edition. The tournament was held on Sai Tso Wan Recreation Ground and Lion Park Baseball Field from 14 December to 17 December.

A four-day tournament with two playing pools: three national teams and four club teams to compete for the championship title under different pools.



Final Rankings & Awards

Team Awards

• National Teams Pool

- Champion Team Hong Kong (HKG)
- 1st Runner-up Team Singapore (SGP)
- 2nd Runner-up Team Russia (RUS)

• Club Teams Pool

- Champion Hong Kong Blue (HKB)
- 1st Runner-up Ateneo Blue Eagles, Philippines (ATN)
- 2nd Runner-up Sydney University Baseball Club, Australia (SDU)
- 3rd Runner-up Brett Baseball Team, Chinese Taipei (BRT)

Photos: Takumi Photography



Individual Awards

• National Teams Pool

Best Coach	Tsang Kin Chung of Team Hong Kong
Most Winning Pitcher	Mok Chun Pui of Team Hong Kong
Most Hits	Pun Wo Sau of Team Hong Kong
Most Stolen Bases	Tan Chyi Tat, Joseph of Team Singapore
Most Valuable Players	Wan Cheuk Yam of Team Hong Kong Tan Chyi Tat, Joseph of Team Singapore Rodion Sinenko of Team Russia



• Club Teams Pool

Best Coach	Cheung On Kiu of Hong Kong Blue Team
Most Winning Pitcher	Leung Chung Hei of Hong Kong Blue Team
Most Home Runs	Nicholas Doller of Sydney University Baseball Club Leung Ho Nam of Hong Kong Blue Team
Most Hits	Matthew Holliday of Hong Kong Blue Team
Most Stolen Bases	Patrick Glover of Sydney University Baseball Club
Most Valuable Players	Leung Yu Chung from Hong Kong Blue Team Conrado Banzon from Ateneo de Manila Blue Eagles Mitchell Liddle from Sydney University Baseball Club Hung Wei- Chih from Brett Baseball Team



Acknowledgements

- LAI SUN GROUP (Title Sponsor)
- Fulum Group
- ER Esports Academy
- Home Affairs Bureau (Arts & Sport Development Fund)
- Leisure and Cultural Services Department
- World Baseball Softball Confederation





Photos: Takumi Photography





18th Asian Games

Team Manager 總教練

VALCKE Thomas John

Coaches 教練

AHEARNE Patrick Howard
AU Hok Leung 區學良
CHEUNG On Kiu 張安橋

Sports Therapist 運動治療師

MAK Ka Wing 麥嘉榮

Players 球員

CHAU Gordon Chun Ming 周浚銘
CHENG Hoi Ting 鄭鎧霆
CHIU Chi Kam Kenneth 趙嗣淦
HOLLIDAY Matthew Andrew
KWOK Ching Connor 郭靖
LEUNG Chung Hei 梁仲熙
LEUNG Ho Nam 梁皓男
LEUNG Ka Ho Sam 梁家豪
LI Wing Sing 李永陞
LIU Ho Yin 廖浩延
LO Ho Lam Andy 盧灝霖
MA Hon Man Ashley 馬翰文
MOK Wing Tung 莫穎東
PUN Wo Sau 潘禾脩
TAM Ho Yin Benny 譚浩賢
TSANG Kin Chung 曾健忠
TSUI Long Hei Spencer 徐朗晞
WAN Cheuk Yam 溫爵鑫
YEUNG Kun Hin 楊貫軒
YU Kam To Michael 余鑑滔
YUEN Chun Pang 袁鎮鵬
YUNG Tsun Wai 翁浚暉

【亞運會 2018】亞運奇蹟給香港棒球的啟示

01 體育 撰文：潘思維

「至少讓我們練習」

「晒草灣棒球場係前人打番嚟。」這句話，上過晒草灣打球的人，一定聽過。

「你們還會繼續報導棒球嗎？」這句話是香港棒球員向我說。

香港隊棒球隊於雅加達亞運取得史上最佳的第 6，但他們清楚知道，回到香港，所有事情都變回亞運前——比賽不夠 10 場、現場沒觀眾看、棒球不再受關注、練習時間變回短短 90 分鐘。

亞運過了，掌聲遠去，like 和 share 如浮雲，香港棒球還是要正視問題所在。

香港 01 記者潘思維 雅加達直擊棒球隊的亞運告結了，行程之中，網絡上有不少人「share」港棒新聞，特別是在勁旅韓國手上由何華生打出全壘打一役，成為日韓台棒球界一時佳話，網民更以「外賣仔大戰大師兄」形容這場比賽。

筆者在雅加達經歷幾場棒球比賽，先由現場觀眾說起，除了香港「媽咪團」到場打氣，現場還有印尼市民觀看港隊比賽，這令筆者感到出奇。印尼觀眾說：「我們喜愛看運動，什麼都會看，我們不懂打棒球，只是覺得棒球幾特別。」雅加達亞運不少安排教人氣結，但令人高興的是，無論什麼項目，都有印尼市民觀戰，即使明知該目不是印尼強項，他們仍會入場，看到自己的選手「包尾」，仍然大叫「Let's go Indonesia」。這就是香港需要的體育文化，而不是將香港運動員貶得一文不值，或者有獎牌才是運動員。印尼人在亞運展現了「撐」這個字的意義，於棒球員來說，感受更深，因為他們在晒草灣打球，面對的只有冷清的場面。

早在去年全運會，《01 體育》出了一篇文章，關於港棒歷史性奪全國第 7 名，但在面書專頁上，第一個留言是「垃圾，香港棒球正垃圾」。這句是侮辱，但也發人心省。老實說，香港棒球實力真的很弱，不敵韓國當日，韓國傳媒以「初中生水平」形容港隊，被港將何華生吸引而到場採訪港隊的日本棒球記者阿佐智坦言：「說實話，你們香港隊，只有我們日本的高中的水平。」不過，日本高中生總比韓國的初中生強，阿佐的形容也比較適合。亞運前，部份港棒成員到日本跟當地大學生熱身賽，最後慘敗而回，這正是香港棒球隊現有的實力；但今次亞運，有一項數據值得高興：他們在最終奪金的韓國身上拿下 3 分、打下 8 支安打，我相信日本高中生未必做到。

港隊力足跟韓國打至 9 局，但可被巴基斯坦 7 局「扣倒」，證明港隊比賽表現不夠穩定，這或與香港棒球比賽密度不夠有關。雖然他們在「Little League」即 16 歲前，每周都有比賽；但 16 歲後的甲組聯賽，根據 2017/18 賽季，只得 6 支隊伍，每隊每季於首輪只有 5 場比賽，這樣低密度的比賽情況，球員實在難以保持穩定水準。



「來到日本，我們最少每周兩次比賽。」到了日本讀高中的香港球員溫子賢說。17 歲的他所讀的日章學院，是一間棒球強校，今年只差一步就進入全國大賽（夏季甲子園），有如此成績，足夠練習和比賽肯定是因素之一，他每天訓練最少 5 小時，每周兩賽，累積一定比賽經驗，心理質素更加不用說，這就是日本高中「球兒」生活。相反香港的棒球員，在 16 歲進步最快的時候，因場地所限，晒草灣平時只能開放到晚上 8 時，港隊只能使用 90 分鐘，香港本身棒球人口基數不足，加上種種外來限制，那夠日本記者聽完說：「這種環境下，還能打出這樣水準，很不錯了。」

上段說到日本高中生，如果不可以比較，我們又看看敗給港隊的印尼，這時當地一名棒球愛好者和高中生同樣說出：「雅加達最少有 50 間學校有棒球隊，平時高中聯賽的比賽都有 100 人看。」我們又看看，香港的學界賽事，觀塘瑪莉諾退出後，男子組只有 7 間學校參賽，對增加棒球人口幫助不大，就連小朋友的興趣班也不多，不像足球般較易接觸，我們在香港要接觸棒球，真的講緣分的嗎？

亞運棒球隊表現出色，有賴班底多是未投身社會的大學生、以及甘為棒球放棄正職的熱血之士，就算有正職在身，假期和生活也要遷就練習和出國比賽，他們才能打出驚喜，外野手 / 投手李永陞從亞洲盃開始到亞運都有出色表現，他在亞洲盃前已經沒有全職工作，直到亞運賽後，他說：「亞運完了，第一時間要找全職工作，不知能否繼續打棒球，希望打到吧。」這就是沒有受薪的香港運動員所面對的困境，而且不止於棒球這個項目。

「幸好今次我們加入 5 年計劃，今次亞運有個好開始，首先想爭取更多練習時間，還有改善獅子山公園棒球場的設備。」教練區學良說。除了亞運前的關鍵時間，香港棒球隊沒有優先權租用晒草灣棒球場，他們不是想在地少人多的香港再興建新的棒球場，他們只想爭取自己應該擁有的，增加練習時間。

區學良總結整個亞運之旅，說是「奇蹟」，了解上述情況，場地不足、人才不足、社會環境影響下，香港棒球隊能夠以第 6 名結束，的確是奇蹟，但希望 4 年後的杭州亞運，不再是奇蹟，是該更上一層樓，這需要香港傳媒和市民支持，但願有天在晒草灣有球迷高呼「We Are Hong Kong」，令棒球隊看到希望。



Women's Baseball World Cup

女棒世界盃戰報

2018. 8. 22-31 Viera, Florida, USA

文字：Bryan Chan & Media 圖片：區可盈

Hong Kong 8-5 Cuba 香港 8-5 古巴

After a historic win for Hong Kong men's baseball team at the Asian Games, the women's team have also scored their first win in this Women's Baseball World Cup campaign!

Neither teams could score any runs until the 4th inning. Hong Kong scored 2 runs in the top of the 4th but Cuba came back with 4 runs in the bottom.

Going into the 7th inning trailing 3-5, Hong Kong batters showed great composure under pressure. They were able to score 5 runs in a 2-out situation. In the bottom of the 7th, Hong Kong pitcher Hung Yik Shan, who pitched for the whole game, were able to secure the win under pressure.

Hong Kong will have a rest day today. The next round will start in the following day. Go Hong Kong!

#HKWomensBaseball #GoForTheGoal
#WomensBaseball #WorldCup

繼香港男子隊取得亞運首勝後，遠在美國的女子隊亦在世界盃取得勝利！實在是香港棒球值得慶祝的一天！

兩隊在比賽頭三局以 0 - 0 打成平手。進入第四局上，港隊在多支安打下取得 2 分，不過在四局下古巴連奪 4 分反超前。

港隊以落後 3 - 5 的情況下進入第七局。在滿壘、兩出局的情況下，第六棒卓堯爾擊出一壘安打，比數追成 5 - 5。

其後再次出現滿壘，第八棒張丹莉擊出左外野深遠的接線二壘安打，一口氣取得 3 分，令港隊以 8 - 5 完成七局上。

七局下古巴作出反擊，在兩出局下連續擊出兩支安打，幸好港隊投手心情沒受影響，保持比數至完場，最後成功取得本屆第一場勝仗。今場香港先發投手洪亦珊完投七局，表現十分穩定。各位球員在極大的壓力下仍然表現出應有水準，發揮團隊精神，一分一分地爭取。

港隊今天休息，其後會進行下一輪賽事。香港加油！

香港女棒 # 女棒世界盃

Final standings

#	Team
1	 JPN
2	 TPE
3	 CAN
4	 USA
5	 VEN
6	 DOM
7	 AUS
8	 CUB
9	 PUR
10	 KOR
11	 HKG
12	 NED

Team manager

AU Wing Leung 區穎良

Coach

LEUNG Yu Chung 梁宇聰
MIYANO Tomonori 宮野友宣

Trainer

KOIDE Kae 小出加會

Physiotherapist

CHIU Ho Lam 趙浩琳

Players

AU Ho Ying 區可盈
AU Kit Yi Kitty 區潔儀
CHAN Sze Kei 陳詩琪
CHEUK Woon Yee Sinney 卓堯爾
CHEUNG Tan Lee Dannii 張丹莉
CHEUNG Wai Yee Vivien 張慧怡
FUNG Siu Ping Emily 馮笑平
FUNG Ting 馮婷
HO Tsz Wai 何芷蔚
HUNG Yik Shan 洪亦珊
IP Shu Wan 葉書韻
KWAN Man Hoi 關文凱
LAM Yee Wan 林依韻
LAU Janice Chi Kay 劉旨琦
LAU Tsz Chin 劉芷芊
LAW Ka Man Evelyn 羅嘉敏
LEUNG Ka Yan 梁家恩
LEUNG Wing Yan 梁穎欣
LUI Chee Ar 雷芷雅
MAK Debby Su-Yee 麥雪兒
MUI Wing Ki 梅詠祺
NG Wing Hin 吳詠軒
TSE Cheuk Lam Andrea 謝卓霖
WONG Yin Wah 黃妍燁
WONG Ying Huen 黃滢瑄



2018 臺北城市盃 青少年棒球錦標賽

2018 Taipei AA Baseball Invitational Tournament



由臺北市政府體育局主辦，臺北市體育總會棒球協會承辦。旨在發展全民運動，提昇學生棒球技術水準、普及棒球運動人口、增進國際體育交流。

參賽球隊共 32 隊，包括臺北市及各縣、市球隊等 21 隊及日本、韓國、香港等各國城市隊伍 11 隊。

賽事於 2018 年 12 月 22 日起至 2018 年 12 月 26 日在臺北市天母棒球場、新生公園棒球場、觀山 D、E 棒球場舉行。



圖片：Nicky To



球員感想

麥有晟

今次 U15 臺北城市盃青少年棒球錦標賽對於我是個新嘗試也有豐富的感受。比賽同組有亞軍隊日本豐田和其他台灣地區隊伍，雖然實力還是很懸殊，但卻感受到我們香港隊和他們拉近了，並不像一如既往被臺灣強隊壓倒勝。開心的是能夠和一班隊友享受每一場比賽，最難忘的無疑是城市盃第二場比賽，這場比賽原本我地都想取得一勝，我們和對手大理國中到第四局都是 2-2 平手，但是我們在港的比賽經驗及訓練都不及台灣本地球隊，引致之後被對方拉開比數。

之後我們完了城市盃，去到宜蘭縣和三星國中進行友賽，比賽開局我們入局比較慢，所以有許多失誤，之後我們入了局，剛好對方換了一個我們較易應付的投手，我們便慢慢收復失地，可惜我們比賽經驗不足，導致取不到這場比賽的勝利。最後我要多謝教練團、領隊和隊友們，為我帶來一個豐富的旅程同棒球知識。

連啟君 Clement

我參加了三年這個比賽，今年已經係最後一年參加了。今年賽事也有一些新隊友加入 U15 球隊。今年我認為今年成績都十分不錯而我認為自己在投手上表現十分理想，在面對日本豐田，大理高中和成德高中下，我成功將失分率降到最低。而我在打擊方面對球隊的貢獻未如理想之後需然去外國讀書但我回 keep 往練波。

岑展銜 Julio

這次台北 8 天的旅程中，我們總共打了五場比賽，我們全部都輸了。第一場的比賽中，我最能體驗到水平的差距，就是對日本豐田的比賽。一得知要與他們打比賽，隊友們都十分驚訝，更絕望地說人家是上年冠軍，我們一定被大炒。雖然預期與結果一樣，但我們從中看見對方在技術上，心態上得不同。而最後兩場友誼賽，是刻意安排予我們的。我深深看得見台灣棒球文化，高中都能有一個不差的水平，證明他們每一天都與棒球離不開才会有今天的成果。我在各場比賽中都有大大小小的失誤，令球隊失分。我不能給予自己任何藉口逃避現實，是技術水平低就是低，能夠做的是加緊訓練。我一定要好好調整好心態上和技術上德的問題才能進步，否則只會原地踏步，繼而退步。希望能夠為一切打好基礎，去迎接未來一場又一場的比賽。

陳思宇

首先要感謝棒球總會給予我這個寶貴機會去代表香港去出外比賽，在今次過程中獲益良多。雖然我們今次比賽結果未如理想，亦體驗到外國球隊的厲害，實力上的差距。而有一場比賽對台灣北市大理國中，前幾局我們打成平手，但最後體力不繼，最終落敗。這場比賽印象深刻，令到回港後會加強練習，加強自身水平。除了比賽外，我們亦都到台東宜蘭參觀三星國中和三星鄉的三星蔥的博物館，認識三星蔥的歷史和文化，加強認識其他文化。今次比賽獲益良多，獲得大量比賽經驗，希望以後仍有機會再代表香港比賽。

黃浩哲 Oswin

這一次是我最後一年的 15U 比賽。經過了七日嘅旅程，雖然拿不下一場勝利但比賽的過程都是十分的緊張。從這個比賽中好明顯地顯出我們跟其他隊伍實力水平相差很遠。我覺得我們最需要加強的是我們的打擊，從我們的賽事的分數顯出我們的進攻還不夠。不過我們的防守也，不是很好，我們的投手的球速也不夠其他台灣與日本隊的投手快，準成度也不夠其他隊好。所以我們應該加緊練習預備下一次賽事。我也很感謝棒球總會安排的行程令我們更加了解台灣的文化例如去宜蘭參觀三星國中的學校和嘗試玩拔河。這一次是我第一次玩拔河，這一次令我感受到原來拔河是很難玩的。

馮安生

今次的大賽於聖誕假期期間舉行，而出發時間就在 12 月 20 日的晚上。

在到達台灣的第一晚已經是上十一時了，在辦完入境手續和入住酒店的車程後，已是一時左右了。所以梳洗完畢便去睡了。

第二天，我們進行了第一課操練，但狀況並不是很好。然而更壞的消息是隊中的主投身體不適，所以我對即將舉行的比賽非常擔心。而在午餐後，我們到天母參加開幕典禮。在開幕典禮後，便回酒店休息，準備明天的比賽。

第三天，是第一場比賽的日子，而對手是來自日本的豐田隊。但我一開局便失了 7 分，完全反映了我控球的問題。最終以 15 比 1 完結了比賽。

第二場比賽，對手是北市大理。這場是最精采的一場了。首四局打成 2 比 2 平手，可惜的是第五局被對方拋開，終以 7 比 2 完場。

第三場，對上成德高中，可以享受天母棒球場的一場，但可能因天雨的關係，我們的投手投得不太好，終以 14 比 1 完結。

第六天，是交流賽的日子，我們打了一場不錯的比賽，雖然守備上仍然有不足之處。又以 7 比 2 完場。

第七天，我們去製造陶瓷和觀看冠軍戰，冠軍戰可緊張了，由豐田對韓國京畿道，最後豐田以一分飲恨。

第八天，我們出發宜蘭並打了一場交流賽，對方的打擊方法，力量和技術非常值得我們學習。最後我們以 15 比 8 完場。

最後一天，我們到了他們的學校參觀一下，並和他們的女子拔河隊拔河，他們的力量可大了，根本大得可怕。然後我們便出發機場回港了。

球隊成員：

領隊：杜佩綺

教練：吳毓明、李易昇

球員：陳暉輝、陳浩熙、陳浩賢、陳國璽、陳思宇、馮安生、賴卓南、連啟君、麥有晟、岑展銜、黃浩哲、黃光寶、黃睿鋒



Hong Kong-Guam U15 Baseball

LCSD FUNDING SCHEME FOR YOUTH SPORTS EXCHANGE 康文署資助青少年體育交流計劃

Coaches Cheung On Kiu 張安橋
Ng Yuk Ming 吳毓明

Players Chan Brayden Kae Lok 陳琪諾
Chan Ho Yin Paco 陳浩賢
Chan Sze yue 陳思宇
Chan Sze Yui 陳思睿
Chen Hui Hui 陳暉輝
Cheng Yu Hin 鄭宇軒
Fung Anson 馮安生
Ku Cheuk Wai 顧倬璋
Lai Cheuk Nam 賴卓南

Lee Lap Hei 李立晞
Lee Siu Fung 李紹鋒
Leung Ka Chun 梁家俊
Li Wing Hin 李榮軒
Mak Yau Shing 麥有晟
Ong Tin Long 王天朗
Wong Yui Fung 黃睿鋒





Exchange Programme

7-13 Feb 2019, Guam

Acknowledgements

Leisure and Cultural Services Department (LCSD)

Guam Amateur Baseball Association

Alupang Beach Club

Guam Major League, Inc.



Photo credit:

Guam Amateur Baseball Association

Ng Yuk Ming



Hong Kong-Mexico U12 Baseball Exchange Programme

LCSD FUNDING SCHEME FOR
YOUTH SPORTS EXCHANGE
康文署資助青少年體育交流計劃
11-17 Feb 2019 Mazatlan, Mexico



Acknowledgements

Leisure and Cultural Services Department (LCSD)
Centro Deportivo Y Recreativo Benito Juárez de Mazatlan



姓名: 陳浩輝

第一天 我們到了墨西哥 第一天，我們
的早上 我們去了海邊 我們去海邊觀看
的早上 我們去了很多餐廳
第二天早上 我們去采口 然後去吃午餐
第三天 我們早上去行山 然後去吃午餐
大老遠 因為他住得遠 所以不用去早上的
訓練 第二天 我們去訓練 第二天早上
我去跑步 然後會何永基 和代興
去帶東西 第五天早上 一位邊邊帶的
然後我們去游泳 第六天 我們
我們去水方 我們去打壘球
能拍很多水 第七天 我們去打壘球
第八天和第九天 我們打了比賽 然後第十天 我們
去香港了 這次努力 我們真開心
快快樂樂。

姓名: 莫子豪

我們開始 坐了近兩天的飛機 第一日 我
們落地 就馬上到我們住的酒店 在利華地
的棒總 高層層 一起吃早餐 到了中午 我們到
當地的海灘 遊玩和拍照 第二天 是我們第一
次的訓練 第三天早上 我們去登了一座很高的山
訓練 下午我們去游泳 第四天 我們一個個跑步
到地家 游泳和吃甜品 第五天 當然棒總 高層請我們
下午我們打了比賽 輸了 第六天 我們在游泳池 曾
們有一個閉幕禮 第七天 我們也有比賽 下午我
們去游泳 第八天和第九天 我們都回港了
今天我很開心 可以去了香港 和
地。

日期: 何秋昌

第一天, 我們到墨西哥, 我們一起到海邊去游泳
的風景, 真的好好看! 第二天我們一起起和大
佬吃飽, 真好! 吃極了!

第三天, 我們到墨西哥最高的山, 登山!
第二天, 我們到墨西哥最高的山, 登山!
第三天, 我們到墨西哥最高的山, 登山!

第四天, 我們到運動場跑步, 但很累
很累! 第五天, 我們走到游泳池玩水, 真的是好玩
極了! 第六天, 我們去比看水下動物和陸地
動物表演, 真的是有趣極了! 還有關不盡的
動物表演, 真的是有趣極了! 第七天,
都是打比賽!

第八天, 我們到墨西哥最高的山, 登山!
第九天, 我們到墨西哥最高的山, 登山!
第十天, 我們到墨西哥最高的山, 登山!

最後, 我們到墨西哥最高的山, 登山!
最後, 我們到墨西哥最高的山, 登山!

最後, 我們到墨西哥最高的山, 登山!

日期: 羅仕德

第一天, 我們去海邊看海, 在海邊游泳
中, 這比海邊的海, 真的好好看!
第二天, 我們到墨西哥最高的山, 登山!
第三天, 我們到墨西哥最高的山, 登山!

第四天, 我們到運動場跑步, 但很累
很累! 第五天, 我們走到游泳池玩水, 真的是好玩
極了! 第六天, 我們去比看水下動物和陸地
動物表演, 真的是有趣極了! 還有關不盡的
動物表演, 真的是有趣極了! 第七天,
都是打比賽!

第八天, 我們到墨西哥最高的山, 登山!
第九天, 我們到墨西哥最高的山, 登山!
第十天, 我們到墨西哥最高的山, 登山!

最後, 我們到墨西哥最高的山, 登山!
最後, 我們到墨西哥最高的山, 登山!

最後, 我們到墨西哥最高的山, 登山!

最後, 我們到墨西哥最高的山, 登山!

日期: 黃懿

第一天和第二天我們到海邊游泳
的風景, 真的好好看! 第三天我們一起起和大
佬吃飽, 真好! 吃極了!

第四天, 我們到墨西哥最高的山, 登山!
第五天, 我們到墨西哥最高的山, 登山!

第六天, 我們到運動場跑步, 但很累
很累! 第七天, 我們走到游泳池玩水, 真的是好玩
極了! 第八天, 我們去比看水下動物和陸地
動物表演, 真的是有趣極了! 還有關不盡的
動物表演, 真的是有趣極了! 第九天,
都是打比賽!

第十天, 我們到墨西哥最高的山, 登山!
第十一天, 我們到墨西哥最高的山, 登山!

最後, 我們到墨西哥最高的山, 登山!

最後, 我們到墨西哥最高的山, 登山!





姓名 劉澤仁

我們去了墨西哥
 第一天我們到海麗邊散步，第二天我們和教練一起
 吃飯，然後訓練，第二天我們去打了球，然後教練帶我們訓練，
 訓練得很開心。第二天上午，我們跟一位選手教練訓練，下午我們
 又跟教練訓練，一起訓練，第二天我們去墨西哥城觀光玩，教練帶我們
 去遊玩，先在墨西哥城，然後去游泳館，遊完泳後，然後去打籃球，
 然後去騎台打比賽，然後去了圖書館，第二天我們終於
 回家了，在回國途中，跟教練打了場比賽，以他的球技，
 我們可以說佩服的很，教練很關心。

姓名 蘇軍元

第一天，我們去了海麗邊散步，第二天我們和教練一起
 吃飯。第三天，我們去了墨西哥城觀光玩，教練帶我們
 去遊玩，先在墨西哥城，然後去游泳館，遊完泳後，然後去打籃球，
 然後去騎台打比賽，然後去了圖書館，第二天我們終於
 回家了，在回國途中，跟教練打了場比賽，以他的球技，
 我們可以說佩服的很，教練很關心。

姓名 劉澤仁

我們去了墨西哥
 第一天我們到海麗邊散步，第二天我們和教練一起
 吃飯，然後訓練，第二天我們去打了球，然後教練帶我們訓練，
 訓練得很開心。第二天上午，我們跟一位選手教練訓練，下午我們
 又跟教練訓練，一起訓練，第二天我們去墨西哥城觀光玩，教練帶我們
 去遊玩，先在墨西哥城，然後去游泳館，遊完泳後，然後去打籃球，
 然後去騎台打比賽，然後去了圖書館，第二天我們終於
 回家了，在回國途中，跟教練打了場比賽，以他的球技，
 我們可以說佩服的很，教練很關心。

- Coaches** Chiu Chi Kam Kenneth 趙嗣淦
 Leung Chung Hei 梁仲熙
- Players** Chan Hou Hin 陳浩軒 Chan Lok Hei 陳樂熙 Chen Ho Wang 陳浩弘
 Ho Chong Sing Louis 何昶昇 Lai Toi Hing 賴代興 Lau Chak Yan 劉澤仁
 Luk Ue Hong 陸御匡 Ng Tsz Ting 吳子靈 So Kwan Yuen 蘇軍元
 Wong Chi Yin 黃智彥 Wong Wing Sum 黃泳森

Photo credit:
 Erika Chiquete
 Paul Bernal
 Leung Chung Hei
 Kenneth Chiu

棒球嘉年華 @ 中環夏誌

Baseball Carnival @ SummerFest

日期 Date: 14. 7. 2019

時間 Time: 10:00 ~ 17:00

地點 Location: 中環海濱活動空間 (入口近添馬公園)

Central Harbourfront Event Space
(Entrance Near Tamar Park)



香港棒球總會將與 CENTRAL VENUE MANAGEMENT (CVM) 於 2019 年 7 月 14 日 (六) 上午 10 時至下午 6 時於中環海濱活動空間舉辦「棒球嘉年華 @ 中環夏誌」，推廣簡易版棒球運動，在較少的空間以軟式安全器材進行簡易棒球活動，免費入場，活動內容包括：

Hong Kong Baseball Association (HKBA) will co-organize with Central Venue Management (CVM) 'Baseball Carnival@SummerFest' on Saturday, 14 July 2019, 10am to 6pm at Central Harbourfront Event Space. To introduce modified baseball games, play with safety equipment in a smaller area, below please find the programme details.

五人棒球 BASEBALL 5

只需要一個棒球，五對五的行頭版棒球遊戲。

A new five-on-five street version of the game of baseball/softball, all you need is a "Ball" that can be played anywhere.

六人棒球 BASEBALL SIX

以簡易安全的棒球器材，在面積較少的場地（由鑽石形變為三角形），以 Coach Pitch 或 Rolling Tee 的簡易玩法，較少的人數（由傳統九人變為六人），使比賽過程來得緊湊，讓不同年齡層的參加者享受棒球比賽的樂趣，欣賞棒球。

6 players instead of 9. Play in a smaller area (a triangle-shape field instead of diamond-shape) with modified and safety equipment, simplified the game by using Coach Pitch or Rolling Tee, to speed up the game and make it more exciting and enjoyable to everyone.

輪椅棒球 WHEELCHAIR BASEBALL

輪椅棒球在日本、美國行之有年，也有輪椅棒球國際賽，為的就是提供身障者更多休閒活動，讓他們也能體驗運動樂趣。

Has been held in Japan and the United States for many years, they have organized international competitions as well. Wheelchair baseball is an exciting and challenging sport that enable most wheelchair user to compete.

有獎攤位遊戲 BOOTH GAMES AND PRIZES



主辦 Organizer



合辦 Co-organizer



查詢：香港棒球總會 2504 8330 或 電郵 hkbsa@hkolympic.org
Enquiry: Hong Kong Baseball Association 2504 8330 or
email hkbsa@hkolympic.org

2019 簡易運動大賽 — 棒球比賽



2019 簡易運動大賽 — 棒球比賽已於 2019 年 3 月 9 日在石硤尾配水庫遊樂場順利舉行。活動前數天的天氣一直反覆不定，擔心持續大雨影響賽事安排，甚至在比賽當天清晨，大會需考察球場疏水情況是否理想，才可確定比賽如期舉行。各參賽隊伍無懼天氣變幻莫測，依時報到，認真熱身，並於每場賽事中盡力出戰，甚至偶爾需冒雨作賽，各運動員體育精神可嘉。

比賽採用 BASEBALL SIX (六人棒球) 賽例。比賽時限 30 分鐘，30 分鐘後開設新局，積分有效。有效局數為兩局，最多五局。打數限制：比賽設定為六棒一局，一局打一輪，六名擊球員打完後攻守交換，不採三出局制。因此，有機會落場擊打及跑壘的球員數目較傳統 (九人) 棒球為多。

Baseball Six 場地特色

Baseball Six 球場設 3 個壘，分別為本壘、一壘及三壘，呈等邊三角形形狀，三個壘組成的小三角為內野，而一、三壘之後為外野範圍，與內野小三角組合成一個邊距為 120 尺的大三角。相比正規棒球場的 4 個壘及呈扇形的場地，Baseball Six 球員跑壘及回傳球的距離縮短，比賽節奏較快。



比賽禮儀：對賽隊伍於開賽前列隊，互相敬禮。

在運動員席的參賽者十分投入賽事，落地地為場內擊球及跑壘的隊友打氣。



勝出的香港道教聯合會純陽小學同學們表現興奮

領隊老師心聲

- 比賽能提供機會讓學生與友校運動員互相切磋、交流，將平日在訓練班所學的應用於比賽之中。
- 學生學習棒球的日子雖短，但已能掌握基本的比賽規則及模式，需要的正是更多比賽經驗，以實踐和運用策。

因天雨關係，上午的小組單循環初賽數度暫停，幸好下午天公造美，三場決賽皆在無雨的情況下順利完成！最後，冠軍及亞軍分別由香港道教聯合會純陽小學的 B 隊和 A 隊奪得，季軍得主為基督教香港信義會馬鞍山信義學校 2 隊，而殿軍則屬興德學校 2 隊。在此再次恭賀各位得獎者及學校，期待來年再會！

如對學校體育推廣棒球活動有任何查詢，歡迎瀏覽康文署網頁的活動申請指引 (https://www.lcsd.gov.hk/tc/ssp/application_guide.html) 或致電 2601 7609 與鄧小姐聯絡。

轉載自：康樂及文化事務署學校體育推廣小組

62ND FESTIVAL OF SPORT - CARNIVAL CUM OPENING CEREMONY

BASEBALL@SPORT TRIAL

5-7 APRIL 2019 KOWLOON PARK

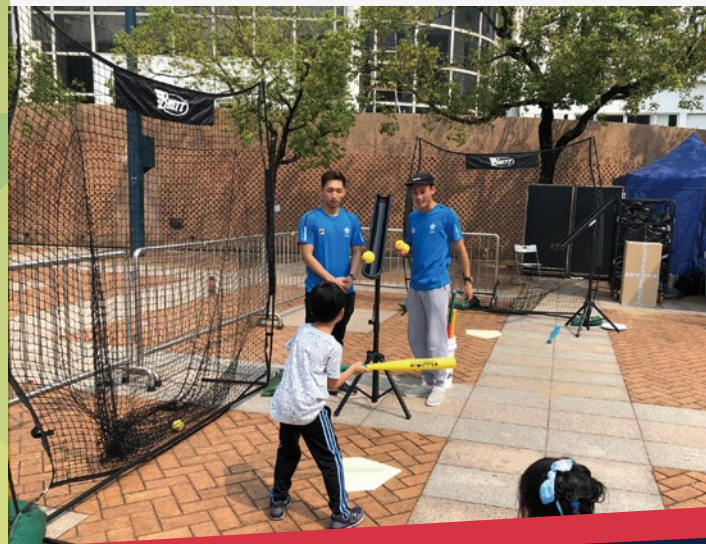
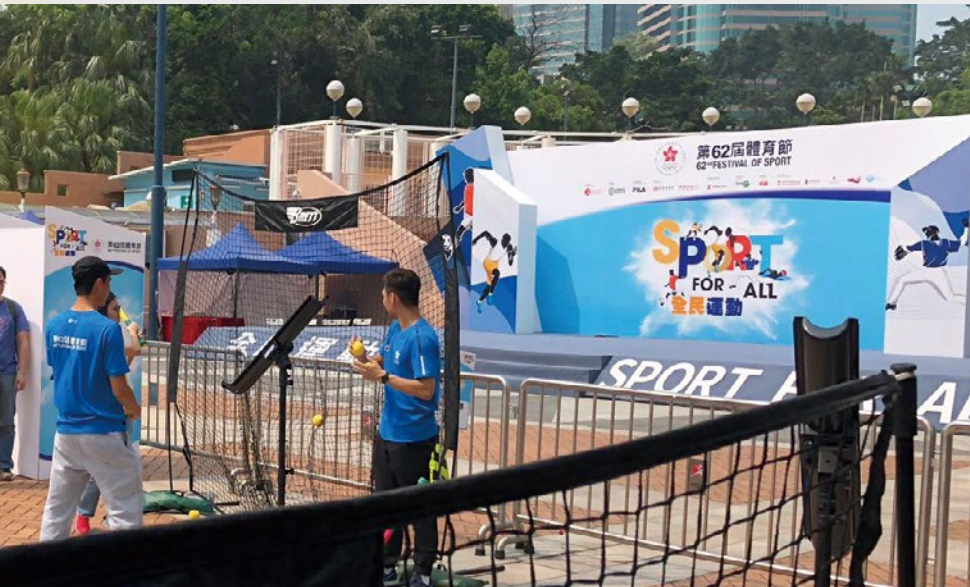
ORGANIZED BY: SPORTS FEDERATION AND OLYMPIC
COMMITTEE OF HONG KONG, CHINA



ACKNOWLEDGEMENT TO THE VOLUNTEERS FOR THEIR EFFORTS IN THE SPORT TRIAL SESSION

- CHAN KIT MAN
- KWOK KA KIN (CUHK PLACEMENT)
- LEI KIT YING
- LUI KING YIN (CUHK PLACEMENT)
- MOK CHUN PUI
- PATRICK CALKINS
- TSANG CHUNG NAM (CUHK PLACEMENT)
- EVENT CO-COORDINATOR: ANDY LO
- PHOTOS: ANDY LO







Level 1 (Elementary) Baseball Coach Certification Program 2018

To meet the development of baseball in Hong Kong, to further extend its promotion to local schools and enhance the professionalism of baseball activities in the community. Hong Kong Baseball Association (HKBA) will organize the third Level 1 (Elementary) Baseball Coach Certification Program 2018 with the support from World Baseball Softball Confederation (WBSC) and the subvention from Hong Kong Coaching Committee. HKBA also invited professional instructors in Sports Science and Sports Psychology to deliver the relevant session. A 6-day programme, starting from 12 October 2018 to 17 October 2018, with 30 learning hours and assessment.





INSTRUCTOR BIO

Peter Caliendo

Instructor for Baseball Specific

- Former USA Baseball National Team Coach
- Former professional coach independent baseball. Has lectured in over 20 countries and 15 states.
- President of Caliendo Sports International and part owner of Coaches Video Library an on line coaches training program.
- An author of instructional book along with having developed a 5 series DVD in coaching.
- National and International speaker on the development of training coaches how to train players properly.
- VP of the international Sports group which for 30 years has educated coaches worldwide. Spoken at the national high school clinic twice.
- Will be presented by the American Baseball Coaches Association (ABCA), largest amateur baseball association in the USA with the meritorious award.

Dr. Jim Luk

Instructors for Sports Theory Fundamental

- Principles of Learning
- Coaching Theory
- Anatomy and Exercise Psychology Skills
- Physiological Adaptations to Exercise
- Motion Principle
- Physical Fitness Testing & Assessment

Freeman Kwok

Instructors for Sports Theory Fundamental

- Prevention and Treatment of Sports Injuries
- Practical: Prevention Exercises for Throwing
- Sports Nutrition and Health

Nathan Yung

Asian Sport Psychology Professional Alliance (ASPPA)

- Introduction of Sports Psychology

Photo credit: Lai Chi Ho, Nicky To



由民政事務局及青年事務委員會資助的 2018-2019 中港青少年棒球交流計劃於 4 月 21 日至 26 日在上海舉行。以「**夢想 • 棒球**」為主題的交流團，除了體驗棒球運動的正規及簡易版玩法，更與壘球隊進行了慢壘比賽，了解棒球壘球的分別。亦參觀了無錫汽車工程學院、寶馬 BEST 無錫培訓基地、特殊學校。透過體育運動的交流，促進香港青年人認識和了解中國國情，以及與內地人民的交流，提高他們的國民身分認同。



圖片：Broya Po、Kay Wong

學生用球棒跳緊棒球操



教練：二級教練馮潔怡、實習教練蒲彥莖

隨隊職員：黃嘉麗

學生：（以姓氏筆劃排序）

方慶輝、王雪盈、朱浩泓、姚凱庭、張偉源、張凱欣、郭芷晴、陳卓穎、陳紀尤、陳穎嵐、陳穎蕎、麥兆笙、黃焯祺、黃紫欣、楊慶靈、葉雅榮、劉政亨、羅依琪、羅震峰

隊際運動

五年發展計劃

背景

隊際球類運動一直是最多學生和青少年參與的運動項目，有助青少年建立團隊精神、溝通互信和健康生活模式。然而，由於隊際運動的運動員人數較多，需要更多資源組織訓練，以推動隊際運動發展。

有見及此，行政長官在 2017 年 10 月宣布開展「隊際運動五年發展計劃」（計劃）。民政事務局自 2018 年 1 月推出計劃，涵蓋亞洲運動會（亞運會）或亞洲冬季運動會（亞冬運）的 8 項 5 人或以上隊際運動項目，即棒球、籃球、手球、曲棍球、冰球、壘球、排球和水球，向 8 個相關體育總會提供額外資助，為香港參戰亞運會或亞冬運制訂和推行培訓計劃，亦為超過 200 名港隊成員提供財政資助。此計劃的目標是協助隊際運動項目循序漸進地提升成績，以及增加日後晉身精英體育項目的機會。

計劃內容

計劃下的相關體育總會須提交年度訓練計劃書，安排每週有系統訓練時數平均不少於 10 小時，每隊會按成年代表隊人數（以亞運會或亞冬運接受最高報名人數為上限）獲得每年 35 或 50 萬元的基本資助額，以用於聘請教練、購置體育或訓練用品和培訓青少年梯隊等。除各階段指定目標外，體育總會亦可自訂目標，如達到這些目標或獲得商業贊助，資助額可獲增加 10-20% 以作獎勵。此外，由體育總會推薦的香港代表隊隊員如出席訓練時數超過 80%，可獲每月獲津貼 4,000 元。

受資助球員名單 (更新於 2019 年 4 月 1 日)

No.	Name in English	Name in Chinese
1	Chan Cheuk Kiu	陳卓喬
2	Chau Gordon Chun Ming	周浚銘
3	Cheng Hoi Ting	鄭鎧霆
4	Chiu Chi Kam Kenneth	趙嗣淦
5	Holliday Matthew Andrew	N/A
6	Kwok Ching Connor	郭靖
7	Lam Lai Him	林禮謙
8	Leung Chung Hei	梁仲熙
9	Leung Ho Nam	梁皓男
10	Leung Ka Ho Sam	梁家豪
11	Leung Yu Chung	梁宇聰
12	Li Wing Sing	李永陞
13	Liu Ho Yin	廖浩延
14	Lo Ho Lam Andy	盧灝霖
15	Ma Hon Man Ashley	馬翰文

No.	Name in English	Name in Chinese
16	Mok Chun Pui	莫峻培
17	Ng Yau Pang	吳有朋
18	Pun Wo Sau	潘禾脩
19	Sze Long Ho York	施朗皓
20	Tam Ho Ki	譚浩其
21	Tam Ho Yin Benny	譚浩賢
22	Wen Tsz Yin Jordan	溫子賢
23	Wong Wai Chun	黃偉晉
24	Yee Ho Tsung	余浩聰
25	Yeung Kun Hin	楊貫軒
26	Yiu Yik Shun	姚亦信
27	Yu Kam To Michael	余鑑滔
28	Yung Tsun Wai	翁浚璋

其他相關資料請瀏覽本會網頁：

https://www.hkbaseball.org/looad.php?link_id=329674



香港男棒主場 出擊亞洲盃東區賽 挑戰東京奧運資格

2018年06月10日 • 莊琬晴 @ UPower

就算奧運路漫長，但對香港男子棒球隊來說，亞洲盃東區賽亞運前一次很好的「前哨戰」。

香港男子棒球隊正積極備戰八月在印尼舉行的亞運會，本月底亦將出戰「第十二屆棒球亞洲盃東區賽」，假如能以首兩名出線，就可以參與明年第29屆亞洲棒球錦標賽，亦是東京奧運外圍賽。香港男子棒球總教練區學良認為，「奧運之路」雖然遠，但可以給予港隊代表一個清晰的目標前進。

主場出戰「棒球亞洲盃東區賽」的香港男子隊，將會面對另外四支對手，包括菲律賓、印尼、新加坡及泰國。香港男子棒球總教練區學良認為，菲律賓將會是港隊的「勁敵」：「從世界排名上，菲律賓在港隊之上，而印尼跟我們接近，至於泰國和新加坡的實力則較低一點。」



譚浩賢將第二次出戰「棒球亞洲盃東區賽」，身為隊長，他直言在主場絕對以冠軍為目標：「希望可以打出自己水準，能發揮自己，從而奪得冠軍。」他最期待的是鬥菲律賓：「我們幾次都輸給菲律賓，但這次我們都整裝待發，把所有訓練做好，從而希望贏他們。」菲律賓隊一直走「美式風格」，亦是球隊的特色，譚浩賢指：「他們一向接受美式教法，力量、速度都比我們好，是一支很強的球隊。」譚浩賢直言未想到取得東京奧運「入場券」：「我自己較著重眼前的事物，專注當下的事情，其他東西就會自然發生。」

「棒球亞洲盃東區賽」前 2 名將入圍第 29 屆亞洲棒球錦標賽，而該項賽事為東京奧運外圍賽，區教練直言奧運對球隊是一傾很遠的路：「雖然這個（入選）機會不會很大，但至少在訓練上，我們有一個清晰的目標去進發，所以絕對是一個鼓舞性的路徑，希望可以晉身首兩名，再取得明年錦標賽的資格，繼而再踏上奧運的方向。」

港隊男棒在過去四、五年都是同一班底作骨幹成員，中間再加入一些新血，但區教練透露今年有一點特別：「今次亞洲盃和亞運會加入了一位擁有香港護照的美國華裔球手 Matthew Holliday，父親是美國人，他一直都有代表香港參加一些小型賽事，今年在美國完成學業，就可以代表香港參加以上賽事，亦將會是他首次參與大型賽事。」





觀塘 (青少年) 棒球會

將軍澳棒球場啟用禮花絮



觀塘 (青少年) 棒球會經過多年努力爭取，獲水務署批准使用將軍澳東下配水庫作棒球場之用。名為將軍澳棒球場位於將軍澳百勝角，2019年1月20日上午10時舉行啟用禮及淘汰賽開球禮。香港棒球總會會長李永權先生及主席范駿華先生出席啟用禮。

訂場查詢：觀塘 (青少年) 棒球會
電話：6477-3699 傳真：2661-1705
電郵：tsedavis1954@gmail.com





相片提供：觀塘（青少年）棒球會



深水埗棒球會
告別19th
迎接20th



深水埗棒球會不經不覺地踏入了第二十二個年頭。球會由當初只有3支少年隊，發展到今時今日共有11支少年隊及5支成人隊。有所謂、創業容易守業難，這十多年間，慶幸球會有一班專業及不計較的教練團隊不辭勞苦地帶領着每一位球員，參與本地及海外賽事作賽，讓球會發展跨進一大步。

同時，感謝一羣義工家長無私奉獻，在後勤不斷地增援！才能讓深水埗棒球會成為熱愛棒球的大家庭。



邊個嘅架？



胡子彤教練呀！

24/11/200



你又認唔認得呢位係而家嘅邊位教練？



留意番，上一行嘅左二，就係我哋嘅「辛教練」



由細到大都咁鐘意訓覺嘅 Benny Sir



飲飲食食是家長義工團的重要環節

無私奉獻 全因有你

深水埗棒球會是一個非牟利組織，本會行政事務、活動策劃、宣傳和聯絡等，都是有賴義工家長們的熱心參與及安排。為了孩子們能享受棒球運動的樂趣，家長們從不計較、群策群力，讓各項活動能順利舉行。本會能屹立至今，家長們的支持與投入，實在無言感激。



專業教練 回饋社會

我們最值得自豪的一點，就是深水埗棒球會擁有一資深教練團隊。而且他們對於棒球的熱愛，騰出他們寶貴時間，透過身教言教向本會小球員們傳承。經過多年發展，目前我們有一批在深水埗棒球會土生土長的教練接班，繼續延續棒球夢想。



昔日的棒球小子，今日已是我們專業的教練



實力非凡 強勢表現

時至今天，本會的棒球小子已超過一百人。由Tball至U16，共有八支熱愛棒球、不怕艱辛、付出了不少時間及汗水的隊伍。雖然在這期間，困難重重、資源短缺，但經過教練們悉心教導及訓練，帶領球員面對困難，加上球員的努力及發揮團隊精神下，在過去幾年，本會也屢獲殊榮，立下佳績，實在令人鼓舞。



年紀雖小，但活力十足，未來的棒球之星就在此



Polar Bears 相信：棒球世界沒有個人勝利，團體合作先要學會用心聆聽。



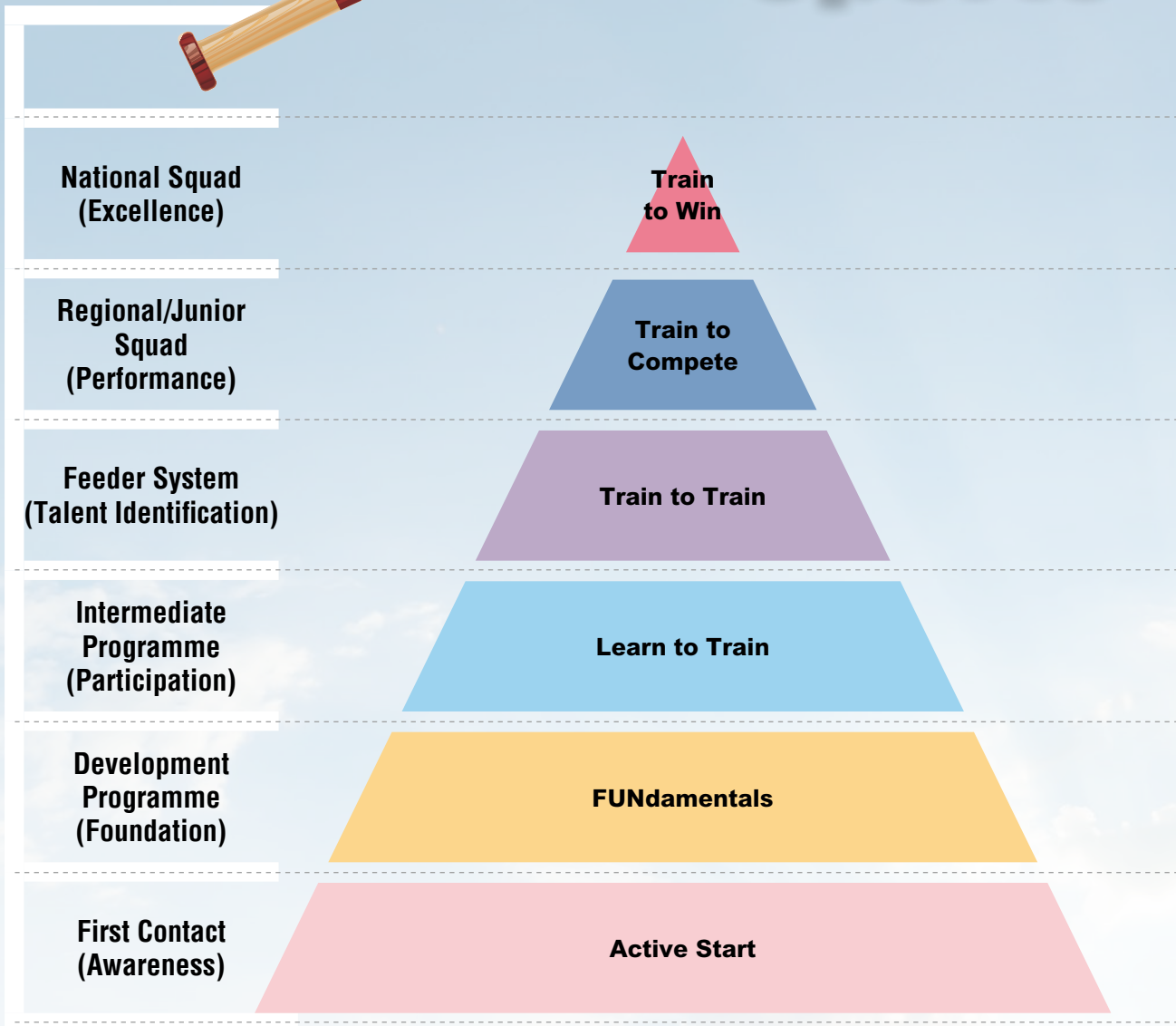
薪火傳承 發熱發亮

未來，深水埗棒球會繼續致力為本港兒童及青少年提供不同的機會，讓他們認識棒球運動，並培育下一代棒球新力軍，為棒球運動發熱發光。期待你們的參與，為棒球運動擊出下一個光輝的廿十年！





Sports



Remarks:

BFA = Baseball Federation of Asia

HKSI = Hong Kong Sports Institute

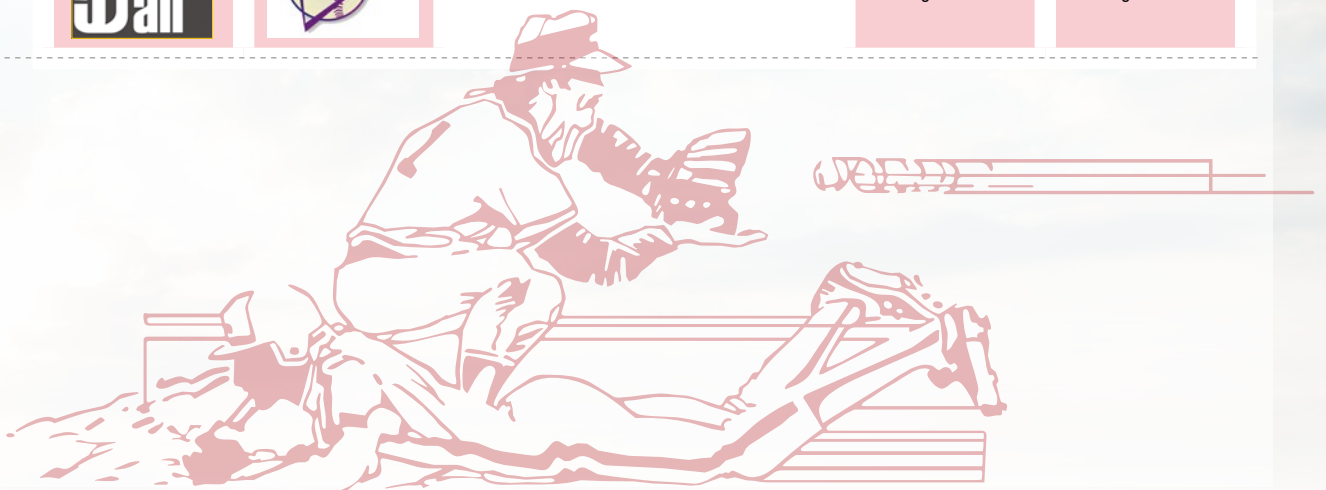
LIE = Local International Event

NOC = National Olympic Committee

WBSC = World Baseball Softball Confederation

Development Chart

Competitions				HKBA Training	
Multi-games National Games, National Youth Games (FISU Summer Universiade, Asian Games, Olympics)				HKSI Team-only Sports Programme, National Team Preparation (Men, Women, U18, U15, U12)	
WBCS World Cups	BFA Tournaments	FISU University WBC	PONY World Series	Preparation Programmes	Squad Training Programmes
Invitational Tournaments (Men, Women, U12, U15, U18)		LIEs (HKIBO, Phoenix Cup,U12)	PONY Asia-Pacific Zone Tournament	Exchange Programmes	Feeder System
Hong Kong Open League (age 13 & above, Men, Women, Mixed)	Inter-schools League (Primary, High School, University)		PONY League (Bronco, Pony)	Community Sports Club Programmes	
Teeball League (age 5-8)	Coach Pitch League (age 6-11)			District Promotion Programmes	NOC Festival of Sports
				Schools Sports Programmes	Co-organized Programmes







		正式棒球比賽 Official Game (男子 Men)	正式棒球比賽 Official Game (女子 Women)	正式棒球比賽 Official Game (少棒 U12、青少棒 U15)
簡介 Introduction		職業 / 國家代表隊棒球比賽如美國職棒大聯盟、世界盃、亞洲盃、世界大學生比賽、全國運動會等國際比賽 Game between professional/national teams, such as Major League Baseball (MLB), World Cup, Asian Cup, Summer Universiade, All China National Games, etc	職業 / 國家代表隊棒球比賽如日本女子棒球聯賽、世界盃、亞洲盃、等國際比賽 Game between professional/national teams, Japan Women's Baseball League, World Cup, Asian Cup	軟式 Rubber Ball 硬式 Hard Ball
				主辦單位按賽事性質決定賽事為軟式或硬式 The organizer should decide the tournament to use rubber ball or hard ball according to the competition level.
場地大小 Site size	壘間距離 barrier distance	90'	90'	U12 : 75' U15 : 90'
	本壘板至投手板距離 Home plate to pitcher distance	60' 6"	60' 6"	U12 : 51' U15 : 60' 6"
	本壘至左右外野 Home to left and right field	不少於 not less than 320'	275-290'	U12 : 220' U15 : 不少於 not less than 320'
	本壘至中外野 Home to midfield	不少於 not less than 400'	340-360'	U12 : 270' U15 : 不少於 not less than 400'
用場 site		戶外 Outdoor	戶外 Outdoor	戶外 Outdoor
基本比賽人數 Basic The number of matches		9	9	9
用球 Ball		硬式棒球 Hard ball	硬式棒球 Hard ball	軟式或硬式棒球 Rubber ball or Hard Ball
棒球手套 Baseball glove		需要 Required	需要 Required	需要 Required
球棒 Bat		木棒, 硬式金屬棒 wooden bat, aluminium bat for hard ball	硬式金屬棒 aluminium bat for hard ball	金屬棒 aluminium bat
護具 Protector		需要 Required	需要 Required	需要 Required
打擊形式 Hitting form		投打 Pitch by pitcher	投打 Pitch by pitcher	投打 Pitch by pitcher
打擊賽例 Batting rules		三出局 Made 3 outs	三出局 Made 3 outs	三出局 Made 3 outs
比賽時間 Game duration		九局約 3 小時 (和局進入延長局) 9 innings around 3 hours (Enter extra innings to break a tie)	七局約 2.5 小時 (和局進入延長局) 7 innings around 2.5 hours (Enter extra innings to break a tie)	七局約 2 小時 (和局進入延長局) 7 innings around 2 hours (Enter extra innings to break a tie)

簡易版棒球



Teeball	Coach Pitch League	六人棒球賽 Baseball Six 	WBCB Baseball5™ 
<p>香港棒球總會自 2003 年推行室內 Teeball，以固定的 T 座在較小的場地、用安全的器材，讓兒童初學者可以輕鬆地嘗試棒球比賽的樂趣。</p> <p>Hong Kong Baseball Association (HKBA) introduced indoor Teeball since 2003, allow children to taste baseball with safety equipment in a smaller area, tee-ball players swing easily at a ball resting on the tee.</p>	<p>為有 T-ball 經驗的兒棒球員，提供過渡至正式棒球比賽之平台，進一步推廣本地棒球運動。</p> <p>The objective for the Coach Pitch League is to allow continual facilitation and promote baseball for kids who have T-ball experience.</p>	<p>以較少人數 (六人) 取代正式比賽的九人，在簡化的三角形比賽場上，以安全的軟式棒球、配合輔助器材 (Rolling Tee) 或以攻方投球形式 (Coach Pitch)、簡易的玩法，加快活動節奏，提高比賽刺激性，讓不同年齡層可以一同享受比賽的樂趣。</p> <p>Instead of nine players, to form a team with six players and play on a modified competition venue in triangle shape, using safety baseball and auxiliary tool (Rolling Tee) or apply Coach Pitch, hit a ball without worry about no skillful pitcher on the team. To move the game at a faster pace, get it excited, allow different age group to enjoy baseball game together.</p>	<p>棒球 5 是一項全新的五人制、五局，可以隨處進行的街頭版本棒球 / 壘球運動，並由世界棒壘球總會積極推行。</p> <p>Baseball5 is a new five-on-five, five-inning street version of the game of Baseball/Softball that can be played anywhere, WBCB promote Baseball5 actively.</p>
60'	60'	60'	13 米 13 meters
43'	30' (上手投球 overarm) or 15' (下手投球 underarm)	35'	不適用
200' (視場地而定 depending on the venue)	150'	120'	13-18 米 13-18 meters
220' (視場地而定 depending on the venue)	150'	104'	18.4-25.5 米 18.4-25.5 meters
戶外，室內均可 Indoor / Outdoor	戶外，室內均可 Indoor / Outdoor	戶外，室內均可 Indoor / Outdoor	戶外，室內均可 Indoor / Outdoor
9	9	6	5
圓周長 9" 海綿球 (Naigai) Circum 9" safety teeball (Naigai)"	9" T-Ball (Rawlings)	圓周長 9" 韓式海綿球 (nsi) Circum 9" Korean safety teeball (nsi)	Baseball 5
需要 Required	需要 Required	選擇性 Optional	不需要 Not Required
Teeball 棒 Teeball bat	T-ball 金屬棒 Aluminium bat for T-ball	Teeball 棒 Teeball bat	不需要 Not Required
需要 Required	需要 Required	選擇性 Optional	不需要 Not Required
運用 Tee 座 Use of Tee stand	每隊應指派自隊一位成人或教練作為攻方投手 Each team shall furnish its own Adult Pitcher	運用 Rolling Tee 或以攻方投球形式 Use of Rolling Tee or Coach Pitch	用手掌或拳頭 Hit by a palm or a fist
九名打擊者賽例 Ninth batter rule	每局三出局或取得 5 分轉換攻守 inning change when 3 outs made or 5 runs scored	六名打擊者 Sixth batter rule	三出局 Made 3 outs
限時 70 分鐘 最多打五局 Limited to 70 minutes, max. 5 innings	比賽以 6 局為上限。比賽時間超過 75 分鐘將不開新局。比賽完成 1 局即為有效比賽 A regulation game shall be a maximum of 6 innings and no new inning shall start after 75 mins. One inning shall constitute an official game	限時 30 分鐘 最多打五局 Limited to 30 minutes, max. 5 innings	不適用 N/A

本地棒球聯賽隊伍名單

賽事 EVENT	組別 DIVISION	隊數 NO. OF TEAMS
全港棒球公開賽 HONG KONG BASEBALL OPEN LEAGUE	MEN'S GRADE A	6
	MEN'S GRADE B	12
	MEN'S GRADE C	34
	WOMEN GRADE A	6
	WOMEN GRADE B	9
	KENKO GRADE A	6
	KENKO GRADE B	18
	NOVICE-ADULT & YOUTH	5
	NOVICE — WOMEN	3
	NOVICE - CHILDREN	8
全港棒球青少年聯賽 HONG KONG YOUTH LEAGUE	U11	8
	U12	5
	U14	3
	U16	6
COACH PITCH LEAGUE		5
全港小學棒球錦標賽		8
全港中學棒球錦標賽	男子組	7
	女子高級組	3
	女子初級組	4
全港大學生棒球聯賽		3
學校推廣計劃－簡易棒球大賽		6
總隊數 TOTAL NO. OF TEAMS:		165

2018-19 Hong Kong Baseball Open League

Men's Grade A (6)

BRAVES
DODGERS
KEEP MOVING

PEANUTS
TYPHOONS
WHITE SOX

Men's Grade B (12)

EAGLES
EDUHK ALUMNI
HAYABUSA JAPAN
HEROES 1
HEROES 2
HK1 ROCKS B

K-NINE WHITE
LIONS
RED SOX
TAIWO DOLPHINS
TRIPLEA'S
NINEWEST I

Men's Grade C (34)

CSW BLACK SOX
CSW BLUE SOX
DODGERS
DOLPHINS
DRAGONFLIES
EAGLES B
FALCONS
FORTIUS - BLACK
FORTIUS - YELLOW
FREERIDERS
HEROES 3
HUNTERS
IKARI - 怒
KAAKIRO ROCKS C
KAITAK JR
KAITAK ONE
K-NINE BLUE

K-NINE RED
KT TIGERS
MONSTERS
MUGEN SPIRIT
MUGEN WARRIORS
NINEWEST II
NINEWEST III
OCEANUS' BLUE
OCEANUS' WHITE
PIRATES
ROOM C
SHEUNG LOK 常樂
SLUGGERS
SPOONBILL
TW ROCKS
TYPHOONS C
YARAKUTA

Women Grade A (6)

EAGLES G
HATO
POPCORN
SUNSHINE
THUNDERSTORM
ZEPHYR

Women Grade B (9)

ARDENT
HARE
MACAROON
MERCURY
NINEWEST IV
PHILIPPINE SLUGGERS
SKYNOVA
THE BUFFALOS BASEBALL TEAM
YARAKUTA

Kenko Grade B (18)

ARDENT KT
CSW BLACK SOX
DOLPHINS
EAGLES K
FORTIUS
HEROES
HONG KONG ISLAND
BEES
HUNTERS
IKARI - 怒
KAITAK JR
MUGEN ENERGY
NINEWEST V
NINEWEST VI
PIRATES
SHEUNG LOK
SKYNOVA
SPOONBILL
TAIWO RANGERS

Kenko Grade A (6)

CSW BLUE SOX
KAITAK ONE
OCEANUS'
PRINCES
WEDTOFU
火蜻蜓

Coach Pitch League (5)

ASTROS
NINEWEST
SSP ALIENS T
ST. ANDREW A
ST. ANDREW B

全港棒球青少年聯賽 Hong Kong Youth League

Division: U11 (8)

ALIENS BLACK
ALIENS BLUE
ALIENS RED
ALIENS WHITE
DODGERS
LIONS
沙田沙燕隊
深圳優萌

Division: U12 (5)

DODGERS
NINEWEST
POLAR BEARS BLUE
POLAR BEARS RED
TAI PO INDIANS

Division: U14 (3)

ASTROS
DODGERS
SSPBC

Division: U16 (6)

ASTROS
DODGERS RED
DODGERS WHITE
KAAKIRO ROCKS
UNICORNS
沙田勇士隊

全港小學棒球錦標賽 (8)

沙田圍胡素貞博士紀念學校 (1)
沙田圍胡素貞博士紀念學校 (2)
胡素貞博士紀念學校
香港浸會大學附屬學校王錦輝中小學
純陽小學 (1)
純陽小學 (2)
聖公會仁立紀念小學
聖公會聖安德烈小學

全港中學棒球錦標賽 - 男子組 (7)

NORTRE DAME COLLEGE (1)
NORTRE DAME COLLEGE (2)
QUEEN'S COLLEGE
九龍華仁書院
仁濟醫院王華湘中學
博愛醫院八十週年鄧英喜中學
順德聯誼會翁祐中學

全港中學棒球錦標賽 - 女子高級組 (3)

NORTRE DAME COLLEGE 1
NORTRE DAME COLLEGE 2
薈色園主辦可風中學

全港中學六人棒賽 - 女子初級組 (4)

NORTRE DAME COLLEGE (1)
NORTRE DAME COLLEGE (2)
薈色園主辦可風中學 (1)
薈色園主辦可風中學 (2)

全港大學生棒球聯賽 (3)

香港教育大學
香港理工大學
香港城市大學

我們的屬會 Our Affiliated Club Member



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菁英女子棒球會 Elite Women's Baseball Club
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野兔棒球會 Hare Baseball Club
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英雄棒球會 Heroes Baseball Club
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E-mail : fortiusbaseball@gmail.com



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2019/2020 年度香港棒球總會活動概覽

2019/2020 Hong Kong Baseball Association Yearly Activities

日期 Date	活動 Activities	地點 Place	主辦/資助/贊助單位 Organizer/Subvented by/Sponsor
2018. 11 ~ 2019. 3	2018-19年度全港棒球公開賽(男子甲組)	康文署轄下場地	HKBA/LCSD
2018. 11 ~ 2019. 6	2018-19年度全港棒球公開賽(男子乙組)	康文署轄下場地	HKBA/LCSD
2018. 11 ~ 2019. 6	2018-19年度全港棒球公開賽(女子甲組)	康文署轄下場地	HKBA/LCSD
2018. 11 ~ 2019. 8	2018-19年度全港棒球公開賽(女子乙組)	康文署轄下場地	HKBA/LCSD
2018. 11 ~ 2019. 8	2018-19年度全港棒球公開賽(軟式甲組)	康文署轄下場地	HKBA/LCSD
2018. 11 ~ 2019. 9	2018-19年度全港棒球公開賽(男子丙組)	康文署轄下場地	HKBA/LCSD
2018. 11 ~ 2019. 9	2018-19年度全港棒球公開賽(軟式乙組)	康文署轄下場地	HKBA/LCSD
2019. 1 ~ 2019. 12	"Five-Year Development Programme for Team Sports 隊際運動五年發展計劃"	Sai Tso Wan/Lion Rock	HKSI/HKBA
2019. 2	Baseball@ AIA The Great European Carnival	Central, Hong Kong	TGEC/HKBA
2019. 2. 19	BFA Congress	Chinese Taipei	BFA
2019. 2. 22 ~ 2. 25	Phoenix Cup 2019 WBSC Hong Kong International Women's Baseball Tournament	Sai Tso Wan/Lion Rock	HKBA/LCSD/ASDF
2019. 2. 22 ~ 2. 25	亞洲裁判訓練營	Sai Tso Wan/Lion Rock	HKBA/LCSD
2019. 2. 8 ~ 2019. 2. 12	Hong Kong - Guam U15 Baseball Exchange Programme	Guam	HKBA/LCSD
2019. 2. 9 ~ 2019. 2. 18	Hong Kong - Mexico U12 Baseball Exchange Programme	Mazatlan, Mexico	HKBA/LCSD
2019. 3 ~ 2019. 4	2018-19年度C級(初級)棒球記錄員訓練班	奧運大樓	HKBA/LCSD
2019. 3 ~ 2019. 4	2018-19年度全港棒球公開賽(新秀組)	康文署轄下場地	HKBA/LCSD
2019. 3. 7	香港棒球總會教練周年大會	奧運大樓/康文署轄下場地	HKBA/LCSD
2019. 4 ~ 2019. 5	2018-19年度全港小學棒球錦標賽	HKTA純陽小學	HKBA/LCSD
2019. 4 ~ 2019. 5	2018-19年度全港中學棒球錦標賽(男子組)	康文署轄下場地	HKBA/LCSD
2019. 4 ~ 2019. 6	2019-20年度棒球推廣計劃(第一期) - 初級棒球訓練班	康文署轄下場地	HKBA/LCSD
2019. 8 ~ 2020. 3	2019-20年度培育系統計劃 - 男子棒球精英培訓計劃	晒草灣	HKBA/LCSD
2019. 8 ~ 2020. 3	2019-20年度培育系統計劃 - 女子棒球精英培訓計劃	晒草灣	HKBA/LCSD
2019. 4 ~ 2020. 3	2019-20香港男子棒球精英持續培訓計劃 (NS/JS/RS)	晒草灣	HKBA/LCSD
2019. 4 ~ 2020. 3	2019-20香港女子棒球精英持續培訓計劃 (NS/RS)	晒草灣	HKBA/LCSD
2019. 4 ~ 2020. 3	社區體育會計劃 (Community Sports Club Programmes)	按個別申請而定	HKBA 轄下各屬會/ LCSD
2019. 4 ~ 2020. 3	學校推廣計劃 (School Sports Programme)	按個別申請而定	全港中、小學/LCSD
2019. 4. 18 ~ 4. 26	第二屆全國青年運動會 - U15男子組預賽	山東威海	青少司/HKBA/LCSD
2019. 4. 21 ~ 4. 26	2018-19年度中港青少年棒球交流計劃	上海	HKBA/YDC
2019. 4. 28	2018-19年度全港中學六人棒球賽(女子初級組)	康文署轄下場地	HKBA/LCSD
2019. 4. 28	62nd Festival of Sport - Hong Kong Baseball Fun Day Carnival 2019	晒草灣	SF&OC/HKBA/LCSD
2019. 5	2018-19年度全港中學棒球錦標賽(女子高級組)	康文署轄下場地	HKBA/LCSD
2019. 5	2018-19年度全港大學生棒球聯賽	康文署轄下場地	HKBA/LCSD
2019. 5	2019-20年度香港棒球教練獎勵計劃頒獎禮 (Thanks Coach Scheme)	奧運大樓	HKBA/HKCC
2019. 5 ~ 2019. 6	HKBA 2nd Coach Pitch League for Baseball	Hong Kong Baptist Assembly	HKBA
2019. 5 ~ 2019. 6	2019-20年度C級(初級)棒球裁判訓練班	奧運大樓/康文署轄下場地	HKBA/LCSD
2019. 5 ~ 2020. 3	2019-20年度U12發展隊訓練計劃	晒草灣	HKBA
2019. 5. 15 ~ 5. 23	第二屆全國青年運動會 - U19男子組預賽	江蘇儀徵	青少司/HKBA/LCSD
2019. 5. 31	2018-19年度體育資助第四季活動報告截止日		
2019. 6. 5 ~ 6. 9	2019 WBSC Technical Officials Seminars	San José, California, USA	WBSC
2019. 7 ~ 2019. 9	2019-20年度棒球推廣計劃(第二期) - 初級棒球訓練班	康文署轄下場地	HKBA/LCSD
2019. 7. 1 ~ 7. 4	PONY BASEBALL Asia-Pacific Zone Palomino Tournament	Miyazaki, Japan	PONY
2019. 7. 1 ~ 7. 5	PONY BASEBALL Asia-Pacific Zone Bronco Tournament	Miyazaki, Japan	PONY

BFA : Baseball Federation of Asia
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 JPB : Japan PONY Baseball

LCSD : Leisure and Cultural Services Department
 MLIE : Major Local International Event
 PONY : PONY Baseball
 SF&OC : Sports Federation & Olympic Committee of Hong Kong, China

TPE : Taipei Baseball Committee
 USFHK : The University Sports Federation of Hong Kong, China
 WBAK : Women's Baseball Association Korea
 WBSC : World Baseball Softball Confederation

WCBF : World Children's Baseball Foundation
 YDC : Youth Development Commission
 青少司 : 國家體育總局青少年體育司

日期 Date	活動 Activities	地點 Place	主辦/資助/贊助單位 Organizer/Subvented by/Sponsor
2019. 7. 1 ~ 7. 5	PONY BASEBALL Asia-Pacific Zone Pony Tournament	Miyazaki, Japan	PONY
2019. 7. 1 ~ 7. 5	PONY BASEBALL Asia-Pacific Zone Colt Tournament	Miyazaki, Japan	PONY
2019. 7. 14	"棒球嘉年華 @中環夏誌 Baseball Carnival@SummerFest"	Central Harbourfront	HKBA
2019. 7. 14	Coach Pitch League 及 學校聯賽頒獎典禮	Central Harbourfront	HKBA
2019. 7. 14	2019-20年度首屆全港六人棒球賽	康文署轄下場地	HKBA/LCSD
2019. 7. 17 ~ 7. 22	第二屆全國青年運動會 - U19男子組決賽	遼寧大連	青少司/HKBA/LCSD
2019. 7. 19 ~ 7. 22	"Celebrating the 70th Anniversary of the Founding of the People's Republic of China" LICK SANG INTERNATIONAL COMPANY LIMITED Presents 1st Hong Kong International U12 Baseball Championship 2019	Sai Tso Wan/Lion Rock	HKBA/LCSD/ASDF
2019. 7. 25 ~ 7. 30	第二屆全國青年運動會 - U15男子組決賽	遼寧大連	青少司/HKBA/LCSD
2019. 7. 25 ~ 7. 30	第二屆全國青年運動會 - U15女子組預決賽	遼寧大連	青少司/HKBA/LCSD
2019. 8. 19 ~ 8. 25	BFA U15 Baseball Championship	Shenzhen, China	BFA
2019. 8. 22 ~ 8. 26	LG Cup International Women's Baseball Tournament 2019	Seoul, Korea	WBAK
2019. 8. 31	2019-20年度體育資助第一季活動報告截止日		
2019. 9. 30	2018-19年度體育資助周年報告截止日		
2019. 9. 30	2020-21年度體育資助周年計劃書截止日		
2019. 10	2019 PONY Asia-Pacific Zone Board of Directors Meeting	Guam	PONY
2019. 10	2018-19年度香港棒球總會周年會員大會	奧運大樓	HKBA/LCSD
2019. 10	2018-19年度全港棒球公開賽頒獎典禮	奧運大樓	HKBA
2019. 10 ~ 2019. 12	2019-20年度棒球推廣計劃(第三期) - 中級棒球訓練班	康文署轄下場地	HKBA/LCSD
2019. 10. 14 ~ 10. 20	29th Asian Championship	Taichung, Taiwan	BFA
2019. 11. 20 ~ 11. 21	WBSC Congress	Sakai, Japan	WBSC
2019. 11. 9 ~ 11. 15	II BFA Women's Baseball Asian Cup	Zhongshan, China	BFA
2019. 11. 30	2019-20年度體育資助第二季活動報告截止日		
2019. 12. 13 ~ 12. 16	Hong Kong International Baseball Open 2019 ("HKIBO")	Sai Tso Wan/Lion Rock	HKBA/LCSD/ASDF
2020. 2. 7 ~ 2. 10	Phoenix Cup 2020 Hong Kong International Women's Baseball Tournament	Sai Tso Wan/Lion Rock	HKBA/LCSD/ASDF
2020. 2. 28	2019-20年度體育資助第三季活動報告截止日		
2020. 2. 28	2019年隊際運動五年發展計劃周年報告截止日		
2020. 2 / 2020. 3	WBSC Technical Officials Seminar for Baseball/Softball 2020 - Technical Commissioner	Hong Kong	WBSC/HKBA/LCSD
2020. 2 / 2020. 3	WBSC Technical Officials Seminar for Baseball 2020 - Umpire Seminar	Hong Kong	WBSC/HKBA/LCSD
2020. 2 / 2020. 3	WBSC Technical Officials Seminar for Baseball/Softball 2020 - Scoring Seminar	Hong Kong	WBSC/HKBA/LCSD
2020. 5. 31	2019-20年度體育資助第四季活動報告截止日		
待定 To be confirmed	2019-20年度全港棒球公開賽(男子甲組)	康文署轄下場地	HKBA/LCSD
待定 To be confirmed	2019-20年度全港棒球公開賽(男子乙組)	康文署轄下場地	HKBA/LCSD
待定 To be confirmed	2019-20年度全港棒球公開賽(男子丙組)	康文署轄下場地	HKBA/LCSD
待定 To be confirmed	2019-20年度全港棒球公開賽(女子甲組)	康文署轄下場地	HKBA/LCSD
待定 To be confirmed	2019-20年度全港棒球公開賽(女子乙組)	康文署轄下場地	HKBA/LCSD
待定 To be confirmed	2019-20年度全港棒球公開賽(軟式甲組)	康文署轄下場地	HKBA/LCSD
待定 To be confirmed	2019-20年度全港棒球公開賽(軟式乙組)	康文署轄下場地	HKBA/LCSD
待定 To be confirmed	2019-20年度教練延續培訓	康文署轄下場地/奧運大樓	HKBA/ HKCC
待定 To be confirmed	2019-20年度C級(初級)棒球記錄員訓練班	康文署轄下場地/奧運大樓	HKBA/LCSD
每月一次	香港棒球總會執行委員會會議 (HKBA Executive Committee Meeting)	奧運大樓	HKBA
每季一次	香港棒球總會董事會 (HKBA Board Meeting)	奧運大樓	HKBA
每年兩次	香港棒球總會與轄下屬會議	奧運大樓	HKBA
每年一次	香港棒球總會與康樂及文化事務署周年會議	待定	LCSD

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 WBSC : World Baseball Softball Confederation

WCBF : World Children's Baseball Foundation
 YDC : Youth Development Commission
 青少司 : 國家體育總局青少年體育司



Sports X eSports X Sport Pyschology

Scientific research suggested that eSports experience is correlated with cognitive skills (Bonny et al., 2016). To examine this relationship in Hong Kong, ER Esports Academy had formulated some random researches based on eBaseball and reaction time. We found that there's a positive correlation between eBaseball and the reaction time ($r=.350$, $n=39$, $p=0.029$). As the result has shown, if there is an improvement on the performance on eSports, the cognitive ability (reaction time in this case) should also have a significant improvement as well. ER Esports Academy will continue to promote the comprehensive understanding of Esports along with Hong Kong Baseball Association!



If you are interested in any form of cooperation, please feel free to contact us !

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INCENTIVE AWARD

- I. 2018 FISU WORLD UNIVERSITY BASEBALL CHAMPIONSHIP**
- II. 18TH ASIANGAMES 2018**

JUNIOR INCENTIVE AWARDS

- I. 10TH BEA U12ASIAN BASEBALL CHAMPIONSHIP 2018**
- II. XII BFA U18 BASEBALL CHAMPIONSHIP**



簡易運動大賽 - 棒球比賽

2019年3月9日
石硤尾配水庫

