

這些跟著梁友文打棒球的學生們陪伴著他當教練的最初日子，但最後都從事其他行業。“幾十年沒打棒球了。”唯有梁友文癡心不改。他說，“琴弓和球棒成為我的終身伴侶。”

看著耄耋之年的老師遠離家人，獨自一人回到故鄉，親自上陣傳授棒球，劉家仲“欽佩的同時也感到心痛”。在同樂小學的訓練場上，他看見梁友文彎身撿球的背影，心不時被牽動，連聲叫道“小心”，並立刻跑過去幫梁友文撿球。梁友文似乎並不覺得多麼辛苦，“80多歲了，我也要趁機鍛煉鍛煉，有益健康。”

梁友文一直覺得家鄉能給他這樣一個機會，彌補自己和哥哥的遺憾，他很感激。

去年7月，梁友文和東升棒球隊一起前往無錫參加棒球隊的第一場比賽。剛剛成立不久的東升隊一路輸球。梁友文和聞訊特意趕來加油的老熊貓隊隊友，拉著寫有“熊貓”二字的大旗，為東升棒球隊助威。“一群銀髮老人與一群初出茅廬的少年加油。”東升棒球隊的教練林愛冬說：“我們成為所有隊伍中最吸引眼球的一支。”老“熊貓”們的精神感染了中山的少年們，他們一戰比一戰勇，最後對保定隊，一度以10比8領先，但最終還是落後1分。儘管一場未勝，但東升棒球隊的精神感動了主辦方，他們將“體育道德風尚獎”頒給了“中國棒球之父”的故鄉。

東升棒球隊隨後的北京之行是由梁友德在病中坐著輪椅一手安排的。他還坐著輪椅觀看了東升棒球隊的比賽。“那是他生病過程中最高興的一段日子。”

事實上，梁氏兄弟一年多來對家鄉棒球隊的關愛，讓這裡的師生許多次熱淚盈眶。過年前，梁友文花了700美元從美國自費購買了一台發球機送給東升高中棒球隊。為了省下800美元的郵遞費，他硬是將這台一個人高的機器從美國拖到了中山。

2月22日下午，梁友文提出要去看房，他已經說了好幾次了，要安心在東升當他的義務教練，就得買房。原本無購房計劃的劉家仲和梁友文在同一個小區落了定金，為的是每年冬天能夠來陪陪梁友文。

“我這一年做了三件大事，一件就是寫信給溫總理，一件就是來東升當義務教練，還有一件就是買房。”梁友文笑著說。

一個世紀以前，梁扶初從這裡走出去，他自喻為開荒的“笨牛”，以“死雞撐鑊蓋之廣東獨特精神”，推廣棒球，桃李滿天下。一個世紀以後，他的兒子梁友文回到了這裡。他希望中山的棒球“能夠普及和提高並儘快迎頭趕上，以彌補過去我父兄們的疏忽。”他夢想著，中山有朝一日能夠成為中國棒球之鄉。

記者手記 - 讓我們記住

在和梁老相處的一天裡，我被感動了無數次。



2月22日早晨，在同樂小學操場上，一聽到國歌的聲音，梁友文馬上停止訓練，面向國旗在他面前，是他寄予希望的故鄉的孩子們。

2月22日7點20分，當我趕到接龍小學時，梁老已經開始訓練了。花白的頭髮在晨曦中飄動，18個小孩認真地聆聽著，我被這幅場景感動。

當小學的升旗儀式開始，國歌聲一響起，梁友文立刻停止訓練，面向國旗，肅立著。他的脊背微微地彎著，一個人安靜地站著。我被他的背影感動。

當我來到梁老簡陋的“寓所”；當我聽梁老一次又一次地說：來家鄉太晚了，感到內疚；當我聽到梁老說起梁友德臨終時的囑託……我被一次又一次感動。

因為感動，我更無法釋懷：在記者看到的諸多關於中山歷史和中山名人的記錄中，卻找不到梁氏一家的名字！

上海新民晚報記者方毓強曾以“不該被遺忘的輝煌”報道梁氏一家，但是我以為，曾經的愛國情懷，曾經的輝煌歷史，如今的愛鄉情深，都應該被中山記住。



Great Moments in Baseball History

New York Mets vs Boston Red Sox October 25, 1986

Ryan Landolt, Dragonflies Baseball Club (HK)

Playing baseball in Hong Kong has been one of the best things about my time living here. I guess it's a little strange that one of the best things about Hong Kong for me is something that I could have done a lot easier back in my hometown. But that's the way it goes. I have spent the better part of my life being as rational and balanced as possible in the opinions I express and in the activities I support or take part in. I like to think of myself as a levelheaded kind of guy who stands for truth, justice, and the American way if you will.

Not with baseball though. Baseball is the one aspect of life where I like to let my emotions run wild. It has brought me some of the most exciting moments in my life (like in 1996 when the Yankees FINALLY won their first World Series in my lifetime), and some of the most disgusting (I still don't like to talk about 2004). It is talking about events like these that bring friends, families, and baseball fans of all walks of life together. This is missing from Hong Kong simply because baseball is relatively new to people here. I will now take the opportunity to introduce to the Hong Kong baseball community some moments in baseball history that everyone should know about as a student of the game.

Game 6 of the 1986 World Series
October 25, 1986
New York Mets vs. Boston Red Sox
Shea Stadium, Queens, New York

Believe it or not, I still have this game on tape on VHS. I was only six years old when this game occurred, but I still remember its impact. Now, I'm definitely not a Mets fan, but they're kind of like the Yankees' little brother, so I always root for them when they're not playing the Yankees. That goes doubly when they play the Red



Bill Buckner lets the ball go through his legs. The Mets win Game 6 in 10 innings.

Sox who are the biggest losers in all of sports. (I don't care about the last couple of years. Again, I never said I was rational on this subject. Sorry Boston fans. You are losers.)

Let me give a little background on the importance of this game first. The Red Sox were leading the Series 3 games to 2. They were one game away from winning their first World Series since 1919. Yes! 1919! That was the year they sold the great Babe Ruth to the Yankees (who had never won a World Series up to that point). Legend has it that the Babe was so angry that he put a curse on the Red Sox so that they would never again win a World Series. Well, since 2004 we know that's not true, but in 1986 it sure seemed real. Ask anyone from Boston over 25 years of age and they'll know about this day.

The Red Sox took a quick two-game lead in the Series, only to have the Mets bounce back with two wins of their own. Game 5 also went to the Red Sox to give them a 3-2 lead going back to New York. They were one win away from ending all the pain and anguish that Red Sox fans had endured over the years.

In Game 6, the Red Sox took a quick 2-0 lead. Starting pitcher Roger Clemens looked to have the Mets under control, but they scored 2 in the 5th inning to tie the game. An error by Mets third baseman Ray Knight helped the Red Sox get one more run in the 7th inning. But the Mets tied it up again in the 8th inning on catcher Gary Carter's sacrifice fly. The game was tied through the 9th, and it went to extra innings.

In the top of the 10th inning, the Red Sox scored 2 runs, and things were definitely not looking good for the Mets. Everyone in Boston was on the edge of their seats, as they were just 3 outs away from not having to be embarrassed about being Red Sox fans anymore. Relief pitcher Calvin Schiraldi retired the first two hitters for the Mets in the 10th inning. This left the Red Sox only one; I repeat ONE out away from winning the World Series. And then the Curse kicked in. The Mets managed two singles, bringing up Ray Knight, who made the error previously to cost the Mets a run. He fell to 0-2, making the Red Sox only one; again I repeat ONE strike away from winning the World Series. Knight singled to center on the next pitch scoring one run making the score 5-4, and putting the tying run on third.

The Red Sox changed pitchers and the next batter was left fielder Mookie Wilson. With a 2-2 count (again only one strike away), a wild pitch tied the game, as the runner on third base scored, and Ray Knight went to second. Shea stadium was going crazy, and I think Boston got significantly quieter at this point. But, hey, it's ok. Right, Red Sox fans? The score is still tied, and if you get this out, then you just go into the 11th inning and treat it as a 0-0 game. Maybe get a slow grounder that even a child could field cleanly, and get the last out and everything will be all right. Right?

Right. But not for Boston. What happened next is legend, and every baseball player and fan should be aware of the significance. Full count, runner on second, Mookie Wilson hits a slow grounder to First Baseman Bill Buckner. I can't do it justice

on paper. You would have to see it to believe it, but my three-year old son could have fielded this ground ball stepped on first base and kept the Red Sox alive. Not Bill Buckner though. The ball went right under his glove and between his legs into right field. Ray Knight scored, and the Mets won the game in 10 innings.

One of the easiest plays in World Series history became one of the most significant errors in baseball history. All of the hope of an entire city, all of the dreams of relieving the burden of such a painful history shattered by a ground ball that a monkey could have fielded with his eyes closed. It was the Curse. And for the Mets it was destiny. They went on to win Game 7 and with it, their second World Series Championship in club history. Bill Buckner was reviled in Boston and laughed at in much of the rest of the world. To this day, any time somebody lets a ball go through their legs, you say something like, "Good job Bill Buckner!"

It was one of the most unlikely and amazing things in baseball history. The Mets became heroes in New York, and Bill Buckner's career was ruined. He was a good player for a long time, but he will never be known for anything other than that one simple, simple play. It's rather sad if you ask me. I even heard that Bill Buckner was so depressed by the whole episode that he even tried to kill himself. In an attempt to end it all, he jumped in front of a bus. It missed.



Ray Knight scores the winning run capping one of the greatest comebacks in World Series history.

Name, Composition, Headquarters and Term

The International Baseball Federation or *Federation Internacional de Beisbol*, which shall also be known by its acronym «IBAF» is the International Governing Body for the Olympic Sport of Baseball, legally established in accordance with its own Statutes as well as Article 60 and subsequent Articles of the Swiss Code of Civil Law, which shall be in charge of all Baseball activities in their various categories in all the countries of the world which accept its Statutes, By-Laws, Rules and Regulations.

The IBAF, through its proper autonomous nature, is apolitical; makes no distinction between race, sex or religion and is non-profit making.

The IBAF is constituted of the Federations, Associations or Organizations which organize, promote and develop Baseball in their respective countries.

The world headquarters of the IBAF shall be fixed by decision of the Congress and shall be established in the Olympic City in Lausanne, Switzerland. It may be transferred to another location by decision of the Congress itself convened in an Extraordinary Session.

The IBAF is an association whose Member Federations join the IBAF voluntarily and who are recognized in each country as being the sole governing body for Baseball in that particular country and being a member of the IBAF.

By voluntarily affiliating with the IBAF, the Member Federation and/or their individual members/organizations/officials belonging to that Member Federation by participating in IBAF events and/or Tournaments in any capacity whatsoever, implicitly and explicitly agree to adhere to the principles and specific conditions expressed in the Statutes, By-Laws, Rules, Regulations and Policies of the IBAF as in effect at any particular time.

The IBAF is an association of indefinite duration, unless four fifths of its members declare it to be dissolved at an Extraordinary Congress at which the future of its assets must be decided.

The objects of the IBAF are:

- a) To promote, encourage and develop Baseball throughout the world and especially in the countries where affiliated Federations, Associations or Organizations exist.
- b) To encourage the physical and moral qualities development which are the basis of our sport, creating through the organization of world, continental and regional competitions, respect between nations and their welfare, and in this way to build a peaceful world.
- c) To promote the greatest bonding and most fair and amicable cooperation between its members.
- d) To guard and protect the general interests of Baseball throughout the world and before such organizations and institutions as may be required.
- e) To contribute to the realization of the aims laid down in the Olympic Charter.
- f) To govern and organize the Baseball competitions throughout the world or in a part of the same, that its members consider necessary in such categories and levels as shall be decided, laying down therein the By-Laws, Rules and Regulations governing them.
- g) To carry out studies and investigations and promote and organize seminars and conferences of technical and scientific nature for the improvement and development of Baseball throughout the world.
- h) To approve and record statistical results and in particular the world Baseball records obtained in IBAF official competitions.
- i) To provide useful information and assistance to the members requiring so and act as a Referee, at the request of the parties, in such disputes as may arise between them.
- j) To promote, sponsor and, if needed, found such bodies as may be deemed necessary for the best development and functioning of Baseball throughout the world.

Pertaining to the IBAF Organs

The governing bodies of the IBAF are the Congress of Delegates, the Executive Committee and Presidential Council in this order of precedence.

In accordance with the Statutes, Commissions and Sub Commissions may be appointed to exercise their respective functions as delegated to them by the Executive Committee. The Commissions and Sub Commissions shall report to and be subject to the authority of the Executive Committee.

The Executive Management shall be the Administrative Organ of the IBAF , responsible through the President to the Executive Committee.

The Executive Committee

◆ Commissions & Subcommissions

- Legal Commission
- Technical Commission
- Youth Commission
- Development Commission
- Medical Commission

◆ Umpires Subcommission

Current President: Dr. Harvey W. Schiller

Major upcoming events in 2008:

Date	Place	Events
July 25 - Aug 3	Edmonton, Canada	XXIII World Junior Baseball Championship
August 8-24	Beijing, China	XXIX Olympic Games Beijing 2008
August 24-29	Matsuyama, Japan	III Women ' s Baseball World Cup



Ready to Go

Prepare for the 19th World Children's Baseball Fair



第十九屆世界少年棒球大會香港代表於三月選出後，在畢文展教練的帶領下，每月會面一次，目的就是要做好大會要求，各地區/國家參加者除了按大會編定日程進行棒球活動外，於宴會中需要表演助慶以顯示各自地區/國家的文化特色。

經首次會面及商討後，大家達致共識，定期的會面加深相互了解外當然是為屆時的表演做好準備。

預祝成功。

Since March 2008, the Hong Kong representatives are having regular meeting with Coach Pat, the chaperone of them for the event, monthly to prepare for a performance that each participating country/region is requested.



家長郭先生指導球員如何操作小玩意扯玲 / 扯陀螺。
Mr. Kwok, one of the parents, teaches the players how to play the diabolo.





體驗大聯盟球團的專業訓練 與西雅圖水手隊共渡的日子

全智偉

資深香港代表隊主投

香港棒球總會精英教練

現擔任沙田體育會棒球會助理訓練總監



很多香港的棒球人聽到西雅圖水手隊(Seattle Mariners)時，總會想到鈴木一郎這位偉大的球星，當然我也不例外。但是除了一郎外，他們對這支球隊認識有多少呢？無可否認，大聯盟是當今世界棒球的棒球典堂，當中我們對大聯盟球隊的運作及他們自家擁有的農場系統又有多少認知呢？為什麼每支大聯盟球隊都肯花大量人力物力去營運多個小聯盟球隊以保持大聯盟球隊的競爭力及戰鬥力呢？

在香港，相信大部份球迷只會對大聯盟球隊的消息感興趣，但在美國就不一樣，球迷也會對他們所支持的那一隊的小聯盟系統有所關注，因為他們明白到一個強大的小聯盟系統對大聯盟球隊的戰績會有相當的影響。談到這裡，大家也許會問到小聯盟是什麼來的？他們是如何運作的？為什麼他們能每年穩定的向大聯盟輸送這麼多頂級選手？



在2008年初，沙田體育會棒球會的秘書長謝仲豪先生送給我一個頗突然的消息，他跟我說西雅圖水手隊特地安排沙田體育會棒球會兩位教練前往美國亞利桑那州以觀摩形式參加他們的訓練。我當時第一個反應是：「不會吧！」就是這樣我在4月26日帶著不敢相信的心情跟前香港隊總教練戴于程先生飛越半個地球到達美國亞利桑那州鳳凰城。在鳳凰城機場接我們的是西雅圖水手隊太平洋區的球探總監海泰德先生(Mr. Ted Heid)，原來他的家就在鳳凰城，去年我在無錫的青少年棒球夏令營就認識他了。他開車送我們到水手隊安排給我們的酒店，房間很好，有無線上網及24小時播不完的棒球頻道，晚餐跟海泰德和另一個球探Mr. Sam Kao共用，Sam是美國華裔，現任職水手隊中國區球探；他告訴我中國奧運隊剛好在這裡集訓，備戰奧運。我聽後高興得不得了，因為可以跟我的老朋友劉廣標碰碰面。可是，中國隊是在聖地牙哥教士隊(Padres)的基地而不是水手隊的基地，我心也沉了一下；Sam補充說水手隊和教士隊的訓練營是連在一起的，我又興奮起來。



4月27日，因為時差關係我在早上四點就爬起來，吃過早餐後，就出球場跑步呼吸一下亞利桑那的空氣，結果一跑跑了大半個小時，原因是Peoria Baseball Complex這地方是水手隊及教士隊用來作春訓和小聯盟訓練的基地，加起來有十六個標準棒球場那麼大。Sam跟我們說春訓時，不管是水手隊大聯盟、小聯盟或新人也會來到Peoria這裡進行訓練，包括日本球星鈴木一郎、城島健司，還有台灣選手陳鏞基、羅國輝等二百多位球員。當時心想：「他X的，我打這麼多年棒球也沒有看到十六個棒球場連在一起的壯觀情況。」跑完步回房間就一直睡到晚上六時才起來吃飯。

4月28日，第一天的訓練開始，Sam跟我們說基本上星期一至星期六時間表都一樣，只是內容不同而已，教練（包括我們）每天都要5:45到球場的Clubhouse，聽他們安排任務及當天的時刻表。

5:45	教練到Clubhouse
6:45	Early work
7:40	Announcement
7:45	Warm-up + 傳接球
8:00	Practice
9:00	打擊練習 / Bull Pen
9:30/10:30	Game



體驗大聯盟球團的專業訓練 與西雅圖水手隊共渡的日子 (續)



也許大家會問為什麼教練要提早這麼多到球場？原因是教練有很多東西要準備，誰當日該做什麼？誰要特訓或加強？誰要復健？進度如何？當日比賽的先發名單等一大堆 paper work，相信不比香港棒球總會office的工作人員的 paper work少。跟著這邊訓練的40多名Rookie球員都很年輕，大約18-23歲，來自不同地方有亞洲、中南美洲、北美洲、南非，很有潛力。都以升上大聯盟為目標。他們這批Rookie到底誰最後被淘汰，誰能拼上大聯盟，真的沒有人知道，他們的壓力可從其身上及場上態度感受出來。在這隊Rookie隊伍裡，有一位總教練，兩位投手教練，一位捕手教練，守備及打擊教練各一。另外，防護員也有六名，整理球衣器材的管理都有兩名。你們看，這批也不算是什麼大球星，都會有這麼多支援，很難想像大聯盟球員會怎樣！

Clubhouse裡的設施應有盡有，重量訓練室、游泳池、復健醫療室、更衣室、球員及教練獨立儲物櫃、會議室、錄像室，無限量食物飲料供應，教練的更衣室連啤酒也有供應。因為在美國做教練很辛苦，除了paper work外，每天的打擊訓練，都是由教練負責餵球，數量也不少，還要打教練棒，做這麼多支援的用意都是不希望球員有打不好的藉口。而他們也讓戴教練和參予餵球和打教練棒等工作，也算是親身體驗吧！

5:45-6:45

某些球員會被安排在這段時間提早到Clubhouse做重量和體能或者是復健。

6:45-7:40 Early Work.

球員依守備位置被分成幾個小組加強個人技術；捕手特訓、野手特訓、投手協調性訓練、腹背肌的練習和跑步體能、野手特別打擊訓練等！！

7:40 Announcement

全體隊員集合聽總教練訓話，檢討上一場比賽的內容，告訴各人今天訓練的要求等。

8:00-9:00 Practice

每天主要訓練內容，多數是戰術性、整體性及攻擊性的訓練，包括守備練習、投手牽制、補位、防短打守備、跑壘練習等。

9:00-9:30 Batting Practice + Bull pen

當天要比賽的球員會進行打擊訓練，隔天出場的投手會在牛棚練投，大概投30到40個左右吧。



9:30/10:30 Game

視乎當日為主場還是客場，如果是客場9:30就要上巴士 Road Trip，我也是第一次體驗這樣的生活，練完球匆匆的拿著lunch box上巴士，坐半個至一個小時的車程跟其他小聯盟的Rookie如Cubs, Royals, Rangers, Athletics, Angels比賽。在Arizona，一共有八支大聯盟球隊以這裡作為春訓中心。每年三月底春訓過後，大、小聯盟的球員分配到各級別比賽，剩下來的就是這批Rookie，他們有的是球團剛簽回來的，有的是第二年待在Rookie，有些是被球團從AA、AAA下放到這裡重新教育和調整，職棒的世界就是這樣現實啊！

不用隨隊比賽的球員則留在Peoria作自行訓練，球隊一般會在兩點左右回到大本營結束當天的行程。而主場的優點則是在9:30訓練完畢洗個澡，換件乾球衣，食個點心等待人家上門。

在他們比賽中，我每天都被總教練安排站在一壘指導區，他教導我很多東西又送我一個碼表，教我如何利用時間標準來運用不同戰術。我才發現一壘指導員原來可以很忙碌，利用碼表亦可清楚現今棒球所講求速度的重要性。此外，海泰德每天也帶我們看一些當地不同級別的棒球比賽，從少棒、青少棒、高中、大學，從小看到大，從大看到小，足足看

了一星期，雖然犧牲了下午休息時間，但想到返回香港後想都無得看，難道坐十幾個小時飛機在美國睡覺嗎？多辛苦去看也值得的，其中給我印象最深刻是美國人對各級別的球員要求及方向很了解及正確，球員到某個年齡，該做什麼，不會拔苗助長。另外，就連高中棒球比賽也吸引了大量球探來獵頭也是想不到的。



坦白說，回到香港很多人跑過來問我在美國學到什麼，我說沒有學到是騙你的，只是不知從何說起，總括來說，這次我在美國最大的收穫是認清楚正確棒球的方向，還有對自己以往要求球員確實執行的東西得到肯定，證明自己是對的。其實，技術並非最重要，態度是很重要的，總教練經常對那批球員訓話時都提醒他們要注意態度上的正確，叮囑他們現在所練的不只是為了升上大聯盟，

是為了能讓他們在大聯盟站久一點。教練所言並非光說而已，在我逗留的短短十天裡，已目睹有球員開開心心地收拾行李被徵召上AA或AAA，也有球員被下放到這個沙漠裡。總教練也跟球員說不希望在這裡再見到他們，希望你門能盡快離開這個「沙漠」。



體驗大聯盟球團的專業訓練 與西雅圖水手隊共渡的日子 (續)

最後，我問水手隊的教練為什麼他們每天都安排比賽，他說比賽的用意是為了驗證練習的效果，利用比賽找出問題，對球員的抗壓能力有更深入的了解。此外，沒有輪值的投手在比賽中需協助球隊工作，例如測球速、紀錄、拍攝投手錄像等，也算是參與比賽的一種方式。或許，有人會認為香港的棒球環境跟美國沒辦法去比較。對！這是鐵一般的事實。此行啟發我知道為什麼美國的棒球水平會這麼高，基層棒球是在於向那一個方向推展，才能讓小朋友獲得最大的收益。



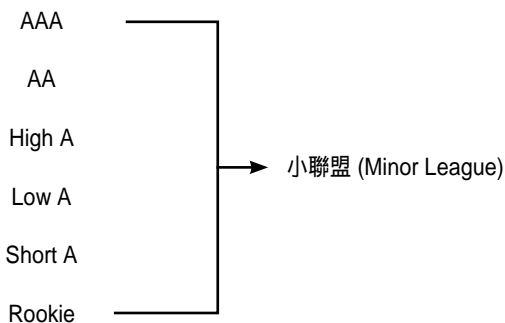
另外，海泰德也安排了我們觀看一場大聯盟的比賽，在 Chase Field 由 Arizona D' Backs Vs New York Mets，其中 Mets 的先發投手是 2006 年塞揚獎的 Santana。場地和氣氛簡直是一流，同時亦給我欣賞到大聯盟的速度有多快，第一次坐在有冷氣的球場看球賽，一個字——爽！更值得紀念的是看球賽那天正是小弟的生日，球票上還印著那天的日子，感覺真好。不曉得是否海泰德故意安排的行程。

時間過得真快，5月7日就離開鳳凰城，結束前後十二天的行程，我們終於要離開這個「沙漠」了。在這裡，我想向沙田體育會棒球會所有委員對我們在整個行程上的幫忙，說句：「感謝！」，特別是陸繼昌主席、鄭志榮先生、謝仲豪先生、張永通先生及沙田 Cubs 的成員。我會加油的！！

以上內容，只屬本人對美國此行的一點愚見，如有不善之處，望在球場碰面賜教，共勉之！！

美國職業棒球架構

大聯盟 (Major League)





您也可以成為港隊球員



一般情況下，運動員多從小培養，接受基本功的訓練，賽事的洗禮和磨練。現役港隊球員大多從七、八歲開始他們的棒球生涯。但事實亦告訴我們，即使非紅褲子出身，也可以有能力成為香港代表隊。祇要有夢想，向著目標進發，凡事可成真。

香港棒球總會提供另一條踏進香港代表隊的路予有志者 - 「香港棒球集訓隊選材訓練計劃」，一個全面培訓棒球新星，支援香港代表隊，備戰國際級賽事的訓練。提供機會予具潛質運動員加入香港棒球集訓隊，提供高水平的棒球技術專業培訓予具潛質運動員，提升棒球選手的全面技術和團隊精神。

下一期將於七月初開展，Are you ready ?





預告

北京2008奧運棒球比賽程序表

GAMES OF THE XXIX OLYMPIAD, BEIJING 2008 OLYMPIC BASEBALL TOURNAMENT

OFFICIAL SCHEDULE APPROVED BY THE INTERNATIONAL BASEBALL FEDERATION



PRELIMINARY ROUND

DATE	GAME #	TIME	FIELD	GAME
Wednesday, August 13	1	10:30	WKB Field 2	CHINESE TAIPEI – NETHERLANDS
	2	11:30	WKB Main Field	CHINA – CANADA
	3	18:00	WKB Field 2	KOREA – USA
	4	19:00	WKB Main Field	CUBA – JAPAN
Thursday, August 14	5	10:30	WKB Field 2	NETHERLANDS – USA
	6	11:30	WKB Main Field	KOREA – CHINA
	7	18:00	WKB Field 2	CUBA – CANADA
	8	19:00	WKB Main Field	CHINESE TAIPEI – JAPAN
Friday, August 15	9	10:30	WKB Field 2	CHINA – CHINESE TAIPEI
	10	11:30	WKB Main Field	USA – CUBA
	11	18:00	WKB Field 2	CANADA – KOREA
	12	19:00	WKB Main Field	JAPAN – NETHERLANDS
Saturday, August 16	13	10:30	WKB Field 2	USA – CANADA
	14	11:30	WKB Main Field	CUBA – CHINESE TAIPEI
	15	18:00	WKB Field 2	CHINA – NETHERLANDS
	16	19:00	WKB Main Field	JAPAN – KOREA
Sunday, August 17	REST DAY			
Monday, August 18	17	10:30	WKB Field 2	CANADA – JAPAN
	18	11:30	WKB Main Field	CHINESE TAIPEI – KOREA
	19	18:00	WKB Field 2	NETHERLANDS – CUBA
	20	19:00	WKB Main Field	USA – CHINA
Tuesday, August 19	21	10:30	WKB Field 2	NETHERLANDS – CANADA
	22	11:30	WKB Main Field	KOREA – CUBA
	23	18:00	WKB Field 2	JAPAN – CHINA
	24	19:00	WKB Main Field	USA – CHINESE TAIPEI
Wednesday, August 20	25	10:30	WKB Field 2	CUBA – CHINA
	26	11:30	WKB Main Field	NETHERLANDS – KOREA
	27	18:00	WKB Field 2	CANADA – CHINESE TAIPEI
	28	19:00	WKB Main Field	JAPAN – USA
Thursday, August 21	REST DAY			

FINAL ROUND

DATE	GAME #	TIME	FIELD	GAME
Friday, August 22	29	10:30	WKB Main Field	SEMIFINAL Game: 1st – 4th
	30	18:00	WKB Main Field	SEMIFINAL Game: 2nd – 3rd
Saturday, August 23	31	10:30	WKB Main Field	BRONZE MEDAL Game: Loser 29 – Loser 30 (*)
	32	18:00	WKB Main Field	GOLD MEDAL Game: Winner 29 – Winner 30 (*)
		21:25	WKB Main Field	Medal Ceremony

In each game the Home Team is named first.
(*) Bronze and Gold Medal Games: Home Team by draw.

Remarks : For reference only



第五屆亞洲青少年棒球錦標賽程序表

Schedule of the 5th BFA "AA" Baseball Championship

Participating Teams: Chinese Taipei, China, Korea, Thailand, Indonesia, Philippines, Hong Kong, Japan

Tournament Date: 25-29 August 2008

Tournament Place: Shizuoka, Japan

(Pool A = a, b, c, d Pool b = e, f, g, h)

Aug 23 (Sat)	All teams arrive in Japan on August 23, 2008			
Aug 24 (Sun)	Official Practice ♦ Manager Meeting (17:00) ♦ Opening Ceremony ♦ Welcome Party (19:00)			
	Game 1 (9:00)	Game 2 (11:00)	Game 3 (13:00)	Game 4 (15:00)
Aug 25 (Mon)	Aa - Ab	Be - Bf	Ac-Ad	Bg - Bh
Aug 26 (Tue)	Bf - Bg	Ab - Ac	Be - Bh	Aa - Ad
Aug 27 (Wed)	Ab - Ad	Be - Bg	Aa - Ac	Bf - Bh
Aug 28 (Thu)	7th Place Game (Pool A 4th vs Pool B 4th)	5th Place Game (Pool A 3rd vs Pool B 3rd)	Semi-Final (1) (Pool A 1st vs Pool B 2nd)	Semi-Final (2) (Pool A 2nd vs Pool B 1st)
Aug 29 (Fri)		Third place game	Final	Closing Ceremony
Aug 30 (Sat)	All teams depart on August 30, 2008			

Remarks : For reference only





預告



2008 第三屆 IBAF 女子棒球世界盃程序表

III IBAF Women's Baseball World Cup 2008 Game Schedule

Participating Teams: Australia, Canada, Chinese Taipei, Hong Kong, India, Japan, Korea, USA

Tournament Date: 24-29 August 2008

Tournament Place: Matsuyama, Japan

POOL-A : USA 、 AUS 、 TPE 、 IND

POOL-B : JPN 、 CAN 、 HKG 、 KOR

		1ST QUALIFYING ROUND									
		BOTCHAN					MADONNA				
24 AUG						1-A	10:30	TPE	USA	MADONNA	
SUN	2-B	12:30	CAN	HKG	BOTCHAN						
						3-A	14:30	AUS	IND	MADONNA	
	4-B	18:30	KOR	JPN	BOTCHAN						
25 AUG						5-A	10:30	IND	USA	MADONNA	
MON	6-B	12:30	HKG	KOR	BOTCHAN						
						7-A	14:30	TPE	AUS	MADONNA	
		18:30	OPENING CEREMONY		BOTCHAN						
	8-B	19:00	JPN	CAN	BOTCHAN						
26 AUG						9-A	10:30	IND	TPE	MADONNA	
TUE	10-B	12:30	KOR	CAN	BOTCHAN						
						11-A	14:30	USA	AUS	MADONNA	
	12-B	18:30	HKG	JPN	BOTCHAN						
		2ND QUALIFYING ROUND					FINAL ROUND(5TH-8TH)				
27 AUG						13	10:30	A3	B4	MADONNA	
WED	14	12:30	A1	B2	BOTCHAN						
						15	14:30	B3	A4	MADONNA	
	16	18:30	B1	A2	BOTCHAN						
28 AUG						17	10:30	A4	B4	MADONNA	
THU	18	12:30	B2	A2	BOTCHAN						
						19	14:30	B3	A3	MADONNA	
	20	18:30	A1	B1	BOTCHAN						
		FINAL ROUNDS (1st - 4th & 5th - 8th)									
29 AUG	21	14:30	BRONZE MEDAL MATCH QR3RD-QR4TH		BOTCHAN	23	10:30	5th Place		MADONNA	
FRI											
	22	18:30	GOLD MEDAL MATCH QR1ST-QR2ND		BOTCHAN	24	14:30	7th Place		MADONNA	
			CLOSING CEREMONY		BOTCHAN						

* The game schedule of final round will be reviewed by the ranking of the qualifying round so that all games for Japan can be the night game at Botchan Stadium.

Remarks : For reference only

第四屆《總會盃》棒球聯賽 本地少年棒球聯賽

為發展及推動本地兒童至青少年各級別棒球比賽，促進友誼，提升技術水平；選拔優秀球員參加國際比賽，為香港爭光。香港棒球總會自2006年開始實驗性試行本地青少年棒球聯賽，現成為常規化的聯賽，《總會盃》棒球聯賽，第四屆預期2008年9月開展。賽事逢星期日#舉行，現正接受報名。組別分類如下：

組別	參賽年齡	地點	遴選代表隊/聯隊
TeeBall 組	5~8歲，男女均可。 2000年至2003年出生	馬鞍山 香港道教聯合會 純陽小學棒球場	不適用
“ A ” 少年預備組	7~10歲，男女均可。 1998年至2001年出生	馬鞍山 香港道教聯合會 純陽小學棒球場	不適用
“ A ” 少年組	*10~13歲，男女均可。 *1995年至1998年出生	馬鞍山 香港道教聯合會 純陽小學棒球場	註一
“ AA ” 青少年組	*13~15歲，男女均可。 *1993年至1995年出生	九龍黃大仙 獅子山公園棒球場 (鄰近天馬苑)	註二

球員資格:

1. 必須為香港棒球總會會員
(可即時申請入會，會籍有效期至2009年8月)；
2. 持有香港居民身份證；
3. 每名球員只可代表一支球隊出賽。

報名辦法:

1. 由球隊統一辦理報名；
2. 填妥球隊報名表連同所需費用支票及資料於截止日期前交回本會；
3. 球隊教練必須為香港棒球總會註冊教練或註冊指導員；
4. 每隊球員人數最少10人，最多為18人；
5. 球隊必須按棒球規則穿著整齊劃一的棒球制服，器材自備。

參賽費用:

1. TeeBall組) 每名球員550元；
2. “ A ” 少年預備組) 每名球員650元；
3. “ A ” 少年組) 每名球員800元；
4. “ AA ” 青少年組) 每名球員900元
5. 球隊保證金1,000元。(賽事完結後扣除所需費用後發還。)

比賽規則:

有關組別的棒球競賽規則及本地附加規則

截止日期:

2008年8月15日(星期五) 下午5時止
如報名隊伍超逾名額，將由本會作最後決定。

教練及經理會議:

2008年8月22日(星期五) 下午7時正
銅鑼灣 奧運大樓 會議室

索取報名表:

瀏覽本會網頁www.hkbaseball.org下載；致電2504 8330以傳真或親臨本會索取。

註冊須知:

1. 球隊報名必須由隊教練/隊聯絡人統籌以全隊名義遞交球隊報名表；
2. 如欠文件、相片、簽署或資料不全之報名申請，恕不受理；
3. 球員不可於賽事期間轉隊；進入最後一個循環的賽事，各隊均不可加入新球員。

因應場地需要，在徵詢雙方隊伍後，部份賽事有可能安排於星期六下午舉行。

*1995年出生的球員只可選擇“ A ” 少年組或“ AA ” 青少年組其中一組別作賽。

註一：本會將於賽事中甄選符合資格的球員自費參加2008年12月26日至28日在香港舉行的2008亞洲少年棒球錦標賽。(持有香港特區護照的球員方合參加遴選香港代表隊球員資格)

註二：本會將於賽事中甄選符合資格的球員(每名球員參賽費約\$2,500)參加2008年12月20日至27日假台北天母棒球場舉行的2008台北國際城市青少棒錦標賽。(“ AA ” 組所有球員均有被選資格)

由於上述賽事於聯賽進行期間舉行，計算球隊排名的截止日期將於領隊會議時公佈。

更正啟示

第58期《上壘》第28頁，中銀香港第五十一屆體育節-2008小馬棒球聯盟(香港區野馬級)聯賽的最後排名應為：冠軍：S. Dragons
亞軍：Dodgers
季軍：T. Dragons



2008年亞洲棒球協會棒球研習課程

BFA Baseball Clinic in Hong Kong

不要錯過跟國際一流棒球教練學習

Hong Kong Baseball Association is going to hold a baseball clinic in July 2008. Two top-class Japanese baseball coaches will be sent by Baseball Federation of Asia to Hong Kong to conduct the clinic for the Hong Kong baseball coaches.

This is a good occasion for the Hong Kong baseball coaches to brush up their coaching skill and to exchange coaching ideas.

Tentative Schedule

Date 2008	Time	Place	Content
July 5 Sat	18:00 - 21:00	Sai Tso Wan Baseball Field, Lam Tin	Practical Clinic I
July 6 Sun	13:30 - 18:00	Sai Tso Wan Baseball Field, Lam Tin	Practical Clinic II
July 7 Mon	19:30 - 21:30	Confucius Hall School, Causeway Bay	Seminar

Enquiry: Hong Kong Baseball Association





BFA Baseball Clinic in Hong Kong - Instructor's Information

山下智茂先生

出生日期 - 1945年2月25日

擅長 - 全部 (投球、守備、打擊)

履歷 - 星稜高中前監督，曾25次 (春季11次，夏季14次) 帶領該校打進全國高中錦標賽「甲子園」。
於1990至1992年期間指導現紐約洋基球員松井秀喜。

Mr. Tomoshige Yamashita

Date of Birth - Feb. 25, 1945

Specialty - Any (Pitching, Fielding, Batting)

Bio. - Former manager of Seiryō High School.

Led Seiryō High School to National High School Champion Ship Tournament "Koshien" 25 times.

(Spring; 11 times, Summer; 14 times)

Instructed Hideki Matsui (New York Yankees) from 1990-1992.



澤田勝彦先生

出生日期 - 1957年2月19日

擅長 - 全部 (投球、守備、打擊)

履歷 - 松山商業高中前監督，曾帶領該校贏取1996年夏季全國高中錦標賽「甲子園」冠軍。

Mr. Katsuhiko Sawada

Date of Birth - Feb. 19, 1957

Specialty - Any (Pitching, Fielding, Batting)

Bio. - Former manager of Matsuyama Syogyo High School

Led Matsuyama Syogyo High School to National High School Champion for "Koshien" at 1996 Summer tournament.





2008-09年度香港棒球總會活動概覽

Hong Kong Baseball Association Annual Events Calendar for the year of 2008-09
(1.4.2008~31.3.2009)

日期	活動	地點	主辦單位
2008. 4.~2008. 5.	2008/09年度香港港隊選材訓練計劃	晒草灣	HKBA
2008. 4.~2008. 6.	2008/09年度棒球推廣計劃(初班第一期)	康文署轄下場地	HKBA
2008. 4.~2008. 8.	港隊備戰第三屆世界盃女子棒球錦標賽	晒草灣/純陽小學	HKBA
2008. 4.~2008. 8.	港隊備戰第五屆亞洲青少年棒球錦標賽	獅子山公園棒球場	HKBA
2008. 4.~2008. 9.	2008/09年度全港全齡棒球精英培訓計劃(第一期)	晒草灣	HKBA
2008. 4.~2008. 11.	港隊備戰第八屆亞洲盃棒球錦標賽	晒草灣	HKBA
2008. 4.~2009. 3.	社區體育會計劃	按個別申請而定	HKBA轄下各屬會
2008. 4.~2009. 3.	學校推廣計劃	按個別申請而定	全港中、小學
2008. 5.	2008/09年度全港棒球公開賽(男子乙組) 開鑼	康文署轄下場地	HKBA
2008. 5. 18	2007/08年度全港棒球公開賽(男子甲組) 決賽日	晒草灣	HKBA
2008. 7.5~2008. 7.6	BFA Baseball Clinic in Hong Kong	晒草灣/孔聖堂中學	BFA/HKBA
2008. 7.~2008. 9.	2008/09年度棒球推廣計劃(初班第二期)	康文署轄下場地	HKBA
2008. 7. 19~2008. 7. 22	2008 PONY Baseball Asia Pacific Zone Bronco Divisionn Championship	Taipei, Taiwan	PONY
2008. 7. 20~2008. 7. 23	2008 PONY Baseball Asia Pacific Zone Pony Divisionn Championship	Suncheon, Korea	PONY
2008. 7. 28~2008. 8. 5	19th World Children's Baseball Fair	Aichi, Japan	WCBF
2008. 8. 15~2008. 8. 21	2008年澎湖縣「菊島精英盃」國際軟式少棒邀請賽	澎湖縣, 台灣	澎湖縣政府
2008. 8. 24~2008. 8. 29	III Women's Baseball World Cup	Matsuyama, Japan	IBAF
2008. 8. 25~2008. 8. 29	5th BFA "AA" Baseball Championship	Shizuoka, Japan	BFA / BFJ
2008. 8. 25~2008. 8. 30	VI Mundial Hit 2008	Tuscany, Italy	FIBS
2008. 9.	2008/09年度全港棒球公開賽(女子組) 開鑼	康文署轄下場地	HKBA
2008. 9.	第四屆《總會盃》棒球聯賽("A"組) 開鑼	獅子山 / 純陽小學	HKBA
2008. 9.	第四屆《總會盃》棒球聯賽("A"預備組) 開鑼	獅子山 / 純陽小學	HKBA
2008. 9.	第四屆《總會盃》棒球聯賽("AA"組) 開鑼	獅子山 / 純陽小學	HKBA
2008. 9.	第四屆《總會盃》棒球聯賽(Teeball組) 開鑼	獅子山 / 純陽小學	HKBA
2008. 10.~2008. 12.	2008/09年度棒球推廣計劃(中班第一期)	康文署轄下場地	HKBA
2008. 10.~2009. 3.	2008/09年度全港全齡棒球精英培訓計劃(第二期)	晒草灣	HKBA
2008. 11. 29.~2008. 12. 8	8th Asian Cup	Manila, Philippines	BFA/PABA
2008. 12.	第十一屆諸羅山盃國際軟式少年棒球邀請賽	嘉義市, 台灣	嘉義市政府
2008. 12. 21~2008. 12. 28	Taipei International "AA" Baseball Invitational Tournament 2008	Taipei, Taiwan	TPE
2008. 12. 23~2008. 12. 29	2008台灣盃亞洲高中棒球名校邀請賽	高雄市, 台灣	中華台北教育部
2008. 12. 26~2008. 12. 28	Hong Kong 2008 BFA "A" Baseball Championship	Hong Kong	BFA/HKBA
2009. 1.~2009. 3.	2008/09年度棒球推廣計劃(中班第二期)	康文署轄下場地	HKBA
2009. 1.	2008/09年度全港棒球公開賽(男子甲組) 開鑼	康文署轄下場地	HKBA
2009. 1.	2008/09年度全港棒球公開賽(男子超級組) 開鑼	康文署轄下場地	HKBA
2009. 1.	2008/09年度全港棒球公開賽(新秀組) 開鑼	康文署轄下場地	HKBA
每月一次	香港棒球總會常務董事會	奧運大樓	HKBA
每季一次	BFA Executive Committee Meeting	Seoul, Korea	BFA
每季一次	香港棒球總會董事會	奧運大樓	HKBA
待定	2008/09年度一級教練訓練班	待定	HKBA
待定	2008/09年度指導員訓練班	待定	HKBA
待定	2008/09年度記錄員訓練班	待定	HKBA
待定	2008/09年度裁判訓練班	待定	HKBA
待定	2008/2010年度香港棒球總會董事局成員選舉	待定	HKBA
待定	2008年香港棒球總會周年大會	待定	HKBA
待定	2008年香港棒球總會周年聚餐	待定	HKBA
待定	BFA Congress	待定	BFA
待定	IBAF Congress	待定	IBAF
待定	香港棒球總會籌款活動	待定	HKBA
待定	第二屆《鳳凰盃》香港國際女子棒球錦標賽	待定	HKBA
待定	第六屆《珠江盃》香港棒球錦標賽	待定	HKBA

備註:

BFA = Baseball Federation of Asia

IBAF = International Baseball Federation

TPE = Taipei Baseball Committee

FIBS = Federazione Italiana Baseball Softball

PABA=Philippines Amateur Baseball Association

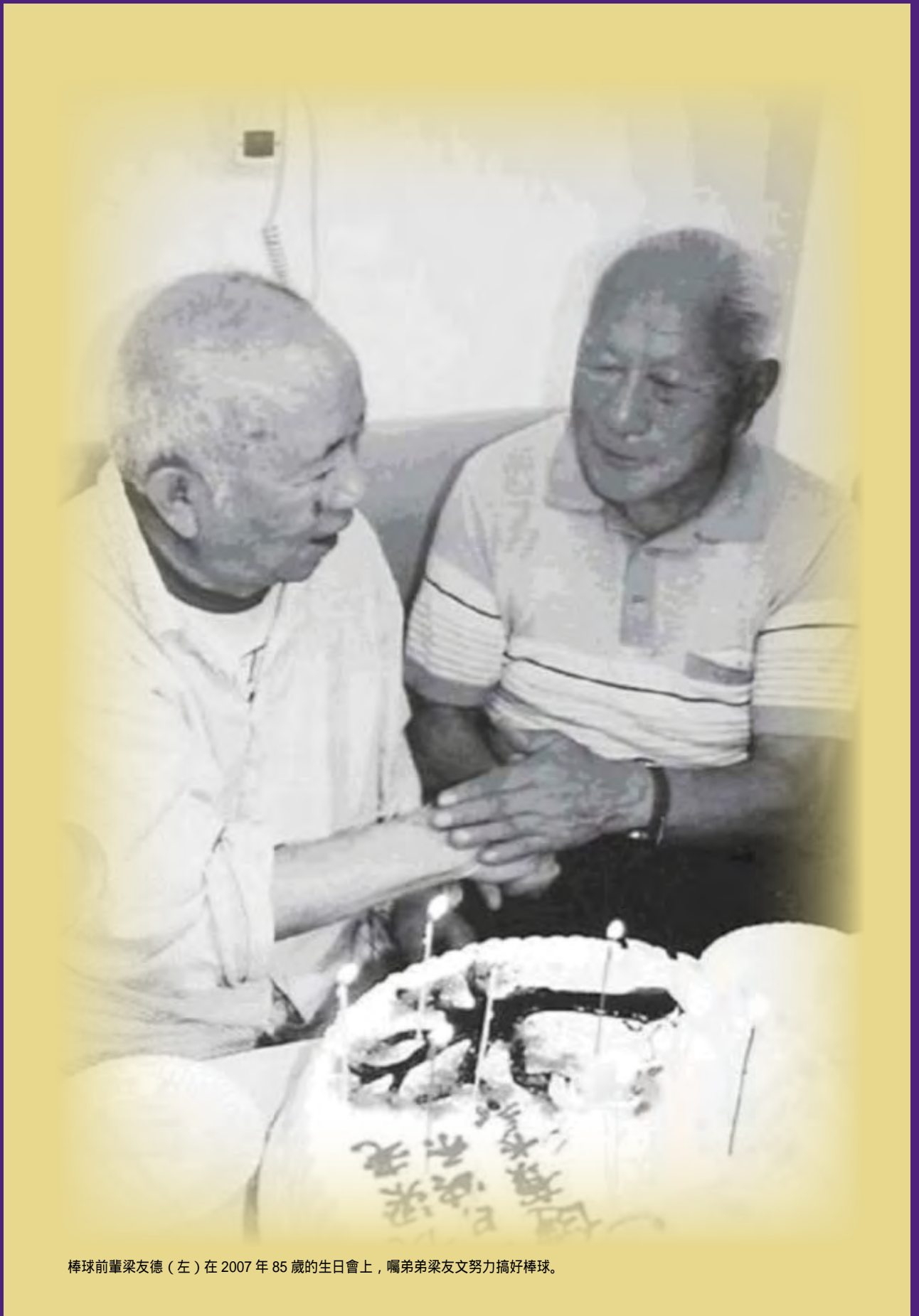
WCBF = World Children's Baseball Foundation

HKBA = Hong Kong Baseball Association

PONY = PONY Baseball



向著本壘進發。
預祝今年八月下旬參加第五屆亞洲青少年棒球錦標賽的香港隊成功。



棒球前輩梁友德（左）在 2007 年 85 歲的生日會上，囑弟弟梁友文努力搞好棒球。