

Subvented by



香港教練培訓委員會  
Hong Kong Coaching Committee

Organized by



香港棒球總會  
HONG KONG BASEBALL ASSOCIATION

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## Baseball Instructor (Beginner) Certification Program

Objective : To train qualified baseball instructor in promoting baseball in Hong Kong.

Entry Requirements : 1 Age 18 or above;  
2. Member of Hong Kong Baseball Association;  
3. If you enjoy baseball and would like to be involved in coaching; be willing to promote baseball in the community; have a passion for the game of baseball and a desire to teach.  
You are welcome to join our team of coaches.

Course fee : HK\$800 per head per course

Medium of Instruction : English

Duration : 8 meetings, 24 hours

How to Get Certified : ✧ Participant is required to attain 90% attendance for sitting in the written test and practical test.  
✧ Candidates who pass the written test and practical test, are required to fulfill 16 hours of Coaching Experience in the District Promotion Courses that organized by HKBA; a supervisor will be assigned to complete an evaluation form.  
✧ Coaching Experience must be finished consecutively in one course and be done within 12 months

Enrolment : ■ Complete the application form and return to HKBA office, Room 1003, 1/F., Olympic House, No.1 Stadium Path, Causeway Bay, Hong Kong before the application deadline with necessary course fees  
■ Please make cheque payable to "The Hong Kong Baseball Association Limited" and crossed; or  
■ Transfer to our bank account:  
Bank name: Hang Seng Bank Limited  
Account number: 364-000919-668  
Account name: The Hong Kong Baseball Association Limited

*Please attach your transaction slip for our reference*

Application Deadline : 1 September 2015

Remarks : If the number of applicants does not meet the minimum target, the course will be postponed.

Enquiry : Hong Kong Baseball Association  
Tel: (852) 2504 8330  
Email: hkbsa@hkolympic.org

# Baseball Instructor (Beginner) Certification Program

## Programme Schedule

Sess.	Date (Y/M/D)	Time	Venue	Content
1	2015. 9. 8 (Tue)	1900-2200	Field / Cage	Practical
2	2015. 9. 15 (Tue)	1900-2200	Field / Cage	Practical
3	2015. 9. 16 (Wed)	1900-2200	Classroom	Theory
4.	2015. 9. 22 (Tue)	1900-2200	Classroom	Theory
5	2015. 9. 25 (Fri)	1900-2200	Classroom	Theory & Written Test
6	2015. 9. 29 (Tue)	1900-2200	Field / Cage	Practical
7	2015. 10. 6 (Tue)	1900-2200	Field / Cage	Practical
8	2015. 10. 13 (Tue)	1900-2200	Field / Cage	Practical & Practical Test

Venues : Classroom: Olympic House, 1 Stadium Path, Causeway Bay, Hong Kong  
Field: Sai Tso Wan Recreation Ground or Other

Theory	Practical
<ol style="list-style-type: none"> <li>1. Baseball History</li> <li>2. About Hong Kong Baseball Association</li> <li>3. Hong Kong Baseball Coaching System</li> <li>4. Baseball Rules &amp; Regulations</li> <li>5. Drills and Games</li> <li>6. Scoring</li> <li>7. General Sports Injury Advice &amp; Prevention</li> <li>8. Coaches Code of Conduct</li> <li>9. Safety Code</li> <li>10. Local Compliance</li> </ol>	<ol style="list-style-type: none"> <li>1. Baseball Diamond</li> <li>2. Baseball Equipment, Protection Gears,</li> <li>3. Training Equipment</li> <li>4. Know About Baseball Glove</li> <li>5. Selection of Baseball Bat</li> <li>6. Warm Up and Cool Down Exercises</li> <li>7. Throwing and Catching</li> <li>8. Hitting and Fielding</li> <li>9. Traditional Play &amp; Modified Play</li> <li>10. Indoor Practice</li> </ol>

Coaching Experience will be arranged in the 2015/2016 District Promotional Training Course, please visit our website for the schedule.

[http://www.hkbaseball.org/load.php?link\\_id=61445&lang\\_id=1](http://www.hkbaseball.org/load.php?link_id=61445&lang_id=1)

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### Application Form

#### 甲部 Part A : 個人資料 Personal Information (\*必須填寫 Compulsory fields)

\*棒總會會員編號HKBA Membership No.: \_\_\_\_\_ 非有效會員者請填寫本表格乙部申請即時入會/續會。  
Please check Part B for HKBA membership application/renewal on this form.

姓名必須與香港身份證同The name must be the same as that appearing in the HKID Card.

\*參加者姓名: (中文) \_\_\_\_\_ (英文) \_\_\_\_\_  
\*Name of Participant: (Chinese) \_\_\_\_\_ (English) \_\_\_\_\_

\*性別: \_\_\_\_\_ \*出生日期 (日/月/年) \_\_\_\_\_ \*香港身份證號碼: \_\_\_\_\_ \*國籍: \_\_\_\_\_  
\*Sex: \_\_\_\_\_ \*Date of Birth (DD/MM/YY) \_\_\_\_\_ \*HKID No.: \_\_\_\_\_ \*Nationality: \_\_\_\_\_

\*住址 (英文) \_\_\_\_\_  
\*Address (English) \_\_\_\_\_

聯絡電話: \*(電話一) \_\_\_\_\_ (電話二) \_\_\_\_\_  
Contact No.: \*(Tel. No.) \_\_\_\_\_ (Tel. No.) \_\_\_\_\_

\*(電郵) \_\_\_\_\_  
\*Email Address \_\_\_\_\_

可以接收短訊的號碼Number to receive SMS texts

#### \*緊急聯絡資料 Emergency Contact Information:

聯絡電話: \_\_\_\_\_ 聯絡人姓名: \_\_\_\_\_ 關係: \_\_\_\_\_  
Contact No.: \_\_\_\_\_ Contact Person: \_\_\_\_\_ Relationship: \_\_\_\_\_

#### 乙部: 香港棒球總會會員入會申請/續會(如適用)

#### Part B: HKBA Membership Application / Renewal (if applicable)

本人欲申請成為香港棒球總會會員/續會如下:

I wish to apply for / renew the membership of the Hong Kong Baseball Association as below:

別選 Check	會員類別 Membership Category	會籍有效期 及 備註 Period of Validity & Remarks	會費 Membership Fee
	附屬會員年費 Associate Member	每年4月1日至翌年3月31日 For the period of 1st April to 31st March	每年HK\$200- per annum
	# 全日制學生年費 # Full-time Student	每年4月1日至翌年3月31日 For the period of 1st April to 31st March.	每年HK\$80- per annum
	# 十八歲或以上人士申請學生會員者, 必須夾附學生證副本。 For those age 18 or above apply for the Student Membership, student ID card copy MUST be attached.		
	##永久會員 ##FULL Member	永久有效 Lifetime valid	HK\$1,800-
	## 永久會員申請須知 Notes for FULL Member applicant.		
	1. 申請人必須年滿 18 歲及夾附身份證明文件副本 Applicant should be aged 18 or above and attach Identity Document Copy		
	2. 申請須由兩名永久會員建議及和議 Should be proposed and seconded by Life Members.		
		姓名 Name	會員編號 Membership No
	建議人 Proposer		
	和議人 Secunder		
	Approved by:	in the meeting of	Date of Approval
	3. 有關申請將提呈執委會/董事會審批, 處理時間約 4-6 個星期 FULL Member application will be proposed in the Executive Committee / Board Meeting for seeking endorsement. It takes around 4-6 weeks to proceed the application.		

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丙部 Part C：聲明 Declaration

本人聲明以上各項資料均屬真實、正確及完整。本人同意香港棒球總會內部使用以上資料，並願意收取任何形式的通訊。香港棒球總會承諾把以上資料保密，但可能將有關資料提供予中間人與其業務運作有關的第三者服務供應人或其他對香港棒球總會有保密責任的人士。在遞交表格後，如欲更改或查詢申報的個人資料，需與棒總職員聯絡。本人明白並願意遵守棒總之章則及規例。本人同意授權予香港棒球總會使用本人之肖像、姓名、聲線及個人資料作為活動籌備及推廣之用，而無需再經本人審查。I declare that all the information given above is true, correct and complete. I agree that the Hong Kong Baseball Association (HKBA) may use the above information and send me any correspondence in any ways/forms. The HKBA will keep the above information confidential but may provide such information to its agent or third party service provider in connection with the operation of its business or any other person under a duty of confidentiality to the HKBA. I should inform the HKBA for correction or access to personal data after the submission of this form. I understand and am willing to obey the rules of HKBA. I grant permission to the HKBA to utilize my appearance, name, voice, bio-data and likeness in connection with the organization and promotion of HKBA's and events and agree to waive any right of inspection or approval associated thereto.

申請人簽署 Signature of Applicant :

日期 Date:

應繳費用 Payment:

1. 報名費 Enrollment Fee	HK\$
2. 會員費 Membership Fee (如適用 If applicable)	HK\$
總計 Total:	HK\$

- ☐ 現金 Cash  
☐ 直接入帳 Direct Deposit  
☐ 支票 Cheque  
銀行 Bank  
票號 No.

收據號碼 Receipt No.
經手人 Handled by