Organized by



2022-23 Baseball5 Regional Squad Training Scheme Players Recruitment

- 1) Goals
- Select potential players to feed to national squad to prepare for international competition
- International competition as follow: -
 - ❖ 1st Baseball5 Asia Cup (Youth), February 2023, Malaysia; Qualifier to the 1st WBSC Baseball5 World Cup (Youth)
- 2) Coaching Team

Hong Kong Baseball Association (HKBA) Baseball5 coaching team

- 3) Training
- 1. From November 2022 to May 2023
- 2. Training programme includes baseball5-specific training, strength and conditioning training and cross-functional training or talks organized or co-organized by HKBA.
- 3. Please visit HKBA Elite Training website for related training schedule. Schedule will be adjusted according to actual circumstance, please refer to the details announced.

 https://www.hkbaseball.org/html/en/training-course/elite-training.html?lang_id=1
- 4) Eligibility
- 1. Male or Female, aged 7 to 40 (born between 1982 to 2015);
- Must hold Hong Kong Identity Card (Squad member who hold HKSAR Passport would equivalent in representing Hong Kong to participate in international competition)
- Register and pass the tryout https://www.hkbaseball.org/product_details.php?id=571286
- 5) Registration Procedure
- 1. Log in to the HKBA "Online Registration System", register as HKBA user and register the tryout.
- 2. Passed the tryout and register as Baseball5 athlete according to the age range (Entry fee HKD500).
 - ❖ Athlete aged 7 18 (born between 2004 and 2015)

Youth https://www.hkbaseball.org/product_details.php?id=571287

❖ Athlete aged 19 - 40 (born between 1982 and 2003)

Open https://www.hkbaseball.org/product_details.php?id=571289

- 6) Enrty Fee
- Entry fee HKD500 for HKBA registered Baseball5 athletes; Participation fee will be charged if there are oversea training or competition.
- 2. Elite athletes, who attend in HKBA Baseball5 trainings or activities, must wear assigned uniform (jersey).
- 3. Subsidy Assistance for Underprivileged Elite Athletes is a subsidy assistance subvented by the Leisure and Cultural Services Department (LCSD). HKBA registered Baseball5 athletes shall submit all required supporting documentation along with application form to the HKBA by mail: Room 1003, 1/F., Olympic House, 1 Stadium Path, Causeway Bay, Hong Kong, if needed. Applications will examine and approve in monthly basis and terminated if out of funding. Applicant can only be successfully grant once in their life time. Entry fee HKD500 will be return when application is successful.
- 7) Remarks
- 1. Applicant who did not receive notification for tryout within 5 days or result within 10 days, please contact us.
- 2. Athlete under this training programme who has 80% or above attendance will receive participation certificate. The Association serve the right to dismiss athlete who attendance or training standard are unsatisfaction. Any paid fee will not be refunded. Athletes can only apply same programme once in the registered year. (For any special circumstance, including exam or outing, athletes should submit a written application for leave to related programme coach, permission of leave is depended on coach decision.)
- 3. Training schedule depends on Leisure and Cultural Services Department approval on venue. The Association will adjust the schedule from time to time accordingly.
- 4. The HKBA reserves the right to approve the application.
- 5. Players have to abide by training rules and regulations, coach reserves the right to dismiss critical offender.
- 6. Athlete eligibility of participation in competition depends on event host.
- 7 The Association will adjust the training and amend the regulations according to actual circumstance.
- The training programme are partially subvented by the Leisure and Cultural Services Development, and the remaining source is from HKBA elite athlete registration fund.
- 8) Enquires

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