

2022-2023 Hong Kong Women Baseball Elite Training Programme Women Feeder System Scheme Players Recruitment (Phase II)

1) Goals	<ul style="list-style-type: none"> ❖ To examine athletes through tryout and promote potential athletes for regular feeder training ❖ All-round development of women youth baseball ❖ To promote athletes with outstanding performance to join Hong Kong Women Squad Training (Regional Squad) ❖ Outstanding athletes may be recommended to participate in local and overseas baseball competitions (Subject to the eligibility of those events)
2) Coaching Team	Hong Kong Baseball Association (HKBA) senior coaching team
3) Training	<ol style="list-style-type: none"> 1. From December 2022 to March 2023 Christmas bootcamp on 21,22,23,28,29 and 30 December 2022; Regular training from January to March 2023 2. Elite training programmes includes baseball-specific training, strength and conditioning training and cross-functional training or talks organized or co-organized by HKBA. 3. Please visit HKBA Elite Training website for related training schedule. Schedule will be adjusted according to actual circumstance, please refer to the details announced. https://www.hkbaseball.org/html/en/training-course/elite-training.html?lang_id=1
4) Eligibility	<ol style="list-style-type: none"> 1. Must be 2022-2023 HKBA member (The valid period from 1 April 2022 to 31 March 2023) Please refer to 2022/23 Elite Athlete Registration leaflet for more details. https://www.hkbaseball.org/userfiles/file/02_2022-23_Elite_Athlete_Registration_English.pdf 2. Female, aged 13 - 23 (born between 1999 and 2009); 3. Register and pass the tryout. Athletes who participated in Phase I of the programme (Prior to enrollment): https://www.hkbaseball.org/product_details.php?id=573896&lang_id=1 New application: https://www.hkbaseball.org/product_details.php?id=573898&lang_id=1
5) Registration Procedure	<ol style="list-style-type: none"> 1. Log in to the HKBA "Online Registration System", register as valid 2022-2023 HKBA member and register for tryout. 2. Passed the tryout and register as Elite Athlete according to the age range. The year-round valid membership period is from 1 April to 31 March of next year. The end of registration date is one month before the year end (which is 28 February).
6) Training Fee	<ol style="list-style-type: none"> 1. <u>Training fee will be exempted</u> for the HKBA registered elite athletes; Participation fee will be charged if there are oversea training or competition. 2. Elite athletes, who attend in HKBA elite trainings or activities, must wear assigned uniform (jersey and cap). New joiner or athletes who need a new one can purchase through HKBA online eShop.
7) Remarks	<ol style="list-style-type: none"> 1. Applicant who did not receive notification for tryout within 5 days or result within 10 days, please contact us. 2. <u>Athlete under the elite training programme who has 80% or above attendance will receive participation certificate. The Association serve the right to dismiss athlete who attendance or training standard are unsatisfaction. Any paid fee will not be refunded. Athletes can only apply same programme once in the registered year. (For any special circumstance, including exam or outing, athletes should submit a written application for leave to related programme coach, permission of leave is depended on coach decision.)</u> 3. Training schedule depends on Leisure and Cultural Services Department approval on venue. The Association will adjust the schedule from time to time accordingly. 4. The HKBA reserves the right to approve the application. 5. Players have to abide by training rules and regulations, coach reserves the right to dismiss critical offender. 6. Athlete eligibility of participation in competition depends on event host. 7. The Association will adjust the training and amend the regulations according to actual circumstance. 8. The elite training programme are partially subvented by the Leisure and Cultural Services Development, and the remaining source is from HKBA elite athlete registration fund.
8) Enquires	Hong Kong Baseball Association Tel: 2504 8330 Email: hkbsa@hkolympic.org Website: www.hkbaseball.org

